

Message from the head:

I hope everyone is fit and well at the end of what has been a very challenging week for us in school. You will know that, as I write this, we have four classes closed due to positive cases of Covid-19 with children and staff having to isolate at home. I wanted to start my message this week by paying tribute to my amazing staff, who despite all the people out this week, the anxieties of being so close to the reality of Covid and having friends and colleagues unwell, they have continued to support us in keeping the school open and safe for the rest of the children able to come in. I'd also like to thank you, our families, for the messages of support and understanding you have shared with us. We know it's not easy for any of you either especially when a bubble gets closed.

That brings me to the next point I wanted to raise. Everyone in school is working incredibly hard ensuring that we keep bubbles apart and that everything in the school is sanitised and cleaned continually. You all are making huge sacrifices by not being able to visit your children's classes, see their books and the children are making sacrifices missing out on school events that would normally be held. However, all this is pointless if some vital rules are not followed. Over the last two weeks we have had a number of occasions where we have had to have children collected on discovering that someone in their household has Covid symptoms and is being tested but they have been sent in to school. Covid is a highly infectious disease. The period a person can be infectious starts before the symptoms making it very difficult to prevent the spread. The rules we all have to follow on this point are very clear. If any individual in a household has any of the three main symptoms-new continuous cough; loss/change of taste or smell; high temperature—then that person should get a test as soon as possible and the rest of the household must isolate. Children, even if symptom free, should not come to school, or indeed leave the house, if a member of the household is in this position. Any member of the house could be carrying the virus too and by coming to school would be risking passing it to their classmates as well as the staff in their bubble and any other families they come into contact with. If someone develops symptoms, then tests positive, and have been in contact with the bubble up to 48 hours before they developed their symptoms we would have to close their class for 14 days. None of us want to do this more than we have to, so please help us keep everyone safe and our classes open—do not send children to school if someone in your house has any of the symptoms. We will provide them with work while they are at home and the person with the symptoms waits on their test result. If it is negative, they can come straight back. I do not want to nag but it has been incredibly difficult having to close school to children who want to be here learning and send staff home who want to be teaching, as well as hearing of people becoming ill. If we end up having to close further bubbles because of people not following the rules the majority of us are, and at great personal cost, it would be very annoying for all involved, as well as dangerous to everyone's safety. I also feel I need to point out the rules around play dates—during lockdown these should not be happening. When we re-enter tier 2 next week, any joining up with other households outside of school should only take place outside and up to six people. I know this is tough but please follow these rules to minimise the risk of transmission. It is clear the virus is currently circulating in our community and we need to do all we can to stop the spread. Thank you to the majority of you who are clearly following the rules and doing everything you can to support us to stay open and educate and look after your children. If you are in the situation that your child's class is closed, as you know we will put work up on our website for them to access. If for any reason you have limited access to an electronic device—laptop or tablet, or you need/prefer paper copies, or you are running low on paper or pencils, please let us know. We can provide what you need and if you are unable to come to us due to isolation we will make arrangements to get it to you. We are here to help—just ask.

I can't wait to be able to welcome back Reception on Monday and then Year 1 and 2 later in the week. I hope we make it through the next few weeks, with the fun Christmas activities we have planned, without losing any more classes. There is an important message from the PA below and a message was sent out from them via parent hub this morning—hopefully you got this. I hope you enjoy reading this week's newsletter and seeing what the children have been getting up to both in school and at home.

Message from the Parents' Association:

A belated hello from the Fleet PA, especially to our new Fleet families! It's been a tough year for all, but we are excited about some of the Christmas festivities being organised for the children at school. One of these is the Christmas Jumper Day on Dec 11th to raise money for Save the Children and which will hopefully get us all in the festive spirit! Please show your support by encouraging your children to take part - details on page 3 of this newsletter. A couple of ways to help us fundraise during this festive season are mentioned in our recent Parent Hub post. We are looking forward to saying hi in person and resuming our regular PA activities as soon as safely possible. Finally, a big welcome and thank you to Sophie Cooke (Amber-Lily and Robyn's mum) for joining the PA. Stay safe! Becky, Fab, Jo, Marc and Sophie. **Punctuality Award** This week, our Punctuality award goes to Rec, Years 2 and Year 3 with no lates—brilliant!



I'm pleased to say that lates for the whole school have come way down making us all safer by avoiding crossing

with other bubbles and equally important ensuring children aren't missing valuable settling and learning time. Year 4 and 6 were much improved, down to 4 and 10 respectively but still too many! Please continue to ensure your child is in school on time.

Attendance Award Our Attendance Award this week goes to Years 3 and 4 with 100% - amazing! Two classes were above 99% - brilliant! This year's whole school target is 96% - we're currently at 97.18%. Thanks for all your efforts.











Star of the Week Awards this week's winners...

Well done to our 'Stars of the Week' for this week. We are very proud of their hard work and effort.

Fleet Primary School, Fleet Road, London. NW3 2QT

itter: @FleetPrimary Web: www.fleet.camden.sch.uk

Parent Questionnaire

To the right you will see a link to the annual parent questionnaire for your children's class. It has the the usual questions, based on the OFSTED framework which also allows us to compare to previous years' responses. This year we have also included a couple of new sections related to the Covid-19 situation and response, as well as mental health and wellbeing specific sections to help us plan our support for the remainder of the year. Thank you in advance for taking the time to complete the surveys. There is a different link for each class—if you have children in more than one year group we would really appreciate if you could fill one out for each-this might seem strange but your experience of school with different children may not be the same and we'd like to know that. The survey shouldn't take more than 5-10 minutes to complete. We are trying to avoid sending paper home (for both Covid-19 and cost reasons) but if you are unable to access online and would like a paper copy please contact the school office who will help you. We appreciate your time.

Nursery—<u>https://forms.gle/XJrBtQC3idg8XTq98</u> Reception—<u>https://forms.gle/4Doky6Tz4oBvVk3A7</u> Year 1—<u>https://forms.gle/g1kyMdau5mnYYyBW9</u> Year 2—<u>https://forms.gle/NSAiDYyzF1qv5Qjc7</u> Year 3—<u>https://forms.gle/7PbKSjweoAcbzR868</u> Year 4—<u>https://forms.gle/5b9AGVtLxq5Gpy8H9</u> Year 5—<u>https://forms.gle/uWSNNrbVc1Vne3us8</u> Year 6—https://forms.gle/KK3UzRCCJBMKsjZt5



mah - Foodbank Collection

You may have noticed in the newsletter over the last few weeks or heard your children talking about the wonderful Zoom RE workshops Rev Esther from Gospel Oak Methodist Church has provided for us as part of the children's RE curriculum.

She shared with us two important dates that we wanted to flag and advertise on her behalf. The church will be supporting the local community by sharing out food items for any families in need in these difficult times. This will happen on the 5th and 12th of December, between 11 am and 3pm. There won't be any vetting, they just want to give to those in our community who are in need. If you need this support I would urge you to contact Rev. Esther using the details below and she will be happy to help.

The church are also collecting food items for the Trussell Trust Foodbank and for our local community, on the same dates. If you are able to help them by donating, it'll be much appreciated.

To contact Reverend Esther...

Rev'd Esther Akam Minister at LMNW Circuit Gospel Oak and Kensal Rise Methodist Churches <u>esther.akam@methodist.org.uk</u> 02072843819

Please find below a wish list from the Trussell Trust Foodbank:

- -Tinned meat/ fish
- -Tinned vegetables
- -Tinned fruit
- -Rice
- -Sugar (500g)
- -Milk UHT or powdered
- -Instant coffee
- -Fruit juice (cartons)

- -Puddings/ custard
- -Tomatoes (tinned)
- -Instant Mash Potato
- -Jam
- -Pasta sauces
- -Baby items e.g. nappies
- -Toiletries (unopened)



Voluntary

donation

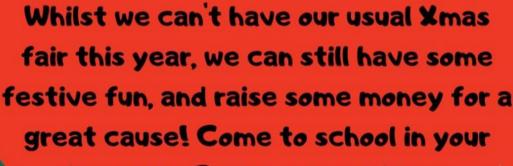
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CHRISTMAS JUMPER DAYL Raising money for Save The Children

- Friday 11th December -



favourite Christmas outfits -

go big or go XL!! Voluntary donations of £l per child or £2 per adult will be collected on the day!





Christmas trees to help the PTA fund! Support

FLEET PRIMARY SCHOOL

This year treat the family to a beautiful, real Christmas tree delivered straight to your door.

Buy a Christmas tree through www.christmastreeexpress.co.uk this year and receive £5 off any tree and a further £5 will be donated to the school PTA! Please use the unique code below.

Choose from 4Ft, 6Ft and 8Ft, enter your school code and receive £5 off at checkout. Christmas Tree Express will then give a further £5 to the school. Delivery day can be chosen at checkout and is included.

Pre-order your tree today with the code:

FLEET and we will give you

Order. Decorate. Enjoy. OFF your order

www.christmastreeexpress.co.uk

*Code is valid until 6th December or until we sell out, so please order ASAP!



We have a new initiative at Fleet spearheaded by our very own 'Bike-it Crew' made up of some year 5 children. They have taken on the challenge of trying to encourage the school to travel more sustainably—be that by bike, scooter or walking. Over the next few months they will be sharing weekly challenges with you through the newsletter and leading special assemblies to the school. From time to time they will also be on the school entrances handing out prizes to children travelling sustainably to school. They will be working closely with Dave, our Sustainable Travel Project Officer from Sustrans. Below is our first weekly challenge competition—get your entries into your class teacher by the deadline shown below and they could be in with a chance to win a fantastic prize!

The Challenge

On the floor make bikes and scooters and active travel art out of leaves and twigs and stones in the park!

How to stand out

We're looking for creative uses of things you can find in the park. Think about different colours, materials, textures. Lay your design out on the floor and take a picture!

How to enter

- Send your picture to your school champion via email (get your parents to help)
- Upload a video or picture of your work to Twitter using the hashtag: #stayactivewithsustranslondon
- If you have a nature play area in your school do it there and ask the school champion to take a picture!

Deadline

Send your picture to Mr M^cGibbon and the Bike it Crew by Thursday next week What happens if I win?

We will announce the winner next Friday

STAY ACTIVE WITH SUSTRANS

WEEK 2: NATURAL BIKE ART

- Your school champion will let you know and award you the prize!
- Your entry will be uploaded to our Twitter, @SustransLondon!

What happens if I don't win?

- There's still a chance your entry will appear on our Twitter page. We will be putting some of our favourites up throughout the week, so keep your eyes peeled!
- This is a weekly challenge so there will be plenty of opportunities to take part again. Look out for our next challenge which will be announced next week!





SHARE YOUR CLIPS + PHOTOS!

Click on the twitter logo to go straight to our twitter page

//#stayactivewithsustranslondon



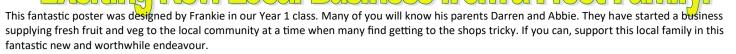
Win a

prize!

fantastic

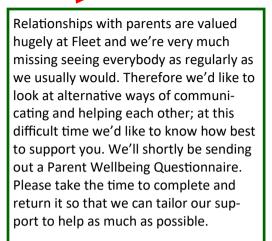
These were some of the fantastic entries to last week's competition - well done to Alea, Zura and Amber-Lily and all the others children who took time to think about the challenge and do it. Next week's challenge is on the previous page. Fingers crossed SUSTRANS pick one of ours as one of the London winners!

Active trovel O2 emissions -UN III (\mathfrak{G}) ENVIRA CHRISTMAS SLIOPPING ONLINE-SEE PAGE 9 FOR A FREE AND EASY WAY TO RAISE MONEY FOR SCHOOL AT THE SAME TIME! WE NEED YOUR HELD!!! Tel: 0207 485 2028 Fleet Primary School, Fleet Re London. NW3 2QT Twitter: @FleetPrimary Web: www.fleet.camden.sch.uk





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New Tip...

Wellbeing Tip of the Week!

An initiative brought to you by Camden Learning's Health and Wellbeing Team—a new one each week!

Week 4 - Practice "radical self-acceptance"

"Radical self-acceptance" is the ability to accept everything about ourselves and our life without question, blame, or disappointment. We are all doing the best we can in these challenging times so it's about time we take some of the pressure off ourselves. This week, lets manage our expectations about what is achievable right now and be proud of all of the things we are doing each day, however small they may seem!

Parent Workshops—open to everybody

Many thanks to those of you who attended the workshop this week. We had 14 parents involved which enabled some great discussion. Thanks to those parents who helped spread the word.

Moving forward we'd be happy to organise more of these. If there's a particular area you'd like support with, or further information about, please don't hesitate to let us know.

Contact Ms. Wall via the office and she will be happy to get back to you to discuss and see what we can arrange. Check out these videos for parents developed to help you support your primary aged children: 1. How to Talk to you Child About Covid-19 https://www.bbc.co.uk/bitesize/articles/zkbxwnb

2. Encouraging Your Child to Take Care at School https://www.bbc.co.uk/bitesize/articles/z8g6jsg

3. How to Deal with Anxieties https://www.bbc.co.uk/bitesize/articles/zj4p2v4

4. Communicating with School https://www.bbc.co.uk/bitesize/articles/z7ksxbk



Supporting Children's Wellbeing A short guide for Parents and Carers

Over the last few months, we have had to adapt and adjust our lifestyles and routines in response to the coronavirus and lockdown.

Now, the return to school has brought about another aspect of change and uncertainty. These tips have been suggested to help support your family's wellbeing and the return to school.

Managing Different Emotions



Acknowledge anxiety and other feelings by saying things like:

- "I can understand why you feel worried"
- "I noticed you didn't play with your friend, is anything on your mind?"
- "Thank you for sharing that with me, you are being really brave."

Create a safe space to talk by:

- Spending quality time with your child so they have your full attention
- Using eye contact to show you're listening
- Doing an activity with your child to make it easier for them to talk

Encouraging creative coping activities:



Helping Children Build Resilience

Praise the effort your child has made, rather than the final outcome:

- "I can see you worked really hard on that drawing"
- "You spent a lot of time on building that tower, I'm proud of you!"

Encourage your child to keep trying and learning from their mistakes:

- "You don't know how to do this **YET**, but keep going and you will."
- "Its OK to make mistakes, that's how you learn"

Keeping a Healthy Lifestyle for all the family



Reminding children to have healthy habits:

- Regular meals that include fruit and vegetables
- Daily exercise
- At least 8 hours of sleep each night
- Limit screen time, especially in the evenings and encourage more play and reading time



Support for Parents:

- https://www.mentallyhealthyschools.org.uk/r esources/?Audience=ParentsAndCarers
- https://youngminds.org.uk/find-help/forparents/
- https://www.mentalhealth.org.uk/publication s/make-it-count-guide-for-parents-and-carers





As we are aware that teachers are not able to be in as close communication with families as we would normally, we have scheduled in an additional 'parent meeting' for this term. You will remember we brought forward the usual parent meeting to the first half term to be able to touch base with you all over the phone and give you an indication of where your child was at based on our initial baseline assessments following reopening in September. You will be receiving your child's termly targets from teachers in the next couple of weeks. Following this we have scheduled another opportunity to speak with the teachers. Below is the proposed timetable. Your child's class teacher will attempt to call you at some point during the window of time listed that we have arranged for them to be out of class. Please make a note of these days/times in your diaries so you are available to chat. Due to the restrictions we have on class bubbles and needing to avoid too many people working in different bubbles it is very difficult to free the teachers up so please try to find time for this important call.

Obviously, with the current situation there may be things that arise between now and then that affect our ability to staff this and it may change but this is what we are planning for and will endeavour not to change the times unless we have no other option. Thank you for your continued support and patience.

Class	Times	
Nursery	Wednesday 9th December 4-6pm	Thursday 10th December 9.30-11.30am
Reception	Wednesday 9th December 4-6pm	Thursday 10th December 1.30-3.30pm
Year 1	Wednesday 9th December 9.30-11.30am	Wednesday 9th December 4-6pm
Year 2	Wednesday 9th December 9.30-11.30am	Wednesday 9th December 4-6pm
Year 3	Wednesday 9th December 1.30-3.30pm	Wednesday 9th December 4-6pm
Year 4	Wednesday 9th December 1.30-3.30pm	Wednesday 9th December 4-6pm
Year 5	Wednesday 9th December 4-6pm	Friday 9th December 9.30-11.30am
Year 6	Wednesday 9th December 9.30-11.30am	Wednesday 9th December 4-6pm

Fleet Happiness Project

GREAT DREAM Ten keys to happier living

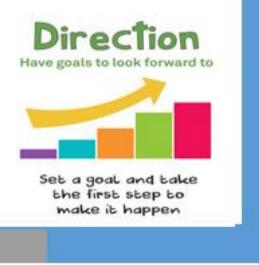
GIVING	0	DIRECTION	Ð
RELATING	0	RESILIENCE	0
EXERCISING	0	EMOTIONS	0
AWARENESS	0	ACCEPTANCE	0
TRYING OUT	0	MEANING	0

This year we'll be running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

Autumn 1	Direction Meaning
Autumn 2	Acceptance Giving
Spring 1	Awareness Emotions
Spring 2	Resilience
Summer 1	Relating Trying Out
Summer 2	Exercising Happiness (wellbeing week)

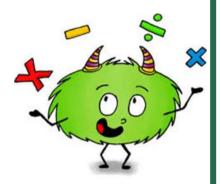
The first theme that we'll be thinking about is 'Direction'. In assemblies we've been discussing inspirational people who have worked towards their goals, and the children will be setting their own goals and thinking about steps that they can take to achieve them.



Fleet Facts

- Learn your number facts
- Pass the tests
- . Reach the top!

Fleet Facts is our whole-school programme aimed at improving the children's knowledge of key number facts.



Children work their way through the different stages, securing important addition, subtraction, multiplication and division facts—essential for enabling them to access the wider maths curriculum.

In the front of your child's home learning journal is a tracker, which shows the objective your child is currently working on e.g. 'doubles of numbers within 20' or '3 x table'. When children pass a test, their name will appear below.

Well done to these children who have passed their Fleet Facts test this week!

Year 5: James, Zainab, Penny, Rosie, Tamanna, Peter, Maureen, Isaac, Isabelle, Maya, Erina, Hannah, Freddy, Nathan,



Raise FREE donations for

FLEET PRIMARY SCHOOL

every time you shop online

Find us on easyfundraising.org.uk

http://www.easyfundraising.org.uk/causes/fleetps

4,300 online sites will give us a free donation when you shop with them - at no extra cost to you!





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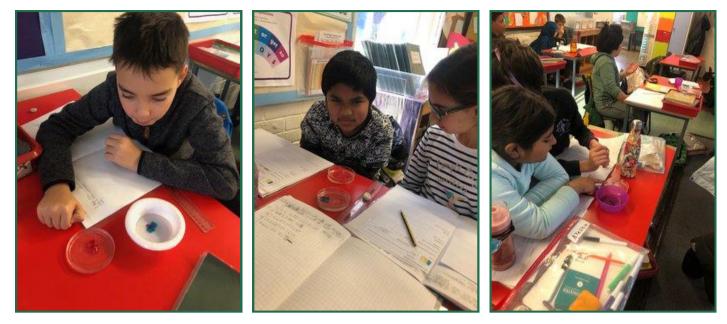




Our amazing Reception and Year 1 classes have had to isolate from home this week. This hasn't stopped them engaging with their learning via the home learning the teachers are putting up on the website for them. The teachers love being able to speak to you all and hear about the work you're doing. It won't be long before we see you back—Reception on Monday and Year 1 on Wednesday.



Year 6 learning about diffusion and exploring the process of osmosis, by seeing it in action with gummy bears. They have been learning about how nutrients move around our bodies.



The children have been writing explanations of how a volcano is formed and how it erupts – this links with their Topic on Paradise and the Jungle. We have learned about why volcanoes were actually helpful to the Maya people. Below are the beginnings of three explanation texts that Armaan, Erion and Nommi have written. Can't wait to read the finished pieces. Lots of technical language and explanation on display.

A volcano is like a mountain on Earth until they erupt. When a volcano erupts it spits out lava. When the Earth's crust comes together a volcano erupts this is because the tectonic plates are moving towards each other. There is magma inside it. Volcanos are close to being mountains but the difference is that underneath there is a hot liquid called magma that can be ejected at any time.

Volcanos are formed when the tectonic plates meet and one rises above the other. Usually this would create a mountain. If magma rises it is a volcano.

Although an eruption may seem bad fertilisation will occur by lava (although called magma, once it leaves the spewing mountain it is lava). Volcanos are mountains that can erupt rock, ash or gas. They are very dangerous and could wipe out whole cities, covering them in a grey like liquid. Everything in it's path is destroyed by the volcano.

Volcanos are made by two tectonic plates crashing together which makes a mountain or a volcano. When one of them slips it makes a crater and out of that crater comes the eruption. The stages of eruption are the Magma (lava before it comes our the volcano) starts bubbling underground, the pressure causes the magma to produce ash and gas, this happens in the magma chamber. The pressure rises higher causing the volcano to erupt through the vent. The hot liquid pushes through the crater and as soon as the magma gets out the volcano it is called lava. Finally the lava cools into volcanic

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Y3 have been working with oil pastels to create a tree through the seasons, using the 'Persephone and the Pomegranate Seeds' myth as inspiration.











The only just thing is for me to keep Persephone because I want her back. My sadness is overtaking my whole life. I am distraught because Hades took Persephone. Can someone save Persephone and give her to me? I hope she is safe and happy even though she is in the underworld with Hades. I love Persephone so, so much that I want to kill Hades or burn him the fire of hell.. I feel so heart broken and lonely. I want my daughter back from Hades. I feel so ANGRY and MAD at him! By Tabby I wish I could click my fingers and Persephone would come back to me. Hades is going to big time. Persephone is such a nice, little God. Why did Hades take her. What I will do to Hades is bash him up. Or even kill him! He is so evil. I will tell Zeus to have a long chat about it. I will tell every God I can find.. If Persephone can escape I will be so happy. I am still so sad. I can't stop crying, It is not fair. I didn't ask for this.

By Hunter

In Science, Y3 are exploring shadows. Can they make them bigger or smaller by moving the light source?





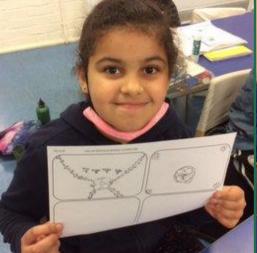
The children have been looking at the myth of Persephone and the Pomegranate Seeds. There were so many fantastic pieces to read from them. Above are Hunter and Tabby's to entertain and amaze you.





Fleet Primary School, Fleet Road, London. NW3 2QT

Twitter: @FleetPrimary Web: www.fleet.camden.sch.uk











Year 4 are really enjoying learning about the Victorians! This week they've looked at William Morris and started designing their own pieces inspired by his work.





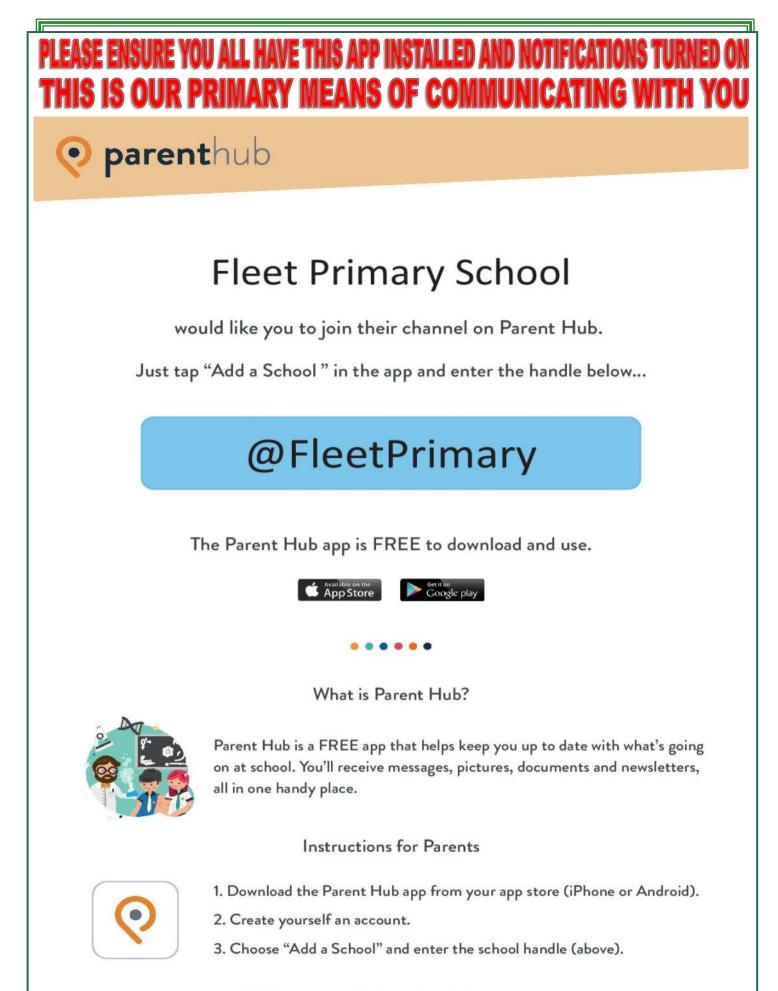


Have you seen the clip of Y4 practicing their trumpets and trombones? Check it out:

https://twitter.com/FleetPrimary/ status/1331939903450607618







Visit www.parenthub.co.uk to find out more

Visit <u>bit.ly/gohvision</u> to complete our short survey and have your say!

TOP PRIORITIES FOR THE VISION:



Gospel Oak and Haverstock Community Vision

Camden Council is developing a Community Vision for Gospel Oak and Haverstock. This will be a planning framework that will help to guide where and how money is invested in the neighbourhood to make it a better place to live, work and visit. We know that local people know their area better than anyone else, which is why we want you to get involved and help shape the future by telling us what your community needs.

GOSPEL OAK & HAVERSTOCK COMMUNITY VISION

Area of focus for estate renews

*Whilst the vision will benefit the whole area in red, the majority of estate renewal projects that have been or might be built in the future fall within the darker area shown.

30 October - 14 December Listening and learning engagement to form a vision Winter 2020/21 Review responses and drafting of the Vision

Spring 2021

Framework boundary

Sharing and reviewing the draft Community Vision

Summer 2021

Listening to feedback and refining the Visio before adoption.

What's happening?

The next few years will bring exciting changes to the area including brand new council homes, safer streets and improvements to Queens Crescent and the market. We want to work with local people, businesses and organisations to create a Community Vision, which will set out how you think the area could change for the better.

Have your say

Visit **bit.ly/gohvision** to fill in a short online questionnaire, or visit **GOHVision.camden.gov.uk** to find

The engagement is now live and will run until Monday 14 December.

To adhere to Covid-19 rules and protect safety, much of our engagement will be taking place online. If you do not have access to the internet or require translation services please give us a call and we can take you through the questions by phone or arrange for printed versions to be sent to you by post.

bit.ly/gohvision

📞 0203 735 7629

GOHVision@camden.gov.

make:good

Camden

Fleet Primary School, Fleet Road, London. NW3 2QT

Twitter: @FleetPrimary Web: www.fleet.camden.sch.uk

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus includes information in different languages
- Check the rolling newsfeed at camden.gov.uk/coronavirusnews
- Follow Twitter @CamdenCouncil
- Speak to someone at the Council directly by calling 020 7974 4444 (option 9).

SIGN UP to the Council's coronavirus e-newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates

COVID-19 testing available in person or at home

If you develop coronavirus symptoms, you must self-isolate and get a test via **nhs.uk/coronavirus** or by calling **119**. You can request an at-home test kit or book an appointment at a testing site. Please don't just turn up – you need to book an appointment first.

Please follow public health guidance when visiting a testing site:

- Keep 2 metres apart from other people
- · Do not travel by taxi or public transport
- Use hand sanitiser
- Wear a face covering throughout, including while travelling to and from the testing site.

The mobile coronavirus testing site at 51 Greenwood Place, Kentish Town NW5 1LB has step-free access.

NHS Test and Trace

If you test positive for coronavirus, you will receive a call from NHS Test and Trace who will ask you to share contact details of people you've been in close, recent contact with. Please share this information so those people can help prevent the spread of the virus by self-isolating.

Last call to support Crowdfunder to end Camden's digital divide

The Crowdfunder launched by Camden Learning – a joint enterprise between Camden schools and Camden Council – to help pupils learn from home closes next Wednesday (2 December).



Before the Crowdfunder ends, please consider donating what you can – 100% of the money

will go towards buying laptops for children and young people in need. Donate at crowdfunder.co.uk/end-the-digital-divide-for-camden-pupils

Thanks to the support of the public, the Crowdfunder has so far raised around £59,000 and the first laptops are now being distributed to 20 schools in the borough with the highest need.



As we enter the final week of lockdown, I know many of us will be thinking ahead to the end of the year. It's especially hard to be away from friends and family at this time. However, from next Wednesday (2 December) we will be returning to a tier system, and it's crucial that we all play our part and stick to the quidelines of the tier that London is placed within. We expect

this to be announced this evening, (Thursday 26 November), so please check **gov.uk/coronavirus** for the latest updates.

Coronavirus usually spreads by droplets from coughs, sneezes and speaking. To stop this spread, reduce cases in Camden and keep ourselves and others safe, we all need to continue to follow public health advice carefully. That means washing our hands often, wearing a face covering in indoor public spaces unless exempt, and following social distancing. It also means self-isolating immediately and getting tested if you display any symptoms.

Throughout the final week of lockdown and beyond, please know that we remain here to support you should you need any help, including if you need support to self-isolate. Please don't hesitate to get in touch.

Councillor Georgia Gould, Leader of Camden Council

Flu vaccine update

From Tuesday 1 December, **anyone aged 50 or over** will also be eligible for a free flu vaccine. This is in addition to children, pregnant women and those who are clinically vulnerable.



The flu vaccine is safe and effective, and while it will not protect you from coronavirus, the flu by itself can also be serious. Having coronavirus and flu at the same time could make you seriously ill, particularly if you have underlying health conditions. You can get the flu vaccine from your GP or participating pharmacies. Find out more at **nhs.uk/flu**

Supporting survivors of domestic abuse

Home should be a safe place, but sadly this is not true for everyone. Camden Council is committed to supporting survivors of domestic abuse and their families during the pandemic and beyond. Home is not a safe place for everyone

The Council's dedicated team, Camden Safety Net, is providing additional support, including developing safety plans for people who might be feeling unsafe. The Council also has wide-ranging support available, including with mental health and employment.

As a landlord, the Council will never tolerate domestic violence or abuse in council homes. Any abuser living in a Camden Council home risks losing their tenancy.

How to access support

If you are experiencing domestic abuse, of any form, or you are worried about a friend or relative's relationship, contact Camden Safety Net in confidence on **020 7974 2526**, Monday to Friday, 9am to 5pm, or email the team at **camdensafetynet@camden.gov.uk**

Find out more about support available at camden.gov.uk/domestic-violence

Pledge your support to help end domestic abuse in Camden at camden.gov.uk/dv-pledge



camden.gov.uk/coronavirus 020 7974 4444 (option 9)

