

Message from the head: Here we are at the end of another half term. Thankfully, following the return in after the Easter break, this has been an interruption free term for most. We have had a number of children missing the odd day here and there due to symptoms and needing to be tested but that system seems to be returning results far quicker than in the past and the number of days children miss as a result has gone down. We seem, finally to be getting some sunny weather just in time for the half term holiday—I hope you are all able to enjoy it! Look out for the details on the Camden Clean Air Family Cycle planned for this Sunday, it would be great if some of you were able to take part! Thanks to all of you who supported the cycle initiative this week by booking and then bringing in your bikes for the bike Drs to service on Thursday—they managed to get through lots so you should be ready to enjoy the sun in your saddle!

This half term there are a number of fantastic opportunities for holiday schemes on offer—a number are advertised in this newsletter (from HVHArts based at the School of Mosaic, less than 5 minutes walk from Fleet). I'd encourage you to look into them for your children to see what's on offer.

This week was our brilliant STEAM week—please look at all the fantastic work the children have been doing in this newsletter. Finally I'd like to take the opportunity to thank the Fleet staff for all their hard work in still trying circumstances this term. Have a great week off and we will see you all back on **TUESDAY 8th June**.

Monday 7th June: INSET day—school closed
Children return on Tuesday 8th June

Home Learning Projects Y2-Y6

It's home learning project time again with half term next week. We would love to see the amazing creativity of the children—remember they can create anything they want that showcases some aspect of the learning covered in this term's topic. We can't wait to see what they come up with. Please remind them to share photos, videos etc on Seesaw.

Holiday Cycle Training—Half Term & Summer

Camden is running **FREE** cycle training for children during half term and the summer break.

1, 2 June and July 26, 27, 28, 29

For details and bookings:

<https://www.camden.gov.uk/cycle-skills-and-bike-maintenance-courses>



Nursery Applications for September

If your child is born between 1st September 2017 and 31st August 2018 they can start Nursery in September 2021. If you or someone you know would like to apply for a Nursery place, please follow link, complete and return to us as soon as possible <https://www.fleet.camden.sch.uk/MainFolder/3-Parents/Nursery-Application-Form-Feb-14.pdf>.

Lunch Menu after half term—8th-11th June

Monday	Wednesday	Friday
SCHOOL CLOSED FOR INSET DAY	Meat/Halal: Roast Chicken Vegetarian: Veg Wellington with stuffing Gravy & Roast Potatoes Swede/Carrot Mash & Green Beans Yoghurt & Fruit	Meat/Halal: Fish fingers Vegetarian: Spanish Omelette Chips or cous cous Baked Beans, Peas & Baked Tomato Yoghurt & Fruit
Tuesday Meat/Halal: Sausage Roll Vegetarian: Vegetarian Sausage Roll Jacket Potato Wedges Cauliflower & Cabbage Pear & Raisin Upside Down Cake	Thursday Meat/Halal: Chicken Tikka Curry Vegetarian: Chickpea Curry 50/50 rice Broccoli & Carrots Peach Crumble & Custard	Please remember to let the office know if you want your child to change to or from school lunches so you are charged correctly
Available Daily Freshly Cooked Jacket Potato Freshly Baked Bread		

What to do if your child tests +ve for Covid over half term

As they may have been in school during the infectious period we need to let their class know so they can isolate and reduce any risk of spread. So if your child does test positive for Coronavirus during the half term, please email the school as soon as possible telling us when they tested positive and when their symptoms, if they had any, started. We will be monitoring the school admin account each morning and evening so we can act if needs be. Thank you.

LA SAINTE UNION OPEN SESSION

THURSDAY 24TH JUNE 2021—4PM- 7PM

La Sainte Union School invites Year 5 parents and their daughters to our Primary Transition Open Evening on Thursday 24th June 2021 – an opportunity to see the school in action ahead of the October Secondary Applications round.

Places must be booked in advance using the link below. Confirmed time slots will then be shared by email.

<https://www.lasainteunion.org.uk/Admissions/Admissions-Appeals/>



Secondary school event for Y5 Families

The Meet the Parents project is holding two online events in June for primary school parents deciding where to send their children for secondary.

Families from Acland Burghley, Camden School for Girls, La Sainte Union, Parliament Hill and William Ellis secondaries will be frankly answering any questions you might have about their school experience on Monday June the 14th from 6 to 7pm. To register for free, go to <https://www.eventbrite.co.uk/e/152115506575>.

MTP will be running a similar event with families from Regent High School, Maria Fidelis, Haverstock, UCL Academy and Hampstead schools on Wednesday June the 16th. See <https://www.eventbrite.co.uk/e/152120742235>

All Camden's schools are either Ofsted good or outstanding and work together as a family of schools. You can see a film about Camden secondaries here: https://www.youtube.com/watch?v=db-zlk4_Kk

Punctuality Award

This week, our Punctuality award goes to Years 2 & 3 with no lates—fantastic! The recent improvement slipped this week in Reception and Year 6 back into double figure giving a total of 41 lates for the week (it was only 26 last week). Please make a concerted effort after half term, if your child is one of the small number who are repeatedly late, to get them to school on time. It's key for children to be in and ready to learn on time, they are young and need your help to do this.



Attendance Award

Our Attendance Award this week goes to Year 2 with 100% - fantastic! This year's whole school target is 96%. We are currently at 95.9% - so close—we can do it!



The Hay Festival 2021

The Hay Festival is currently taking place online until the 6th June. There are a number of children's authors, illustrators and poets including Benjamin Zephaniah, Liz Pichon, Rob Biddulph and many, many more speaking about their books. These look like being fantastic events and we are sure the children will really enjoy hearing from them. All the events are free to watch and can be accessed for 24 hours after their live broadcast.



HAY FESTIVAL
HAY-ON-WYE

Please see the link for more details:

<https://www.hayfestival.com/m-163-hay-festival-2021.aspx?skinid=1&localesetting=en-GB&categoryfilterid=0§ionfilterid=0&genrefilterid=6>

Dear Parent/Carer,

The NHS Mental Health Support Team who work across school in Camden are excited to be able to offer an online webinar series for all parents and carers of primary school children in Camden.

The series will include online workshops via Zoom. Dates and times for the four topics offered are as follows:

Webinar topic	Date	Time
1) Managing children's worries	Fri 11 th of June	9.30 to 10:30—Q and A 10:30 to 11.00
2a) Supporting transition to secondary school option A	Fri 18 th June	9.30 to 10:30—Q and A 10:30 to 11.00
3b) Supporting transition to secondary school option B	Fri 25 th June	9.30 to 10:30—Q and A 10:30 to 11.00
4) Routine and summer activities	Fri 2 nd July	9.30 to 10:30—Q and A 10:30 to 11.00

Each workshop will last up to 60 minutes, with an optional follow-up slot of 30 minutes for further questions for those parents who are interested. You can opt-in to all four workshops, or select one or more topics that most appeal to you. We offer two options of the same workshop on 'Supporting Transition to Secondary School'. You can select:

Option A - Friday 18th June, 9.30 to 10:30 (Q and A 10:30 to 11.00)

OR

Option B - Friday 25th June, 9.30 to 10:30 (Q and A 10:30 to 11.00)

To find out more information and to register for any of the workshops for free, please go to the Eventbrite webpage at:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-wellbeing-webinar-series-tickets-154740568205>

We look forward to seeing you!

With warm wishes,

Sarah Relton (Child, Adolescent and Educational Psychologist) & Alessia Potere (Counselling Psychologist)

Keeping young people safe online and in the community – free online workshops for parents and carers

If you are a parent or carer of a young person aged 11 to 18 in Camden or Islington and want to help them navigate today's challenges then this workshop could be just for you. Taking place online over two sessions on **Tuesday 1 and Thursday 3 June at 6pm** each evening parents will be guided through these topics:

- Peer groups and gangs
- Grooming and exploitation/county lines
- Social media and empowerment.

Parents can learn how to be more aware of the difficulties and dangers their children face and learn some tools and techniques to help young people stay out of trouble and cope with the difficulties they encounter. Each session takes two hours and is a dynamic and interactive workshop facilitated by Marcel Campbell who has a wealth of experience of working with young people across boroughs.

For more information or to join the workshop via Zoom:

All parents/carers need to do is email: vrureferrals@islington.gov.uk and a link to the webinar will be sent



Parent group: Families, Food and Feelings

The Enhanced Healthy Living Service (EHLS) runs quarterly 6-week parent groups for Camden and Islington parents/carers of children aged 5-17 who struggle with excess weight. The group focuses on psychoeducation and strategies around boundary setting, healthy modelling, emotional eating and encouraging a healthy relationship with food. Referrals are accepted by professionals and parents can also self-refer via the brandoncentre.healthyliving@nhs.net email address.



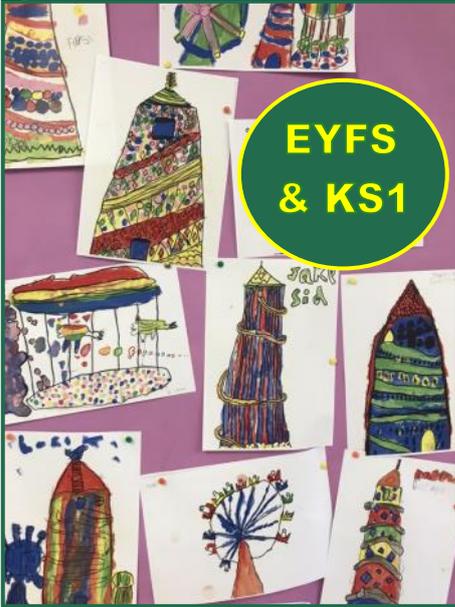
Fleet STEAM Week 24-28th May



**EYFS
& KS1**

The school have been celebrating the Fleet STEAM Week. The theme has been the idea of 'shelter'. Each class had a slightly different focus. The children have been fantastic—really being inspired by the discussion, research and practical activities that have been involved. Each class shared what they had been doing in a special assembly this afternoon. A big thankyou to Ms. Matheson and Ms. Webb, our STEAM leads, for all the hard work in preparing for this special week. The next couple of pages have some photos from the different classes and there are more on the individual class pages. Ask your children to tell you all about what they did!

- Nursery- Animal Abodes- Bug Hotel etc
- Reception- Cool and Cosy- homes to suit climates
- Year 1- Sunbug Shelters- protect your little bug from the UV rays
- Year 2- FunHouse- How much fun can you have with your home?



Fleet STEAM Week 24-28th May



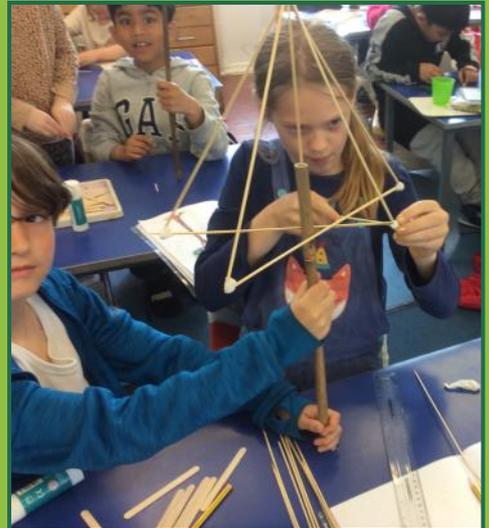
KS2



- Year 3- Marscamp- build a house on Mars
- Year 4- Treetop Town- in the rainforest
- Year 5- Stranded- shelter on a desert island
- Year 6- Homes for all- How can we help to the homeless.



If you haven't already shown your 'Classroom of the Future' work to your teacher don't forget to post it to Seesaw so Ms Matheson can consider it for the competition!



THE CAMDEN CLEAN AIR CYCLE

Sunday 30 May

WHERE

106 Arlington Road, Camden, NW1 7HP

WHEN

Sunday 30 May, anytime between 10:00 - 16:00

ROUTE

The route will take riders around Camden, past all the beautiful landmarks that make our Borough so wonderful. To make the ride even more enjoyable, you can stop off along the way at our partner coffee shops for refreshments!

SIGN UP

Register your place at <https://camdencleanair.org/events/the-camden-clean-air-cycle/> - family discounts apply!

**REBUILT
BIKES**

CLOUD

CYCLES



England's Lane

[The Camden Clean Air Cycle](#) will take place on the first day of Bike Week 2021, Sunday 30 May. Due to the COVID-19 pandemic, we will not be encouraging a mass meet-up of riders. Instead, all participants will be able to complete the cycle ride at any point on Sunday 30 May between 10:00 and 16:00.

The route start and end point is 106 Arlington Road, Camden, NW1 7HP. We have selected a route that will take cyclists all around the Borough of Camden, past all the beautiful landmarks that make our Borough so wonderful. To make the ride even more enjoyable, you can stop off along the way at our partner coffee shops for refreshments. Partner bike shops along the way will also be signposted so you can stop for bike maintenance if needed or just to have a look in.

We would like all riders to wear something BLUE either on themselves or their bikes. The crazier the better! We also have ongoing competitions such as fastest time, photos in as many coffee shops along the way, and photos next to landmarks across the Borough.

Times Tables Rock Stars of the Week!

Well done to these children who earned the most coins in their class on Times Tables Rock Stars this week!

Year 2: Shajai—3,125 coins (2 weeks in a row!)

Year 3: Abid—455 coins

Year 4: Hamzah—16,302 coins (2 weeks in a row!)

Year 5: Hannah—792

Year 6: Charlotte—43,109 coins (highest ever weekly score!)



Fleet Facts!



Well done to all these children who have passed their Fleet Facts test this week!

Year 2: Samuel, Samaarah, Jake Sidoli, Maxence, Daniel, Lorik, Shajai, Lashanty, Jake Sullivan, Okpe, Jarod, Amreen

Year 3: Alea, Rayan, Mia, Sufiyan, Tabby, Hana, Ranya, Yonis Evangeline, Mael, Tara

Year 5: Jayda, Nathan, Gaby, Rosa, Iffy and Hannah

Well done!



North West Football Academy
are proud to introduce our first
girls only training session!

All sessions will be lead by
our head female coach!

All abilities welcomed!

Day: Thursdays

Time: 5-6pm

Venue: Hampstead Heath,
behind the lido

Price: FREE

For more information
please contact

Del - 07932431748

Peter - 07956 233977

Alexis - 07961 469477



HALF TERM ARTS & CRAFTS PROJECT!
WE HAVE FEW SPACES LEFT to join this FREE HALF TERM
WORKSHOP WITH ARTIST JEBET MENJECH
SIGN UP NOW

No Child's Land Project



Join us : for a four-day course where we will create large scale monuments to memorialise young people's experiences of the past 14 months.

AVAILABLE SPACES FOR AGES: 6yrs TO 10yrs

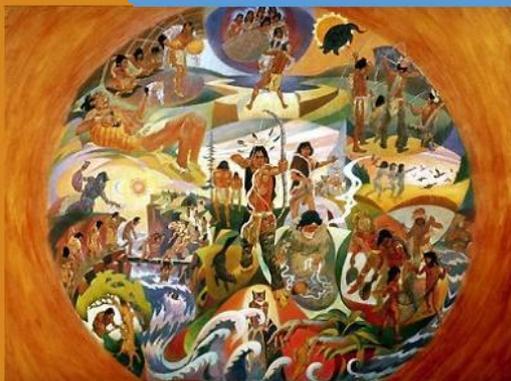
We will build, cut, paint, draw on, collage onto, sculpt, create windows in and portholes out of our mystical, magical monuments.

We will work as a group to create large scale artworks commemorating the times.

We will look at how humans have created monuments across cultures and throughout history. How the creation of mystical or magical characters or powers are used to survive the journey.

1st - 4th June 12pm-3pm at HVH ARTS GALLERY 44 Ashdown Crescent

ENROL NOW -<https://hvharts.org/courses/>



From Totems and Totem Poles of the First Nations and indigenous peoples of the Americas to Neolithic stones circles, standing stones and dolmens, Maoi of Easter Island, statues of real and mythical beings.



Your Neighbourhood Through Your Eyes

Are you aged 12-15?

Do you live in or around the Queens Crescent area?

You're invited to take part in an exciting research project with a local university, where you will take photos & share your views on your local area with a small group.

Info....

The workshop will run on **Weds 2nd June 12-4.30pm @ the London School of Mosaic**

In return, we will offer you the chance to display your work at an exhibition and £30 voucher as a thank you for your time.



Street Art Project on Maitland Park Estate

HVH ARTS AND CAMDEN COUNCIL ARE INVITING YOUNG PEOPLE (AGES 12 TO 20) TO CREATE A LOCAL ARTWORK IN GRAFFITI!!!

- Meeting at 44 Ashdown Crescent NW5 4QE
- DATES:
 - ⇒ Sun 30th May
 - ⇒ Mon 31st May
 - ⇒ Tues 1st June
- 12pm-4pm

Join us for a unique 3-day graffiti art session with artist SAM SURE

LUNCH AND DRINKS PROVIDED!

All ages welcome from 12 years to 20 years
£10 Voucher for Participants!!!

ENROL NOW in either of these courses

<https://hvharts.org/courses/>

HvH Art - May June Schedule and Summer Courses

HvH Arts, located less than 5 minute walk from Fleet have some amazing FREE opportunities for your children to be involved in art based classes. See below for details of the courses they are running through May/June. They are also taking bookings for their popular summer courses. Get in quick by visiting their website: www/hvharts.org/courses/



HVH ARTS

OLYMPUS

MAY/JUNE SCHEDULE 2021

WE ARE PLEASED TO BE OFFERING FREE WORKSHOPS IN ART AND MEDIA TO KEEP OUR YOUNG PEOPLE INSPIRED (ENSURING YOUNG PEOPLE ARE SAFE AS WE WILL BE DELIVERING OUR WORKSHOPS ADHERING TO COVID-19 GUIDELINES).

TEENAGE MUSIC MENTORING PROGRAMME (Being Funded by Camden Giving and The Childhood Trust)

We are continuing our inspiring music mentoring programme. Young people will be further developing their skills with the guidance of professional artists, writers and producers. After developing their own beats and lyrics, young people will have bespoke classes in branding their music and creating music videos with an expert videographer.

DATES: ONGOING AND TBC

QUEENS CRESCENT GRAFFITI SHUTTERS PROJECT with artist SAM SURE (funded by London Borough of Camden)

We are absolutely delighted to be continuing our murals that we are so proud of on Lismore Circus, on Queen's Crescent. We have the opportunity to bring some colour and positivity through our artwork, bringing the community together and spreading joy. Our street art will be displayed across the Queens Crescent shop shutters so that passers-by can admire what our young people have done.

DATES: ONGOING AND TBC

SCHOLARSHIP PHOTOGRAPHY PROGRAMME

A project taking portraits of the people of Gospel Oak and Regents Park being funded by Camden Council. This is a wonderful opportunity for our young scholars to further develop their skills in photography. They will be joined by Debbi Clark, CEO, to guide them on their journey.

DATES: TBC

ISOLATION STORIES DOCUMENTARY FILMING PROJECT (Funded by The People's Health Trust and GOLLP)

The continuation of our COVID-19 response project exploring personal stories throughout the Lockdowns of 2020 and 2021. Young documentarians will be learning the art of editing with Adobe Lightroom, honing their skills as filmmakers. The end result will be a short film compiled of personal and local interviews shot by our amazing young filmmakers.

DATES: PARTICIPANTS FROM THIS PROJECT WILL BE INVITED FOR THE MAIN EDIT IN COVID BUBBLES ADHERING TO GOV RULES.

LIVING IN A PANDEMIC: A PROJECT IN DOCUMENTARY PHOTOGRAPHY (Funded by Camden Giving)

Paul Romans led the charge in an amazing photography project, another of our extraordinary COVID-19 Response Projects. Young people took powerful photos documenting their experience of living in a Lockdown. The intention is to create a lockdown photography book, with a compilation of the young people's photographs.

DATES: PARTICIPANTS FROM THIS PROJECT WILL BE INVITED FOR THE MAIN EDIT

REGISTERED CHARITY NUMBER 1149607

funded through



HVH Art - May June Schedule and Summer Courses



PATRON:
Helen McCreary OBE

HVH ARTS

OLYMPUS
SUMMER SCHEDULE 2021

WE ARE PLEASED TO BE OFFERING FREE SUMMER WORKSHOPS IN ART AND MEDIA TO KEEP OUR YOUNG PEOPLE INSPIRED THROUGHOUT SUMMER (ENSURING YOUNG PEOPLE ARE SAFE AS WE WILL BE DELIVERING OUR WORKSHOPS ADHERING TO COVID-19 GUIDELINES)

ILLUSTRATION MAPPING KENTISH TOWN WORKSHOP WITH TRISHA KRAUSS

Together, we will create a mural sized map of Kentish Town. They will select 5 points of interest that they would like to depict. They can choose from blue plaque homes, well known people, interesting buildings, historical sites, cultural sites, their favourite shops, their homes, their schools, and of course the site of the gallery in Queen's Crescent. Each illustration will be collaged onto the main map. Our young sculptors will learn various illustrative techniques, how to design and how to work as a creative team.

DATES 24th, 25th, 26th and 27th July 12pm-3pm Ages: 5 to 16 (split into age-appropriate cohorts)

'LOVE MY AREA' PHOTOGRAPHY PROJECT WITH DEBBI CLARK

CEO and professional photographer Debbi Clark will take young people on a unique tour around their local area with a new perspective; through a lens. Exploring portrait and landscape photography, young people will learn lasting skills in how to stamp their own creativity on a project all about local pride. Young people will learn lighting, how to tell a story with a camera and technical skills that will help them develop their craft. Final prints will be displayed in an exhibition at the end of the summer.

DATE 28th, 29th and 30th July 12pm-4pm Ages: 10 to 18

MUSIC PRODUCTION AND MUSIC VIDEO WITH DEBBI CLARK AND JACOB LANDAU

A masterclass project with studio industry professionals creating a track and filming a music video with Kubic Music and professional artists from Sony Music. They will learn the art of making music and a music video, they will be able to be involved in all areas, seeking out one area that will inspire them from writing, producing, performing, choreography, mixing, filming, directing and editing. A unique opportunity to get involved in a local community project with and create their own track and music video.

DATE 31st, 1st, 2nd, 3rd, 4th August 12pm-4pm Ages: 10 to 18 (split into age-appropriate cohorts)

TESS TOMASSINI DANTE ART PROJECT WITH EXHIBITION AT MAJOR EUSTON GALLERY

Exciting art project with young artists Tess Tomassini on the theme of Dante, to be produced and showcased in our end of term exhibition as well as an external exhibition in a major Euston Gallery to celebrate the 700th anniversary of the death of Dante Alighieri.

DATE 5th, 6th, 7th 12pm-4pm August Ages: 5 to 18

QUEENS CRESCENT STREET ART PROJECT WITH SAM SURE

We continue with our street art murals along the Queens Crescent shutters that have been a local success story in the neighbourhood! We are so excited by this project as it has been highly popular. Young people learn the skills of spray painting, seeing the whole process through from beginning to end, they begin with mocking up designs and then transfer these on to the shutters, inspired by the shop owners and creating beautiful artwork.

DATE 8th August 12pm-4pm Ages: 8 upwards

STOP MOTION ANIMATION WITH EMILY HOLLINGSBEE

Our wonderful tutor Emily Hollingsbee will be taking our young people through an imaginative journey, creating stop motion videos. The dream-like videos can be filmed on cameras or smart phones and the results are astounding. Young people will be able to create a story line, mood board, design characters and explore with shapes and shadows, to produce a cinematic animation!

DATE 9th August Timing TBC Ages: 8 to 16

FASHION DESIGN AND PRINTING 'DECONSTRUCTION' WITH LOUISE TURNER AND IVA SHAH

Design team and artists Louisa Turner and Iva Shah join our young people for a 5-day intensive printing course. Young artists will learn skills in sewing, pattern making and printing, exploring the themes of 'deconstructions' using upcycled clothing. We will rework donated clothes to produce new, wearable works of art.

DATE 10th, 11th, 12th, 13th, 14th August 12pm-3pm Ages: 8-13

SAM & SARAH PORTRAIT PAINTING CLASS WITH ACRYLICS AND OILS

Join Sam and Sarah (art therapist) for a two-day painting course on 15th August and 23rd August. Young artists will learn portraiture with a variety of paints, including oils and acrylics. Young people can choose to paint each other or they can bring in a photo to use for inspiration.

DATE 15th, 24th August 12pm-4pm Ages: 5 and up (split into age-appropriate cohorts)

AMAZING DRONES&ROBOTICS CLASS WITH URBAN EYERS

High Flyers join us again for the most unique summer workshop in programming and flying drones. Simon teaches young people how to code and coordinate drones so that they can fly in synchronicity. Enjoy if you have a fascination with how things work, wanting to gain skills in robotics and technology and would love to see drones a collection of drones flying in the air!

DATE 16th, 17th, 18th and 19th August 12pm-2pm Ages: 10 upwards

GRAFFITI AND STENCILING TRIPTYCH WITH LOUISE ADIE

Our amazing tutor Louise is back! She will be teaching the art of graffiti, the tricks of shadows, the concept of this art is more than just a spray can. Artists will create their own triptych to reflect the amazing skills learnt at the course!

DATE 20th, 21st August 12pm-4pm Ages: 8-16 (split into age-appropriate cohorts)

SCULPTURE CLASS - SUSTAINABILITY

This amazing two-day workshop will be a study in recycling and upcycling - showing young people how they can create something beautiful out of domestic plastic waste. This is a unique art class exploring the concept of sustainability and how we can reduce waste to help the environment by making something inspiring!

DATE 22nd, 23rd AUGUST 12pm-4pm Ages: 5 and up

HOW TO STYLE OLD CLOTHES - UPCYCLING WITH PATRICIA JONES

An amazing workshop in fashion/design and styling! We are thrilled to put on this project, exploring upcycling with young people - showing them how to take old clothes and buy new ones - you can repurpose those items your sick of, to create something new and fresh!

DATE 25th August 12pm-4pm Ages 11-18

MAKE-UP AND HAIR TUTORIAL WITH PROFESSIONAL MAKEUP ARTIST

One of London's top MUAs comes to us at HVH ARTS to teach our young people a fantastic workshop in the art of make-up! We are extremely fortunate to have the opportunity in teaching our young people skills in this fantastic one-day workshop. We will use this opportunity to shoot portraits being taught by DEBBI CLARK with our young people to show their creativity in this make-up workshop.

DATE 26th August 12pm-4pm Ages 11-18

PORTRAITURE SHOOT + EDIT SESSION WITH DEBBI CLARK

A chance to see how the professionals work in the eclectic fashion/editorial world of fashion. Giving our young people the insight of how they can style and create a look for their own fashion shoot. Create your mood board and ideas with this brilliant workshop, we will create a fashion set and shoot your own ideas and vision with photographer DEBBI CLARK giving support to our young people using the OLYMPUS EP-8 cameras giving our young people the opportunity to create their very own fashion cover!

DATE 27th August 12-4pm Ages 11-18

2 DAY CURATION WORKSHOP

Working with students who have been creating their fantastic works. This course will be a weekend working together and curating the young people's exhibition. PRE-Production is a skill that will help young people focus, learn the art of curating a show, preparing their work, framing and presenting their final piece which will be a valuable skill for their future. It is all about how we present our work and show it with pride. We will be working this weekend with students who have already been part of our ART Foundation courses in choosing and preparing their work for HVH ARTS

DATE 28th, 29th 12pm-4pm August Ages 5-18 (split into age-appropriate cohorts)

LOCKDOWN EXODUS EXHIBITION

We complete our summer project with an extraordinary LOCKDOWN EXODUS exhibition at our HVH ARTS GALLERY. This will include artworks produced over the 6 weeks of summer and young artists have the chance to showcase their work and view other's amazing work. Everyone is invited to join and we will be celebrating the end of lockdown by enjoying each other's artwork and projects.

DATE 30th, 31st August Everyone welcome!

NUMBER 1149607
REGISTERED CHARITY



Voluntary Covid Testing Project for Fleet Families

Fleet, along with a number of Camden schools, are taking part in a pilot project to provide home testing kits to all households.

The purpose is to make it easier for you to be able to get the test kits that currently you would have to visit one of the Camden test sites to obtain.

These tests are not for people who exhibit symptoms, in that case you would still be expected to visit a test site for a PCR test (or order a postal one) and self-isolate.

These tests are the rapid result tests that you carry out twice weekly to monitor for asymptomatic cases. These are the tests that staff currently do, twice weekly, and have been since the end of January.



The project is to see if by doing this we are able to pick up asymptomatic cases of Covid in our community earlier and reduce further spread.

The test kits are for the adults in the house, not children—Primary school children should not do these tests and secondary age children are already able to access this testing through their schools.

Many of you collected these kits before the holidays. If you need more or did not yet collect any please come to the school office (or phone us and we can send home in your child's book bag).

This project is entirely voluntary but we would encourage all adults in the school community to take part.

Measures like this are designed to keep community infection rates down and help us to keep schools open and reduce the risk of further lockdowns. We will be happy to answer any questions you may have. Keep an eye out on ParentHub/Text for the information arriving early next week.

You can start taking part and testing the adults at home at any point.

It doesn't matter if you didn't collect tests at the start of this project.

To those of you who are already taking part,



If you need to get more tests just let the office know!

Fleet Happiness Project

GREAT DREAM

Ten keys to happier living

GIVING



DIRECTION



RELATING



RESILIENCE



EXERCISING



EMOTIONS



AWARENESS



ACCEPTANCE



TRYING OUT



MEANING



This year we're running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

The next theme that we'll be thinking about as part of the Happiness Project is 'Trying Out'. We'll be exploring how learning new things brings us happiness. This will coincide with the half term holidays so please encourage your children to try new things whilst they are on their break and we look forward to hearing about the new hobbies and interests that they discover!

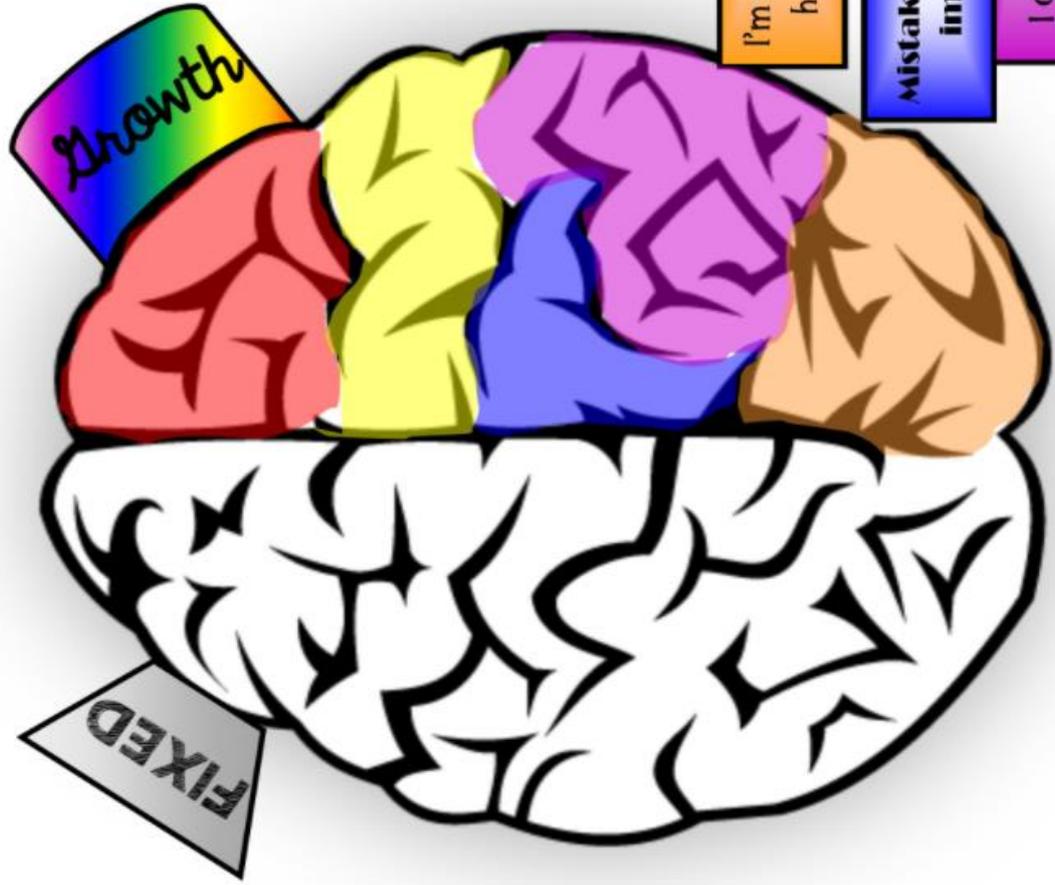
Look out for the activities in your Home Learning and remember to share what you've been doing by sending in photos for the attention of Miss Wall at admin@fleet.camden.sch.uk.

ACTION FOR HAPPINESS

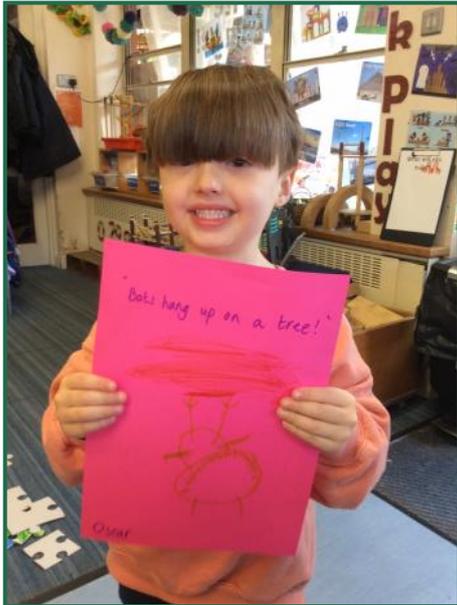
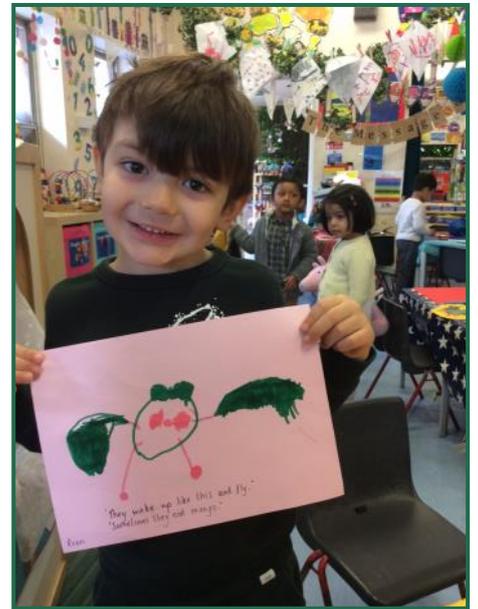
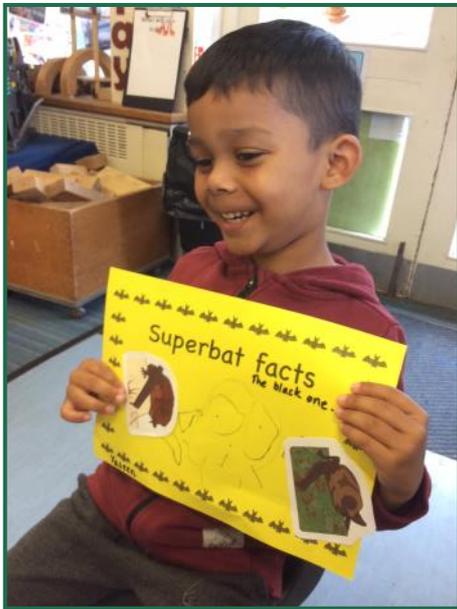
Keep learning new things
www.actionforhappiness.org

Change your words Change your *Mindset*

- I give up.
- I can't do math/science/social studies/reading.
- I am awesome at this!
- I can't make this any better.
- I made a mistake!
- I'm never gonna be as good as him/her.
- This is too hard.
- I'm not good at this.
- It's good enough.



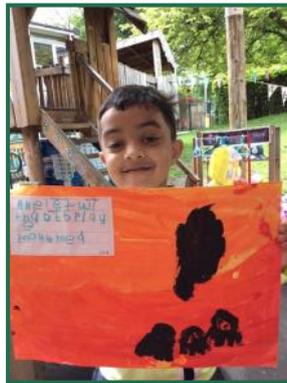
- I AM GOING TO TRAIN MY BRAIN IN MATH/SCIENCE/SOCIAL STUDIES/READING!!
- Is this really my best work?
- This may take some time and effort.
- What am I missing?
- I'll use some of the strategies I've learned.
- I'm going to figure out what he/she does and try it!
- I'm on the right track!
- Mistakes help me improve.
- I can always improve; I'll keep trying!



Topic: Super Heroes & Vile Villains!

It's been all about 'Superbat' this week—painting, drawing and learning all sorts of bat facts! The children have also been doing some woodwork as part of their STEAM project work building bat boxes for the nursery outside area! What Superstars!

This week in Nursery...



This week in Reception...

As part of STEAM week the children looked at different types of shelters made with different material from around the world. They decided they could make shelters out of sticks at Forest School—lots of fantastic team work and persistence! Also this week they played a bit of guess who! Can you tell who is behind the mask? They made masks for animals that live in grasslands and have written about what our animals might like to be doing during sunset.

Animal Adventures

Topics!



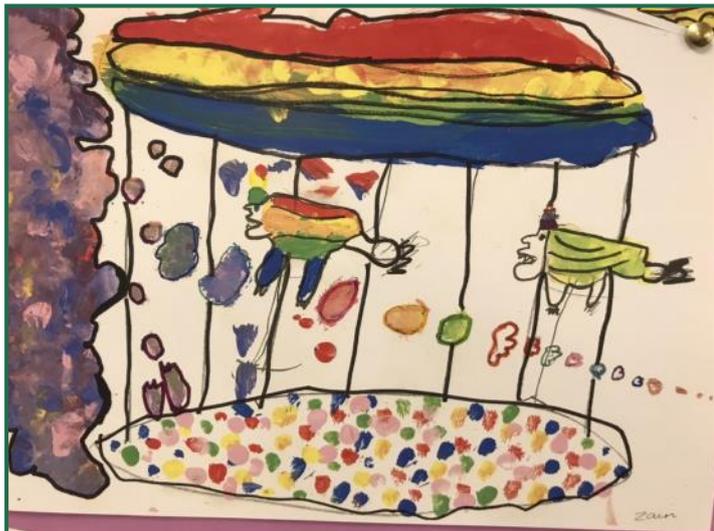
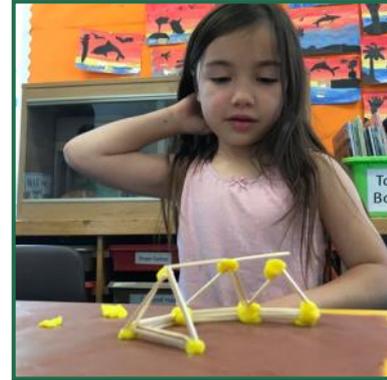
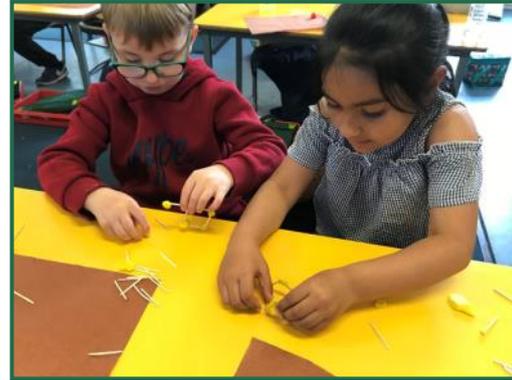
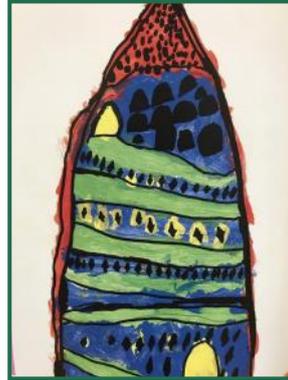
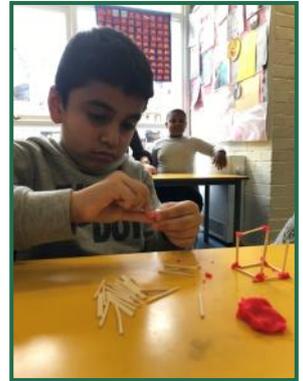
Another busy week in Year 1. Some fantastic music making, great performances in the 'bleep test' in PE and some incredible work for STEAM week showing their design and engineering skills creating UV-proof shelters for the sunbugs!

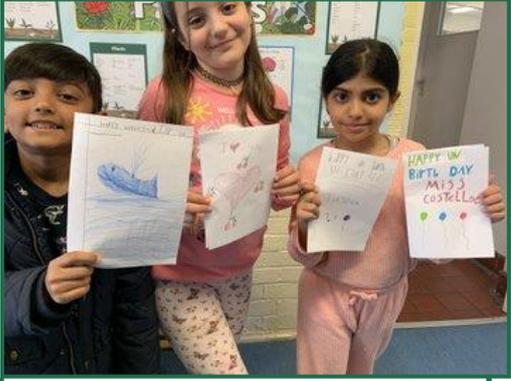
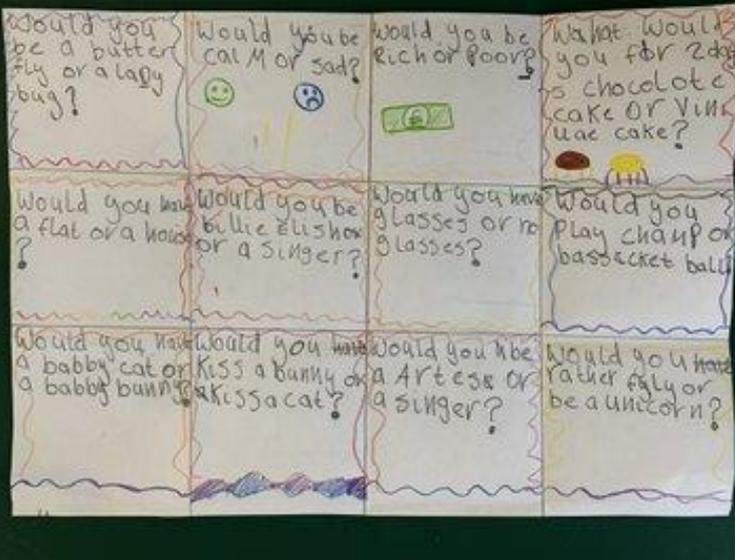
This week in Year 1...
Topic:
History Detectives



This week in Year 2... Topic: The Island

Year 2 have done some brilliant work on STEAM week this week. Designing, building, explaining—they had some excellent ideas of what would make a house fun! You can see in the photos here and on the STEAM week page just how creative and engaged they were.





This week in Year 3...

It's been all things STEAM this week. The focus, 'Build a house on Mars' led to lots of research and work on space as well as some excellent scientific exploration of the relationship between object size and impact. They launched rockets, drew constellations they'd pass on a trip to Mars and used marbling techniques to make their own Mars! All this and they also found time to make 'unbirthday cards' and write 'curious conversation starters' as part of the 'relating' focus in the Happiness project! Such a lot a fantastic cross-curricular work. (we've also included a couple of pictures from the recent trip to the Heath which was a great success!)



Topic: Into the Woods



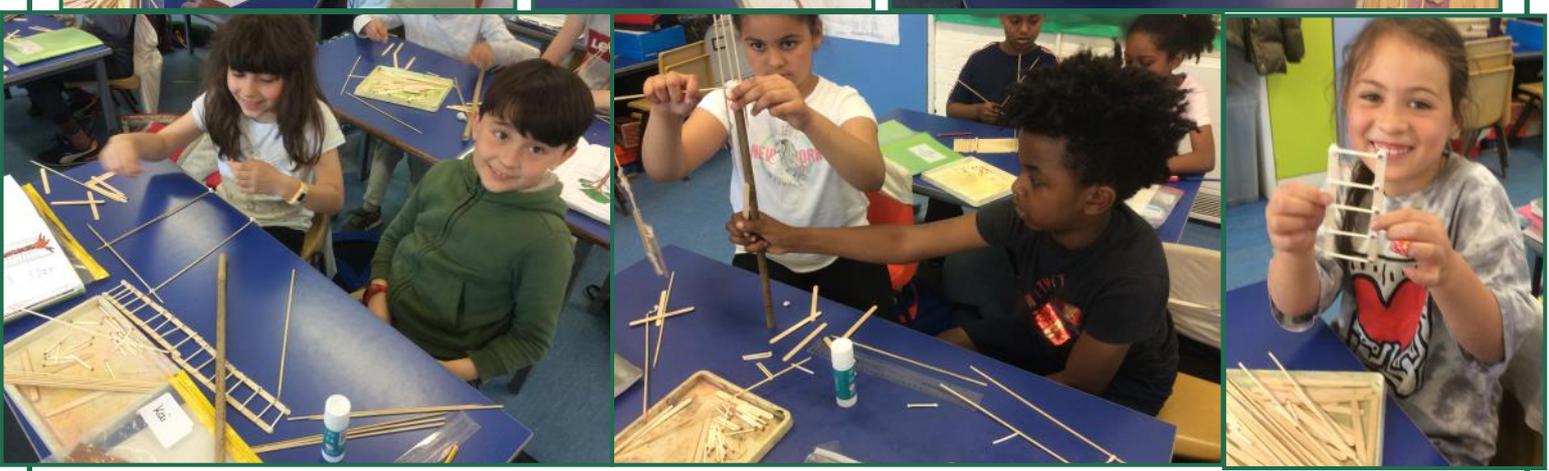
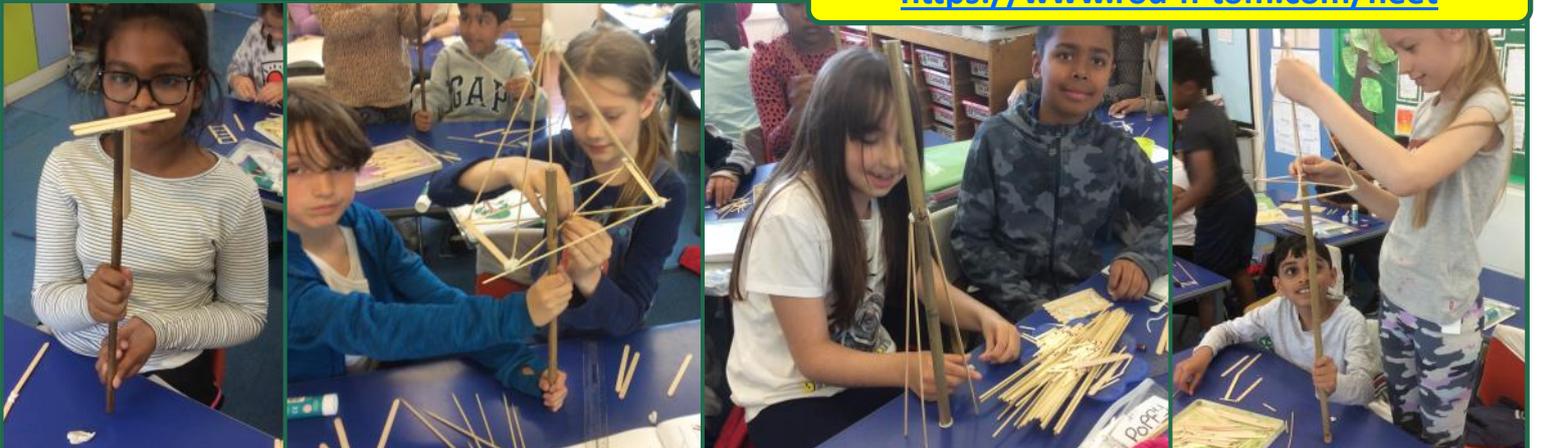
This week in Year 4...

Design and construction skills have come to the fore in class this week creating 'Rainforest Homes'. Lots of excellent team work on display, especially in the construction phase, takes lots of support and a steady hand to build with wooden skewers! They found time too to work on botanical art as well.

Topic: Into the Rainforest

Y4 Brass Practice:

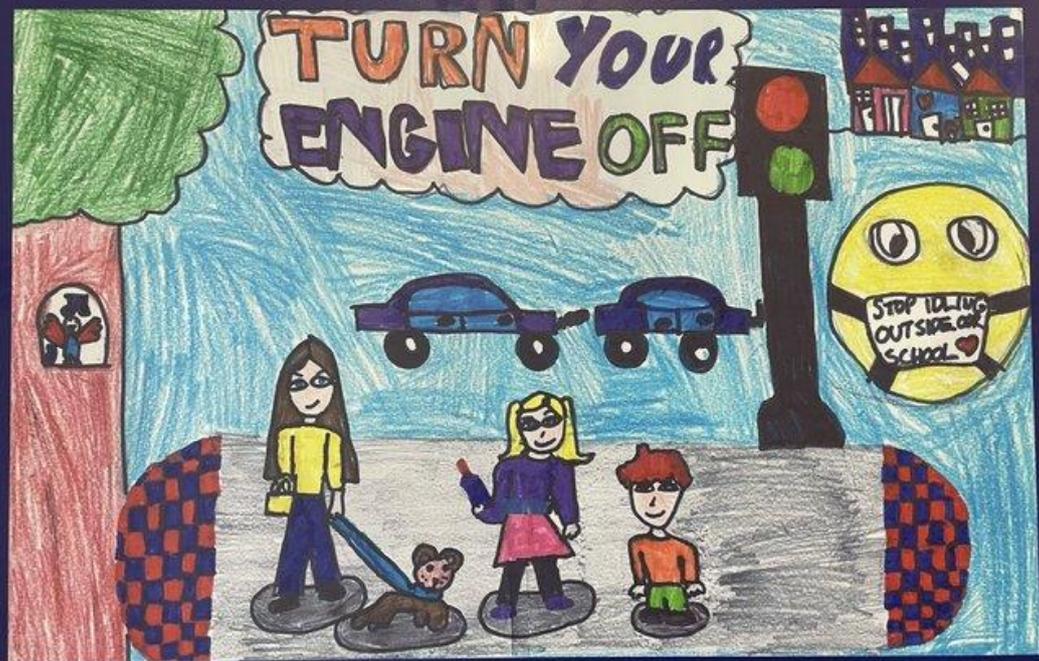
<https://www.rod-n-tom.com/fleet>



Don't forget to work on your pieces and scales over the half term!

Y5 Brass Practice:
<https://www.rod-n-tom.com/fleet>

NO IDLING OUTSIDE SCHOOL PLEASE



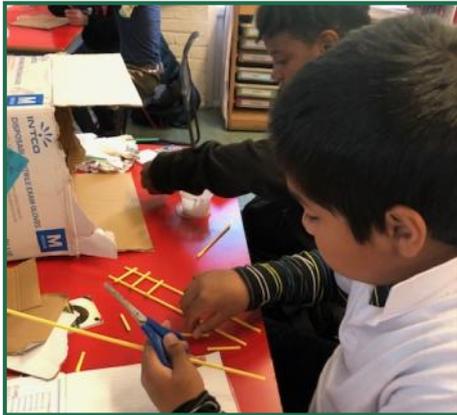
* Designed by Nida, winner of the Year 5 Anti - Pollution Competition

This week in
Year 5...

For their STEAM week project the children designed shelters for their sloth! Once the design and build process was done it was time to test them—were they big enough? Did it offer water protections and provide shade from the sun? Was it stable enough to stay upright? Most met the brief! Congratulations to Nida as well who this week was announced as the winner of the competition to design an anti-idling sign for outside school. Check it out up on the wall in Agincourt Road.

Topic:
Painters & Makers





In Year 6...

Year 6 have been thinking about the concept of shelter and what this means for people who are homeless. They have been very thoughtful and mature in their discussions. They showed real teamwork and consideration when they took on the design challenge of designing shelter for those facing the problem of homelessness. As well as STEAM week they also found time to audition for the end of year show—some fantastic performances it was so hard to cast the main parts with such a talented bunch! Well done year 6!

Topic: Wild!



Stars of the week!



Well done to these children who have been chosen by their class teachers to be the 'Star of the Week' - Well done to all these children, and to all the rest who might not have been picked this week but could have been.

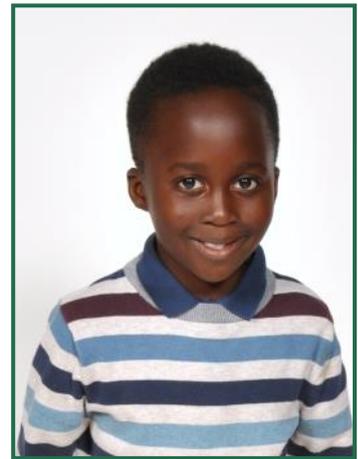


Reception—Emelia

For initiating lots of fantastic role-play and getting your friends involved in your ideas. You play so nicely Eme! Well done!

Year 1—Ayman

For his continued effort in learning, particularly Maths, and his more patient and positive attitude in and out of class. You are trying hard, Ayman, and we see you progressing with your learning and playing and sharing with your classmates more regularly every week. Keep going and keep being your fantastic self! Well done!



Year 2—Fatma

For putting so much effort into your learning this week, particularly in Maths where you have pushed yourself and not given up when doing the challenges. Well done!

Year 3—Abid

for your amazing efforts with your writing this week! You have such fantastic ideas and are working with great enthusiasm; it's lovely to see!

Year 4—Aadam

We've been impressed by how hard you're working this week and we've really noticed you've been making an effort with sensible behaviour, particularly when working with a partner. Keep it up!



Year 5—Tamanna

For the effort and engagement you put into your reading. You are focused and inquisitive - asking questions when you are unsure and answering questions thoughtfully and thoroughly. Well done!

Year 6—Luke

For your thoughtful response to our STEAM project. You were able to show compassion and creativity when reflecting on and designing shelters for young homeless people. You also did a brilliant audition for your school production! Well done for all your hard work this week!

From National Online Safety

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



What Parents & Carers Need to Know about



TEXTME



TextMe is a free texting and calling service. Users can send texts, voice messages, pictures and videos to any phone number in more than 40 countries. The app is free and available to install on any Apple or Android device. On registration, it assigns a 'new' mobile number to each user, effectively making them anonymous. TextMe is not recommended for children below 13 years old but there is currently no way to determine a user's actual age: children under 13 could easily bypass this age criteria since no verification is required to download the app.

Visible Location

Like many communications apps, TextMe has a feature which allows users to share their location with other people. This function presents a risk if children are not careful about who they share their whereabouts with. It would make it much easier, for instance, for online predators to establish roughly where a child lives and – even more dangerously – discover their current location.

Protection for Predators

Messages and phone calls using TextMe cannot be traced. Indeed, texts and calls made through the app do not even appear on an itemised phone bill. This means that not only can children communicate with other users without their parents knowing, but also if they were to be approached by a predator via the app, it would be difficult for even the authorities to establish the offender's identity.

Exposure to Advertising

Users can earn points on TextMe by watching adverts, completing surveys or playing games within the app. Points can then be exchanged for extra calling minutes or more messaging credits. The desire to accumulate points could result in children spending longer hours on the app and heighten their exposure to advertising content; some of which isn't always age appropriate such as dating websites and dieting products.

Anonymous Users

Users are allocated a 'new' phone number on joining TextMe, separate to any they might already have. This creates a potentially dangerous degree of anonymity, rendering it impossible to know exactly who your child is chatting with. The feature could facilitate online bullying, harassment or sexting, while some people are concerned that it essentially turns any device into a burner phone – often used in illegal activities.

In-App Purchases and Subscriptions

TextMe is free but does also offer a premium subscription service which removes adverts and unlocks extra calling minutes. The subscription renews automatically on expiry, potentially meaning a rolling charge. Additionally, there is a range of bundles available as in-app purchases for increased minutes and extra text credits, which children could easily purchase inadvertently.

Advice for Parents & Carers

Keep Locations Private

Try to help your child understand why using TextMe to share their location might not be safe. Even sending it to a genuine friend from their everyday life could be hazardous if they're in a group chat which also includes people they don't really know. In general, it's important to explain to your child that revealing their whereabouts to someone they have only spoken to online is never a good idea.

Set Spending Limits

Given that TextMe offers numerous options to buy extra minutes and text credits, or take out a premium subscription, it would be wise to set your child a spending limit in advance if you do decide to let them download the app. Alternatively, you could remove any payment methods that are linked to their device, so they cannot make in-app purchases – either deliberately or unintentionally.

Monitor Digital Wellbeing

TextMe actively encourages users to fill in surveys, play games and watch adverts to earn themselves more credit for calling and texting. This can easily result in children spending an unhealthy amount of time on the app. Should you allow your child to download TextMe, you might first want to establish restrictions on how long they can use it for each day.

Discuss Online Dangers

It may be wise to discourage children from downloading anonymous messaging apps given the lack of transparency. However, if you do feel that your child is mature enough to use TextMe, it's safest to talk to them about the possibility of predators contacting them through the service. Make sure they know to tell a trusted adult immediately if a stranger asks for personal details or invites them to meet offline.

Leave, Block and Report

If you discover that a young person is in a group TextMe chat that is making them uncomfortable, or they have been added to a group they do not want to be part of, encourage them to leave. There is an option to block any user who is sending them unwanted messages (swipe on that conversation, tap 'More' and then 'Block'), while any instances of harassment can also be reported via email.

Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: <http://go-textme/>, <http://www.textmeinc.com/>, https://textme-www-assets.s3.amazonaws.com/docs/privacy-policy/privacy_policy_v27.html, <https://apps.apple.com/gb/app/text-me-second-phone-number/id514486964>, https://textme.zendesk.com/hc/en-us/mobile_site=false, <https://hushed.com/reviews/textme-app-review/>



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.05.2021

Weekly Wellbeing Update

New Tip...

Relationships with parents are valued hugely at Fleet and we're very much missing seeing everybody as regularly as we usually would. Therefore we'd like to look at alternative ways of communicating and helping each other; at this difficult time we'd like to know how best to support you.

Check out these videos for parents developed to help you support your primary aged children:

1. How to Talk to you Child About Covid-19

<https://www.bbc.co.uk/bitesize/articles/zkxwnb>

2. Encouraging Your Child to Take Care at School

<https://www.bbc.co.uk/bitesize/articles/z8g6jsg>

3. How to Deal with Anxieties

<https://www.bbc.co.uk/bitesize/articles/zj4p2v4>

4. Communicating with School

<https://www.bbc.co.uk/bitesize/articles/z7ksxbk>

Wellbeing Tip of the Week!

An initiative brought to you by Camden Learning's Health and Wellbeing Team—a new one each week!

Week 25 – Overcoming the fear of failure

Failure is an inevitable part of life. We all make mistakes. But why do we let it stop us from trying? When we experience failure, feelings of rejection are triggered and our brain processes it as physical pain. This is why failure can feel like it hurts physically as well as emotionally. We might stop trying in order to protect ourselves from experiencing these feelings again. But, if we stop trying, we'll never grow and reach our potential. It's important to learn to work through the pain of a failure. First step is to accept those difficult feelings so we can process them and move forward and then try to put the situation into perspective. We can then re-focus on our original goal and consider what we can learn from our failure and do differently next time to get us closer to our goal. The only thing standing in the way of success is our fear of failure. *"The one who falls and gets up is stronger than the one who never tried. Do not fear failure but rather fear not trying."* Paulo Coelho.





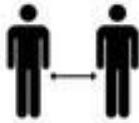
KEEP CAMDEN SAFE



Wash your hands regularly and thoroughly



Wear a face covering in indoor and busy outdoor public spaces, unless you're exempt



Keep 2 metres apart from others



Get a free, regular lateral flow test (for people without symptoms) at camden.gov.uk/rapidtest

Got symptoms? Get a test at nhs.uk/coronavirus or by calling 119 for free



Make sure that you socialise safely, here's how:

While restrictions continue to ease, many remain in place. Please meet up with friends, family and others safely:

- Only socialise indoors with your household or bubble, and only socialise outdoors in groups of up to 6 or 2 households
- Wear a face covering in indoor and busy outdoor public spaces, unless exempt – including on public transport, in taxis, in places of worship and if you're popping to the loo in a pub or restaurant
- Wash your hands before you leave home, and sanitise or wash your hands when you're out and when you get back
- Keep 2 metres apart from those outside your household or bubble
- When travelling, plan your journey to avoid the busiest times and routes
- Get a regular lateral flow test

Thank you for helping us to keep Camden safe

Camden Early Help



Everyone needs a little help sometimes. If you're feeling worried about your child, or you want to make a change in your life, Camden Early Help is here for you, your children and your whole family.

- ▶ Free support service for families with children aged 0 to 19 in Camden
- ▶ Practical and emotional support with a range of life issues if they are starting to feel overwhelming
- ▶ Working with you and your family to help make whatever changes you want to make
- ▶ Helping you and your family develop friendships and feel connected with your community.

Early Help



As well as family workers, there's lots of other options:

- ▶ Early Help Family Group Conference – bring together a circle of family members, friends, neighbours or community members to help solve problems
- ▶ Parenting programmes – a range of programmes for parents to be, and parents with children from 0-19 to help you feel confident and positive about your parenting role
- ▶ Activities – to enjoy time together as a family
- ▶ Early Help Play – support to access holiday play schemes, breakfast clubs, after-school clubs, and free early education and childcare places*
- ▶ Employment advice and welfare rights – access to our advisors to help with benefits and all things work-related
- ▶ Connections to housing support and homelessness services
- ▶ Connections to community organisations in your area.



How do I get Early Help?

You can contact us today, or you can talk to someone in your life that you trust. This might be your child's teacher or nursery worker, your GP or health visitor, your housing or tenancy support worker or youth worker.

They can contact us on your behalf, and then you can work with us if you would like to.

If it feels like it's time to make a change, Camden Early Help would love to be by your side so the little things don't become big things.

Other formats

If you require this leaflet in large print, Braille or in another language please contact us.

Find out more

T: 020 7974 3317 (9am to 5pm, ask for Early Help)
E: LBCMASHadmin@camden.gov.uk
 For more information about Early Help visit:
camden.gov.uk/earlyhelp
 Sure Start 020 7974 8961
camden.gov.uk/surestart

Produced by Creative Services 1251/23

* free childcare places for eligible 2 year olds



What's Early Help?

Early Help is about family and being here for when families are experiencing things that are starting to feel overwhelming. Early Help is about whatever is important to you, whatever is causing you to feel distress or worry. Early Help is for families with children of any age, from 0 to 19. It's voluntary and your choice whether to have it or not.

What can you help with?

Every family we work with is unique. We work with families experiencing relationship breakdown or conflict, violence in the home, children showing distressed behaviour, support for first time parents, housing, rent or money worries, difficulties at school, worries about a child's health or development, managing changes in circumstances, grief and bereavement, and mental health problems. Often it's a combination of many things. But whatever it is that you and your family want to change, we are here to work with you - to help you and your family get to where you want to be.

What does Early Help do?

There are lots of Early Help services in Camden, so we'll work with you to figure out the one you think will be most helpful to you and your family. You can watch a video about Early Help made by a Camden young person here: [youtube.com/user/CamdenCouncil](https://www.youtube.com/user/CamdenCouncil)

Early Help services include:

Sure Start
A full range of help and support in your local children's centre if you are pregnant or have a child under 5.

Early Help Co-ordinators
Someone to have a chat with to see how we can help and what Early Help service might be most useful.

First Step Early Help
A team of family workers who will work alongside you for up to 12 weeks, and help you and the network of people around you to feel on the right track.

Families in Focus
A team of family workers who will work alongside you for 6 to 12 months.

Transformation Team
A team of family workers who will work alongside you for 12 months plus.

Youth Early Help
A full range of help and support for families with children aged 11 plus and young people.



Every Early Help team will:

- ▶ Be with you through the tough stuff
- ▶ Listen to you and your family – we'll be led by you
- ▶ Focus on what's important to you and your family, and what a good life might look like for you
- ▶ Work with you to find out what's going well and what feels strong
- ▶ Work with you to explore and make sense of the things you want to change
- ▶ Make a plan with you, your children and your family so the changes can start to happen
- ▶ Make sure everyone involved works together to help you and your family best.



1-2-1 CYCLING ADVICE AND SKILLS SESSIONS WITH SUSTRANS

ARE YOU THINKING ABOUT CYCLING INTO SCHOOL OR WORK
AND NEED A LITTLE BIT OF HELP OR ADVICE?



These sessions can be done **remotely** by phone/ Zoom or **in-person** at a place convenient to you.

We can cover absolutely anything related to cycling but these may be things such as:

- Advice on choosing a cycle or equipment;
- Learning to ride (in-person only);
- Refresher cycling courses;
- Route finding;
- On-road cycling (in-person only);
- Bike maintenance;
- And anything else!



*"Just wanted to say thank you so much for the session with my daughter and husband today it was really helpful. We gained so much confidence and skill so quickly it's wonderful." **Parent at previous cycle skills session***

The sessions can be for:

- Individuals
- Families
- Groups of less than 6



For more information and to
book sessions please email:
dave.ebbrell@sustrans.org.uk

sustrans
JOIN THE MOVEMENT



Raise FREE donations for

FLEET PRIMARY SCHOOL

every time you **shop online**

Find us on **easyfundraising.org.uk**

<http://www.easyfundraising.org.uk/causes/fleetps>

4,300 online sites will give us a free donation
when you shop with them - at no extra cost to you!



Download the easyfundraising App



£ Over £32 million raised

★ Trustpilot ★★★★★

👤 1.8 million users

**PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON
THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU**



Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap “Add a School ” in the app and enter the handle below...

@FleetPrimary

The Parent Hub app is FREE to download and use.



What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter the school handle (above).

Visit www.parenthub.co.uk to find out more

COVID-19 ABSENCE

Updated:
March 2021

A quick guide for parents / carers

Please note: the first day of self-isolation is day 0. You must stay in isolation for the next 10 full days

What to do if...	Action needed	Back to school...
...my child has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none">• Child shouldn't attend school• Child should get a test• Whole household self-isolates while waiting for test result• Inform school immediately about test result	... When child's test comes back negative and the child is well enough
... my child tests positive for COVID-19 (coronavirus) using a lateral flow test (rapid test) and they don't have symptoms	<ul style="list-style-type: none">• If the child was tested at school they should go home immediately• If the child tested at home they should inform school immediately about their test results• Child should have a confirmatory PCR test to confirm the result if they got a positive result from a rapid test (order online or call 119)• Whole household self-isolates for 10 days from day of test – even if someone tests negative during those 10 days	... after 10 days, as long as they haven't developed any symptoms. If they do develop symptoms, they need to self-isolate for 10 days from the start of symptoms*
... my child tests positive for COVID-19 (coronavirus) and they have symptoms	<ul style="list-style-type: none">• Child shouldn't attend school• Inform school immediately about test results• Child self-isolates for at least 10 days from when any symptoms started (or from day of test if no symptoms)• Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 10 days	After 10 days, if the child's symptoms have gone, or if the only symptoms they have are a cough or loss of smell or taste, which can last for several weeks.
...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none">• Child shouldn't attend school• Household member with symptoms should get a test• Whole household self-isolates for 10 days while waiting for test result• Inform school immediately about test results	... when household member test is negative, and child does not have COVID-19 symptoms*

*symptoms includes at least one of the following: a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)



What to do if...	Action needed	Back to school...
<p>... somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 10 days - even if someone tests negative during those 10 days • Day 0 is the day the first person in the household's symptoms started (or the day the test was taken if no symptoms) • If the child develops symptoms whilst self-isolating, they should get tested, and if they test positive they will need to self-isolate for 10 days from when their symptoms started 	<p>... when child has completed 10 days of self-isolation, as long as they are well</p>
<p>...NHS Test and Trace or your school/nursery has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 10 days (as advised by NHS Test and Trace, or your school / nursery) – even if they test negative during those 10 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too • If, during the isolation period, they develop symptoms or test positive they (and their household) will need to self-isolate for 10 days from when symptoms started or, if there are no symptoms, for 10 days from when they were tested 	<p>... when the child has completed 10 days of self-isolation, even if they test negative during those 10 days</p>
<p>....we/my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • From 15 February onwards, everyone allowed to enter England who has visited or passed through a country where travel to the UK is banned in the last 10 days must: <ul style="list-style-type: none"> - quarantine for 10 days in a managed quarantine hotel - take a coronavirus test on or before day two and on or after day eight of quarantining - Read more about international travel and how this operates (gov.uk/uk-border-control/before-you-leave-for-the-uk) • Do not take unauthorised leave in term time • Consider quarantine requirements and Foreign and Commonwealth Office advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Day 0 of self-isolation is the day you arrive in the UK 	<p>... when the quarantine period has been completed for the child (10 days)</p>

What to do if...

Action needed

Back to school...

... we have received advice from a medical / official source that my child must resume shielding

- Child shouldn't attend school
- Contact school as advised by attendance officer / pastoral team
- Child should shield until you are informed that restrictions are lifted and shielding is paused again

... when school / other agencies inform you that restrictions have been lifted and your child can return to school again

... I am not sure who should get a test for COVID-19 (coronavirus)

There are two types of tests for COVID-19

For people who **don't have symptoms**:

- Simple and quick tests, known as lateral flow device (LFD) tests are used to test people, without the need for a laboratory. Children in secondary schools and colleges will be tested on site from 8 March and then issued with testing kits to use at home. If they test positive, then the child **and their close contacts** will be required to self-isolate for 10 days
- If any of the close contacts develop symptoms, they should stay at home and get tested
- If anyone tests positive whilst **not experiencing symptoms** but develop symptoms during the isolation period, they must restart the 10-day isolation period from the day they developed symptoms

For people who **have symptoms**, they should book a test online at nhs.uk/coronavirus or call **119**. The whole household should isolate for 10 days

... children who have tested negative and/ or who have no symptoms are able to attend school providing they are not isolating for any of the reasons set out above

For further information and support to self-isolate:
camden.gov.uk/coronavirus 020 7974 4444 (option 9)



Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus enewsletter at camden.gov.uk/coronavirus-updates

Meeting people indoors? Let the air in



If you're spending time indoors with others, keep windows and doors open. This will ensure the space is well-ventilated to help prevent the spread of coronavirus. Alongside the hands, face, space rules, let's take this simple step to stay safe. Find out more at gov.uk/coronavirus



With the bank holiday this weekend, many will be looking forward to meeting up with friends or family. Although restrictions have eased slightly, please remember there are still public health guidelines in place – whatever your plans, it's essential to keep following these and remain careful.

While some will be relishing the recent ease of restrictions, others will be struggling with adjusting to life after lockdown. It's been a difficult year for everyone, and there is no right way to feel. If you or someone you know is struggling, you can find details below of where to access mental health support from the Council and partners, including in different languages. Checking in on a friend can also mean so much at this time and I know our community will continue to be there for each other.

Please remember that the Council's COVID-19 helpline is still here to help with a range of issues, including financial support. We know some of you will have concerns about the upcoming end to the Government's eviction ban – please be assured we have support in place to help you. Read more about this below. Whatever your concerns, don't hesitate to get in touch at **020 7974 4444 (option 9)**.

Councillor Georgia Gould, Leader of Camden Council

Eviction ban ends on 31 May



The Government's eviction ban put in place to protect private renters during COVID-19 is coming to an end on 31 May. From 1 June your landlord or letting agent has legal powers to serve an eviction notice. Camden Council knows there will be people concerned about this, so if you are struggling to pay your rent or need advice, please know there is support available. Contact the Council on **020 7974 4444 (option 9)** or visit camden.gov.uk/private-renters-help-covid

Camden's children's libraries

Camden's children's libraries are now open for book browsing (Camden Town Library remains closed for use as a rapid test centre). Book a 20-minute slot at camden.gov.uk/library-bookings or call **020 7974 6987**.

Find a full list of services currently available at Camden libraries, opening hours and online services, including children's activities, at camden.gov.uk/libraries



GOOD WORK CAMDEN

In the last year, Good Work Camden has supported over 400 people to find and stay in good work. 'M' registered with the service after six months of unemployment. Working one-on-one with her Job Hub advisor, M started a job at the Francis Crick Institute, processing COVID-19 test samples:



"Things have been really busy lately – but I'm lucky that I work with an amazing team that makes the time working very enjoyable."

"Thanks to my advisor I've been able to understand and take each step that I needed to get the kind of job that I wanted...and for that I am immensely grateful."

"To anyone that doesn't know how to start looking for a job, this is the step that I'd recommend. The whole process is worth it."

To find out more, visit camden.gov.uk/employment-support

Get vaccinated to prevent new variants

Given the chance, all viruses – including COVID-19 – will mutate and produce unknown new variants. As many people as possible need to get the COVID-19 vaccine to reduce the spread of the virus and help prevent new variants and protect our community.

If you're aged **30 and over (or turn 30 by 1 July)**, or fall into one of the priority groups, book an appointment at any of Camden's 15 vaccination centres, including local GP surgeries:

- Call **119** for free
- Visit nhs.uk/coronavirusvaccine
- Not registered with a GP? Email nclccg.covid-19vaccine@nhs.net
- Need help to book? Call Camden Council on **020 7974 4444 (option 9)**
- If you're an eligible social care worker, you can visit a number of sites across North Central London. More information at camden.gov.uk/socialcarestaff



Find out more about the vaccine at camden.gov.uk/covid19vaccine

Mental health support

People may be feeling overwhelmed, anxious or scared at the moment. If you're struggling with your mental health, please know that you're not alone and there's support available – visit camden.gov.uk/mental-health-and-wellbeing or call Camden Council on **020 7974 4444 (option 9)**.



camden.gov.uk/coronavirus 020 7974 4444 (option 9)

