

# Message from the head:

Happy New Year and welcome to the Spring Term at Fleet! I hope everyone had as good a break as they could—I know from conversations with many of you and also with the staff and children that many had plans disrupted due to Covid. For that I am sorry and hope that despite barriers and bumps along the way everyone is doing well. It's been a great first few days backthe children seem energised and ready to take on their new topics and the learning this term. Teachers have introduced their new topics to the children and have been busy planning various trips and events around these for the coming term. New topic letters and snapshots will be sent home early next week. Please look out for these via the 'Parent Hub' app. As mentioned in the letter that went home this week, we have Lisa out from the office for the first few weeks of this half term. We wish her a speedy recovery and I wanted to thank you all for your continued patience if it takes us a little longer than usual to answer an email, buzzer or voicemail. Debbie is doing a great job keeping things running and June will be doing some extra work with us to cover some of Lisa's time—thank you June. We will continue this term with sending out two major mail outs to you all each week. On Wednesday's we will send out the 'Fleet Community Notices' which will include flyers and information about courses and events we think might be of interest in our local community as well as things happening here in school and then on Friday the 'Fleet Newsletter' will be sent out including any school specific notices but the main information contained will be to share our stars of the week. fleet facts and times table rockstars as well as pictures and examples of the work to celebrate what each class has been doing through the week. In the meantime I have included in this newsletter on Page 2 a flyer for the excellent 'strengthening families, strengthening communities' parenting programme. There is a new course in this starting next week locally being hosted at Rhyl Community School. This course is a great place to get new ideas and learn from other parents and professionals strategies and techniques to support you as and parent. I'd recommend it to anyone able to attend. See page 2 for more detail. The weather has taken a turn for the cold! Please make sure children are sent in with appropriate clothing—hats and gloves are a good idea at the moment. It would be really helpful if coats and other clothing items can have names stitched in or written with permanent marker on labels so if they are left outside or lost we can easily return them to the owner. The lost property box is full again from before Christmas—if your child is missing any coats, jumpers etc. please do check. The clubs letter for this term was sent home today. Please try to return to us by next Wednesday at the latest so we have time to go through and allocate places in time for clubs to start from the week beginning the 17th. If any of you would like to run a club this term it's not too late to do so—speak to Debbie in the office. Have a lovely weekend.

# Lunch Menu—10th-14th January

<b>Monday</b> <i>Meat Free Monday</i> Roasted Veg or Cheese and Tomato Pizza Peas & Sweetcorn Fruit & yoghurt	Wednesday Meat/Halal: Chicken Drumsticks Vegetarian: Mixed Veg & Chickpea Loaf Roast Potatoes Sweetcorn & Carrots Fruit & Yoghurt	Friday Meat/Halal: Fish in batter Vegetarian: Potato & Spinach Tart Chips or Cous Cous Baked Beans & Peas Jelly, Yoghurt & Fruit
Tuesday Meat/Halal: Meatballs Vegetarian: Mixed Bean Casoulet Spaghetti Green Beans & Carrots Pear Crumble & Custard	Thursday Meat/Halal: Chicken tikka Masala Vegetarian: Cauliflower & Chickpea Curry 50/50 rice Cabbage & Squash Peach Upside Down Cake	Available Daily Jacket Potato & Bread Please remember to let the office know if you want your child to change to or from school lunches so you are charged correctly

# New Covid Guidance—latest

As you are aware the guidance around Covid-19 and what to do seems to change regularly. To support you and us in keeping everyone safe please read below for the latest guidance. If you are at all unsure in any situation please do ask us for clarification by speaking to the office:

- School is open to provide all children with their education
- Children should not attend if they exhibit any of the symptoms of Covid (new persistent cough; temperature; loss or change in sense of taste or smell)
- If they exhibit symptoms they should take a PCR test (not a LFD) and isolate while you await the results—if positive the isolation period begins from the onset of symptoms; if negative they can return to school if/when well enough to do so
- If you are doing LFD tests with your child and they test positive without symptoms you no longer need to do a PCR to confirm—they should begin isolating immediately
- Isolation period—on Day 6 & Day 7 the children should do LFD tests (at least 24 hours apart). If both tests are negative then they can stop isolating and come back to school as long as they do not have a temperature. If either of the tests are positive they should continue through to the end of the 10 day isolation period
- If a child is a close contact of someone who has tested positive they do not need to isolate. Instead they should do an LFD test every morning before coming to school for 7 days. As long as that test remains negative they can come into school. If one of the tests comes back positive they should isolate immediately and follow the guidance above.
- If a child is off school due to isolation work will be provided for them using the school's online learning platform 'Seesaw' for years 1-6. If the child is well enough they are expected to complete this work. Children in EYFS will be directed to work ideas and links accessed via the school website

# Dates for your diary for this term

Below are some key dates for this term. We hope at this time these go ahead uninterrupted by further Covid related problems. Thank you.

- 27<sup>th</sup> January: Nursery Class Tea
- 3<sup>rd</sup> February: Reception Class Tea
- 10<sup>th</sup> February: Year 5 Class Tea
- 11<sup>th</sup> February: Year 5 Class Assembly @ 10am
- 14<sup>th</sup>—18<sup>th</sup> February: Half Term Week
- 24<sup>th</sup> February: Year 6 Class Tea
- 25<sup>th</sup> February: Year 6 Class Assembly @ 10am
- **3<sup>rd</sup> March**: World Book Day
- **3<sup>rd</sup> March**: Year 4 Class Tea
- 4<sup>th</sup> March: Year 4 Class Assembly @ 10am
- 9<sup>th</sup>-10<sup>th</sup> March: Teacher/Parent Meetings
- 10<sup>th</sup> March: Year 3 Class Tea
- 11<sup>th</sup> March: Year 3 Class Assembly @ 10am
- 17<sup>th</sup> March: Year 2 Class Tea
- 18<sup>th</sup> March: Year 2 Class Assembly @ 10am
- 24<sup>th</sup> March: Year 1 Class Tea
- 25<sup>th</sup> March: Year 1 Class Assembly @ 10am
- 1<sup>st</sup> April: Last Day of Term—children finish at 2pm
- 20<sup>th</sup> April: Summer Term Starts—children back
- Fleet Primary School, Fleet Road, London. NW3 2QT

### Programme details

Location: Rhyl Community School 7-31 Rhyl Street. London, NW5 3HB

Date: Thursday 13th January 2022 (for thirteen weeks and a break for half term)

Time: 9.30am - 12.30pm

Facilities: Refresments and light lunch provided. Creche available if booked in advanced (contact Joy)

Contact: Joy 0770 1048479 or joy@racefound.org.uk Or Request a place online at http://bit.ly/sfsc-camden



familie

The SFSC programme being delivered at this venue is being funded by the London Borough of Camden through *Prevent* funding received from the Home Office.

#### A free inclusive course to help parents and carers raise happy confident children all ages from babies to teens



# strengthening families strengthening communities

# About the programme

This is a popular parenting programme for anyone raising children. We welcome parents and carers from all backgrounds who would like to work on their parenting skills and build positive relationships with their children.

We can help you to recognise and respond to the challenges of being a parent and the risks and concerns facing our children. Whether you want to help your child do well at school, deal with bullying, avoid online grooming or getting in with the 'wrong crowd', or just feel more confident: SFSC can provide you with strategies to help you feel equipped as a parent and help you to keep your children safe.

I found it very supportive being part of a group and sharing ideas with other parents.

> I spend more time with my mum and we communicate better

I loved the programme and will ask my friends and relatives to go as well.

SFSC runs for three hours a week for 12 weeks. Some groups provide free childcare and refreshments. There is also an introductory session where you can find out more. Just come along, bring a friend or partner if you prefer, and see if it's for you!



# The course will help you to

- Build positive family relationships
- Manage anger and stress
- Implement effective discipline strategies
- Gain confidence and communication skills
- Understand your child's development
- Recognise and value your family and cultural traditions
- Meet others and share ideas

All groups end with a celebration. You will receive a certificate and a parent manual.



I feel calmer

about dealing with

my children on a

day-to-day basis.

l don't get angry

as quickly.



#### **Reception**—Yaseen

For your mature and focused attitude at school. You always come in to school ready to learn and get involved with all our activities. You are a kind and patient friend and we are really lucky to have you as part of our class. Well done! For a positive attitude to his learning this week. You have put in lots of effort and we have seen you engaging on the carpet and in small groups during our lessons. All of this has made a positive difference to your learning this week and we are very proud of you, Aahil. Well done and keep going!

Year 1—Aahil



#### Year 2—Theo

I've really noticed your fantastic effort this week. You are trying hard to do your best in lots of lessons and I've been so impressed. I love the way you challenge yourself with your work. Well done!

#### Year 3—Lottie

For your kind attitude! This week, I have seen you behave in such a caring way towards your peers. Well done for being such a lovely, supportive friend!

#### Year 4—Saheim

You've come back to school with such a great attitude. Well done for engaging with all your tasks and being bright and cheerful at the same time. Keep it up!





Year 5—Ryan

your learning behaviour has been exemplary, you set such a good example to others. What a great start to the term!





#### Year 6—Lily For your super attitude towards our learning. You have been so focused this week and have been able to adapt really well to working with different people. Keep up the brilliant effort!

Fleet Primary School, Fleet Road, London. NW3 2QT





















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Twitter: @FleetPrimary Web: www.fleet.camden.sch.uk

# **COVID-19: Update from Camden Council**

Happy new year to everyone in Camden. As we look ahead to 2022, there are many uncertainties that continue to surround us. With cases of Omicron continuing to rise, there are undoubtedly tough times to come. However, there is also much to be thankful for.

Over the past year, we have seen our communities working together in new and inspiring ways, not only to help keep each other safe, but to support one another through times of difficulty. I know people will continue to do the right thing in keeping themselves and others safe as we head into the new year.

We are committed to continuing to support our residents, working closely with local partners and services to offer a wide range of support, from mental health, to finances, to domestic abuse.

And for our much-loved businesses, the recent announcement of a package of support from Government is a welcome step in helping those who are struggling into a better position. We owe so much to our fantastic high streets and local businesses and stand ready to work with them throughout this next phase.

Councillor Georgia Gould, Leader of Camden Council

# Get your COVID-19 vaccine now

Whether it's your first or second vaccine, or booster, every dose gives you additional protection against the virus.



- · Everyone aged 12+ can book their first and second doses
- Everyone aged 18+ can also book a COVID-19 booster

Book an appointment online at nhs.uk/coronavirus or call 119, or find a local walk-in vaccination clinic at camden.gov.uk/gettingthe-vaccine

Your booster may be a different vaccine to the one you had for your first and second doses. Please be reassured that this approach has been authorised by UK vaccine experts because it's safe and effective. If you have any questions, please speak to your vaccinator.

# Schools update

Camden schools returned this week – Government guidelines now include:

- Secondary school pupils and staff should continue to do regular twice-weekly lateral flow tests (and more frequently if asked to do so) and should have access to boxes of tests from their school.
- Secondary school pupils and staff should wear face coverings in communal areas, classrooms, teaching spaces and on school transport (unless exempt).
- Visitors to all education settings – including secondary and primary schools, and nurseries – should also wear a face covering (unless exempt).

Please speak to your child's school for more information.

# Support for businesses impacted by Omicron

If your hospitality or leisure business or venue is impacted by Government measures to curb the rise in Omicron cases, you may soon be eligible to apply for a one-off Government grant of up to  $\mathfrak{L}6,000$ .

Additional discretionary funds may also be available through a top-up to the Additional Restrictions Grant.

Camden Council is reviewing Government guidance on how this funding should be administered and will soon update its website with further information – including how to apply.

This information will be available at camden.gov.uk/grants



Camden

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus
- Check the news pages at news.camden.gov.uk
- Follow Twitter @CamdenCouncil, Facebook facebook.com/ LBCamden and Instagram @WeMakeCamden
- Speak to someone at the Council on 020 7974 4444 (option 9).

SIGN UP to the Council's coronavirus enewsletter at camden.gov.uk/coronavirus-updates

# Save a life don't risk a life

As the Omicron variant continues to spread quickly, please keep following public health advice to protect yourself and others:



If you haven't already, please get your COVID-19 vaccine and booster as soon as you can. Find out more at **camden.gov.uk/** getting-the-vaccine



Take regular rapid lateral flow tests – particularly before gathering indoors with others, including older or more at-risk family and friends. Test kits continue to be restocked so please keep checking the website or get one from your local pharmacy or collection point. Visit gov.uk/order-coronavirusrapid-lateral-flow-tests

Wear a face covering over your nose and mouth

in busy indoor and outdoor public spaces, unless



Open windows to let fresh air in when meeting others indoors

exempt



Wash your hands regularly and use hand sanitiser while you're out

If your rapid test is positive or you develop any COVID-19 symptoms, however mild, you must self-isolate and book a PCR test online at **nhs.uk/coronavirus** or by calling **119**. If the PCR test result is negative, you can stop self-isolating.

If the result is positive, continue to stay at home to protect others. If you get 2 negative rapid test results on days 6 and 7 and you don't have any COVID-19 symptoms, you can stop self-isolating after 7 days. If you test positive on days 6 and 7 you must self-isolate for the full 10 days, or for longer if you continue to have symptoms.

\* Guidance around PCR tests is changing from 11 January. Check **gov.uk/coronavirus** for details.

# **Guidance for close contacts**

If you're a close contact of someone who tests positive for COVID-19:

- If you're fully vaccinated, you must take a rapid lateral flow test every day for 7 days
- If you're unvaccinated or have had one vaccine, you must self-isolate for 10 days

Regardless of your vaccination status, if you develop COVID-19 symptoms or test positive, follow the guidance above.

camden.gov.uk/coronavirus 020 7974 4444 (option 9)

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