

Friday 23rd October 2020

Message from the head: We have reached the end of the first half term. Thank you for all your support throughout. I am pleased to say that a combination of good luck and effective systems have meant we have reached this point in the academic year without having to isolate or close any of the classes due to positive cases of Covid-19. Not all schools have been so lucky and across Camden, as the rates of infection in London are rising, many schools have been forced to send classes and year groups home. I want to assure you we have plans in place so that when that happens to us we will be doing everything in our power, as we have been up to now, to ensure minimal disruption to the children's learning. We have been so impressed with the children this term, coming back after the summer enthusiastic, motivated to learn, inquisitive and above all happy to be back among their friends and the staff—they have made such a positive start to the year. We know this term has been tough for us all. We miss that link, which is such a strength of our approach, with you our families. Not being able to welcome you into classrooms each morning, share learning through class assemblies, and put on whole school events like International Evening, Open classrooms and hold in person parents evenings is as hard for us as it is for you. We love sharing the day to day from the classroom with you and this period where we can't has meant we have had to adapt. We hope the newer extended newsletter and the frequent Twitter posts from each class fills some of the void and gives you a bit of a flavour of what is going on in school.

This week was art week and the teachers have been doing an amazing job linking in their art to the Happiness Project—the newsletter is filled with examples of the children's fantastic work. We have some very talented staff, who in turn, are brilliant at inspiring creativity in the curriculum

I'd also like to say well done to all the children who reached their 'Fleet Facts' targets in maths this week (see page 4). It is great to see so many of them obviously working hard at home to practice. I look forward to seeing the same level of application and dedication when they send in photos of their home learning projects for us to celebrate after half term. Have a well deserved break (if you are able!) and I look forward to seeing you on the 2nd November when I hope to be refreshed and ready to go with another busy half term!

Emaline's Stop Animal Cruelty Petition

Emaline in Y6 created this petition back in Y5 (pre-Covid - seems so long ago!). She was inspired by some work they were doing in class. Her original target was 100 signatures, then she smashed through 500, this week she passed 1000! Lets help her get close to 1500—if you haven't signed it please do and pass the link on to your friends. Lets support our young activists!

https://www.change.org/p/world-wildlife-fund-fleet-primary-school-wants-to-stop-animal-cruelty-people-exploit-animals-for-our?
redirect=false

Attendance Policy 2020

The Governing Body recently agreed the new attendance policy. This policy is in line with DfE and Camden guidance. There is an addendum relating to the changes in place during the Covid-19 Pandemic. The policy was sent out to all families via the Parent Hub app. It is also on our website. Please take some time to read this.

https://www.fleet.camden.sch.uk/virtual-office/policies-and-procedures

Drop offs and pick ups

Thanks for all your help over this term in keeping classes separate at pick up and drop off. We will be continuing with this system after half term with no changes. Please continue to ensure that you drop off and pick up promptly and maintain social distancing from all other adults. Thank you.

Brass Practice

Year 4 and 5 have made a fabulous start to their brass lessons with Rod. Please encourage them to practice at home. Rod has developed an online practice page to help the children.

https://www.rod-n-tom.com/fleet

Teaching – the best job in the world!

Are you interested in training to teach — or know someone who is? Here in Camden, led by our partners at Eleanor Palmer, we run an outstanding primary teacher training programme (PGCE) in conjunction with UCL/Institute of Education where you will get the chance to train in fantastic local schools. This programme brought us our own fantastic Ms. Kingham, Ms. Coulter and Ms. Costelloe! Recruitment has just launched for entry in September 2021. If you would like to hear about our programme and what we can offer please do book to attend the next virtual Open Morning — on Thursday 5th November 10.30am-11.30am to find out more about our teacher training programme. To book your place or for more information email Vicky@eleanorpalmer.camden.sch.uk, call her on 020 7485 2155 or follow the teacher training link on EP's website https://

Secondary Transfer for Year 6— you must have applied by the end of half term!

www.eleanorpalmer.camden.sch.uk/school-direct/.

Camden council have a film out on what makes the secondary schools in our area stand out. You can watch it here:

https://www.youtube.com/watch?v=db-zlk4 Kk
Also, a reminder that the deadline for secondary school transfer applications is October 31st. Go here to apply online:

https://www.eadmissions.org.uk/

Punctuality Award This week, our Punctuality award goes to Year 2 & 3 with 1 late each! Brilliant! 49 lates for the whole school—better than last week but we need to do better. Reception, Year 4 and Year 6 were all in double figures (with 13, 10 and 12 lates respectively). Please ensure your child is in school on time. This is for all of our safety to avoid you and the children coming into contact with the classes starting after you and risking spread of Covid-19 across groups should someone be ill. Thank you for your help.

Attendance Award Our Attendance Award this week goes to Year 5 with 98.8% - amazing! This year's whole school target is 96% - we're currently at 96.65%. Thanks to you all for your efforts so far. Keep it up!











Star of the Week Awards this weeks winners...

Well done to our 'Stars of the Week' for this week. We are very proud of their hard work and effort.

PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU



Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap "Add a School" in the app and enter the handle below...

@FleetPrimary

The Parent Hub app is FREE to download and use.







What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

Instructions for Parents



- 1. Download the Parent Hub app from your app store (iPhone or Android).
- 2. Create yourself an account.
- 3. Choose "Add a School" and enter the school handle (above).

Visit www.parenthub.co.uk to find out more



Raise FREE donations for

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http://www.easyfundraising.org.uk/causes/fleetps

4,300 online sites will give us a free donation when you shop with them - at no extra cost to you!





























Download the easyfundraising App







(£) Over £32 million raised





Fleet Facts!

- Learn your number facts
- Pass the tests
- . Reach the top!

Fleet Facts is our whole-school programme aimed at improving the children's knowledge of key number facts.



Children work their way through the different stages, securing important addition, subtraction, multiplication and division facts—essential for enabling them to access the wider maths curriculum.

In the front of your child's home learning journal is a tracker, which shows the objective your child is currently working on e.g. 'doubles of numbers within 20' or '3 x table'. When children pass a test, their name will appear below.

Well done to these children who have passed their Fleet Facts test this week!

Year 2:Mia, Arafat, Skylar, Noah, Lashanty, Jake Sidoli, Layan, Shajai, Lenny, Lorik, Okpe, Samuel, Fatma, Lena, Samarrah, Lottie, Jake Sullivan, Mickey, Amreen, Jarod, Alana, Maxence, Mason, Marcel

Year 3: Yara, Yonis, Sufiyan, Tabby, Tara, Alea, Rayn, Hunter, Hana, Millie, Rayan, Mael, Evangeline

Year 4: Isabella, Aadam, Sara, Hamzah, Tawfiq, Asma, Lexi, Aman, Eva, Hiba, Suraiya, Kai, Zain, Amber-Lily, Esema, Ugo

Year 5: Youssef, Tamanna, Peter, Rosa, Isaac, Maureen, Maya, Hannah, Gaby, Zainab, Nathan, Nida, Gloria, Mason, Alfie, Francesca, Ifeoma, Jayda, Abubakar, Ni'mah, Rosie

Year 6: Mohamed, Mayeda, Luke, Ayesha, Yans, Zana, Yahya, Charlotte, Ruphy, Annie, Emaline, Erion, Nommi, Ijaz, Lucia, Eartha, Vesa

Fleet Happiness Project

GREAT DREAM

Ten keys to happier living

GIVING RELATING



DIRECTION RESILIENCE



EXERCISING



EMOTIONS ACCEPTANCE



AWARENESS TRYING OUT



MEANING



This year we'll be running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

Autumn 1	Direction Meaning
Autumn 2	Acceptance Giving
Spring 1	Awareness Emotions
Spring 2	Resilience
Summer 1	Relating Trying Out
Summer 2	Exercising Happiness (wellbeing week)

The first theme that we'll be thinking about is 'Direction'. In assemblies we've been discussing inspirational people who have worked towards their goals, and the children will be setting their own goals and thinking about steps that they can take to achieve them.



Set a goal and take the first step to make it happen

COVID-19 Alert Levels



The Government's Tier 2 Restrictions for London

The following restrictions take effect from Midnight tonight (Friday 16th October).

- You must not meet people you don't live with in any indoor setting whether at home or, for example, a pub or restaurant unless they are part of your support or childcare bubble.
- You may continue to mix with people outdoors (including in a garden or a park) but you must not meet in a group more than six, and you must follow social distancing rules.
- Meeting in larger groups is against the law, and you can be fined
- You should work at home if possible. If you cannot do this, you can return to your workplace but your employer must make arrangements for you to work safely.
- Schools and nurseries remain open.
- Pubs, bars & restaurants are restricted to table service and close at 10pm.
- Customers should not mix indoors with anyone from outside their own household or support bubble. Outdoors, you can meet in groups of up to six.
- At least one member of any group should give their contact details to the venue or check in using the NHS Covid app.
- Face coverings must be worn, except when seated to eat or drink.
- You must wear a face covering in shops, supermarkets and shopping centres.
- If you need to travel, you should aim to reduce the number of journeys you make where possible and you are encouraged to walk or cycle, rather than use public transport.
- You should avoid travelling in a car with someone outside your household or support bubble unless you can practise social distancing.
- You can stay at hotels or guest accommodation, inside or outside your area, but only with people in your household or support bubble.
- Travel from your area to Wales will not be allowed from 18:00 BST on Friday 16 October, except for a limited set of reasons such as going to school or work.
- Weddings, civil partnership ceremonies and wedding receptions are restricted to 15 people (the reception must be a sit-down meal).
- Up to 30 people can attend a funeral. Wakes and other related events are restricted to 15 people.
- You should not visit a care home except in exceptional circumstances, for example to visit an individual who is at the end of their life.

More information can be found here:

https://www.gov.uk/guidance/local-covid-alert-levels-what-you-need-to-know

These are the HIGH Local Covid Alert Level restrictions that currently apply across all London boroughs



















SPORTING ACTIVITY

EDUCATION



nightclubs and adult entertainment

GATHERINGS SOCIAL

people you live with Indoors: You must only socialise with or those in your support bubble

Shops remain open

a face covering You must wear in shops Outdoors: Follow the Rule of Six including

remain open, with a 10pm closing socialise with people you live with time and table service only, only or those in your support bubble Restaurants, cafes and pubs

covering unless you're seated You must wear a face to eat or drink



of journeys you make

where possible

Reduce the number

TRANSPORT PUBLIC

HOSPITALITY

RETAIL

youth or disabled sport)

contact rules (other than

must follow social

Indoor organised sport

reflect the wider

You must wear a face

covering when using

public transport

restrictions

in outdoor settings







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FUNERALS

Up to 30 people can attend up to 15 people can attend related receptions/wakes funeral services but only attend ceremonies and receptions

social contact rules

work from home Where possible

Leisure facilities

visitors, other than Closed to external

nurseries and afterschool Registered childminding,

circumstances in exceptional

children's groups and

in private homes,

under 14 childcare

bubbles permitted

Supervised activities clubs are permitted

remain open

Places of worship

WORSHIP

YOUTH CLUBS & ACTIVITIES Permitted

NORKPLACE

LEISURE

RESIDENTIAL

CHILDCARE

CARE



17/10/2020

For more information please visit gov.uk/coronavirus

























(





in gardens



IMPORTANT **

Please Read:

What to do if my child or someone in my house is ill?

We are entering into Autumn, and with the children coming back to school and into contact with the other children in their class they are more likely to pick up illnesses than over the summer break.

In this time of Covid-19 it is important that everyone knows what to do should your child, or anyone in your house become ill.

In the case of a cold, sniffle, sore tummy etc. or other symptom that is <u>NOT</u> one of the 3 symptoms associated with Covid-19 they would only need to stay off school for the period their illness means they are too unwell to be here. Any siblings, if not ill too, are able to come to school as normal.

The indicator symptoms of Covid-19 are:

- a high temperature this means you feel hot to touch on your chest or back. A temperature above 37.8C is normally considered to be high.
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child, or any member of the family exhibits <u>ANY</u> of those 3 symptoms then you must go online and arrange a test for them. That child or person should self isolate for 10 days and their siblings and other members of the household for 14 days, until there is **EITHER**:

A negative test result **OR** A doctor's note explaining that the symptom is not COVID-19 (e.g. the cough is not a "new" cough – i.e. is typical of the child's pre-existing health condition)

If you have only been told by 111 that they do not need to get tested but the individual with symptoms still has one of the three COVID symptoms, then the we will request a GP note to confirm this information before we will consider the child returning. This is in line with the advice

we have received from the local authority.

To protect our whole school community and keep everyone safe...





please STAY AT HOME if your child or anyone in your household has symptoms of coronavirus

Stay alert to any of these symptoms:

- A high temperature
- A new, continuous cough
- A loss of, or change to, your sense of smell or taste









If your child or anyone in your household has symptoms:

- Stay at home
- Self-isolate and get tested
- Tell your school that someone in your family may have coronavirus

Find out how to get a test, and how long to isolate, at nhs.uk/coronavirus
If a test has been taken and the result is negative, we will then welcome your child back at school!

It is really important that anyone with symptoms is tested within 5 days. If the person is not tested within 5 days of symptoms first exhibiting then the whole household is required to self-isolate for 14 days. That is a lot of school for the children to miss and having a test can really minimise that. We know it is proving very difficult and frustrating at the moment to arrange tests but please keep trying if you are in the position that someone in the house has symptoms. In the majority of cases the test will be negative (very few children across the country are testing positive and unlike the flu, young children have been shown not to be spreaders). As soon as a negative test comes back children will be able to return rather than have to miss 2 weeks of school.

If the test is positive you must let us know straight away so we can discuss with public health and determine if we need to isolate the class the child is in and move to online learning for 14 days.

In the case of a positive test in your families all children in the family home— whether they have symptoms or not would stay off school.

If you are unsure you can phone the office for advice or call 111. To arrange a Covid-19 test go to: www.gov.uk/get-coronavirus-test

HALLOWEEN PHOTO COMPETITION

CAMDEN MARKETS TEAM AND QCCA INVITE YOU TO TAKE PART IN OUR HALLOWEEN PHOTO COMPETITION BY SUBMITTING A PHOTO OF YOUR CARVED PUMPKIN TO MARKETSTEAM@CAMDEN.GOV.UK BY MONDAY 26TH OCTOBER 2020.

THE TOP 3 WINNERS WILL GET EXCITING PRIZES.

ONLY 1 PHOTO PER PERSON.
WINNERS WILL BE ANNOUNCED ON TUESDAY
3RD NOVEMBER 2020 ON
t@CAMDENMARKETS &



VOTE FOR YOUR FAVORITE PUMPKIN PHOTO AT OUR FESTIVE STALL AT QUEENS CRESCENT MARKET







Saturday 31st 11am to 4pm

From Rational Contine Safe What parents & carers need to know about... LEAGUE ... LEGENDS League of Legends, commonly referred to as "LoL", is one of the most popular video games in the world, with millions of monthly players. It is available on Android, macOS and Windows, and Apple recently announced during its iPhone 12 launch event that it will soon be coming to iOS too. LoL is an esports game in which two teams of five face-off in order to destroy the other's base. In the UK and Europe, PEGI rates League of Legends as PEGI 12. However, in order to play the game, the user has to accept the Terms of Use, which state that the proper age to play is 13+. Suggestive innuendo Contact with strangers Unless your child is playing League of Legends with a large group of friends, they will end up playing and communicating with people they don't know due to the multiplayer nature of the game. This means it's almost impossible to predict who and what they could encounter, making them vulnerable to online bullying, harassment, hate speech or even online grooming tactics. As a game itself, League of Legends is child-friendly and the character animations are not graphically violent. However, as it is a game designed for a male-centric userbase, some of the female costumes can be quite revealing and could be considered somewhat sexually suggestive. Sexual innuendo can also be observed in some character chat. (18+ observed in some character chat Addictive nature Inappropriate chat During gameplay, your child will be able to type messages to each teammate via the built-in chat or League of Legends, like many modern online multiplayer games, is addictive by nature and can require a addictive by nature and can require a lot of time in order for players to be successful; a typical game can be as short as 20 minutes or as long as an hour and a half, and cannot be teammate via the built-in chat or the accompanying mobile app, and there is also a voice chat which activates when players are part of a pre-made team. Although there's a built-in chat filter that censors any bad language, this is easily switched-off so it's possible your child rough be expressed to paused mid-way through. Signs of addiction can include irritability when not playing, lying about the amount of time playing, and preoccupation with thoughts about the next gaming session. child could be exposed inappropriate content sed to In-game spending Although League of Legends is entirely free to play, Riot Games lets players spend real currency in order to purchase Riot Points that allows players to purchase special costumes for their characters, or skins. These can be quite addictive. Indeed, in a US survey conducted in 2019, the average gamer on LoL spent \$119 on downloadable content and microtransactions



Monitor gameplay

While it would be impossible to constantly keep an eye on your child, it's important you check-in and monitor the time they spend playing League of Legends it might be a good idea to keep gaming consoles in the living room, for example, so you can supervise how long they're playing and whether they're in contact with others via voice chat.

Safety Tips

Mute chat and report players

If your child is receiving negative or offensive messages, League of Legends has the ability to mute the chat. If they have been the victim of harassment, insulting of offensive language, you can report the behaviour to fot who will review the game and impose penalties on the other player accordingly.

Limit spending

As League of Legends lets gamers spend real money in order to purchase add-on items, it's important you keep an eye on their spending. Disable in-game spending on consoles or mobiles if you're worried or make sure they don't have access to a credit card in order to spend in the first place.

Spot the signs

If you're concerned that your child may be spending too much time on League of Legends, and are worried it could be having a poor effect on their mental health, keep an eye out for the warning signs. They may be prioritising garning over more important everyday tasks, such as schoolwork or sleep, or could be showing signs of irritability and a lack of concentration if they've spent too long playing.

Meet our expert

Carly Page is an experienced technology journalist, editor and consultant. Previously the editor of tech tabloid The INQUIRER, Carly now works as the news editor for Computer Shopper and IT Pro and writes for a number of publications including Forbes, TechRadar, Tes, The Metro, uswitch and WIRED.



Talk about the risks

Before you allow your child to play League of Legends, it's important you have a conversation about it first to make them aware of the potential dangers. Make sure your child is aware of the fact that they could be playing with strangers, that the game has a poor reputation for its often toxic community of players, and that it allows for in-game payments that should be avoided.





www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release; 21,10,2020

Inschool this week









Y5 have been studying Expressionism as part of Art Week. Inspired by the work of artists such as Munch and Kandinsky, they've begun to create their own Expressionist pieces!







Y5's Happiness Project work happily continues...they've made these brilliant 'Make A Difference' daisies. Each petal suggests a different way you can make a positive difference to someone's day. Pick a petal and spread the love!

Year 5

In their writing lessons this week the children imagined they had crash landed on a strange planet and wrote a setting description using powerful adjectives and adverbs.



My rocket crashed suddenly into the purple snow. Painfully I felt my head and arm. I was bleeding and I needed help. I was scared as I slowly opened the door. I stepped into the purple snow. It was sticky like glue. I cold see a frozen waterfall of gold, shining like he sun. A spectacular volcano exploding red and orange lava into the air angrily. Gigantic yellow and pink flowers were everywhere. They were beautiful but when I

went closer I saw the shark teeth in the middle of them.



Intimidating, boiling, haunted—my heart is pounding. Life-threatening lava oozes past me, singeing my hair irritatingly. Lilac amethysts poke my filthy feet keeping me awake. The powerful odour of expired bodies crept up my nostrils. I lock my drowsy eyes on the worrying, cone yellow volcano. Annoyingly, a gloomy cave glares at me with its frozen crystal coat, sending a shiver down my tense back. Blonde lightening rapidly slap-

ping the violent volcano, forcing blood-curdling dragons to pour out. Puddles of ruby-red blood stain my battered shoes. I glance up at the scarlet sky wishing for luck. I watch my life flash before my eyes.

I was heading to a faraway galaxy when there was a humungous asteroid coming ferociously toward our shuttle. Terrified, I told my crew to activate the laser beam. Quickly, one of the crew rushed to the main controls and punched the button.

The bright, burning laser blasted the asteroid smashing it into burning pieces. After we blasted the asteroid we were cheering!



Suddenly a piece hit us and we went crashing down into a planet. I cautiously opened the door and the planet was amazing. There were yellow clouds and there was a marshmallow canyon. There was a mysterious cave so we wanted to investigate .

Weirdly, I trembled out of the rocket. A huge freezing atmosphere spread across the land. Candy eating caterpillars swarm the land eating the candy floss mountains. Plum purple clouds of sulphur acid will heal you. The sky is a misty sea of teal blue ink. Massive crystals are the colour of mahogany red with rainbows of other colours: lavender, purple, iron grey, peacock green and rose wood pink. A candy floss canopy encompasses the planet.





Reception have been busy this week working on patterns and sequences as well as painting pictures of what makes them happy.





Combining Art Week with our Happiness Project saw Y1 producing some fantastic Happiness Squares this week using just shapes and colours. Great thinking and drawing, Y1! They have also started a new story, 'Katie in London' - they have lots of interesting questions for our protagonist.





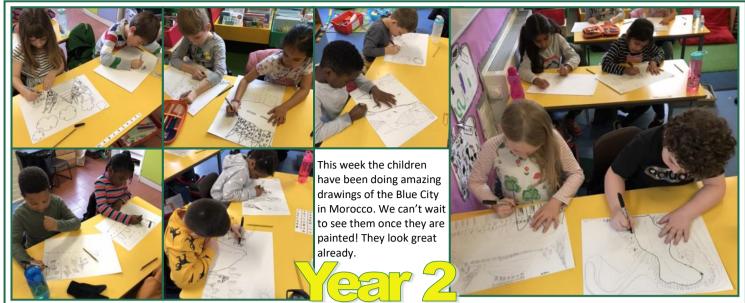






This week Year 6 had two trips to the Heath—one an evolution workshop at the secret garden and the other to collect leaves for an art project. They learnt about the adaptation of plants and animals to suit their environment. They explored different types of plant adaptation and why it might be needed. In a nod to the artist Andy Goldsworthy, they used leaves to make art inspired by Mayan design. They decorated the leaves with acrylic paints, exploring using colour for emotional impact linking with our happiness project. Some used white for calm, others created fiery leaves with warm, rich colours.









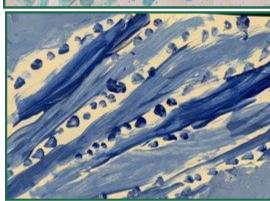












the Daphine hotelharted the dagger whove the prince and cefused to kill the loveling.

Prince. Then she jupped finto the sheartiful, blue sea and instantiful, blue sea and instant of turning into a sea foam she turned vito a mer maid again!!

And how the sea witch.

Delphine held the knife above the priace.

but didn't doore to kill him. She
draged the Lagger above him and throw it
into the deep dark Ocean and wolked towards
it by the water. Then the spell could be
broken also like to have love and counge!

It was the wienlast thing
that happend because Delphine Jumpped
into the ocean and guesse what! She
didn't turn into sea Coans......... but
instade back into a memorial! Then
Delphine finally got her voice back and

In writing
Year 3 are
retelling the
ending of the
fairy tale
'The Little
Mermaid.'
Here are two
very dramatic examples from the
class.



















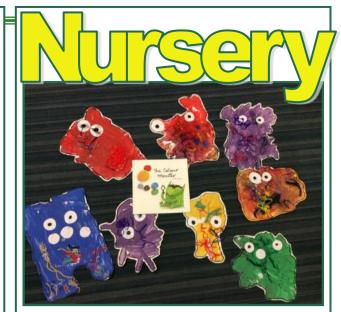


This week after listening to some music from the Prokofiev ballet earlier the children were inspired to decorate these masks for a masquerade ball! Great work Year 4!

As part of Art week they have been looking at the work of Yayoi Kusama. They've started by creating backgrounds for their art work using pastels and scratching out patterns.







In Nursery we have been reading The Colour Monster and thinking about colours and feelings. Here are some of their own colour monsters. Aren't they great!







As part of Art Week, they have also been enjoying doing some colour mixing!

They are such a great group—really inquisitive and enjoying experimenting.

Well done Nursery!



Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus includes information in different languages
- · Check the rolling newsfeed at camden.gov.uk/coronavirusnews
- Follow Twitter @CamdenCouncil
- Speak to someone at the Council directly by calling 020 7974 4444 (option 9).



SIGN UP to the Council's coronavirus e-newsletter for regular service updates, news and support at **camden.gov.uk/coronavirus-updates**

LATEST CORONAVIRUS GUIDANCE

Due to rising coronavirus cases, London is now at a 'high' level of local COVID alert. This means that additional new guidance has been introduced:

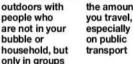


Only socialise indoors with people you live with or in your support bubble



of up to 6





Reduce People the amount you travel, especially shielding are

advised to take extra precautions

washing your hands, staying 2 metres apart from people you don't live with and wearing a face covering in indoor public settings.

It's still vital to continue to follow public health advice - regularly

For more information on the new restrictions, visit **gov.uk/coronavirus**

£500 to support low earners to self-isolate

If you're self-isolating and you meet all of the below criteria, you may be eligible for a one-off payment of $\mathfrak{L}500$ – called a Test and Trace support payment – to support you to self-isolate and to make up for lost income:

- You have been told to stay at home and self-isolate by NHS Test and Trace; and
- You are employed or self-employed, are unable to work from home and will lose income as a result; and
- You are currently receiving benefits Universal Credit, Working Tax Credit, income-related Employment and Support Allowance, income-based Jobseeker's Allowance, Income Support, Housing Benefit or Pension Credit.

Find out more and apply at camden.gov.uk/ apply-for-test-and-trace-support-payment. If you do not meet the criteria but need help to self-isolate, visit camden.gov.uk/coronavirus or call Camden Council on 020 7974 4444 (option 9).



With Camden and all of London now at a 'high' alert level (Tier 2), I know this is a difficult time for us all.

This year we have all made big personal sacrifices and played our part to slow the spread of this terrible virus. It is hard to see cases rising again but our public health advice is that a huge community effort will make a big difference. We can all act by

washing our hands regularly, wearing face coverings and maintaining social distancing. You can help keep your friends, family and community safe if you develop symptoms by self-isolating and getting a test.

It's now more important than ever that we continue to work together and follow the new restrictions, which you can read more about below, to protect ourselves and our communities.

Please remember that you are not alone and Camden Council and our amazing community partners are here if you need help. We are absolutely committed to making sure every one of our residents and businesses gets the support they need to get through this challenging period.

Whatever it may be, please get in touch with us by calling **020 7974 4444** (option 9) or visiting camden.gov.uk/coronavirus

Councillor Georgia Gould, Leader of Camden Council

Half-term activities for children and young people



Children and young people can keep active and get creative with free half-term activities, run within public health guidelines.

Online and face-to-face creative courses for 13 to 19 year olds who live or study in

Camden are being run by Camden Summer University. Visit cmdn.co.uk or call 020 7974 7263.

Girls Get Moving is back at Talacre Sports Centre on 26 October, with a free session for girls aged eight to 14. There's also Active Wednesday on 28 October for all young people aged 11 to 17, also at Talacre. Visit camden.gov.uk/children-young-people

For more half-term activities, visit camdenrise.co.uk/things-to-do

Safer streets update

Over the past few months, Camden Council has made lots of changes to help make streets safer and healthier in response to the impacts of COVID-19 on how we live and travel. To avoid a penalty charge notice please be careful when driving locally, watch out for signs of traffic restrictions, and be aware that there are now traffic enforcement cameras in place to support these changes. Find out more at camden.gov.uk/making-travel-safer-in-camden

What high alert means for businesses

Camden Council would like to thank the borough's businesses who have made many sacrifices over the past few months to help prevent the spread of the virus. The Council is here to help with information and advice as London moves to a 'high' alert level.

The biggest change is the ban on household mixing in indoor settings like pubs, bars and restaurants. You can find out more about this at camden.gov.uk/coronavirus-covid-19. The Council's frontline presence teams will also be visiting you over the coming weeks to answer any questions you might have.



It's also important that all businesses are COVIDsecure, you can find out what this means for you at gov.uk/guidance/working-safely-duringcoronavirus-covid-19

camden.gov.uk/coronavirus 020 7974 4444 (option 9)

