

Friday 2nd October 2020

Message from the head:

Another very busy week has come and gone. I'd like to take this opportunity to thank my staff for all their hard work getting through this first month back. While we know that the changes we have had to make to how our days run can affect you as parents in so many ways, most of them inconvenient, what maybe isn't as obvious is the effect they have on teachers and other staff. The pressure on everyone through the day having to run to clockwork to avoid crossing over classes at play or lunchtime, the adjustments to the curriculum to support the children build up their stamina after so long off, these are just some of the challenges the staff face. However, I think most trying for everyone, is the isolation that can be felt within a bubble. Teachers and support staff are used to, and thrive on, the contact with each other—whether that be their colleagues, children in other classes (many of whom they have great relationships with from being their teachers before) and just as importantly you—their families. Working within their bubbles, not having that daily check in at pick up or drop off, doing staff meetings via zoom to ensure not crossing over and risking cross-contamination, these all make this term a very different job to what we are used to. I know personally it's very exhausting, more so than any other experience in my nearly 20 years in education. So in light of this I wanted to say a public thank you to them. During lockdown they were amazing, and since we have reopened they have continued to be so. I, and the Fleet community, are very lucky to have the dedicated and caring staff we have. I hope you were able to speak to your child's class teacher this week over the phone. I know they were all keen to touch base with you, answer any questions you had and be able to talk about how your child is doing. If for any reason you were not able to take the call from the teacher please contact the office and they will do their best to arrange a call but please bear with them. I'm sure you will appreciate that they are teaching everyday and that their windows out of class to make these calls have now passed. Have a great weekend and I look forward to seeing you again on Monday.

Drop offs and pick ups

Please remember to stick to your child's 5 minute window for drop offs and pick ups. We need to keep the grown ups related to the different class bubbles separate as much as the children. Due to grown ups arriving late and early there is some cross over occurring. This risks the integrity of the bubbles and will undo all the hard work people are putting into the sacrifices and changes being made to keep us all safe. Should the worst happen and someone becomes positive for Covid-19 it can also mean we'd have to quarantine more widely than if we can keep bubbles distinct. Please also leave the site promptly after you have dropped off to avoid this. We are a very open and welcoming school and we hate having to say these things but for the time being we need to remain vigilant.

Bike to school week

We want to say a big thank you to all of you who encouraged active travel with your children this week. We had lots of scooters and bikes coming in. It is so good to keep the children active. There is still time to enter the Camden Active Travel Challenge Competition (see page 6 for details) and also information from the Camden Clean Air Initiative about No Car Tuesday.



London Mini Marathon

Year 3 and Year 5 are well underway with their 'London Mini Marathon'. As we mentioned in the newsletter last week they are hoping to raise money for play-ground equipment for their efforts. Ms. Wall was on the back gate this week with a collection bucket—we will continue to have this bucket on the front and back gate at various points for the duration of their Marathon challenge. Please give a donation if you can.



Lunches

Dee, our new cook, and the rest of the kitchen team have been doing a great job in very trying circumstances to provide us all with hot packed lunches while we are not able to use the hall to eat in. As this situation could go on for some time we are investigating with Caterlink ways of going back to the full hot meal service but having it in class. There are a number of barriers to this but we are working on it. To support us to ensure that lunchtimes run as smoothly as possible and everyone who wants a hot lunch gets one please help by ensuring you let the office know first thing in the day via phone if your child is changing to school dinner from packed lunch or vice versa. We have had a number of instances lately where the kitchen run out of lunches prepared for a class because children have changed to school dinner, we have not been informed, and therefore don't have enough. Lunches are made to order so we need your help to ensure mistakes like this don't happen.

Punctuality Award

This week, our Punctuality award goes to Year 3 with 1 late! 59 lates for the whole school—we need to improve!



Attendance Award Our Attendance Award this week goes to Year 3 with 98% - Well done! This year's whole school target is 96% - we're currently at 96.22%. Thanks to you all for your efforts so far. Keep it up!



Star of the Week Awards this weeks winners...

Well done to our 'Stars of the Week' for this week. We are very proud of their hard work and effort.



Happiness Project

Fleet Happiness Project

GREAT DREAM

Ten keys to happier living

GIVING



DIRECTION



RELATING



RESILIENCE



EXERCISING



EMOTIONS



AWARENESS



ACCEPTANCE



TRYING OUT



MEANING



This year we'll be running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

Autumn 1	Direction Meaning
Autumn 2	Acceptance Giving
Spring 1	Awareness Emotions
Spring 2	Resilience
Summer 1	Relating Trying Out
Summer 2	Exercising Happiness (wellbeing week)

The first theme that we'll be thinking about is 'Direction'. In assemblies we've been discussing inspirational people who have worked towards their goals, and the children will be setting their own goals and thinking about steps that they can take to achieve them.

Direction

Have goals to look forward to



Set a goal and take the first step to make it happen

**PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON
THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU**



Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap “Add a School ” in the app and enter the handle below...

@FleetPrimary

The Parent Hub app is FREE to download and use.



What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter the school handle (above).

Visit www.parenthub.co.uk to find out more



*** **IMPORTANT** ***

Please Read :

What to do if my child or someone in my house is ill?

We are entering into Autumn, and with the children coming back to school and into contact with the other children in their class they are more likely to pick up illnesses than over the summer break.

In this time of Covid-19 it is important that everyone knows what to do should your child, or anyone in your house become ill.

In the case of a cold, snuffle, sore tummy etc. or other symptom that is **NOT** one of the 3 symptoms associated with Covid-19 they would only need to stay off school for the period their illness means they are too unwell to be here. Any siblings, if not ill too, are able to come to school as normal.

The indicator symptoms of Covid-19 are:

- **a high temperature** – this means you feel hot to touch on your chest or back. A temperature above 38C is normally considered to be high.
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child, or any member of the family exhibits **ANY** of those 3 symptoms then you must go online and arrange a test for them. That child or person should self isolate for 10 days and their siblings and other members of the household for 14 days, until there is **EITHER**:

A negative test result **OR** A doctor's note explaining that the symptom is not COVID-19 (e.g. the cough is not a "new" cough – i.e. is typical of the child's pre-existing health condition)

If you have only been told by 111 that they do not need to get tested but the individual with symptoms still has one of the three COVID symptoms, then we will request a GP note to confirm this information before we will consider the child returning. This is in line with the advice we have received from the local authority.

To protect our whole school community and keep everyone safe...



It is really important that anyone with symptoms is tested within 5 days. If the person is not tested within 5 days of symptoms first exhibiting then the whole household is required to self-isolate for 14 days. That is a lot of school for the children to miss and having a test can really minimise that. We know it is proving very difficult and frustrating at the moment to arrange tests but please keep trying if you are in the position that someone in the house has symptoms. In the majority of cases the test will be negative (very few children across the country are testing positive and unlike the flu, young children have been shown not to be spreaders). As soon as a negative test comes back children will be able to return rather than have to miss 2 weeks of school.

If the test is positive you must let us know straight away so we can discuss with public health and determine if we need to isolate the class the child is in and move to online learning for 14 days.

In the case of a positive test in your families all children in the family home—whether they have symptoms or not would stay off school.

If you are unsure you can phone the office for advice or call 111. To arrange a Covid-19 test go to: www.gov.uk/get-coronavirus-test



please STAY AT HOME if your child or anyone in your household has symptoms of coronavirus

Stay alert to any of these symptoms:

- A high temperature
- A new, continuous cough
- A loss of, or change to, your sense of smell or taste



If your child or anyone in your household has symptoms:

- Stay at home
- Self-isolate and get tested
- Tell your school that someone in your family may have coronavirus

Find out how to get a test, and how long to isolate, at nhs.uk/coronavirus
If a test has been taken and the result is negative, we will then welcome your child back at school!



Does your child need urgent healthcare?

Be sure to go to the right place.



Temporary closure of children's A&Es at UCLH and the Royal Free Hospital



Some children and young people's services have temporarily changed as part of our Covid-19 response

Anyone under 18 and needing accident or emergency care should go to the nearest alternative local hospital:

- Whittington Hospital
- Barnet Hospital
- North Middlesex University Hospital
- St Mary's Hospital
- Royal London Hospital
- UCLH and Royal Free A&Es remain open for adults

For life-threatening emergencies call 999 straight away.
For more info go to <http://bit.ly/emergency-paediatric>



Does your child need urgent healthcare?

Be sure to go to the right place.

Call NHS 111 or visit 111.nhs.uk first.

Some children and young people's services have temporarily changed as part of our Covid-19 response

Anyone under 18 and needing accident or emergency care should go to the nearest alternative local hospital.

Please call NHS 111 or visit 111.nhs.uk to find your nearest children's A&E

A&Es at UCLH and Royal Free remain open for adults



*We are working to provide the best care to children and young people during the busy pandemic and winter period. This might mean your nearest children's emergency department has temporarily changed location.

For life-threatening emergencies call 999 straight away.

For more information visit <http://bit.ly/emergency-paediatric>

Important Information for Year 6 Parents about Secondary Transfer Events

Coronavirus (Covid-19) update: Many schools that test for a child's ability or aptitude have postponed admission tests until later in the autumn term. This is in response to a range of Covid-19 related issues. Despite these changes, you should still register your child for tests by published deadlines. You should also submit your online application by the national closing date, 31st October 2020. If you receive the results of the test after the 31st October 2020, you may make changes to your application preferences. This is such as to add or remove a selective school. Please ensure that you email admissions@camden.gov.uk with any changes by 10th December 2020. Changes to preference after this date will only be considered after places are offered on 1st March 2021. If you live outside Camden, contact your local authority for their policy on making changes to a school admission application.

Moving on to secondary school: The high quality teaching and supportive environment at Camden's secondary schools aims to help every student reach their potential. That's whether your aim is a place at a top university, an excellent apprenticeship or landing a great job. All Camden secondary schools are currently rated either 'good' or 'outstanding' by Ofsted. Read our latest guide to secondary schools in Camden:

[Secondary schools in Camden guide – applying for a Year 7 place for September 2021](#) (a copy of this was sent home with every y6 child, if you did not get it please call the office to let us know)

Your child will be due to start secondary school in September 2021 if they were born between 1 September 2009 and 31 August 2010. Applications for Year 7 places are open from 1 September until the deadline of 31 October 2020. [Apply online for a Year 7 place for September 2021](#)

Is your child due to start secondary school in September 2021? Find out more about what Camden schools can offer your child at open events taking place this term.

Camden secondary schools, which are all rated either 'good' or 'outstanding' by Ofsted, will each hold their own open days and evenings - though several of these will now be held 'virtually' online. Please check each school's website or call their office to check if the event is still on and how it is being held - face to face or 'virtually' online. The next page is [a poster with upcoming dates](#) (several of these events on the poster will now take place virtually or they have moved dates / times, as set out below. Some schools are holding additional events too).

Camden School for Girls will be replacing their open days and open evening this year with a virtual open event, which will be available on [the school's website](#) from Wednesday 16 September. The aim is to give parents, carers and children as full an impression of the school as they would receive from visiting the school in person, including a 'virtual tour' of the school.

For details of Acland Burghley School's open events, please [visit the school's website](#).

[Parliament Hill School](#) will run a virtual Open Evening on 24 September. The open mornings which were planned and are mentioned on the above poster will now take place at the end of the school day instead on 29 and 30 September and 1 October. The school will run an additional Open Day on Saturday 3 October. Booking information has now been published [on the school's website](#).

[La Sainte Union Catholic Secondary School](#)'s open mornings will be as advertised in our poster and secondary admissions guide but will now be held virtually online. The school's open evening on Thursday, 24 September, from 4 to 7pm, will go ahead as advertised but is by ticketed entry only - [find out more and book your place via the school's website here](#) (note: this open evening is now fully booked so if you were hoping to visit please book onto one of the school's virtual open mornings instead).

[William Ellis School](#) is also looking forward to welcoming prospective parents of Year 7 pupils to their open evening on Thursday, 24 September, from 4.30pm to 8pm. [Visit the school's website to book your place](#).

[Maria Fidelis Catholic School](#) is hosting an open event on Saturday, 10 October. [Find out more and book your place](#).

[Regent High School](#) will be running an Open Week from Monday 12 October to Friday 16 October, with daily tours from 9am to 10.20am. [Bookings have now opened on Eventbrite](#), with a maximum of 30 places available per morning.

[Meet the Parents](#) also holds [informal forums for primary parents](#) at local schools across the borough, some of which will also be held 'virtually' online and some face to face. See below for details of the Virtual event for Fleet Parents.

You can also find out more about Camden secondary schools and how to apply by reading our new [secondary admissions guide](#).

[Applications are now open](#) and the **deadline to apply is 31 October 2020**.



Choosing a secondary school in Camden

Open events 2020



Acland Burghley School

Burghley Road, London NW5 1UJ 020 7485 8515
www.aclandburghley.camden.sch.uk



Please check the school calendar or contact the school for the arrangements of the open morning and evening events.

Sixth Form: LaSWAP: Thursday 26 November, 5.30 to 8pm at Acland Burghley School (pre-registration is required – see the school website or www.laswap.camden.sch.uk)

Hampstead School

Westbere Road, London NW2 3RT
 020 7794 8133
www.hampsteadschool.org.uk



Open evening: Tuesday 6 October, 6pm

Open mornings: Tuesdays 15, 22, 29 September and 6, 13 October, 9am

Sixth Form: Thursday 12 November, 5.30pm

La Sainte Union

Highgate Road, London NW5 11RP 020 7428 4600
www.lasainteunion.org.uk



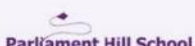
Open evening: Thursday 24 September 2020, 4 to 7pm

Open days: 30 September, 1, 7, 8, 14, 15, 21 and 22 October, 9.30 to 11.30am (limited spaces - advance bookings required). Additional dates and times can be arranged by appointment.

Sixth Form: LaSWAP: Thursday 26 November, 5.30 to 8pm at Acland Burghley School (pre-registration is required – see the school website or www.laswap.camden.sch.uk)

Parliament Hill School

Highgate Road, London NW5 1RL 020 7485 7077
www.parliamenthill.camden.sch.uk



Open evening: Thursday 24 September, 5 to 7.30pm

Open mornings: 29 and 30 September and 1 October, 9 to 10.30am

Sixth Form: LaSWAP: Thursday 26 November, 5.30 to 8pm at Acland Burghley School (pre-registration is required – see the school website or www.laswap.camden.sch.uk)

The UCL Academy

Adelaide Road, London NW3 3AQ 020 7449 3080
www.uclacademy.co.uk



Open evening: Tuesday 15 September, 5 to 7pm

Open mornings: 18, 23 September and 7 October, 9 to 10.15am. Please call to book appointments.

Sixth Form: Tuesday 3 and Wednesday 18 November, 5 to 7pm

Camden School for Girls

Sandall Road, London NW5 2DB 020 7485 3414
www.camdengirls.camden.sch.uk



Open evening: Monday 21 September 2020, 5pm

Open mornings: Wednesday 16 and Friday 18 September 2020, 9am

Sixth Form: Tuesday 17 November. Tickets available Thurs 1 Oct

Banding assessment registration: register online by Tuesday, 22 September, 12 noon

Haverstock School

24 Haverstock Hill, London NW3 2BQ
 020 7267 0975
www.haverstock.camden.sch.uk



Open evening: Thursday 1 October, 5 to 7pm

Open mornings with tour of classrooms: Every Thursday from 24 September to 22 October 9.20 to 10.30am

Sixth Form: Please check our website for details of Sixth Form Open Events.

Maria Fidelis School FJC

1–39 Drummond Crescent, London NW1 1LY
 020 7387 3856
www.mariafidelis.camden.sch.uk



Please check the school calendar or contact the school for the arrangements of the open evening and Sixth Form events.

Open mornings: Every Tuesday morning throughout the school term, 9.30 to 10.30am (please note that this will be by appointment only – due to Covid-19). Please call the school office on 0207 387 3856 option 0 to arrange.

Regent High School

Chalton Street, London NW1 1RX 020 7387 0126
www.regenthighschool.org.uk



Open evening: Thursday 1 October, 4 to 6pm

Open mornings: 1, 7, 13, 19 October, 9am

Sixth Form: Thursday 19 November, 4 to 6pm

William Ellis School

Highgate Road, London NW5 1RN 020 7267 9346
www.williamellis.camden.sch.uk



Open evening: Thursday 24 September, 6 to 8pm

Open mornings: 29, 30 September and 6 October, 9 to 10.30am

Sixth Form: LaSWAP: Thursday 26 November, 5.30 to 8pm at Acland Burghley School (pre-registration is required – see the school website or www.laswap.camden.sch.uk)

While most Camden secondary schools still plan to have open events for parents and the details below were correct at the time of going to print, these arrangements could change or the events may be held 'virtually' online – please check the school's and Camden Council's website for the most up to date information.



Camden Active Travel Challenge for Fleet Primary School

Monday 5th – Friday 16th October, 2020

We are calling all of our families to rise to the Active Travel Challenge!

Our school has been entered into Camden's Active Travel Challenge. Children are being asked to walk, scoot or cycle to and from school as much as possible for **2 weeks beginning Monday, the 5th of October until Friday, the 16th of October**, to help win our school some amazing prizes!

1st prize:

Active Travel Trophy to be displayed in school for the year and a 'Scoot Fit Experience' Session for all pupils

<https://www.scootfit.co.uk/scooter-experience-day>

2nd prize:

Schools to receive a fit kit bag including equipment and instructions for over 30 different activities

All children will get lots of fun prizes throughout the competition such as:
Reward badges and stickers.

For those pupils not able to travel in an active way for the whole journey for whatever reason. The following will also count towards our schools active travel total:

- Parents park 10 mins away from school and walk the remainder to school.
- Parents and children get off of the bus 2 stops early and walk the remainder to school
- Parents and children do some form of exercise for 20 minutes a day (Walk for 10 minutes twice a day, go for a bike ride, play a game of tag in the park, etc)

We are very excited about this campaign for many reasons especially in our current Covid-19 world, the importance of social distancing and avoiding public transport, where possible. We see this as something we can all do to keep all our students safe and healthy, all the while having great fun!

We will be encouraging the staff to do this too!

Thank you and we hope to see lots of you walking, biking or scooting 5th-16th of October!

CHANCE TO WIN A SCOOTER EXPERIENCE DAY FOR THE WHOLE SCHOOL!!

TOP SCHOOLS FIT KIT BAGS WITH OVER 30 ACTIVE GAMES AND EQUIPMENT!

5th October – 16th October, 2020

PRIMARY ACTIVE TRAVEL CHALLENGE

How do you get to school?

WALK, SCOOT OR CYCLE
to school and home again
to earn prizes!

Camden Learning

Camden

 **STARS**
Sustainable Travel: Active Responsible Safe
Inspiring young London

 **Transport for London**

 **Camden**

The Camden Clean Air Initiative

We want to create a clean and safe Camden for all.

We aim to transform Camden into a haven for walking and cycling, work with local government and major Camden-based companies, and introduce borough-wide initiatives and policy change.

VISION

The Camden Clean Air Initiative is a non-profit action group aiming to reduce air pollution across the borough of Camden.

They are inviting all schools across the borough of Camden to celebrate with Clean Air Day with them on the 8th October and take part in their initiative for the entire week (5th – 9th October).

Here in Fleet some of the teachers will be doing activities linked to this with their classes and just as so many of you have this week supported active travel week by encouraging cycling and scooting we'd encourage you to engage with this. They are asking all schools to take part in **'No Car Tuesday'** every week. This is a borough-wide initiative that involves schools, workplaces, households, and hospitality businesses leaving their cars at home and choosing Tuesday every week to walk or cycle. This way, the students can find alternative, active and beneficial ways to travel to school.

No Car Tuesday is one of our most important borough-wide initiatives.

We are asking the whole of Camden to leave their cars at home and choose other modes of transport every Tuesday, every week.

Hospitality businesses are avoiding Tuesdays for deliveries, and residents are getting to school and work on foot, bike or public transport.

Encourage your school to join the initiative!

NO CAR TUESDAY

From National Online Safety

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What parents & carers need to know about...

AMAZON ALEXA

Alexa is an artificial intelligence (AI) software assistant created by Amazon in 2014 through which smartphone, tablet and smart device users can issue voice commands and ask questions in a range of languages by issuing the 'wake' or activation word Alexa. It can be accessed in several ways and is integrated into a growing number of 'smart' products including speakers, phones and clocks. Once viewed as expensive gimmicks, Alexa is now one of the most used voice assistants in the world.

Privacy concerns

By their nature, AI voice assistants involve the collection of large amounts of data. How this is stored and the uses to which it is put has aroused growing concern. Experts also worry about who has access to voice recordings, which in 2019 the company admitted sometimes included employees of Amazon and its commercial partners. There is also the more general anxiety that internet voice assistants might record private conversations and not only commands or questions.

Age-inappropriate content

Using Alexa as a speaker to play your favourite songs is one of the most popular uses for the device. However, without any parental controls in place, Alexa won't filter the lyrics so it's possible that children could hear something they shouldn't. Similarly, Alexa isn't always able to identify who or what age the person is who is issuing a voice command so if children ask a question which might not be age-appropriate, the chances are they're likely to get an age-inappropriate answer.

Insecure devices

The devices and their background services are another worry, which can have software vulnerabilities that make them insecure in complex ways. In 2020, for instance, researchers discovered that the services to which Echo products connect were insecure, potentially allowing hackers to access personal information such as voice conversations. In 2017, researchers were able to directly hack an Amazon Echo to send audio to attackers. Amazon has a good record of fixing security problems when they are discovered but it is never possible to find every problem.

Changing Tech Relationships

In a 2019 report published by the Centre for Data Ethics and Innovation, concerns were raised on the disruptive effect that voice assistants and smart speakers, such as Alexa, were having on the way that children interact with technology. From building sentiment and forming relationships which could encourage them to overshare personal details, to a fear of consuming content driven by commercial algorithms and an inability to assess reliability, how Alexa operates could considerably change children's relationship with technology in both the short and long term.

Safety Tips

Check privacy settings

It's possible to delete Alexa's recordings either entirely, or for a given period, with the instruction "Alexa, delete everything I said." Alternatively, set up the Alexa account privacy settings for that account to delete recordings every three or 18 months. Existing recordings made using the Alexa app can be deleted via Settings > Alexa Privacy > Review Voice History. A final tweak is to turn off the setting that allows Amazon to 'use voice recordings to improve Amazon services.'

Control voice input

If privacy is paramount, one idea is to locate Echo devices in only one room rather than having several throughout the home. In addition, Alexa can be activated only when it is needed by manually turning off the microphone on Echo devices between use. Users can tell when Alexa is in listening mode as an indicator light should appear or an audible tone should sound.

Set pin code

Amazon account users can order items from the company using a voice command, for example "Alexa, buy some toilet paper." To counter accidental use or misuse and avoid racking up big bills, this can either be disabled or protected with a PIN code (it should be noted that this is an audible PIN however, so is not as secure as a typed code).

Look out for 'Skills' apps

A big appeal of Alexa is that thousands of companies have created apps, which Amazon calls 'skills', that add useful capabilities, often integrations with other products or services. These are installed by asking Alexa to 'open/play/start' the skill. For example, a travel skill might be installed to check and automate checking train times and hotel bookings. However, it's important to remember that each of these might have a different privacy policy. A cautious approach is to install as few as possible, de-installing ones no longer in use.

Talk about technology

As more and more homes install voice assistants and smart speakers such as Alexa, it's a good idea to talk to children about safe use of technology. Talk to them about what Alexa can be used for, how useful it can be and how to use it properly. Use it together to begin with and discuss any concerns they might have. Always make sure that children know to never share any personal or sensitive information and that if they need to talk about anything, they should always speak to a trusted adult.

Meet our expert

John E. Dunn has edited and written for numerous computer and technology magazines since the early 1990s, most recently Which Computing, The Register, Forbes.com, Techworld, Computerworld and Naked Security. He is a specialist in online cybersecurity and cybercrime and their growing effect on education, young people and the public.



www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.09.2020



**CLASSES
START 26TH
SEPTEMBER**

ANNA FIORENTINI
THEATRE & FILM SCHOOL

Classes are back!

Classes for 4-18 yrs in Camden, NW5

Join the award winning school as they return for classes in singing, acting and dance with industry professionals.

Restricted places available to allow for social distancing

TO RESERVE YOUR TASTER DAY

0207 682 1403

hello@annafiorentini.com

www.annafiorentini.com

 **@afschoo**

 **@annafiorentini**

 **Anna Fiorentini School**

CORAM'S FIELDS SPORTS PROGRAMME

TERM TIME

Sep 14th - Oct 23rd 2020

We are delighted to offer FREE sports sessions for children and young people ages 3-19 years

TUESDAY

NFL Flag Football
4.00-5.00pm
8-12yrs

**Coram's FC
Football Training**
5.30-6.30pm
12-16yrs

WEDNESDAY

Round Robin Football
5.00-7.00pm
16-19yrs

FRIDAY

Coram's Kickers
11-11.45am
£5 3-4yrs

Friday Football
4-5pm
5-11yrs

**SSE Wildcats
Girl's Football**
5.15-6.15pm
8-12yrs
13-16yrs

**PLEASE NOTE..
ALL SESSIONS WILL NEED
TO BE PREBOOKED VIA
EMAIL (SEE BELOW) ONE
WEEK IN ADVANCE DUE
TO LIMITED NUMBERS TO
FOLLOW CURRENT
GUIDELINES**

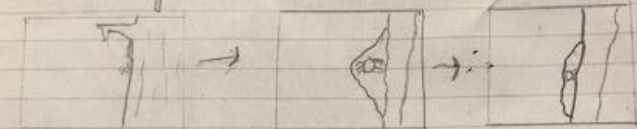
Coram's Fields and the Harmsworth Memorial Playground, a registered Charity in England and Wales - Registered No: 302963; Coram's Fields Company Trustee Limited is the Corporate Trust



For more information, please contact Meghann McKeever - Sports Development Officer
on meghann.mckeever@coramsfields.org.uk or 020 33842209

**OAK
FOUNDATION**

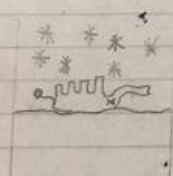
Can describe how fossils are made 28.9.20



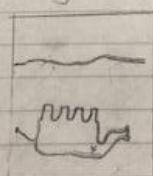
The living creature is on a tree when the sap starts to come down.

The creature is trapped in the Sap because it is so sticky and can't move into a fossil

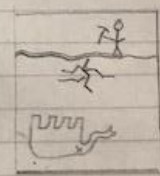
The Sap Solidifies into Amber and the creature turns into a fossil



the animal dies in the freezing cold and snow.



The animal becomes buried under ice.



because of the freezing temperatures the body is perfectly preserved

L.O. I can describe how fossils are made
Monday 28 September 2020

- 1) A fossil may form when a animal has died and been encased in ice. And it is still flesh, blood and bones but dead.



- 2) The second way a fossil may form is when Sap drips out a tree and lands on a insect and covers it so it can't breathe and then the sap solidifies and turns into Amber and now it is a fossil



- 3) The last way is when a animals dies and then mud and soil covers it and then the bones dissolve - great and makes a mold in the soil and then the pressure from all the soil and the Soil turns into rock which is called sedimentary rock And then minerals fill in the mold so now it looks like bones but it is rock



Year 6 have been fascinated during their work on Fossils as part of their Evolution Science Unit. Well done Year 6, such fantastic scientific writing and illustrations.

In school this week...

28.9.20 L.O. I can describe how fossils are made.

There are three ways that animals and plants can become fossilised.

- 1) The first way a plant or an animal is when sap from a tree spills out and if a plant or animal is in its path the animal or plant gets stuck inside it and can't get out because the sap is really sticky. Over time, the sap hardens into amber and the animal suffocates inside and dies.

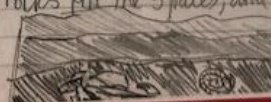


- 2) The second way a fossil may form is when an animal is walking through ice, and dies, and gets preserved in the ice long enough for explorers to find the animal and bring it back. The animal may have got stuck in the ice, and then froze. Scientists can take blood from the animal even if it is in that state, which is really cool.



- 3) The third way is when an animal dies, it gets covered with mud, soil and rock. A lot of pressure, so the flesh rots away and over time the bones dissolve. The bones leave a mark, so over time, rocks fill the spaces, and then people find it.

Great Scientific vocab.



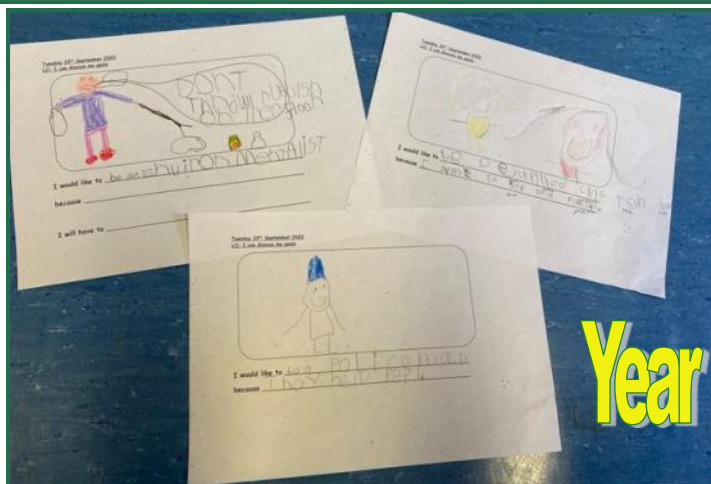
L.O: I can describe how fossils are made

1. A fossil can be made when a animal or human is on a mountain or in ice (usually a dead animal or human) then the ice will keep them in perfect condition just as they was when they first got trapped. Then decades or even centuries they are found as a fossil.

2. Another way a fossil can be made is if they are on a tree gets cover in sap and is then fully covered in sap and dies. Then after around 200 years it becomes fully fossilised and once the animals are fossilised they are kept in perfect condition just like they are when they are trapped in ice once they are trapped it is called amber.

3. the last way they become fossils they can be trapped under the ground and they will eventually turn into skeletons and then the soil of the ground will grow over them. Once the rock covers them they get more and more layers of rocks they become fossil after ten thousand years.

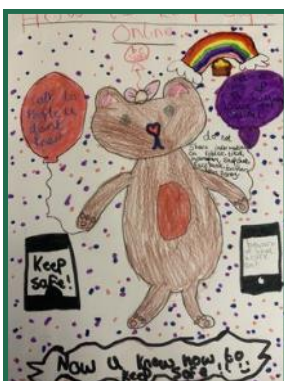
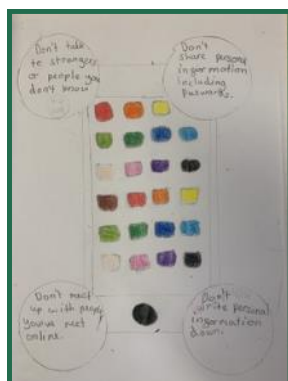
Year 6



Year 1



Fantastic thinking, discussion and writing from Y1 during their PSHE/Happiness Project lesson this week about goals and how they can make a positive difference to their world. Also this week, the young ladies of Y1 found and were fascinated by a snail they met in the Infant Playground. We've got a feeling that one or two of this group may well end up as zoologists or vets given their fascination and care for all living things!



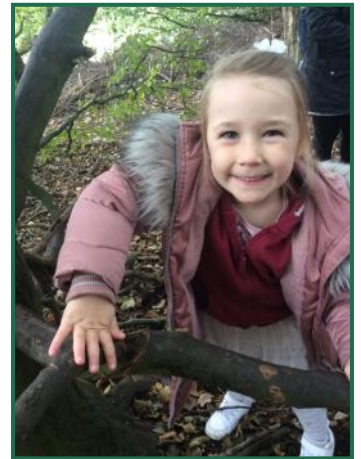
Year 5

Year 5 have been incredibly busy this week. From giving sound advice about staying safe online, to amazing effort and stamina taking part in their Mini London Marathon session. Not to mention amazing writing using beautiful imagery in setting descriptions inspired by their study of Van Gogh's Starry Night. On top of all of that they were also putting their knowledge of lines of latitude and longitude to the test by trying to find some online treasure! Their excellent skills meant they soon struck gold! They even managed to fit in a session with Stefano from the Philosophy Foundation for a really interesting and thought-provoking lesson. They should be ready for a rest this weekend before it all starts again next week! Well done Year 5.

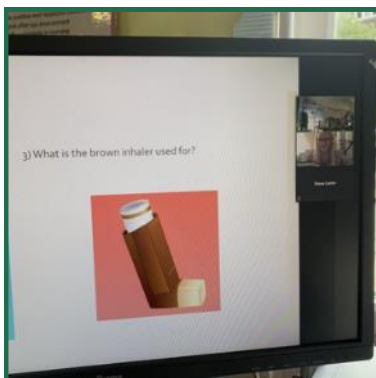
Reception

Reception had their first trip of the year this year up to the Heath. A huge thankyou to all the parents who were able to come along and help out and maintain social distancing as much as we could. Without your help we can't do these trips so thank you.

The children had a great time—they found lots of lovely treasures and even saw a fuzzy caterpillar! It was a lot of fun playing under the trees!



Y3 started their Mini London Marathon this week - 5 laps done out of the 57 they have to complete! They also had a special lesson this week over Zoom with a GP from the Camden Air Asthma Project —they learnt lots of useful and interesting information about asthma.



Year 3

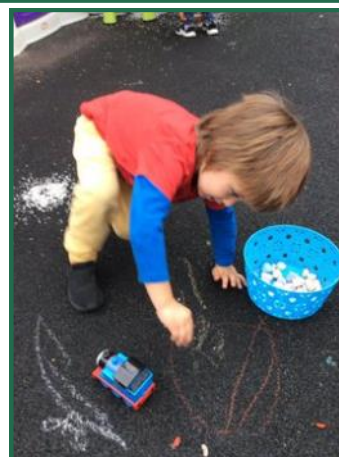


This week Year 4 finished their Boudicca portraits using watercolours. They did a marvellous job. They also had an outdoor trumpets and trombones lesson. They are sounding great already!



Year 4

Fleet Primary School, Fleet Road, London. NW3 2QT



Nursery

Some marvellous mark making in nursery this morning!

Our Virtual Assemblies have continued. Last Friday Ms. Wall did the whole school sharing assembly online where we celebrated the work going on around school and gave out the Star of the Week Awards. Then on Monday Mr McGibbon continued the inspiring people theme for KS2 with an assembly on Mountain Biker Martyn Ashton, while Ms. Wall did Tuesday's on the inspiring Mo Farrah.

Virtual Assemblies



Tel: 0207 485 2028

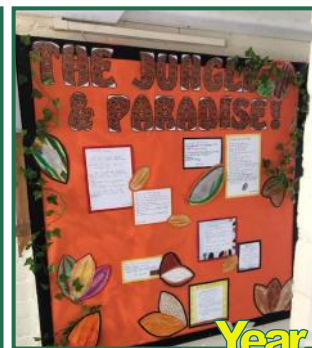
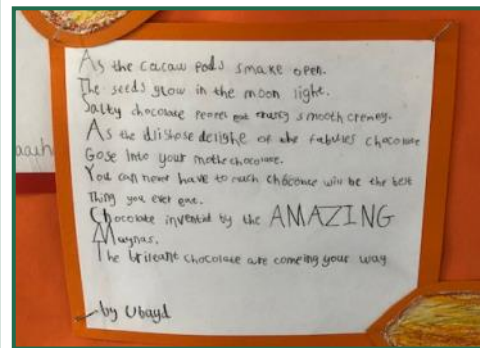
Twitter: @FleetPrimary

Web: www.fleet.camden.sch.uk

Topic Displays

The class topic displays are now up outside Mr M'Gibbon's office and looking fantastic. The children are already deep into the topics and really enjoying the creative learning that is happening.

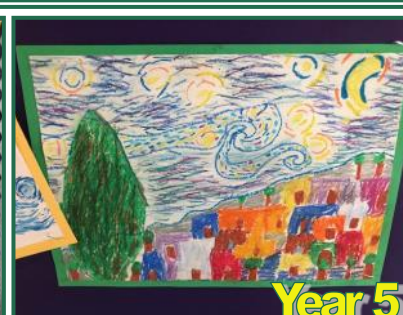
Don't forget to refer to the topic snapshot that was sent home via ParentHub to support your child with their key topic facts for this term.



Year 6



Reception



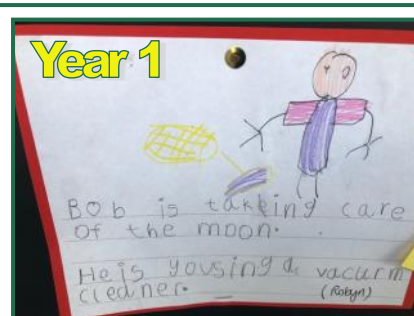
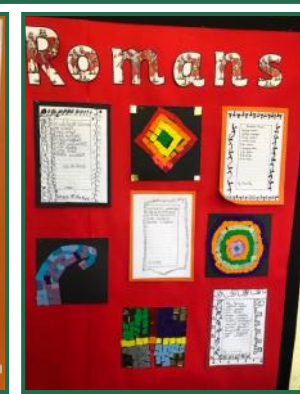
Year 5



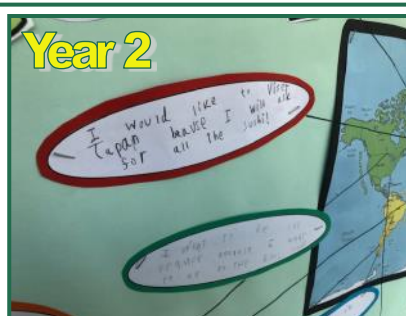
Year 3



Year 4



Year 1



Year 2



Year 2 created some fabulous dragons this week. They worked really hard on them, spending lots of time decorating them and were ever so careful with the different joins and folds Ms. Webb showed them. Well done Year 2.



Year 2

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling newsfeed at camden.gov.uk/coronavirusnews
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil)
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus e-newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



Need support to self-isolate? Call Camden Council

If you develop coronavirus symptoms, self-isolating is so important because it will prevent you passing it on and keep those around you safe.

Self-isolating means not leaving your home at all except to get a test. If you need help to self-isolate, whether it be accessing food or medicine, support to homeschool your children, or a letter for your employer that explains you're self-isolating, Camden Council is here to help.

Call the Council on **020 7974 4444 (option 9)** – the helpline is open 9am to 6pm, Monday to Friday, but if your need is urgent and it cannot wait, you can also contact them outside these hours. You can also visit camden.gov.uk/coronavirus for more information.

Got symptoms? Stay at home and get tested

Look out for coronavirus symptoms:



New,
persistent
cough



High
temperature



Loss of,
or change
to, sense
of smell
or taste

Request a test online at
nhs.uk/coronavirus

OR CALL 119

Children's emergency healthcare services

The children and young people's emergency departments at the Royal Free Hospital and UCLH have temporarily closed. The Whittington Hospital and North Middlesex Hospital children's emergency departments have expanded to meet demand.

If your child needs urgent healthcare, call **NHS 111** or visit 111.nhs.uk so you can be directed to the best service for your child.



Today (1 October) marks the start of Black History Month, which celebrates the incredible achievements of Black communities across the UK. It's an opportunity to acknowledge the remarkable contributions made by our Black communities to Camden's history and progress. This year we're celebrating with Black History Season, a series of mainly virtual events that will run until December.

I encourage you all to join in – see the article below for more details.

This comes at a pivotal moment, with the spotlight of the Black Lives Matter movement and evidence that COVID-19 disproportionately affects our Black, Asian and minority ethnic communities. As one of the country's most diverse areas, with a history of fighting for equality and progress, Camden works hard to address racism and inequality. The loss and trauma of recent months motivates us all to listen, learn and take comprehensive action.

This is an opportunity for us to re-commit wholeheartedly to fighting inequality, prejudice and discrimination wherever we see it, and work together to make meaningful change.

Councillor Georgia Gould, Leader of Camden Council

Cycling in Camden



In response to the challenges caused by the coronavirus pandemic, Camden Council is making lots of improvements to the borough's cycling network to make cycling easier and safer. This includes improving existing cycling facilities, adding four new pop-up cycle lanes, increasing cycle storage locations to 110, and creating a network of dockless bike hire bays, with ambitious plans for more improvements.

Find out more at camden.gov.uk/making-travel-safer-in-camden. The Council has also restarted free cycle skills training courses for adults and children – more information at camden.gov.uk/cycleskills

Black History Season



Camden Council is celebrating Black History Season with a series of mostly virtual events running from Black History Month in October, through to December.

The theme for this year is 'Back to the future' – a celebration of the history, culture and influences of the African diaspora on British life. The season will focus on local and international connections, highlighting achievements and contributions in science, arts, education and business, and acknowledging the past while also committing to a positive future.

There's something for everyone, including film screenings, educational webinars, walking tours, expert-led panels, and more. Social distancing means that most events are online, but there are many opportunities to listen, learn, remember and reflect.

Visit lovecamden.org/blackhistoryseason to find out more.

camden.gov.uk/coronavirus 020 7974 4444 (option 9)



CORONAVIRUS CASES ARE RISING ACROSS LONDON

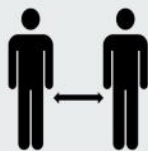
GOT SYMPTOMS? SELF-ISOLATE AND GET TESTED.

If you develop symptoms, or someone you live with does, self-isolating is vital because it will prevent you passing it on. If you need support to be able to self-isolate – for example if you need help accessing food, are worried about your finances or need support with your children's homeschooling – Camden Council can help. Call the Council on **020 7974 4444 (option 9)**.

FOLLOW PUBLIC HEALTH ADVICE



Wash your hands regularly



Keep 2 metres apart from people you don't live with



Wear a face covering in indoor public spaces where you can't social distance safely



Don't socialise in groups of more than 6

LOOK OUT FOR SYMPTOMS



New, continuous cough



High temperature



Loss of, or change to, your sense of smell or taste

GOT SYMPTOMS? STAY AT HOME AND GET TESTED.

Request a test online at **nhs.uk/coronavirus** **OR CALL 119**

IF YOU'RE STRUGGLING TO ACCESS A TEST, PLEASE KEEP TRYING.

REGARDLESS OF WHETHER YOU CAN ACCESS A TEST, YOU MUST SELF-ISOLATE.

