

Message from the head:

Welcome back to you all and welcome for the first time to any of our new families to our first weekly Friday newsletter. The end of the week is tinged with sadness as we mourn the death of the Queen and send our heartfelt condolences to the new King and the rest of the Royal family. As we enter a period of national mourning if there are any implications for school attendance we will notify you as soon as we know. At present we have no information regarding the funeral and any possible closures which I know a number of media sources have been hypothesising—see page 2 for some information I hope you will find useful for discussing the country's loss with your children.

Lots already has been happening this week with classes launching straight into the new topics. See pages 5-7 for some wonderful photos of the different learning that has been taking place across the school.

Our new reception class have begun to come in on their staggered start—some familiar faces from siblings and our nursery last year, as well as some new families to Fleet. I know you will all make them feel part of our wonderful school community. That goes also for the children across the school who have joined us this week—it's great to have you with us.

Next week we have the class curriculum meetings for Year 1-6—see box to the right with details. Please do come to these important meetings if you can.

Have a great weekend and we look forward to seeing you next week.

Clubs

Thankyou to all of you who managed to get your club request back into the office on time this week. You should have received a message via parent hub today with the club places your child has been allocated—all will be starting from next week. There may still be some places available in certain clubs so please contact the office if you haven't already requested any and would like one for your child. As it stated in the letter that went out, please come and speak to us if cost is stopping you signing up your child. We do not want any child to miss out due to financial restrictions.

Request for Leave during the School Term

Request for leave for holidays/travel abroad will not be authorised by the School. As you are aware, leave will only be granted in exceptional circumstances. The half term week this term is Monday 24th—Friday 28th October. The last day of this term is Friday 16th December and the children return on Wednesday 4th January. Please ensure that you book any holidays within these date ranges. Please note that, Under Section 444(1) of the Education Act 1996, the Camden Education Welfare Service may issue a Penalty Notice/s for absence during the school term.

Curriculum Class Meetings for Parents:

Next week we will be holding our curriculum meetings. These are important meetings for parents to attend so that you are clear on everything the children will be learning and doing this year. It is a great opportunity to ask the teacher any questions you might have as well as crucial so you know what the expectations are for learning you can support your child with at home. With all the disruption over the last few years it's more important than ever that you know what and how to support your child at home. Please come along to the meeting if you can. We do them out of work hours with teachers staying late so that as many parents as possible are able to come along. See below for the day/times:

Year 1—Thursday 15th September @ 6.30pm

Year 2—Thursday 15th September @ 6.30pm

Year 3—Tuesday 13th September @ 6.30pm

Year 4—Tuesday 13th September @ 6.30pm

Year 5—Wednesday 14th September @ 6.30pm

Year 6—Wednesday 14th September @ 6.30pm

Please note all meetings will be held in the classroom

Calling all parents—we need your help!

If there are any families with connections to the performing arts! Actors, makeup artists, set designers, costume designers—from film, TV or theatre we would love them to come and have a chat to Y6 as part of this terms topic 'City of Stars'. So if you or anyone you know can help please come and speak to Lynley. Thank you.



Reminder—WE ARE A NUT FREE SCHOOL

Please remember we are a **NUT FREE SCHOOL**. Children should not bring snacks into school with nuts in them. Please also check any items you send in for Class Tea, Class Parties or birthday treats must also be **NUT FREE**.



There are a number of children with allergies in the school and in line with the school food policy nuts are not to be brought into school. Thank you for help and support to ensure all the children remain free from risk to any adverse effects exposure to nuts could cause.

Punctuality Award

This week Year 1 and 3 were the champions with no lates! Great effort! There were 22 lates altogether amongst the other classes. We know we can do better than this. Lets help the children get into good habits early by getting them here before 9am.



Attendance Award

Our target for this year is 96%. For our first week back our attendance is 96.53% with the Year 5 class our best with 99.2% - great effort to them. Years 1, 2 and 4 were all also above the target of 96%. Lets keep this strong start to the year going. Thanks for all your continued support to get off to a good start for this academic year.



Lunch Menu: 12th—16th Sept

Meat Free Monday

Tomato, Lentil and Vegetable Pasta
Or Veg and Bean Pasta Bake
Sweetcorn & Courgette
Fruit & Yoghurt

Wednesday

Meat/Halal: Herb Roasted Chicken
Vegetarian: Veg & Lentil Wellington
Potatoes & Gravy
Red Cabbage & Broccoli
Yoghurt & Fresh Fruit

Friday

Meat/Halal: Breaded Fish
Vegetarian: Cheese & Red Pepper Frittata
Chips
Tomato Sauce
Baked Beans & Peas
Yoghurt & Fruit

Tuesday

Meat/Halal: Turkey Burger
Vegetarian: Quorn Fillet
Potato Wedges
Rainbow Coleslaw & Sweet Potato
Peach Upside Down
Cake with Custard

Thursday

Meat/Halal: Savoury Mince Beef & Dumplings
Vegetarian: Sweet & Sour Butterbean with Noodles
Green Beans & Roasted Carrots
Pineapple Loaf with Custard

Available Daily

Freshly Cooked Jacket Potato
Freshly Baked Bread

Please remember to let the office know if you want your child to change to or from school lunches so you are charged correctly

You will all have seen the sad news of the death of Her Majesty Queen Elizabeth II yesterday.

Children in Years 1 – 6 will be aware who the Queen was, what she did and the importance of her role within our country and beyond. The whole school celebrated her Platinum Jubilee in the summer term in assemblies, in class and culminating in our very own Jubilee Party in the playground. It was a very special day and enjoyed by all. All the children also received a special souvenir book about the Queen and her reign last year to keep as a memento of this unique and historic occasion.



We are aware that news of the Queen's death may be upsetting or confusing for children and will be talking with them about the changes that this news will bring. We will explain to the children that many people are going to feel sadness and grief at this news, and that they may see adults visibly upset. Loss and grief can be very hard for children to see and understand.

Teachers will have talked about it today and over the next week will explore further. There is a very useful clip here: https://www.bbc.co.uk/newsround/news/watch_newsround that some classes will have already looked at.

We will continue to support children through our established wellbeing systems and protocols, including our PHSE (Personal, Health and Social Education) curriculum, and will keep a watchful eye for any pupils showing signs of upset or distress. If you have any concerns about your child in relation to this event or any other please contact us via the office.

There are a number of organisations which offer helpful guidance and support when talking to children about bereavement and grief. Please see the links below.

- <https://www.place2be.org.uk/about-us/news-and-blogs/2022/september/supporting-your-child-when-someone-famous-dies/>
- <https://parentingsmart.place2be.org.uk/article/supporting-your-child-when-someone-dies>
- <https://www.childbereavementuk.org/supporting-bereaved-children-and-young-people>
- <https://www.mariecurie.org.uk/help/support/bereaved-family-friends/supporting-grieving-child/talking-to-children-about-death>
- <https://www.barnardos.org.uk/how-to-talk-to-your-child-about-grief>

It can be difficult for adults too, when talking to children about news that is upsetting and or difficult. The guidance below is helpful in supporting parents to navigate these situations.

Listen to children:

- Create a time and place for children to ask their questions. Don't force children to talk about things until they're ready.
- Remember that children tend to personalise situations. For example, they may worry about the loss of their friends or relatives.
- Help children find ways to express themselves. Some children may not be able to talk about their thoughts, feelings, or fears. They may be more comfortable drawing pictures, playing with toys, or writing stories or poems directly or indirectly related to current events.

Answer children's questions:

- Use words and concepts your child can understand. Make your explanation appropriate to your child's age and level of understanding. Don't overload a child with too much information.
- Give children honest answers and information. Children will usually know if you're not being honest.
- Be prepared to repeat explanations or have several conversations. Some information may be hard to accept or understand. Asking the same question over and over may be your child's way of asking for reassurance.
- Acknowledge/support your child's thoughts, feelings & reactions. Let your child know that you think their questions/concerns are important.
- Be consistent and reassuring, but don't make unrealistic promises.
- Remember that children learn from watching their parents and teachers. They are very interested in how you respond to events. They learn from listening to your conversations with other adults.
- Let children know how you are feeling. It's OK for them to know if you are sad about events. However, don't burden them with your concerns.

Provide support:

- Children who have experienced trauma or losses may show more intense reactions to tragedies or sad news. These children may need extra support and attention.
- Watch for physical symptoms related to stress. Many children show anxiety and stress through complaints of physical aches and pains.
- Help children communicate with others and express themselves at home.
- Let children be children. They may not want to think or talk a lot about these events. It is alright if they'd rather play out, be with their friends or ride their bike, etc.
- Share your own feelings and explain to children that they may feel anger, sadness, fear, and numbness too. Don't be embarrassed or afraid to express how you feel. Just talking and sharing your feelings can help them and help you.
- Limit the time you spend watching the news. It is helpful to be informed about what is happening, but spending lots of time watching the news reports can make children feel more anxious and sad.
- Be respectful of others feelings
- Join with others. Participating in candlelight vigils, religious ceremonies, memorial services, or other events can be helpful. It is a way to show you care and that the community is supporting each other during a sad time.

There has been discussion that the day of the state funeral will be a bank holiday, in which case schools may be closed. We will write to update you if and when this confirmed.

Stars of the week!



Well done to these children who have been chosen by their class teachers to be the 'Star of the Week' - Well done to all these children, and to all the rest who might not have been picked this week but could have been.



Reception

Year 1

For being a wonderful friend and helping new children to the class. Keep it up! Well done.



Year 2

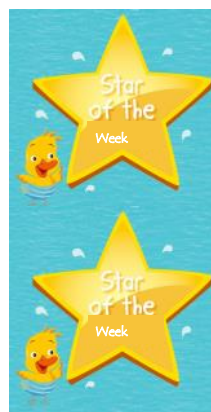
Wow, what a fab start to the year! You are already so engaged with our topic and I've noticed how hard you're trying with your learning. Keep it up superstar!

Year 3

For your fantastic attitude towards starting Year 3! You have demonstrated superb listening skills and have tried your absolute best in every lesson so far this week. Keep it up superstar!

Year 4

What a brilliant start to the year! I have been so impressed with how much effort you have put into your learning - your Kenning poem was fantastic. I love how you have brought a mature attitude into year 4 and am looking forward to seeing your progress this year. Well done!



Year 5

What an excellent start to the year you've made! You have such a conscientious approach to your learning and are pushing yourself in every subject. Well done, superstar!

Year 6

You've made a great start to the year. You're really engaged and positive with all our learning and working hard in all our lessons. Keep it up!

Message from Camden Music Service:




Half price instrument/singing lessons for children of families claiming housing benefit and council tax support

Universal Music Group has generously given us some money to help families of pupils in KS2 (Years 3 to 6) to pay for music lessons.

Priority will be given to those pupils already on instrument lesson waiting lists.

Here are the instruments you can choose in this scheme (please note that not all schools can offer all instruments as for tutors to attend a school there needs to be a certain amount of children wanting to do a specific instrument.

Apply here: <https://www.camden.gov.uk/apply-for-music-lessons-in-school>

	<p>Violin J.S Bach - "Chaconne" Partita No.2 by Esther Abrami - YouTube</p> <p>Usually plays the tune 'Small and light'</p>	<p>Percussion Hyun-gi Lee - Garage Drummer - Percussion Final - BBC Young Musicians 2012 - YouTube—https://www.youtube.com/watch?v=xxzK9CipS04</p> <p>Ideal if you want to play lots of different instruments, from small to large</p>	
	<p>Cello Sheku Kanneh-Mason - No Woman, No Cry (Arr. Cello) [Studio Session] - YouTube</p> <p>Plays the lower accompaniment, usually large to carry, on your back</p>	<p>Ukulele Jake Shimabukuro Performing Bohemian Rhapsody On HiSessions - YouTube</p> <p>Small and light to carry Easy to write songs and sing along with</p>	
	<p>Recorder BBC Young Musician 2012 - Charlotte Barbour-Condini (recorder) - Trotto (Anon.) - YouTube</p> <p>Small and light to carry Lots of different sizes from very low to very high You need lots of gentle breath control!</p>	<p>Guitar BACH Sean Shibe BWV 997 (Development) - YouTube</p> <p>Can play the melody or strum chords Easy to write songs and sing along with You can play alone or in a band</p>	
	<p>Flute Havana - Camila Cabello Flute Cover - YouTube</p> <p>Small and light to carry Needs a lot of breath! Held sideways</p>	<p>Voice / singing lessons</p>	
	<p>Clarinet Introducing the Clarinet with Julian Bliss Discover Instruments Classic FM - YouTube</p> <p>Small and light to carry Needs a lot of breath!</p>	<p>Euphonium Uptown Funk (Euphonium Loop) - Tubavisionary - YouTube</p> <p>Usually plays the lower accompaniment (not the tune) Be different and play this!</p>	
	<p>Saxophone BBC Proms - Darius Milhaud: Scaramouche (Excerpt) - YouTube</p> <p>Large to carry, on your back Needs a lot of breath!</p>	<p>Trombone GoPro on Trombone: Star Wars - Imperial March - YouTube</p> <p>Plays the lower accompaniment usually, although sometimes has the tune Large to carry</p>	
	<p>Trumpet Alison Balsom - Autumn Leaves (Les Feuilles Mortes) - Live in London - YouTube</p> <p>Small to carry Needs a lot of breath</p>	<p>French Horn Instrument: Horn - YouTube</p> <p>Medium sized Be different and play this!</p>	

Fleet Primary School Calendar Competition 2023



The Calendar Art Competition for creating a school calendar at the end of the year is still on. Due to lockdowns over the last 2 years this popular annual event has not been possible so it's great to bring it back.

Children can use any art medium in their entries as long as it is A4 in size and they can enter as many times in a term as they want.

Prizes will be awarded termly, with a selection of winning entries chosen to go in the calendar for 2023 at the end of this year.

Entries should be handed in to the school office and should have the child's name and class on the back (in pencil) along with an indication of the person or event that inspired it.

This year's theme...Lifting Limits!

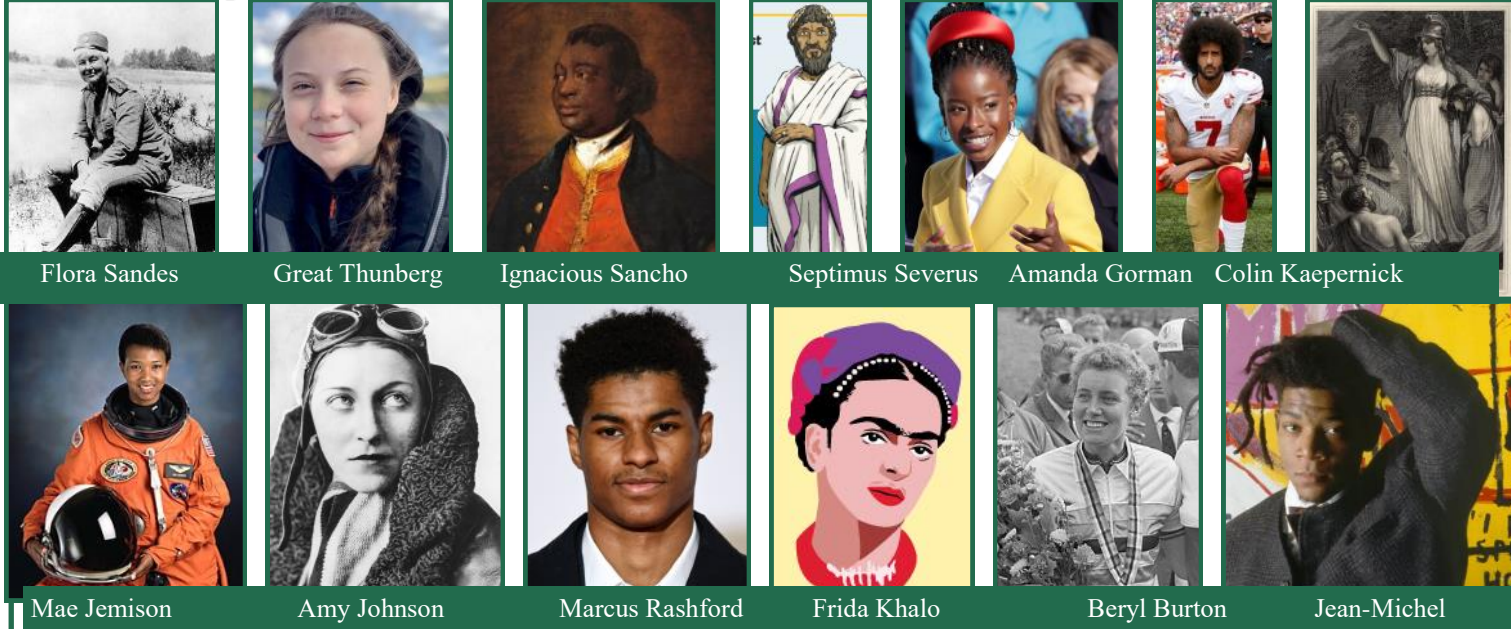
This year the theme links in with the 'Lifting Limits' gender equality work we are doing in all classes and also with the racial equality work that runs throughout our curriculum. We are asking that the subject of the art be inspired by a historical figure—contemporary or older.

Think about GENDER EQUALITY - a man or woman who did something amazing and at the time, unusual or not the norm, for someone of their sex.

Think about RACIAL EQUALITY - someone again who was a trailblazer and didn't let their race, colour of their skin or religion stop them from doing something.

It could be someone we have talked about in assembly, or someone you have learnt about in class or even someone you have learnt about from your own reading or investigations.

Ideas from people looked at last year in assemblies or topics - can you think of anyone new?



Flora Sandes Great Thunberg Ignacious Sancho Septimus Severus Amanda Gorman Colin Kaepernick

Mae Jemison Amy Johnson Marcus Rashford Frida Khalo Beryl Burton Jean-Michel

This week at Fleet...

This week has been action packed already with classes starting their new topics and getting to know their new teachers. The staff have been very impressed with the overall effort and enthusiasm shown by the children. There has been some wonderful writing, fantastic problem solving, great questions come up with, not to mention inspiring art, brilliant printmaking, superb drama work, scintillating science and lots of cooking and food sampling linked to topics already (and using food the children planted and grew last year!). For a flavour of what has been going on this week see the pictures from across the school on the next few pages.



This week at Fleet...



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Dates for your diary this term...

As we are early in the term many trips do not yet have firm dates. As soon as they do they will be added on here as it is updated in each newsletter.

Please bear in mind that occasionally trips may be arranged or cancelled last minute. This can happen for any number of reasons and we try, where possible, to give as much notice as we can. We also will often need adult volunteers to support on these trips so please do look out for notices on class windows or sent out via parent hub closer to the date of a trip for requests for help and contact the office if you are able to accompany. Thank you.

- **13th September:** Y5 and Y4 to Go Ape
- **13th September @ 6.30pm:** Year 3 and 4 Curriculum meetings in the classrooms
- **14th September @ 6.30pm:** Year 5 and 6 Curriculum meetings in the classrooms
- **15th September @ 6.30pm:** Year 1 and 2 Curriculum meetings in the classrooms
- **16th September:** Y4 to the Museum of London
- **19th September:** Y5 National Maritime Museum Viking workshop
- **21st September:** Y4 Dodgeball after school at Talacre
- **22nd September:** Y5 Windrush Music Project workshop—children will need their Trumpets and Trombones with them
- **27th September @ 9am:** Parent Workshop—Promoting Positive Body Image and Self-esteem
- **28th September:** Y5 to the British Library
- **30th September:** Camden Cross Country Competition—selected children from Y3-Y6
- **12th October @ 9-9.30am:** KS1 & KS2 Phonics/Reading Open Mornings in classes
- **13th October:** Y2 to the October Gallery
- **13th October:** Y4 Class Tea after school
- **14th October:** Y4 Class Assembly @ 10am
- **17th-21st October:** Y5 to Sayers Croft Residential Trip
- **20th October:** Y3 Class Tea after school
- **21st October:** Y3 Class Assembly @ 10am
- **24th-28th October:** Half Term Holiday Week
- **2nd November:** Nasal Flu Vaccines Rec-Y6
- **3rd November:** Y2 Class Tea after school
- **4th November:** Y5 to the British Museum
- **7th-18th November:** Y4 Swimming (need swimming kit everyday)
- **10th November:** Y1 Class Tea after school
- **11th November:** Y2 to the Cinema
- **11th November:** Y1 Class Assembly @ 10am
- **14th November:** Y5 Windrush Project Performance—location and timings t.b.c.
- **16th November:** Y1, Y5 and Y6 to the cinema
- **17th November:** Y3 to the cinema
- **17th November:** Reception Class Tea after school
- **18th November:** Reception to the cinema
- **23rd November @ 9am:** Parent Workshop: Managing screen time and social media
- **24th November:** Y5 to the Theatre
- **24th November:** Nursery class tea after school
- **23rd-24th November:** KS1 & KS2 parent meetings after school
- **2nd December:** Infant Christmas Show @ 10am
- **8th December:** Junior Christmas Show @ 9.30am (no ticket needed)
- **8th December:** Junior Christmas Show @ 7pm (ticketed)
- **9th December:** School Christmas Lunch
- **13th December:** Class visits to Belsize Synagogue (timings t.b.c.)
- **14th December:** Infant Christmas Parties
- **15th December:** Junior Talent Show & Christmas Parties
- **16th December:** end of term—school closes at 2pm
- **4th January:** Spring Term Starts—Children Back