



# Fleet Primary School

Fleet Road Hampstead London NW3 2QT

Tel: 020 7485 2028 Fax: 020 7485 5177

E-mail: [admin@fleet.camden.sch.uk](mailto:admin@fleet.camden.sch.uk)

Headteacher: Don McGibbon



## PE Premium 2022-23

### Introduction:

The school expects to receive a total of £17,706 this academic year for PE Premium funding. This money goes towards a number of things we provide for the Physical Education aspect of the curriculum. This sum is supplemented from other funding streams within the school (see table 1 to right) so that we can:

- Provide specialist sports coaching to every class in the school from Year 1 to Year 6 to deliver PE lessons weekly.
- Provide top-up swimming provision over and above the statutory level to provide an intensive two week (1 hour lesson each day) course for all pupils from year 4-6.
- Provide before and after school sports club provision—some led by specialist coaches—in a number of disciplines including football, multisports and table tennis.
- Provide in school cycle training to children from across the school in both level 1 and 2 bikeability (level 2 includes learning to ride on the road).
- Provide coaches from 'Arsenal in the community' to work with each class for a term as well as an after school football club.
- Provide a lunchtime football club run by a local football club.
- Provide resources and staff to support team attendance at sports events both across the borough and London wide.
- Hold whole school sports events on Hampstead Heath—annual fundraising fun run and a sports day.
- Take part in specific, time-limited, sports projects for some year groups.
- Be fully stocked with resources for a wide range of sports and sports lessons.
- Ensure the fixed equipment and large PE equipment is maintained and safety checked regularly.

### How was last years funding spent (2021-22)

See table 2 (right) for breakdown of last academic year's PE Premium spend. The removal of Covid restrictions such as 'bubbles' last year from the previous year, meant that we were able to resume after school clubs and inter-school competition participation.

| Areas funded 2022-23                                  | Total Costs    |
|---|----------------|
| Specialist PE Teacher                                 | £6240          |
| Arsenal Coaching Programme                            | £2880          |
| Before and after school sports clubs                  | £9090          |
| Swimming (2 extra classes above statutory)            | £3750          |
| Camden Sports Association Costs/SLA                   | £2445          |
| PE Resourcing (including equipment checks)            | £2815          |
| <b>Total Projected PE Spend 2022-23</b>               | <b>£28,220</b> |
| <b>Total Allocated through PE Premium for 2022-23</b> | <b>£17,706</b> |
| <b>Difference taken from School Budget</b>            | <b>£10,514</b> |

Table 1: Projected PE spend for 2021-22

| Areas funded 2021-22                                  | Total Costs    |
|---|----------------|
| Specialist PE Teacher                                 | £5,600         |
| Arsenal Coaching Programme                            | £2,680         |
| Before and after school sports clubs                  | £5,030         |
| Swimming (2 extra classes above statutory)            | £3,723         |
| Camden Sports Association Costs/SLA                   | £2,295         |
| PE Resourcing (including equipment checks)            | £3,815         |
| <b>Total PE Spend 2020-21</b>                         | <b>£23,143</b> |
| <b>Total Allocated through PE Premium for 2021-22</b> | <b>£17,706</b> |
| <b>Difference taken from School Budget</b>            | <b>£5,437</b>  |

Table 2: PE spend for 2021-22



Playground equipment encourages physical activity from early years all the way through school—scooters, tricycles, balance bikes, climbing equipment, balls, bats, hoops, diablos etc. Playground space is utilised during PE lessons, weather permitting, and equipment such as benches etc. moved outside.



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## PE Premium 2022-23

### Impact:

- All children are receiving the highest possible standard of professional coaching in their PE lessons.
- Additional weekly PE lessons delivered by the class teachers to support physical development and ensure those children most impacted by previous lockdowns were able to develop motor skills and fitness—impact seen especially for these children, regaining co-ordination skills that had been observed to have regressed and able to maintain physical activity levels for longer.
- Specialist coaching provider—Arsenal—provided high quality sessions to all classes from Y1-Y6 for a term (once a week) as well as a high quality staff training session to upskill all teachers in their delivery of PE lessons and running an after



Left: Year 5/6 Boys team at inter-school football competition 2022

Right and centre: Camden Schools Cross-Country Competition 2022

school club (target group changed each term—e.g. KS2 boys; KS2 girls etc.).

- Specialist football coaching—provided through a lunchtime club for targeted year groups

- All classes from Y1-Y6 took part in the daily mile attempting to get out and run for 15 minutes each day—in reality, due to curriculum anomalies—weather and access to outdoor space most classes



Climbing wall in Junior Playground to promote active play

managed to get out at least 3 times per week in the more inclement weather and 1 or 2 times at other times of year

- We were able to track the improvement in stamina through the termly monitoring of the 'Bleep' test by our PE coach which showed most children's stamina improved over the course of the year.
- Children from Year 5 & 6 took part in cycle training sessions to encourage healthy lifestyle. Many non-cyclists became cyclists. The week long 'Bikeability' training included cycling on local roads having learnt to use the correct signalling in the playground.
- All children in Nursery—Y3 received a block of Level 1 cycle training from trained cycle instructors in the school playground. Again, many non-cyclists were cycling by course end.
- Swimming was offered to 3 year groups—year 4, 5 and 6 in a 2 week, 1 hour a day, block. By the end of their block 77% of the year 6 children left primary school being able to confidently swim 25 metres.



Children encouraged to walk, scoot and cycle to school; exercise bikes available at lunch play for children to use in KS2



Children encouraged to walk, scoot and cycle to school; exercise bikes available at lunch play for children to use in KS2



Children taking part in the 'daily mile' initiative



From left to right: Skateboarding workshop during wellbeing week 2021; Exercising in the playground—wellbeing week 2022; Working with local sports providers (NVQ @ Talacre); breakdancing workshop in wellbeing week 2021



Arsenal and Bloomsbury Football coaches working with children/classes on 4G MUGA





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## PE Premium 2022-23

### Opportunities planned for this year:

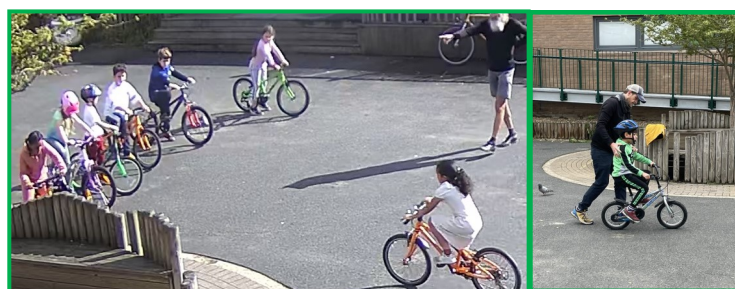
- Swimming for all classes from Year 4-6—continuing the intensive delivery model this year. This is 1 hour sessions, everyday, for 2 weeks. The total hours of swimming per child increases with this approach (10 hours compared to the previous model's 6 hours spread over a term). Research suggests this new approach sees more children learn to swim confidently in the time given. Year 4 will go in Autumn Term with Year 5 and Year 6 planned for the Spring and Summer Terms.
- Daily mile—all classes from Year 1– 6 running daily for 15 minutes—aim is for this to happen no less than 3 times weekly, ideally 5 times—weather and space permitting.
- Each term the Arsenal football coaches come in for an afternoon a week and work with different classes (a term each). This has begun already with



Annual Fun Run on the MUGA



Sports Day on Hampstead Heath—Summer 22



Children taking part in cycle safety programme in the playground. Older children, when ready, go out onto local streets to complete Level 2 Bikeability training

year 3 and year 5 for Autumn

Term. The other classes will work with them during Spring and Summer terms.

- In Autumn term, every child from Year 3 took part in two days of cycle training—all abilities catered for, from those who couldn't cycle to those who



Year 4 at the pool—many non-swimmers learnt to swim

could. A number of non-cyclists became cyclists through these sessions.

- In Autumn term, 30 children took part in the week long 'bikeability' training. Learning to be cycle safe and how to navigate the roads around school on their bikes. 50% of the children chose to take part in this option activity. A number of non-cyclists and beginners became more confident while almost 20 of the children went out onto the roads to complete the level 2 qualification.
- Table Tennis club well attended and resourced
- Multisports clubs running and well attended for infants and girls in Autumn term and to continue year long
- Targeted after school football club run by Arsenal coaches—different groups each term
- Weekly Lunchtime football club run by local team—Bloomsbury Football Club (run all year)
- Annual Sports Day: Reception, KS1 and KS2 full programme of events for sports day on Hampstead Heath during the summer term.
- Continue to attend Inter-school sports events—basketball, cross country, football, athletics, gymnastics, swimming, bench ball, dodge ball etc.
- Link with local NVQ training provider (Talacre Sports Centre and Camden Sport) leading to whole class sessions with access to multiple coaches throughout academic year with various classes—Year 3 and Year 2 already booked in to attend in Autumn.
- Strong physical activity bias in the 2 school run residential trips—Year 5 to an outdoor activity centre involving rock climbing, orienteering etc.; Year 6 to Wales for a number of different daily hiking adventures ranging from 7-12 miles.
- Increased use of the purpose built MUGA artificial surface pitch—available every lunch and morning play as well as through school day.
- Annual Fun Run planned for the Summer term



From left to right: Year 6 Surfing Workshop; Children on Year 5 residential trip to outdoor activity centre—bouldering and rope course; Year 6 to Wales and on a 12 mile forest and coastal path hike



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## PE Premium 2022-23

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### Sustainability

Interest in sports is increasing and through focussing on opportunities for inter school competitions children are keener than ever to take part. Applications for Sports based clubs is strong and we continue to offer these to targeted children for free thanks to the PE Premium and Pupil Premium funding. Cycling is raising in profile and more children are cycling/scooting to school than ever. The 4G MUGA pitch is now timetabled for KS2 children to use at play/lunchtimes to give more space for physical activity. There are no plans to reduce any of the things we offer and we will continue to supplement the PE premium from the school budget to keep the high profile sport now has. Increasing activity levels across the school remains a priority and is complemented through the work we do on mental wellbeing and is part of the school development plan priorities for this year.



*From left to right: Year 6 Surfing Workshop; Skipping workshop during wellbeing week; Year 4 girls football team at interschool competition; Year 4 children at Camden Interschool dodgeball competition*