

Friday 13th November 2020

## Message from the head:

We've had another busy week at Fleet and this week the sun even came out again for moments! I hope you are all managing the second lockdown and I hope that school remaining open for this one is offering you some kind of normality and stability. I know I for one rely on the children and staff here to get me through these difficult times as much as they at times may need me. Like last week, I'd like to draw your attention to the webinar series shown below and the sessions we are putting on via Zoom on children's mental health and resilience (details on page 3) - the first of which is next week. These will be very useful for those able to attend (virtually!).

This week's sharing assembly was a special one where children shared their home learning projects. I am always blown away by the creativity the children show and how much they are inspired by their topics. We continue to do our very best to plan inspirational and motivating lessons around the topics and it continues, even through Covid restrictions, to be a real strength of the school. Just looking through the pictures and work the teachers give me each week to include in the newsletter shows the wonderfully broad curriculum we deliver.

Next week is antibullying week. On Monday we are joining in with 'Odd Socks Day'. There is more information on page 7. It would be brilliant if we can get as many children as possible coming in to school in odd socks and showing their united front against bullying.

We will be sending out the usual termly targets for Maths and English in the coming weeks and following those up with another round of parent calls towards the end of term to discuss them. We recognise that this term is very different to usual in how much contact teachers are able to have with you face to face and that is why as well as the calls last half term we have decided to do it again this term. I'd like to reiterate though that should anything come up in the meantime, any question, query or concern you may have, please don't hesitate to contact the office and they can arrange for the teacher to call you. While we can't have you in the buildings and face to face contact is minimal, we still want to be the open, welcoming school you all know from before Covid.

I hope you are all continuing to take the opportunity to get outside for exercise during this lockdown and are able to do so again this weekend. I look forward to seeing you all next week.

## Parent Questionnaire

We will be sending out a link to the annual parent questionnaire in the next couple of weeks. We will be doing the usual questions, based on the OFSTED framework which also allows us to compare to previous years' responses. This year we will also include a couple of new questions related to the Covid-19 situation and response, as well as mental health and wellbeing specific sections to help us plan our support for the remainder of the year. Thank you in advance for taking the time to complete the surveys. There will be a different link for each class—if you have children in more than one year group we would really appreciate if you could fill one out for each—this might seem strange but your experience of school with different children may not be the same and we'd like to know that. The survey shouldn't take more than a few minutes to complete. We are trying to avoid sending paper home (for both Covid-19 and cost reasons) but if you are unable to access online and would like a paper copy please contact the school office who will help you.

## Attendance Meetings and Letters

Attendance is such an important factor in children achieving the best possible outcomes from school. We are constantly monitoring attendance and looking for ways to support you where attendance and/or punctuality are a problem. Next week we will be sending out letters to some families to highlight any concerns we have around this. In some cases we will also be requesting a meeting with Mr McGibbon. These meetings will be held via zoom. You will be sent a link to join the meeting (you can do this from a phone or from a laptop or tablet). Occasionally a meeting may run over, please hold on if you are not admitted to the call exactly at the time you were given. If you have any issue with being able to use 'Zoom' please let the office know so we can make alternative arrangements.

## Parents' Webinar Series

The NHS mental health support team who work within your school and many others in Camden are excited to be able to offer an online webinar series for all parents and carers of primary school children in Camden.

The series will include online workshops via Zoom. The topics covered, scheduled dates and times are:

Topic	Day and Date	Time
Understanding and supporting your child with worries	Friday 20/11/20	12pm
Sleep	Friday 27/11/20	12pm
'Good enough' Parent and Child interactions	Friday 04/12/20	12pm

Each workshop will last up to 60 minutes and have an optional follow up 20 minutes for further questions for those parents who are interested. You can opt in for all four sessions, or whichever most appeals to you. To find out more information and to register for any of the workshops (for free) please go to the 'Eventbrite' webpage:

<https://www.eventbrite.co.uk/e/parent-webinar-series-tickets-126950144299>

**Punctuality Award** This week, our Punctuality award goes to Years 1, 2 and 3 with 0 lates—brilliant! I'm pleased to say that lates for the whole school have come down making us all safer by avoiding crossing with other bubbles and equally important ensuring children aren't missing valuable settling and learning time. Year 4 and Year 6 still could do better with both classes having more than 10 lates. Please continue to ensure your child is in school on time.



**Attendance Award** Our Attendance Award this week goes to four classes—all with 100% - amazing! Well done Years 1, 2, 4 and 5! This year's whole school target is 96% - we're currently at 97.15%. Thanks for all your efforts.



## Star of the Week Awards this week's winners...

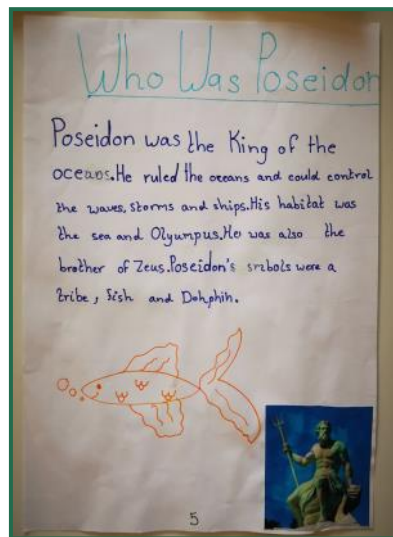
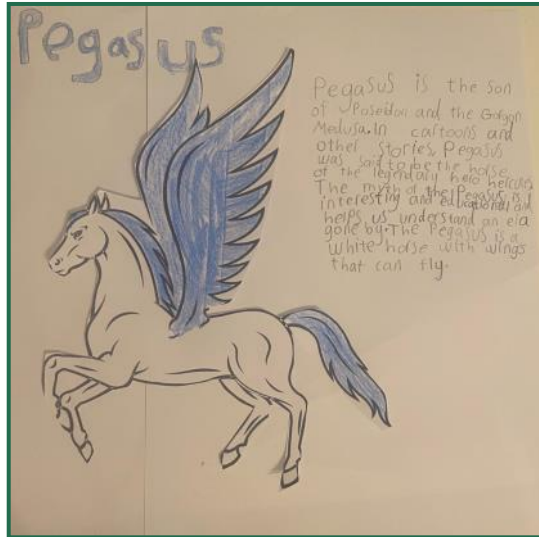
Well done to our 'Stars of the Week' for this week. We are very proud of their hard work and effort.





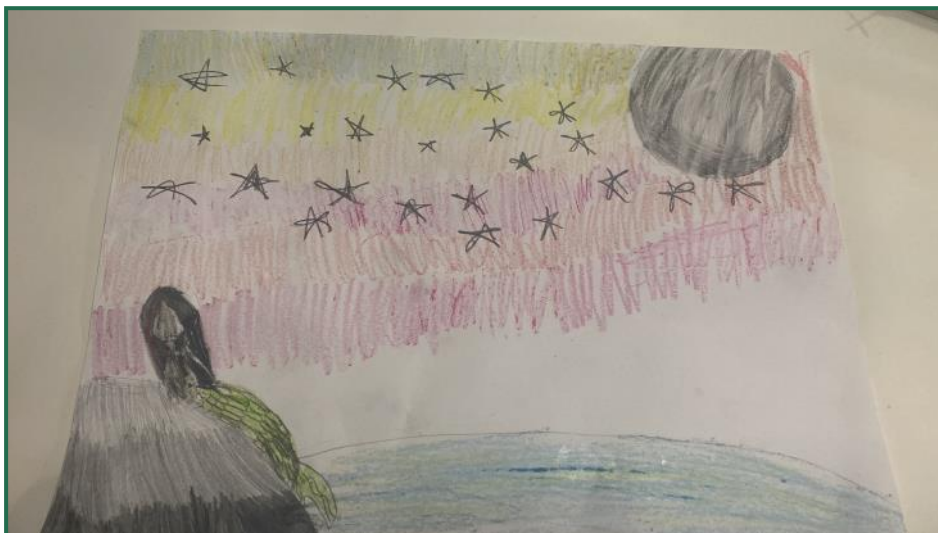
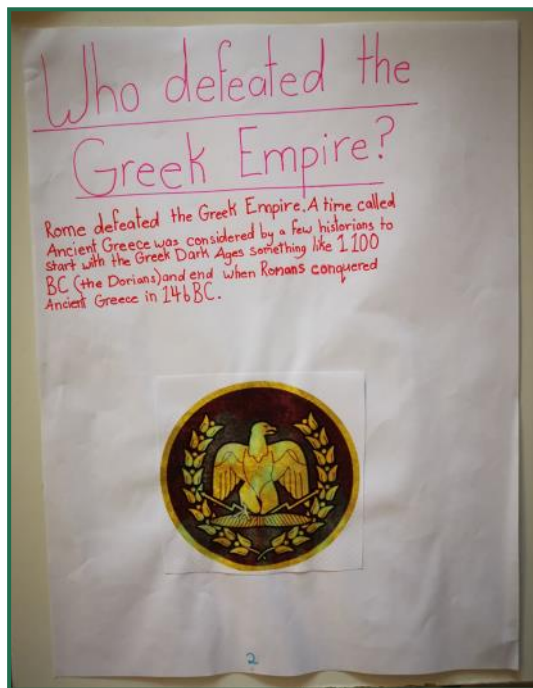
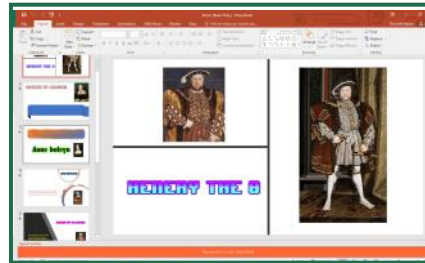
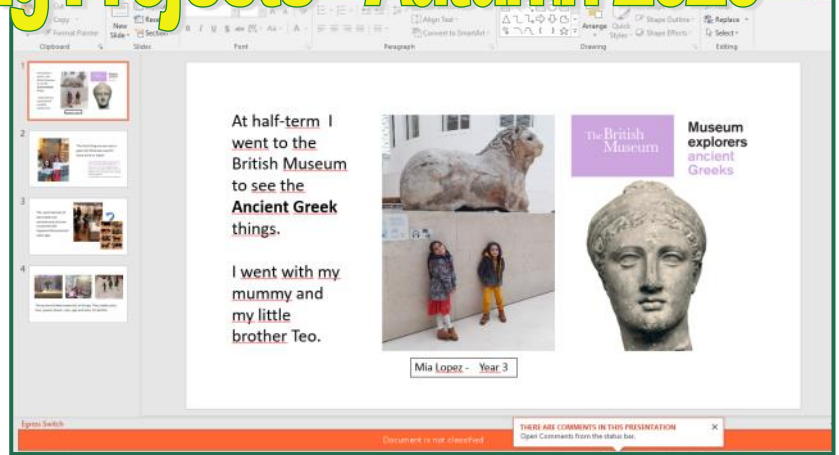
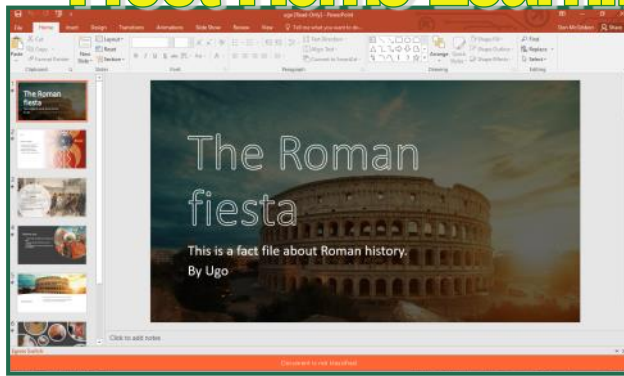
# Fleet Home Learning Projects - Autumn 2020

A big thank you to those of you who supported the children from Y2-Y6 with their half term home learning projects and sending us the photos. We've enjoyed hearing from the children this week about what they did and looking at the pictures. There was artwork, computer presentations, models, elaborate baking fit for the Great British Bake-off, videos, needlework, sculptures—you name it, we saw it! Sharing happened in class as well as across school via a special sharing assembly. Over the next two pages are just a sample of the project photos that were sent in.





# Fleet Home Learning Projects - Autumn 2020



# Weekly Wellbeing Update

## New Tip...

Relationships with parents are valued hugely at Fleet and we're very much missing seeing everybody as regularly as we usually would. Therefore we'd like to look at alternative ways of communicating and helping each other; at this difficult time we'd like to know how best to support you. We'll shortly be sending out a Parent Wellbeing Questionnaire. Please take the time to complete and return it so that we can tailor our support to help as much as possible.

## Wellbeing Tip of the Week!

An initiative brought to you by Camden Learning's Health and Wellbeing Team—a new one each week!

### Wellbeing Tip of the Week – Pause and Breathe

When you notice you are feeling stressed, overwhelmed or worried, take a moment to pause and breathe. Deep breathing calms our nervous system and increases oxygen flow to the brain. This helps us to think more clearly and enables us to problem-solve. Next time you are stressed, try breathing in through the nose, holding it for 5 seconds and breathing out through the mouth for 7 seconds. Repeat this at least 5 times and see if that helps you to feel a bit calmer.

## Parent Workshops—open to everybody

**Weds 18th Nov, 12.30-13.30**

### 'Helping your child build resilience and positive mental health'

- Understand the terms “mental health,” “wellbeing” and “resilience”
- The impact of Covid-19 and lockdown and the signs of poor mental health
- Strategies and activities to boost your child's mental health and emotional resilience

### Join Zoom Meeting

<https://us02web.zoom.us/j/85064594996?pwd=Ykl0emU1OWQ0YXJxcG15YlZaTElOUT09>

**Meeting ID:** 850 6459 4996

**Passcode:** 114229

**Weds 25th Nov, 12.30-13.30**

### 'Supporting your child to cope with anxiety and stress'

- Know the signs, symptoms and causes of stress and anxiety
- How Covid-19 may have affected stress and anxiety
- Strategies and activities to help your child to cope better with stress and anxiety

### Join Zoom Meeting

<https://us02web.zoom.us/j/87969281254?pwd=cW0vblZ1RUU1aVd1cDNvU2lveUtxZz09>

**Meeting ID:** 879 6928 1254

**Passcode:** 654721

Check out these videos for parents developed to help you support your primary aged children:

1. How to Talk to you Child About Covid-19

<https://www.bbc.co.uk/bitesize/articles/zkboxwnb>

2. Encouraging Your Child to Take Care at School

<https://www.bbc.co.uk/bitesize/articles/z8g6jsg>

3. How to Deal with Anxieties

<https://www.bbc.co.uk/bitesize/articles/zj4p2v4>

4. Communicating with School

<https://www.bbc.co.uk/bitesize/articles/z7ksxbk>





# Happiness Project

## Fleet Happiness Project

### GREAT DREAM

Ten keys to happier living

GIVING



DIRECTION



RELATING



RESILIENCE



EXERCISING



EMOTIONS



AWARENESS



ACCEPTANCE



TRYING OUT



MEANING



This year we'll be running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

Autumn 1	Direction Meaning
Autumn 2	Acceptance Giving
Spring 1	Awareness Emotions
Spring 2	Resilience
Summer 1	Relating Trying Out
Summer 2	Exercising Happiness (wellbeing week)

The first theme that we'll be thinking about is 'Direction'. In assemblies we've been discussing inspirational people who have worked towards their goals, and the children will be setting their own goals and thinking about steps that they can take to achieve them.

### Direction

Have goals to look forward to



Set a goal and take the first step to make it happen

# Fleet Facts!

- Learn your number facts
- Pass the tests
- Reach the top!



Fleet Facts is our whole-school programme aimed at improving the children's knowledge of key number facts.

Children work their way through the different stages, securing important addition, subtraction, multiplication and division facts—essential for enabling them to access the wider maths curriculum.

In the front of your child's home learning journal is a tracker, which shows the objective your child is currently working on e.g. 'doubles of numbers within 20' or '3 x table'. When children pass a test, their name will appear below.

**Well done to these children who have passed their Fleet Facts test this week!**

**Year 2:** Yacub, Mickey, Marcel, Mason, Shajai, Ursula, Noah, Mia, Lorik, Jake Sidoli, Arafat, Fatma, Amreen, Maxence, Samaarah, Okpe, Layan

**Year 3:** Yonis, Arin, Tabby, Rayan K, Mia, Tara, Evangeline

**Year 4:** Hamzah, Suraiya, Asma, Ben, Isabella, Ugo, Kai, Eva, Hiba, Zain, Sara, Aman, Lexi, Aadam, Tawfiq

**Year 5:** Youssef, Peter, Rosa, Maureen, Faith, Isaac, Maya, Isabelle, Gaby, Erina, Freddy, Zainab, Nathan, Nida, Tamanna, Gloria, Sami, Abubakar, Francesca, Lilly

**Year 6:** Ruphy, Armaan, Charlotte, Gaith, Yans, Frankie, Lucia, Zana, Anas, Arifa, Annie, Emaline, Mayeda, Yahya, Erion, Nommi, Ubayd, Ayesha, Vesa, Luke, Eartha



# Raise FREE donations for

**FLEET PRIMARY SCHOOL**

every time you **shop online**

Find us on **easyfundraising.org.uk**

<http://www.easyfundraising.org.uk/causes/fleetps>

**4,300** online sites will give us a free donation  
when you shop with them - at no extra cost to you!



**Download the easyfundraising App**



£ Over £32 million raised

★ Trustpilot ★★★★★

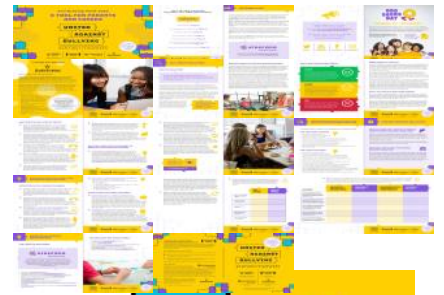
👤 1.8 million users



# Antibullying Week - 16th-22nd November 2020

Next week is Anti-bullying week. We will be doing activities across the school around this topic and carrying out surveys with the children. Monday is 'Odd-socks' day—see the flyer below. We would like all the children to come in with odd socks. If you want to bring in a donation as described to the Anti-bullying alliance you can, but it is entirely optional—you can wear odd socks and help celebrate the message that 'The Kids Are United' with or without the donation.

You should have received a Leaflet (pages shown to the right) via Parent Hub/Text yesterday. This tool is designed to support parents and carers talking about the issue of bullying with your children and has some useful activities too. Please check your messages if you did not see it.



Dear Parents/Carers,



## WOOHOO... MONDAY 16<sup>TH</sup> NOVEMBER IS ODD SOCKS DAY!



### WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 16th November. Last year over 13,000 schools took part in Odd Socks Day. Andy day (Cbeebies/cbbc) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, **The Kids Are United!**

### WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.

## WHAT DO WE NEED FROM YOU?

It's so easy 😊  
Here's what you do:

- 1.** Make sure your child wears odd socks to school
- 2.** Donate £1 to help the Anti-Bullying Alliance carry on important work
- 3.** If you want to, you can share a photo online using #oddsocksday #antibullyingweek and tag @andyoddsocks and @abaonline



### THANK YOU, THANK YOU, THANK YOU!

Every penny goes to the Anti-Bullying Alliance to help continue all their work. We can't wait to see all the Odd Socks on Monday 16th November ...

If you have any questions please ask:



ORGANISER



#ANTIBULLYINGWEEK



PARTNER

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# From National Online Safety

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



What parents & carers need to know about...

## XBOX SERIES X|S

The Xbox Series X and Series S are the next-generation video game consoles from Microsoft. They offer improved graphics, sounds and much quicker loading times. Parents should note that the two versions available are quite different.



### Safely Setting up Your Xbox Series X / S

#### Xbox Series X

Xbox Series X is a larger device, with a disc drive, twice as much storage and higher performance chips. It can play the new Xbox games at the highest resolution and with the best visuals. It enables you to run games from disc or digitally.



#### Apply Family Settings

Both Xbox models offer important family controls that should be set-up before your family starts using the system. Although this can take a little time, it ensures that children have their own accounts and sets limits on spending, interactions and age ratings. If done correctly, children cannot circumvent these controls that require the parent's password to alter.

#### Managing Spending

You can set a limit on spending via the family settings. This means that any additional purchase requires your password. Another alternative is not to put credit card details into your account and instead add credit as they need it using the book-token-like cards in-store or online.

#### Setting Limits on Play-Time

You can specify the time of day and how long the console can be used to play without needing a password. Talk to your children and agree how long is appropriate, then set this together so it's something they understand and accept. On the Xbox Series X|S you can also limit time on a particular game, which is a good way to encourage children to play a wide range of experiences.

#### Game Subscriptions

In addition to buying individual games digitally or in-store, you can also subscribe to services that offer access to 100's of games for a monthly fee. Xbox Game Pass is often bundled with the Xbox Gold subscription you need for playing online. Most of the bigger Xbox games are provided as part of the service, as well as a wide range of independent games that often offer educational and wellbeing based experiences.

#### Xbox Series S

Xbox Series S is a smaller, disc-less version of the console which plays all the new games but with reduced visuals or possibly frame-rates. Because it doesn't support discs you can't play old games from discs and must purchase new games digitally. It also has smaller storage, offering 500GB which is about half that of the Xbox Series X.



#### Setting Age-Ratings

You can set a limit that stops any older rated games being played without a password being entered. This is not only a good way to ensure children are playing appropriate content but is a good chance to talk about the games they are playing.



#### Managing Online Interactions

Another important area of the Family Settings is specifying how and who your child can interact with online. Modern consoles enable players to share text, voice, images and video with each other. You can set whether they can do this, and also apply a password before they can add new friends.



#### Creating Guest Account Password

An important step on the Xbox Series X|S set-up is specifying a passcode for your own account and a password to access the Guest account. This ensures that all users need to access the system with their own account and related limits and settings.



### Types of Accounts

#### Set-Up Parent Accounts

Setting up a parents account is important so you can manage the console for your family. After downloading the Xbox app to aid set-up, connect to the internet and while the console updates, use the app to start specifying settings. Once updated, create a parent user account with an email address you regularly check and password specified.



#### Set-Up Child Accounts

Setting up child accounts are important to be able to limit play-time, spending and apply age ratings automatically. Separate accounts for each child user can be set-up. It's a good idea to specify a password for the guest account so children cannot access this also. You can also download the Xbox Family Settings app to help you adjust these settings in the future without having to access the console directly.

#### Meet our expert

Freelance family technology expert for the BBC. Andy runs the Family Gamer TV YouTube channel and contributes to a range of national media on the topic of video-games and family.



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# In school this week...



# Year 5

The children spent a morning recently working on this problem - *Place the numbers 1-10 in a pyramid so that each number is the difference of the 2 below it!* Can you solve it?! Y5 did through excellent perseverance and reasoning—you could almost hear their brains whirring as they were concentrating with such great focus.



Also this week, the children have been drawing self-portraits. Earlier in the week they were focussing on creating realistic eyes - look at the amazing detail!



The children tested their lunar rovers this week over a 'lunar surface'. They stood up to the rigorous testing and proved to be very sturdy. Top marks!



We may not be able to travel to the CLC at the moment for our day long computing workshops but that didn't stop Gillian from there providing her expertise and skill to Year 5 this week. On Monday she arrived loaded down with Lego Mindstorms Robots and iPads for the children to have a day of programming robotics. The children loved it—they proved themselves to be very able computer engineers, writing and inputting code and using different sensors to make their

ming robotics. The children loved it—they proved themselves to be very able computer engineers, writing and inputting code and using different sensors to make their





Reception enjoyed reading Super Bat this week. They made their own bats and gave them a super power. On Friday they braved the wet and had a fantastic Forest School Session.

## Reception



## Junior Playground Mural Project #Words for the World!



In September the whole school worked on a project based around the Oliver Jeffers book 'Here We Are'. We shared, through twitter and the newsletter, a number of examples of the writing and artwork that was inspired by this

project. The project was developed by CLPE (Centre for Literacy in Primary Education) and was aimed at supporting children transitioning back into school after lockdown. Many school across the country followed this two week unit. One of the final activities they did was to design posters with messages and themes from the story that they wanted to promote. We decided to turn these posters into a new mural for the Junior Playground when we replace the climbing wall—the current mural has been there for many years and the wood has started to rot. Two designs have been chosen from each class and over the next few weeks children are transferring the designs onto the new boards. The design above shows what the mural should look like when it is finished. This week some of the classes started to paint their boards—we think they are going to look amazing!

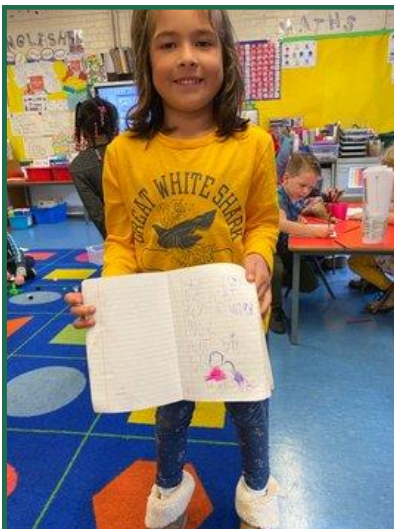




The children have been learning about 2D shapes. They extended their learning by looking at our school mosaic in order to think about ideas for the new whole-school Mosaic project we're doing with the London School of Mosaic.



Very impressive knowledge and teamwork on display during 'Tricky Word Friday' in Y1 during a game of Roll and Read.



# Year 1



Two very proud writers with some wonderful adjectives they'd used to describe London landmarks from their new story, 'Katie in London'.





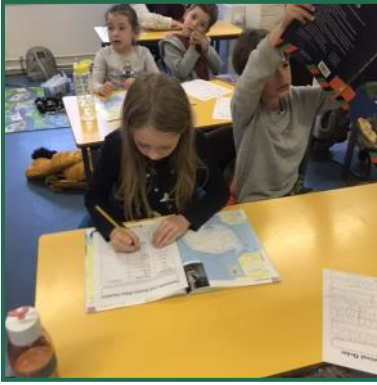
Year 6 have been learning about the circulatory system - they made their own physical system so they could understand the process better - effective learning in action (fun too!). Well done year 6



The children designed their own Mayan style hieroglyphics and then created them using clay. They learned how to score and slurry, and how to coil to attach additional parts to their tile slab. Next they will evaluate their designs and see if they would like to change anything to improve.

# Year 6





This week, among the many exciting activities Year 2 have been doing they have been developing their map reading skills using atlases and had the chance to meet a very special friend of Fleet—Max, the Fleet snake!



Year

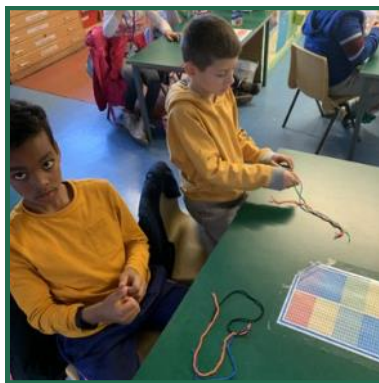


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Y3 were lucky and had a workshop on the Holy Trinity from Gospel Oak Methodist church. Thanks Reverend Esther! They designed their own Trinity symbols and made Trinity bracelets which they enjoyed sharing with Rev. Esther



# Year 3

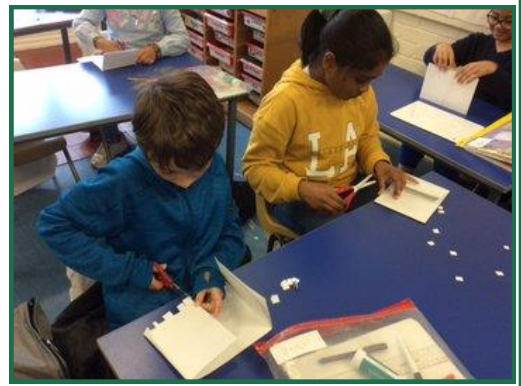


Diwali preparations in Nursery this week. They were making lots of Rangoli patterns to bring good luck! There is also a new member of Nursery— The Message Monster has come to stay with them and has hidden lots of secret messages for them to find! The children are making lots of secret messages too to leave around for it to find!



# Nursery





Year 4 have started to make the books where they'll publish their reports on Henry VIII.

#### Anne of Cleves

Anne of Cleves was born in Germany 1515. Henry saw a portrait of her made by Hans Holbein and thought she was very beautiful. When Henry met her he was shocked! This was not the person he was looking for! Anne married Henry in 1540 and divorced afterwards. She was married for 6 months! She was known as Henry's Sister. She died in 1557. She was Henry's fourth wife.

By Asma

#### Catherine of Aragon

Catherine of Aragon was born in 1485 in Spain. She married Henry in 1509. She had a daughter, not a boy. They were married for 24 years. The daughter became Queen. Sadly they had no sons. Henry divorced Catherine in 1533 and she died three years later in 1536.

By Adil



# Year 4



In DT, Year 4 have started to make frames for their Tudor portraits using cardboard, string and papier mache. They're looking good so far!





**PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON  
THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU**



## Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap “Add a School ” in the app and enter the handle below...

**@FleetPrimary**

The Parent Hub app is FREE to download and use.



### What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

### Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter the school handle (above).

Visit [www.parenthub.co.uk](http://www.parenthub.co.uk) to find out more



# Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) – includes information in different languages
- Check the rolling newsfeed at [camden.gov.uk/coronavirusnews](https://camden.gov.uk/coronavirusnews)
- Follow Twitter @CamdenCouncil
- Speak to someone at the Council directly by calling 020 7974 4444 (option 9).



**SIGN UP** to the Council's coronavirus e-newsletter for regular service updates, news and support at [camden.gov.uk/coronavirus-updates](https://camden.gov.uk/coronavirus-updates)



We're now a week into our second lockdown – thank you for doing your bit to stop the further spread of coronavirus. Each of us has an important part to play in keeping ourselves and our communities safe, and we can do that by following lockdown restrictions. If you develop coronavirus symptoms, please self-isolate and get tested. There are plenty of testing kits available at [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or by calling 119 – organising a test only takes a few minutes. If you need any support at all, including with self-isolation, or if you are struggling in any way we are here to help. I know lockdown isn't easy, so please do get in touch if you have any concerns.

You may have seen the news that a vaccine may be on its way. I know this will have many of us feeling hopeful, and it's undoubtedly an important step in the battle against COVID-19 but it's still very early days. With cases high across the UK, it's vital we continue to follow public health advice and take precautions to keep ourselves and our communities safe. As usual, you can find this below.

**Councillor Georgia Gould, Leader of Camden Council**

## CORONAVIRUS CASES ARE HIGH ACROSS LONDON



### LOCKDOWN RESTRICTIONS



Stay at home unless you're leaving the house for a permitted reason



Visiting vulnerable people? Take extra precautions



You must work from home if you can



Only socialise outdoors with your household, bubble or 1 person from another household



Only socialise indoors with your household or bubble



Avoid travelling in or out of your local area

## FOLLOW PUBLIC HEALTH ADVICE



Wear a face covering in indoor public spaces, unless you're exempt



Wash your hands regularly



Keep 2 metres apart from people you don't live with

## Got coronavirus symptoms? Self-isolate and get tested

To get a coronavirus test, go to [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or call 119. You'll be given the option to book a test centre appointment or request an at-home test kit. There are plenty of both available. There's also an outdoor test site at 51 Greenwood Place, Kentish Town, NW5 1LB (access from Highgate Road – please note that the test site is near, but not at, the Greenwood Centre). Please don't just turn up though – you need to book an appointment.

## Libraries update

Camden libraries are pleased to confirm that a number of services will remain open during lockdown, including computer access, printing, scanning and photocopying. Computers are available on a first come, first served basis with sessions limited to 1 hour per day. These services will be available in all libraries except for Swiss Cottage and Highgate. These two libraries will be offering a 'request and read' service with collections available from the foyer. To order, visit [camden.gov.uk/request-and-read](https://camden.gov.uk/request-and-read) or call 020 7974 6987. Residents can also continue to visit Camden's digital library for a range of free online books, magazines and resources. For more information visit [camden.gov.uk/libraries](https://camden.gov.uk/libraries)



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## Ongoing support for adults

Camden Council is continuing to help adults who need ongoing care and support to manage their physical and mental health, and those who need short-term help due to COVID-19. If you, or someone you know, needs support please contact [adultsocialcare@camden.gov.uk](mailto:adultsocialcare@camden.gov.uk) or call 020 7974 4000 (option 1).

## Advice for residents at high risk from COVID-19



If you have a specific health condition that means you're at high risk from coronavirus (clinically extremely vulnerable), please follow the latest guidance to keep yourself safe, which includes:

- Register for the Government's new shielding support service at [gov.uk/coronavirus-shielding-support](https://gov.uk/coronavirus-shielding-support)
- Stay at home as much as possible.
- Do not travel to work, school, or the shops.

Find out more at [gov.uk/coronavirus](https://gov.uk/coronavirus) or call the Council for support on 020 7974 4444 (option 9).

## Celebrating Diwali safely



Saturday 14 November is Diwali – the festival of lights. Please celebrate the festival safely to prevent yourself or your loved ones catching the virus:

- Only celebrate at home with people you live with or those in your support or childcare bubble.
- Places of worship are allowed to be open for private prayer, so if you go to your local temple, please follow the latest public health advice.
- Alternatively, stream Diwali prayers so that you can pray at home with your loved ones.
- Please think twice about celebrating Diwali with fireworks – you risk injuring yourself and others.

## Changes to Camden's streets: Share your thoughts



COVID-19 has changed how communities in Camden live, travel and work. Spending more time closer to home means quieter and safer neighbourhoods are more important than ever. Camden Council is making changes to streets and would like to hear how you think it's going. Visit [camden.gov.uk/safetravelmap](https://camden.gov.uk/safetravelmap) or call 020 7974 4444 for a paper form.

[camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus)  
020 7974 4444 (option 9)

