

Friday 12th March 2021

Message from the head:

Welcome back everyone! It has been so wonderful to have all the children back this week. School feels like school again with the buzz of excitement and constant chatter of voices around the place.

All the staff have had a real lift in our spirits seeing them and we've been really impressed with the attitude and enthusiasm shown by all. Thank you for your trust in us and the measures we are taking to keep everyone safe and still be able to provide the face to face lessons and the social interaction the children need and crave.

I'd also like to say thank you to you all for the swiftness of your picking up and dropping off and following all the rules, no matter how inconvenient, to keep our bubbles as separate as they can be. We're still not sure when we will receive guidance about if these rules can be relaxed but we hope by the second half of the summer term we might be able to get closer to a more 'normal' running of school which will allow us to reintroduce things such as in person assemblies and clubs. Watch this space!

As you can see from the following pages the children have jumped straight back into their lessons and have already been impressing with what they learnt during lockdown and the new skills and knowledge being covered so far this week.

Please see the section on the bottom of this page with reminders about the online learning resources we have for the children, we ask for your support in ensuring these continue to be used at home.

I hope you all have a restful weekend—I think you may have some very tired, but happy children! See you all on Monday.

Parent Video Conferences—Monday 19th April

As was mentioned in last week's communications we are holding our next set of parent conferences via video call (Zoom). These will be held on our INSET day on the 20th April.

Next week, on Monday and Tuesday, at pick up and drop off, staff will ask you to sign up to a time slot. Once we have everyone signed up we will then send you confirmation of your time slot. We will send the joining details (Zoom link) closer to the day. Any parents who do not drop off or pick up, don't worry, we will phone you to ensure you get signed up too. It is really important that you attend this meeting so once you have your slot please ensure you make a note in your diary and join the meeting promptly to avoid others having to wait. If you have any problems with joining the meeting this way please let us know and we will do all we can to support you.

Spring Engineering Challenge

In normal times we have a close relationship with University College School which often involves taking our students to the school for opportunities to use their science labs and other resources we don't usually have access to. They have contacted us with details of an engineering challenge that they are running in the run up to Science Week this year that is open to our children to enter. Details are below—it would be great if some Fleet children were to enter!

Deadline: 15th March at 4pm. Winners announced mid-March.
Challenge—KS1 & KS2—Can you make a balloon powered vehicle?

Build a vehicle powered by air.

Using a balloon, create a moving vehicle powered by nothing more than the air within the blown up balloon. You can use any other equipment you have at home. Submit a video (max 2 minutes) or picture of your successful design. Two prizes will be awarded. One for the most creative design and one for the furthest distance travelled. Submit entries to stem@ucs.org.uk with the subject 'Challenge 1' by 15th March. Please include your name, age and school within the submission.

Mr M^cGibbon's assembly last week was about this competition and demonstrates the sort of thing you could do. Click the link to watch it: <https://vimeo.com/516762406>

Nursery Applications for September

We are taking Nursery applications for children born between 1st September 2017 and 31st August 2018 to start Nursery in September 2021. If you or someone you know would like to apply for a Nursery place, please follow the link and complete and return the form to us as soon as possible <https://www.fleet.camden.sch.uk/MainFolder/3-Parents/Nursery-Application-Form-Feb-14.pdf>. Alternatively, call the office to arrange to come in and complete a form.

Online learning resources and homework

While remote learning was difficult for everyone there are some real positives that came out of it. The development of children's resilience and independence, especially the older children, being one. Utilising different real world technologies, such as video conferencing and learning platforms being others. Now children are back, many of you will be, like us, focussed on supporting the children to continue to progress in their learning and fill in any gaps that may have developed through lack of face to face teaching. We have known for a long time that the key to success is rooted in the basics—times tables, number bonds, reading etc. Regular practice supports fluency which helps with the more complex aspects of their learning. Many of the online resources we used during lockdown are as equally important to support these skills when school is back and we would encourage you to support the children in using these from home. Below is a reminder of the links to the different resources we have subscriptions to. Your child has an individual login—if they /you have forgotten it and can't find via ParentHub or other school communications please contact the office for support:

Mathletics: login.mathletics.com or download app for mobile (icon shown right top)

Times Table Rockstars: <https://play.ttrockstars.com/auth/school> or download app for mobile (icon shown right middle)

Bug Club Reading Resource: <https://www.activelearnprimary.co.uk/login?c=0>

The sign in details for the three resources above are the same (for Bug Club you will also need the school code which is **tpgk**)

Seesaw: <https://app.seesaw.me/#/login> or download app for mobile (icon shown right bottom)

Busy things: <https://www.busythings.co.uk/lglf-login/>



Fleet Happiness Project

GREAT DREAM

Ten keys to happier living

GIVING



DIRECTION



RELATING



RESILIENCE



EXERCISING



EMOTIONS



AWARENESS



ACCEPTANCE



TRYING OUT



MEANING



This year we're running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

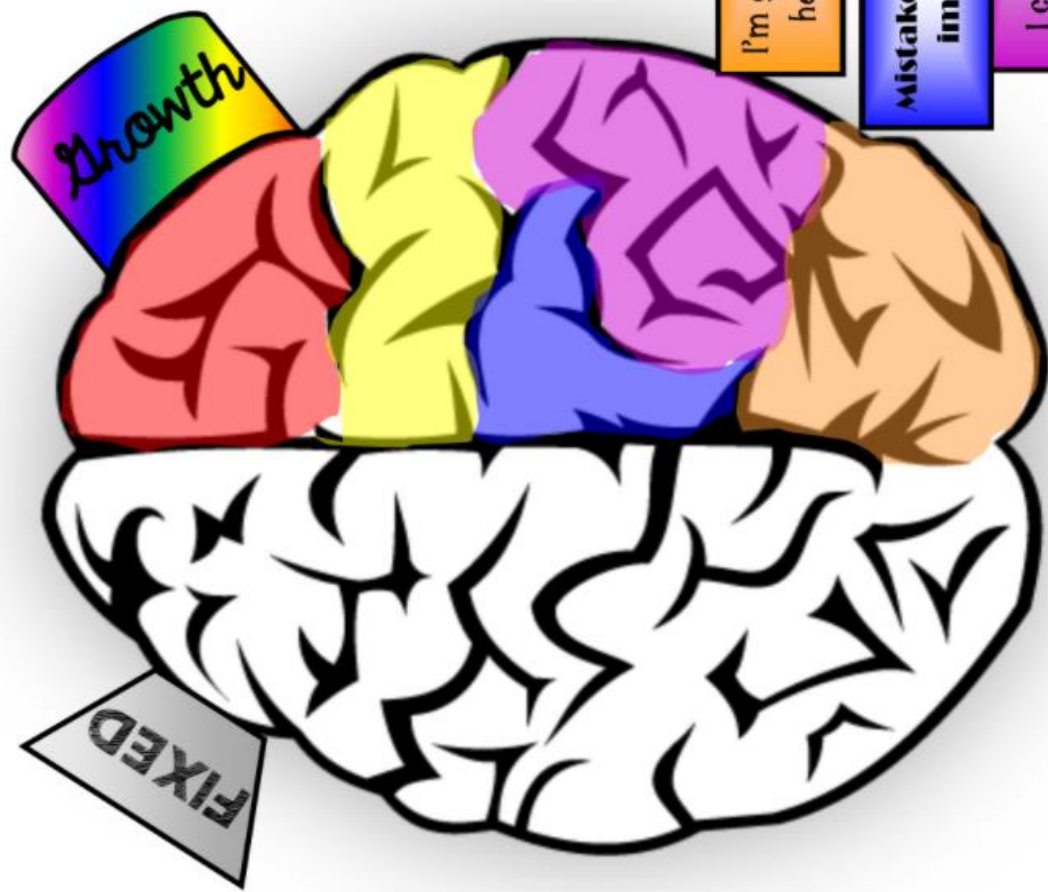
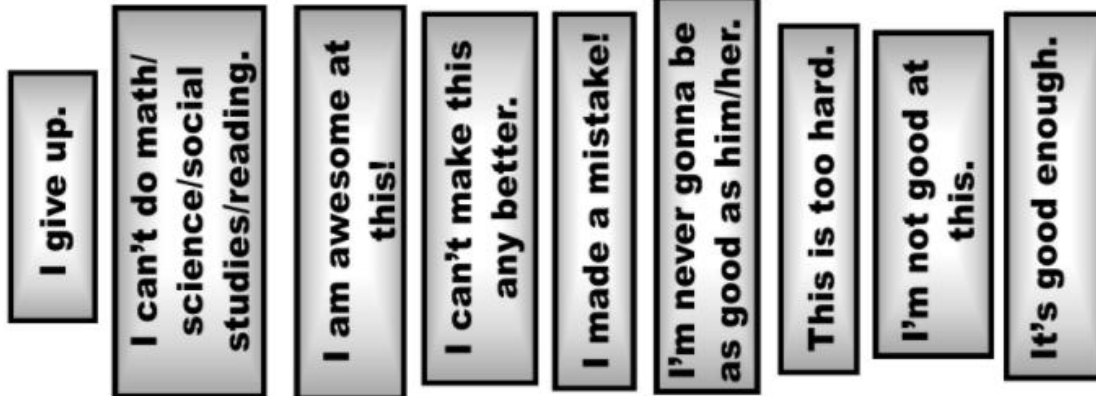
Last half term we focussed on **Awareness and **Emotions**, now we're turning our attention to **Resilience**!**

Resilience is crucial to help us learn as well as to help us achieve happiness. We'll be doing lots of learning around improving our resilience and growth mindset. Look out for top tips to help support your child.

Look out for the activities in your Home Learning and remember to share what you've been doing by sending in photos for the attention of Miss Wall at admin@fleet.camden.sch.uk.

Find ways to bounce back
www.actionforhappiness.org

Change your words Change your *Mindset*





Dental Health Advice for Parents/Carers & Easter Holiday Dental workshops for Children

Venue: Join online Zoom

Camden Learning is inviting you to schedule meetings.

Tuesday 16th March 2021 at 10:30 to 11:30

Parents/Carers of Babies and Toddlers 10:30 to 11:30

<https://us02web.zoom.us/j/82868177195?pwd=eWJ3Wmt6dUR0cERyYk1BOWhPM0JIZz09>

Meeting ID: 828 6817 7195

Passcode: 422955

Friday 9th April 2021 at 10:30-11:00

Children's Easter Dental Workshop Sessions 3yrs to 6 years

<https://us02web.zoom.us/j/81370856020?pwd=RjRpNE1DRnZNYIYyUVRZSmpia1NsUT09>

Meeting ID: 813 7085 6020

Passcode: 412105

Monday 12th April 2021 at 10:30-11:15

Children's Easter Dental Workshop Sessions 7yrs old & over

<https://us02web.zoom.us/j/84918439763?pwd=Qms1bElrTIRvNjI1UjZjRGttQ3BUQT09>

Meeting ID: 849 1843 9763

Passcode: 456704

19th April 2021 13:00-14:00

Dental advice for Parents/Carers of SEND Children

<https://us02web.zoom.us/j/87131472910?pwd=b0dlcnhLOW1xZCtHQ1FxaHNRK0lodz09>

Meeting ID: 871 3147 2910

Passcode: 046508

26th April 2021 10:00-11:00

Dental Health Advice - Parents/ Carers

<https://us02web.zoom.us/j/82051364952?pwd=dGLOSUwrU0hoZXU1Y2s5Lysvb0dsdz09>

Meeting ID: 820 5136 4952

Passcode: 280062



Note: For further information: Please contact Nicola Ramnarine on: nicola.ramnarine@nhs.net Tel: 07920236977



Back to school

Updated: March 2021



From 8 March, schools and nurseries will safely reopen and we're really looking forward to welcoming back all our children. However, we know that some people have concerns about what this might mean.

Schools have been carefully following local and national public health advice to prepare for the return of all children and to ensure each school is safe. This includes regular rapid testing of school staff and secondary and special school pupils to identify those who may have COVID-19 but no symptoms.

Children don't spread coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.



Stay safe

We all need to work together to make sure we keep our schools safe, so please remember to:

- Keep washing your hands
- Socially distance and wear face coverings where possible, especially at the school entrance during dropping off and picking up times (your school will let you know what plans are in place)
- Stay at home if you or your child (or someone you live with) have symptoms and get tested
 - Tests can be booked online at: nhs.uk/coronavirus or by calling **119**
 - You can also find information and advice about testing, as well as test and trace at nhs.uk/coronavirus

We know that about one in three people with COVID-19 don't have any symptoms, but can still pass the virus on.

The Council is offering free rapid COVID tests for anyone who has to leave home to go to work and has no symptoms. Tests can be booked online at: camden.gov.uk/nhs-test-and-trace

If you are an adult (over 16) member of a household, childcare bubble or support bubble of staff or a pupil you can get a twice-weekly test if you are **asymptomatic**. These will be available:

- at one of the seven community test sites in Camden. Book online: camden.gov.uk/rapidtest or call **020 7974 4444 (option 9)**
- by booking a home test-kit for pick-up from the NHS test centres open at Kingsgate and Ramsay Hall, in Camden, from 1.30pm to 7.30pm every day.

Anyone with a positive result should start to self-isolate straight away along with everyone in their household.

Keep healthy

Children should walk, cycle or scoot to school if they can, rather than taking public transport. Children aged 11 and over who take public transport should wear a face covering.

Vaccinations protect you and your family from many other infectious diseases. Speak to your GP to make sure all your child's vaccinations are up-to-date.

If you are eligible, please accept the offer of the COVID-19 vaccine when you are contacted.

Help and support is available

You can contact your school with any questions. You can also organise a private meeting with your School Nurse who can speak to you about any concerns you may have about coronavirus. For example, if you are worried about older relatives who live with you.

For School Nurses, please email camdenschoolnurses@nhs.net or call **020 3317 2304**.

If you're worried about self-isolating for whatever reason, get in touch with Camden Council who can help you – **020 7974 4444 (option 9)** or visit camden.gov.uk/support-for-individuals

Translated material will be available from your school.

COVID SYMPTOMS? GET TESTED NOW.

nhs.uk/coronavirus OR CALL 119

Become a COVID-19 Health Champion

Help to share the latest advice and guidance about COVID-19 with your family, friends and other community members in Camden or Islington.

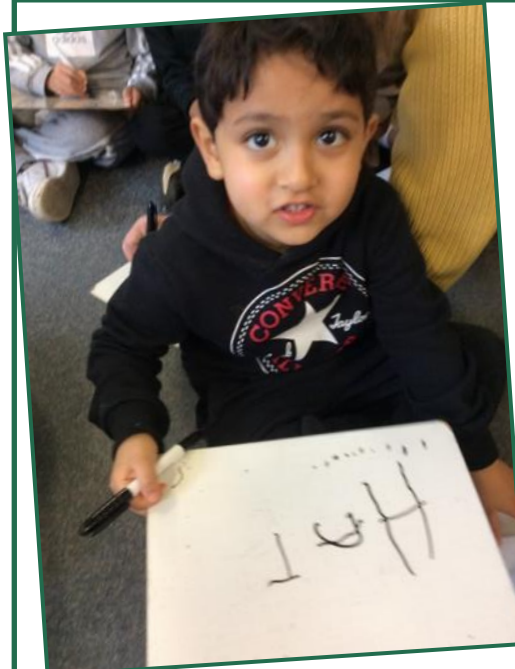
To sign-up, [complete this form](#)

If you've got questions, email us at CHC@islington.gov.uk

This week in Nursery...



The nursery children (and staff) have been loving being back together this week. They have certainly been using up lots of energy and we were mostly lucky with the weather to be able to get outside and play. They've been enjoying thinking about Spring and doing some fantastic daffodil painting too! Welcome back Nursery!



Reception have had such a fun week being back with their friends.

Showing off their writing, painting and counting skills. What a positive bunch they have been—welcome back Reception!

This week in Reception...



This week

in Year 1

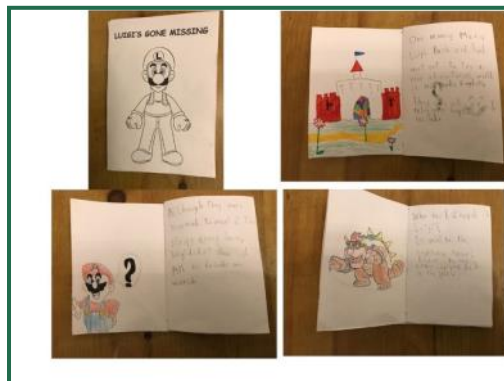
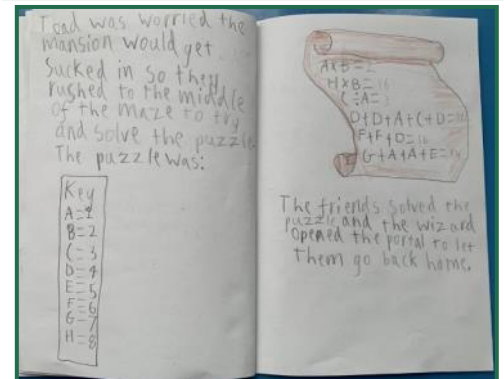


So good to welcome Year 1 back this week—what an enthusiastic class. Such amazing teamwork, sharing and work on display already—and it's the first week back. So good to see you all Year 1!

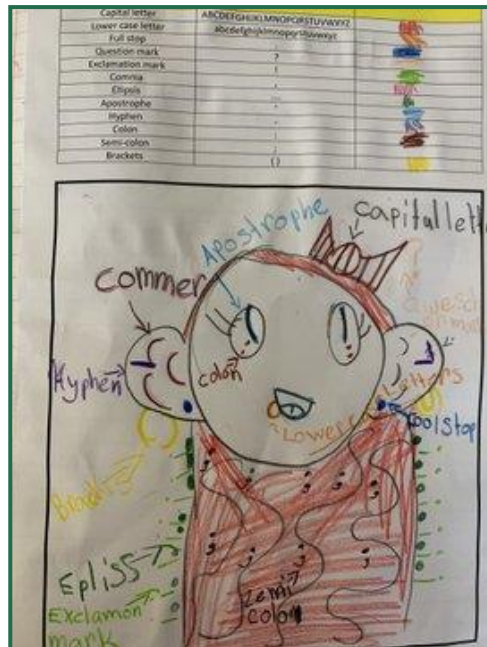
Year 2 have been busy since coming back on Monday! Lots of writing and thinking about their topic and the story of the Lorax. Including making use of our lovely forest school area at the front of the school. Well done Year 2—great to have you back!

This week in Year 2...

Dear Lorax,
I am writing to tell you why everyone needs a thneen.
Firstly, A thneed is fluffier than a Kiten and it's much more colourful than a rainbow.
Secondly, we don't need trees because theres much more in the world.

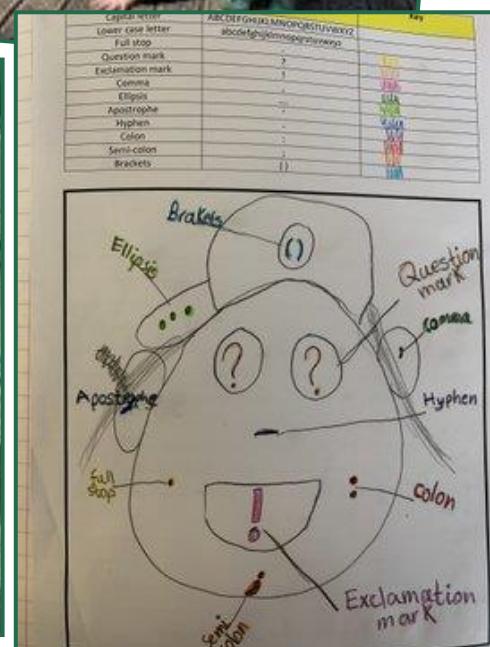
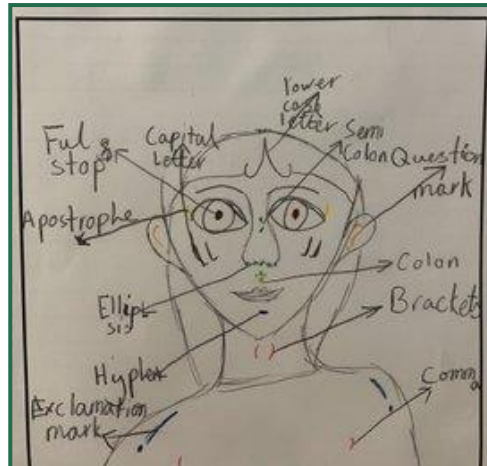


Once upon a time, there lived a huge elephant in a jungle because he was so much bigger than the other animals he always troubles them. In the same jungle there lived a family of ants. They were a hard working family. In the day they would go to gather food. One day as they were going the big mean elephant threw water on them.



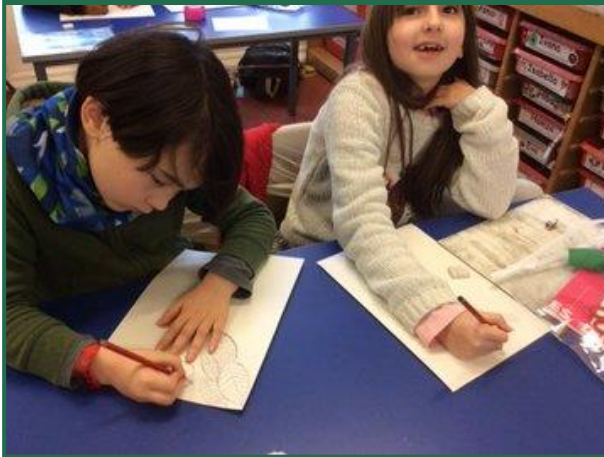
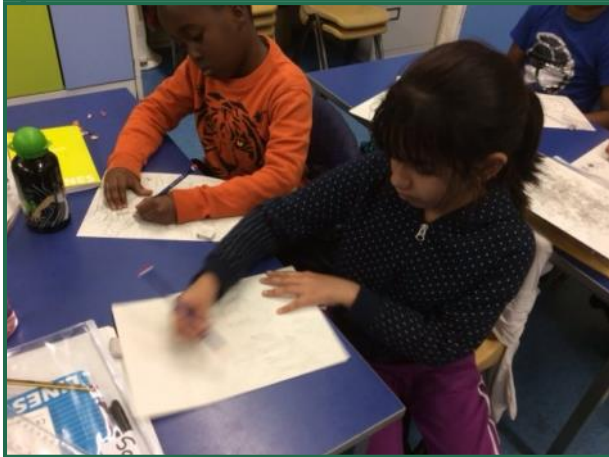
Year 3 are back with a bang! Some fantastic work in English this week from punctuation pictures to some fabulous freeze frame drama work in the playground—what a great class!

This week in Year 3...





A strong start to being back from our amazing year 4 class. They've been investigating conductors and insulators in science, working on Frida Khalo inspired portraits as well as making a tuneful return to their face to face brass lessons with Rod. So good to see them all back. Well done Year 4!



**This week
in Year 4...**



Y4 Brass Practice:
<https://www.rod-n-tom.com/fleet>





Y5 Brass Practice:
<https://www.rod-n-tom.com/fleet>

This week in Year 5...



The trip to India by Peter and Abu
<https://vimeo.com/522312009>

Year 5 have jumped straight back in this week with Ms Sale—they've had a dance workshop, lotus flower art as well as making a great start on their computing film project showcasing their learning on India—see the links to the left with the beginning of their films. Well done Year 5

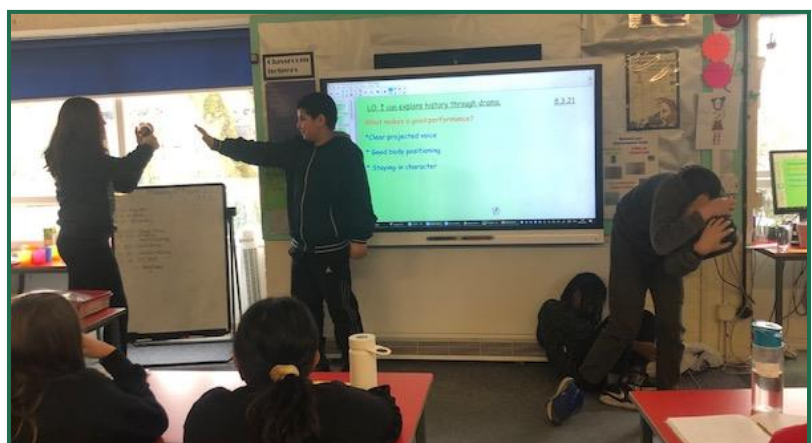
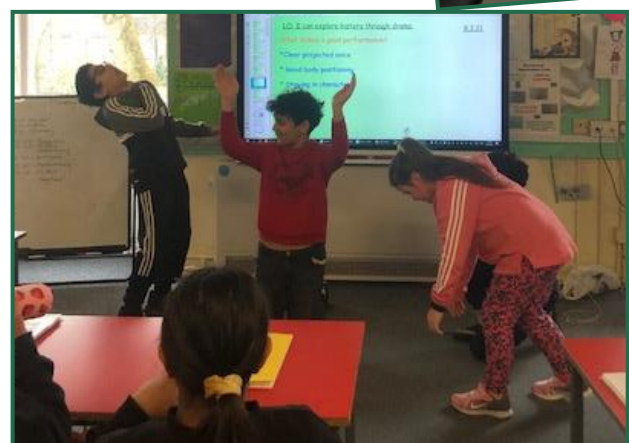
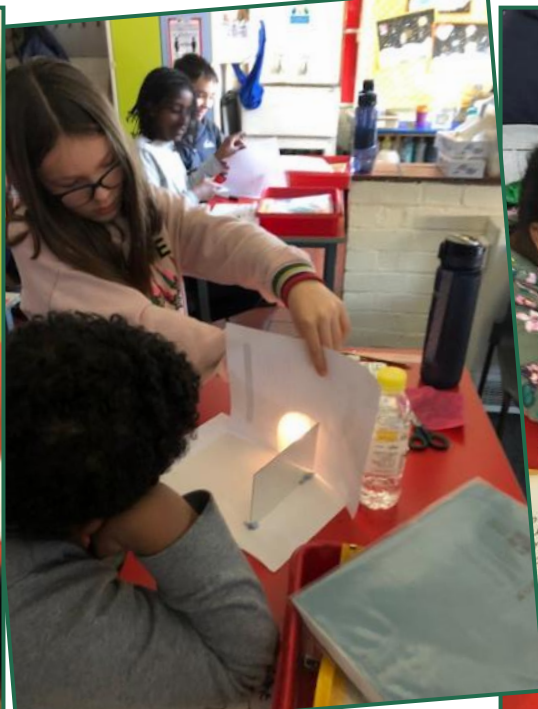


India by Mason
<https://vimeo.com/522299943>

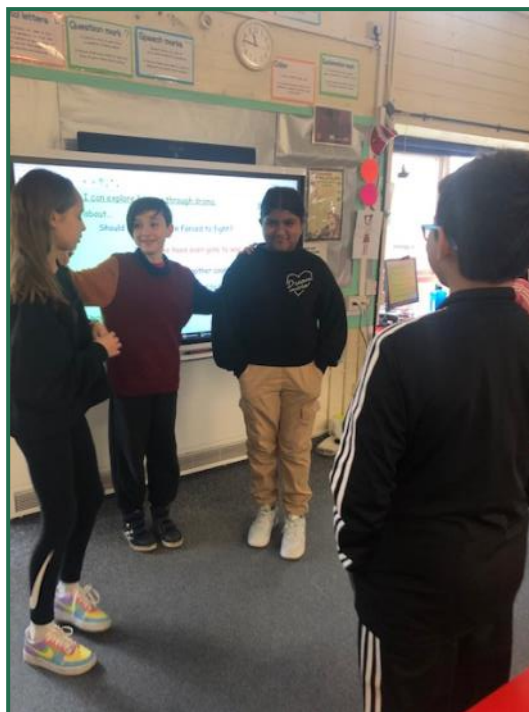


Adventure to India by Penny and Zainab
<https://vimeo.com/522312075>





This week in Year 6...

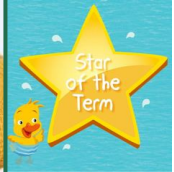
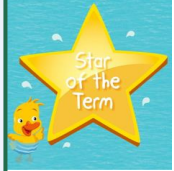


It was so good to see our year 6 class return on Monday—the first class back in KS2 with their 8.45am start! They have had a great week—super keen and enthusiastic. They've been learning about the properties of light in science as well as doing some great debating and drama skills linked to their World War 2 topic. A great start back—well done year 6!

Stars of the week!



Well done to these children who have been chosen by their class teachers to be the 'Star of the Week' - these are testing times, everyone adjusting to home learning again. We want to keep things as normal as we can so this term will continue with recognising our stars of the week even while we are in lock-down. Lisa will send your certificate via the post. Look out for it arriving! Well done to all these children, and to all the rest who might not have been picked this week but could have been.



Reception—Shay

You're our star of the week for having such a brilliant start back to school. It has been really lovely seeing you play and engage with your peers in such a warm and positive way.

Year 1—Humayra

For a wonderful Home Learning Project and some beautiful poetry writing. You have put in so much effort and it has really paid off, Humayra. Well done and keep being fabulous you!



Year 2—Amreen

For being so settled and focused back at school. I've been so impressed with all your hard work and confident ideas. What a superstar!

Year 3—Tyrell

For excellent effort with your writing this week! Your stamina is really improving and you are taking care to apply feedback. Well done and keep it up!

Year 4—Aadam

We've really noticed your focused and sensible attitude in class this week. We can see you're trying hard with your work. Well done and keep it up!



Year 5—Gaby

I've been so impressed with how focused and dedicated you've been to your learning this week. You've made thoughtful contributions to our class discussions and have completed some great work independently. Well done for settling back in so well, keep up the good work!

Year 6—Mohammed

For your brilliant transition back to being in the classroom. You have been focused and engaged with all your learning. You have shown a mature approach to developing your work and are making good choices in your behavior too. Keep up the excellent attitude.

Weekly Wellbeing Update

New Tip...

Relationships with parents are valued hugely at Fleet and we're very much missing seeing everybody as regularly as we usually would. Therefore we'd like to look at alternative ways of communicating and helping each other; at this difficult time we'd like to know how best to support you.

Check out these videos for parents developed to help you support your primary aged children:

1. How to Talk to you Child About Covid-19

<https://www.bbc.co.uk/bitesize/articles/zkbxwnb>

2. Encouraging Your Child to Take Care at School

<https://www.bbc.co.uk/bitesize/articles/z8g6jsg>

3. How to Deal with Anxieties

<https://www.bbc.co.uk/bitesize/articles/zj4p2v4>

4. Communicating with School

<https://www.bbc.co.uk/bitesize/articles/z7ksxbk>



Wellbeing Tip of the Week!

An initiative brought to you by Camden Learning's Health and Wellbeing Team—a new one each week!

Week 16 – Managing anxiety about returning to school

The return to school after second lockdown indicates some progress with Covid-19, and some of us may breathe a sigh of relief that the children are back at school. However, some of us might be quite anxious about the return to school. Whether we are anxious about safety, or concerned about how much has changed, or the impact this has had on our mental health (amongst other things), there are things we can do to manage some of our anxiety. Try to focus on: the positives of returning back to “normal”, the safety measures put in place to keep everyone safe in school, how resilient you might have found yourself to be, and any skills and positive experiences you have gained from this. For example, spending quality time together as a family, finding more creative ways to keep busy and stay connected, and having more reflection time to think and grow from our experiences.

Dear Parent/Carer,

The NHS mental health support team who work within your school and many others in Camden are excited to be able to offer an online webinar series for all parents and carers of primary school children in Camden.

The series will include online workshops via Zoom. The four topics covered, scheduled dates and times are:

Topic	Day and Date	Time
Parent/Carer and Child interactions	Tuesday 16 th March 2021	12-1 pm 1-1.20 pm -Q&A
Routines	Tuesday 23 rd March 2021	12-1 pm 1-1.20 pm -Q&A

Each workshop will last up to 60 minutes and have an optional follow up 20 minutes for further questions for those parents or carers that are interested. You can opt in for all five sessions, or whichever most appeals to you.

To find out more information and to register for any of the workshops (for free) please go to the 'Eventbrite' webpage <https://www.eventbrite.co.uk/e/140783959613>.

We look forward to seeing you!

Camden Mental Health Support Team



Fleet School, Agincourt Road Footway Widening: Scheme Update

What you told us about Fleet Primary School, Agincourt Road

Staff from Fleet Primary School raised concerns to the Council regarding the situation caused by the COVID-19 pandemic. It was noted that the parents, carers and pupils were experiencing difficulties with maintaining social distancing outside of the entrance to Fleet Primary School on Agincourt Road due to the narrow width of the pavement.

The scheme we consulted on

In response to what you told us, we developed a scheme which will temporarily provide extra width on the pavements outside the school. This would be achieved by building out the existing footway on Agincourt Road through the introduction of new temporary kerbs between 1.3 to 1.8 metres from the existing kerb line, with the gap between the previous and new kerbs infilled with asphalt. The details of this scheme can be viewed overleaf.

This scheme helps to deliver our own Transport Strategy priorities, which were strongly supported when we consulted on them, including increasing walking and cycling, and making our streets and transport networks safe, accessible and inclusive for all. You can read more about our strategy on our website <http://www.camden.gov.uk/transport-strategies-and-plans>

The details of this scheme were shared with the public through a consultation which took place over a two-week period between the 4th and 21st of January 2021.

The decision that has been made

Having considered the feedback received during the public consultation, the rationale and criteria for the proposals, specifically the urgent road safety need for these changes, the Council's Director for Environment and Sustainability formally approved the implementation of the proposals on the 3rd of February 2021.

Full details of this decision can be read on the Council's website <http://democracy.camden.gov.uk/ieDecisionDetails.aspx?id=3203>

What's happening next?

Construction of this scheme is scheduled to take place during the weeks commencing 22nd and 29th March 2021 and some noise should be expected between 9am and 5pm.

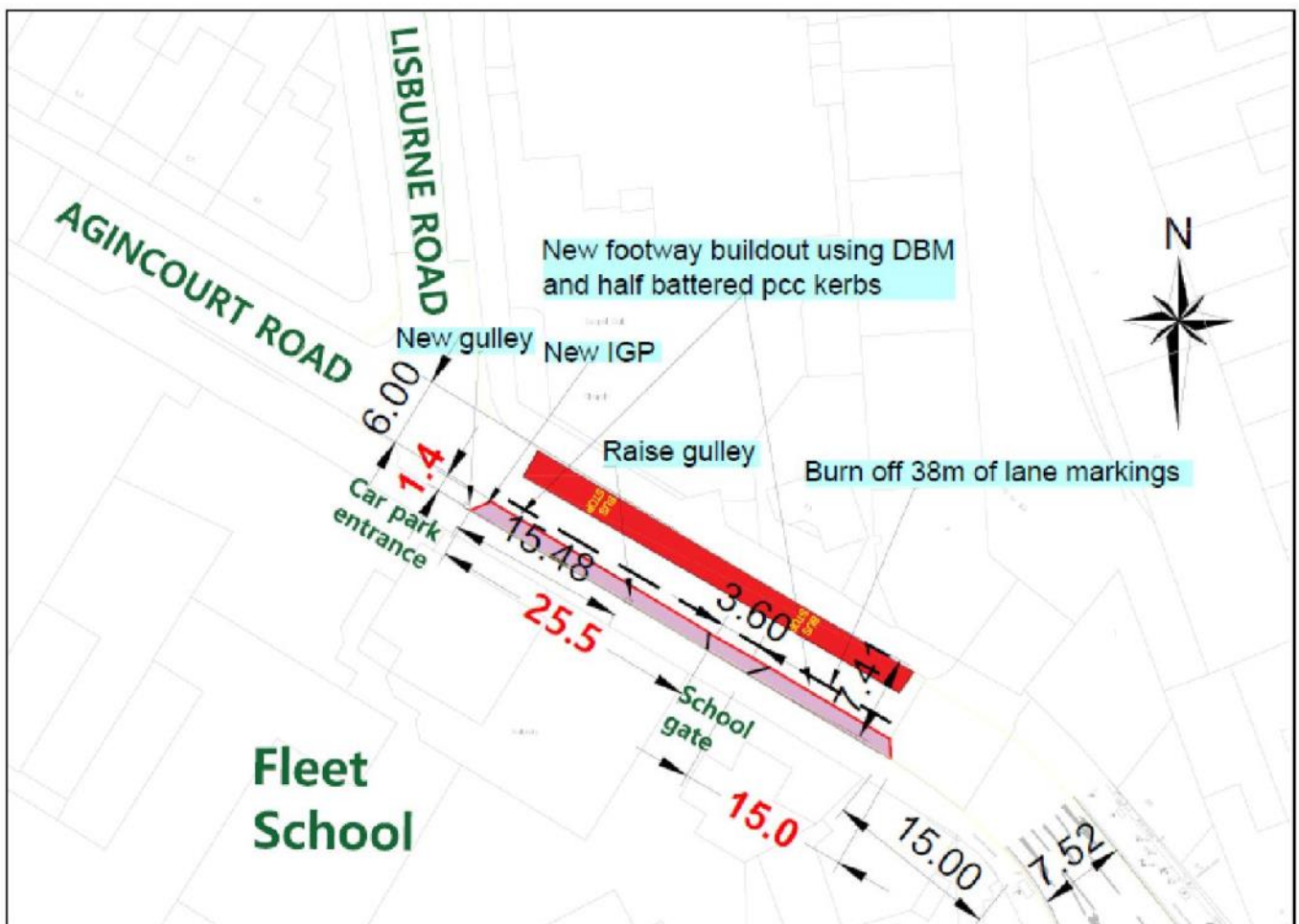
We are using Temporary Traffic Orders to make these changes. This Order will remain in place for approximately 6 months. Subject to the success of the scheme and feedback received from stakeholders, we may choose to extend this. The maximum that the scheme can be in place under this traffic order would be 18 months. It will be reviewed after approximately 5 months, when a decision will be made as to whether to carry out a public consultation regarding making the scheme permanent or not.

We have consulted with the emergency services and statutory groups on these changes, and you will also see information going up on local streets. If you have any concerns or comments on the changes, you can email us at: safetravel@camden.gov.uk

See the changes

The following plan presents the approved temporary changes to the footway on Agincourt Road outside of Fleet Primary School.

camden.gov.uk/making-travel-safer-in-camden



Camden Early Help



Everyone needs a little help sometimes. If you're feeling worried about your child, or you want to make a change in your life, Camden Early Help is here for you, your children and your whole family.

- ▶ Free support service for families with children aged 0 to 19 in Camden
- ▶ Practical and emotional support with a range of life issues if they are starting to feel overwhelming
- ▶ Working with you and your family to help make whatever changes you want to make
- ▶ Helping you and your family develop friendships and feel connected with your community.

Early Help



As well as family workers, there's lots of other options:

- ▶ Early Help Family Group Conference – bring together a circle of family members, friends, neighbours or community members to help solve problems
- ▶ Parenting programmes – a range of programmes for parents to be, and parents with children from 0-19 to help you feel confident and positive about your parenting role
- ▶ Activities – to enjoy time together as a family
- ▶ Early Help Play – support to access holiday play schemes, breakfast clubs, after-school clubs, and free early education and childcare places*
- ▶ Employment advice and welfare rights – access to our advisors to help with benefits and all things work-related
- ▶ Connections to housing support and homelessness services
- ▶ Connections to community organisations in your area.



How do I get Early Help?

You can contact us today, or you can talk to someone in your life that you trust. This might be your child's teacher or nursery worker, your GP or health visitor, your housing or tenancy support worker or youth worker.

They can contact us on your behalf, and then you can work with us if you would like to.

If it feels like it's time to make a change, Camden Early Help would love to be by your side so the little things don't become big things.

Other formats

If you require this leaflet in large print, Braille or in another language please contact us.

Find out more

T: 020 7974 3317 (9am to 5pm, ask for Early Help)

E: LBCMASHadmin@camden.gov.uk

For more information about Early Help visit:

camden.gov.uk/earlyhelp

Sure Start 020 7974 8961
camden.gov.uk/surestart

* free childcare places for eligible 2 year olds



Produced by Creative Services 1251 23

What's Early Help?

Early Help is about family and being here for when families are experiencing things that are starting to feel overwhelming. Early Help is about whatever is important to you, whatever is causing you to feel distress or worry. Early Help is for families with children of any age, from 0 to 19. It's voluntary and your choice whether to have it or not.

What can you help with?

Every family we work with is unique. We work with families experiencing relationship breakdown or conflict, violence in the home, children showing distressed behaviour, support for first time parents, housing, rent or money worries, difficulties at school, worries about a child's health or development, managing changes in circumstances, grief and bereavement, and mental health problems. Often it's a combination of many things. But whatever it is that you and your family want to change, we are here to work with you - to help you and your family get to where you want to be.

What does Early Help do?

There are lots of Early Help services in Camden, so we'll work with you to figure out the one you think will be most helpful to you and your family. You can watch a video about Early Help made by a Camden young person here: [youtube.com/user/CamdenCouncil](https://www.youtube.com/user/CamdenCouncil)

Early Help services include:

Sure Start

A full range of help and support in your local children's centre if you are pregnant or have a child under 5.

Early Help Co-ordinators

Someone to have a chat with to see how we can help and what Early Help service might be most useful.

First Step Early Help

A team of family workers who will work alongside you for up to 12 weeks, and help you and the network of people around you to feel on the right track.

Families in Focus

A team of family workers who will work alongside you for 6 to 12 months.

Transformation Team

A team of family workers who will work alongside you for 12 months plus.

Youth Early Help

A full range of help and support for families with children aged 11 plus and young people.



Every Early Help team will:

- ▶ Be with you through the tough stuff
- ▶ Listen to you and your family – we'll be led by you
- ▶ Focus on what's important to you and your family, and what a good life might look like for you
- ▶ Work with you to find out what's going well and what feels strong
- ▶ Work with you to explore and make sense of the things you want to change
- ▶ Make a plan with you, your children and your family so the changes can start to happen
- ▶ Make sure everyone involved works together to help you and your family best.



1-2-1 CYCLING ADVICE AND SKILLS SESSIONS WITH SUSTRANS

ARE YOU THINKING ABOUT CYCLING INTO SCHOOL OR WORK
AND NEED A LITTLE BIT OF HELP OR ADVICE?



These sessions can be done **remotely** by phone/ Zoom or **in-person** at a place convenient to you.

We can cover absolutely anything related to cycling but these may be things such as:

- Advice on choosing a cycle or equipment;
- Learning to ride (in-person only);
- Refresher cycling courses;
- Route finding;
- On-road cycling (in-person only);
- Bike maintenance;
- And anything else!



*"Just wanted to say thank you so much for the session with my daughter and husband today it was really helpful. We gained so much confidence and skill so quickly it's wonderful." **Parent at previous cycle skills session***

The sessions can be for:

- Individuals
- Families
- Groups of less than 6



For more information and to
book sessions please email:
dave.ebbrell@sustrans.org.uk





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From National Online Safety

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on an app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



What Parents & Carers Need to Know About

WHATSAPP

16+
in UK & EU;
12+ rest of
world.

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, and making voice and video calls. The app offers end-to-end encryption, meaning messages can only be read by the sender and the recipient(s). Not even WhatsApp can read them. Updates to its privacy policy in 2021 reportedly caused millions of users to leave the app. But the new policy was widely misinterpreted: it only related to WhatsApp's business features, not to personal messages.

'Prize' Scams

WhatsApp users occasionally receive messages from unauthorised third parties or fraudsters pretending to offer prizes – encouraging recipients to click a link to win. A common scam involves a warning that someone's WhatsApp subscription has run out: aiming to dupe them into disclosing payment details. Other scams include instructions to forward a message to earn a gift or reward.

Enabling Fake News

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India, some outbreaks of mob violence were reported to have been sparked by false allegations shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

Connections with Strangers

To start a WhatsApp chat, you need the mobile number of the person you want to message (they also need to have the app). WhatsApp can also access the address book on someone's device and recognise which of their contacts use WhatsApp. If your child has given their mobile number to somebody they don't know, that person could then use it to get in touch via WhatsApp.

Ephemeral Messaging

By enabling the 'disappearing messages' option in a chat, users can send messages that will vanish from WhatsApp after seven days. Parents may want to take note of this new feature, which makes monitoring what children are talking about on the app problematic. Equally, if someone sends your child an inappropriate message, once it has disappeared there is no way to prove any wrongdoing.

'Only Admins' and Cyberbullying

Group chats and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admins' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

Live Location Sharing

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a "simple and secure way to let people know where you are." Indeed, it is a useful method for a child to let loved ones know they are safe. But if your child is in a chat with people they don't know, it means they will be exposing their location to them, too.

Advice for Parents & Carers

Report Potential Scams

Advise your child not to engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they will be given the option to report that number as spam. They can also report a contact or a group as spam by tapping on the contact or group name to open their profile and scrolling down to 'report spam'.

Create a Safe Profile

Even though someone would need your child's phone number to add them as a contact, as an extra precaution it's worth altering your young one's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody'. Choosing one of the latter two ensures their profile is protected.

Use Location Features Sparingly

If your child needs to use 'live location' to show you or their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives 'live location' options of 15 minutes, one hour or eight hours. However, your child can manually choose to stop sharing their position at any time.

Fact-Check Messages

You can now fact-check messages that have been forwarded at least five times in WhatsApp, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was accurate or not. It's a good way to encourage young people to question things they see online.

Explain about Blocking

If your child receives spam or offensive messages, calls or files from a contact, they should block them. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – they would also need to be deleted from the device's address book. The option to block someone is on their contact info screen.

Leave a Group

If your child is part of a group chat that makes them feel uncomfortable, or has been added to a group that they no longer want to be part of, show them how to use the group's settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.

Delete Accidental Messages

If your child has posted a message in the wrong chat or sent a message that they immediately regret, they can delete it. Tap and hold on the message, choose 'delete' and then 'delete for everyone'. WhatsApp allows seven minutes to delete a message after it's sent – but it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.

Meet Our Expert

Parveen Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks, a web resource that helps parents and children thrive in a digital world.



SOURCES: <https://www.statista.com/statistics/268146/number-of-monthly-active-whatsapp-users/>, <https://www.whatsapp.com/faq/en/iphone/iphone/whatsapp-update-latest-india-how-to-forward-messages-app-downloaded-08-08-2021>, <https://www.whatsapp.com/faq/en/android/android/whatsapp-update-latest-india-how-to-forward-messages-app-downloaded-08-08-2021>, <https://www.whatsapp.com/faq/en/android/android/whatsapp-update-latest-india-how-to-forward-messages-app-downloaded-08-08-2021>, <https://www.whatsapp.com/faq/en/android/android/whatsapp-update-latest-india-how-to-forward-messages-app-downloaded-08-08-2021>



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Users of this guide do so at their own discretion. No liability is entered into. Contents of the date of release: 10.03.2021

**PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON
THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU**



Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap “Add a School ” in the app and enter the handle below...

@FleetPrimary

The Parent Hub app is FREE to download and use.



What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter the school handle (above).

Visit www.parenthub.co.uk to find out more

COVID-19 ABSENCE

Updated:
March 2021

A quick guide for parents / carers

Please note: the first day of self-isolation is day 0. You must stay in isolation for the next 10 full days

What to do if...	Action needed	Back to school...
...my child has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none">• Child shouldn't attend school• Child should get a test• Whole household self-isolates while waiting for test result• Inform school immediately about test result	... When child's test comes back negative and the child is well enough
... my child tests positive for COVID-19 (coronavirus) using a lateral flow test (rapid test) and they don't have symptoms	<ul style="list-style-type: none">• If the child was tested at school they should go home immediately• if the child tested at home they should inform school immediately about their test results• Child should have a confirmatory PCR test to confirm the result if they got a positive result from a rapid test (order online or call 119)• Whole household self-isolates for 10 days from day of test – even if someone tests negative during those 10 days	... after 10 days, as long as they haven't developed any symptoms. If they do develop symptoms, they need to self-isolate for 10 days from the start of symptoms*
... my child tests positive for COVID-19 (coronavirus) and they have symptoms	<ul style="list-style-type: none">• Child shouldn't attend school• Inform school immediately about test results• Child self-isolates for at least 10 days from when any symptoms started (or from day of test if no symptoms)• Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 10 days	After 10 days, if the child's symptoms have gone, or if the only symptoms they have are a cough or loss of smell or taste, which can last for several weeks.
...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none">• Child shouldn't attend school• Household member with symptoms should get a test• Whole household self-isolates for 10 days while waiting for test result• Inform school immediately about test results	... when household member test is negative, and child does not have COVID-19 symptoms*

*symptoms includes at least one of the following: a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at nhs.uk/coronavirus



What to do if...	Action needed	Back to school...
... somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 10 days - even if someone tests negative during those 10 days • Day 0 is the day the first person in the household's symptoms started (or the day the test was taken if no symptoms) • If the child develops symptoms whilst self-isolating, they should get tested, and if they test positive they will need to self-isolate for 10 days from when their symptoms started 	... when child has completed 10 days of self-isolation, as long as they are well
...NHS Test and Trace or your school/nursery has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 10 days (as advised by NHS Test and Trace, or your school / nursery) – even if they test negative during those 10 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too • If, during the isolation period, they develop symptoms or test positive they (and their household) will need to self-isolate for 10 days from when symptoms started or, if there are no symptoms, for 10 days from when they were tested 	... when the child has completed 10 days of self-isolation, even if they test negative during those 10 days
....we/my child has travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> • From 15 February onwards, everyone allowed to enter England who has visited or passed through a country where travel to the UK is banned in the last 10 days must: <ul style="list-style-type: none"> - quarantine for 10 days in a managed quarantine hotel - take a coronavirus test on or before day two and on or after day eight of quarantining - Read more about international travel and how this operates (gov.uk/uk-border-control/before-you-leave-for-the-uk) • Do not take unauthorised leave in term time • Consider quarantine requirements and Foreign and Commonwealth Office advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Day 0 of self-isolation is the day you arrive in the UK 	... when the quarantine period has been completed for the child (10 days)

What to do if...	Action needed	Back to school...
... we have received advice from a medical / official source that my child must resume shielding	<ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	... when school / other agencies inform you that restrictions have been lifted and your child can return to school again
... I am not sure who should get a test for COVID-19 (coronavirus)	<p>There are two types of tests for COVID-19</p> <p>For people who don't have symptoms:</p> <ul style="list-style-type: none"> • Simple and quick tests, known as lateral flow device (LFD) tests are used to test people, without the need for a laboratory. Children in secondary schools and colleges will be tested on site from 8 March and then issued with testing kits to use at home. If they test positive, then the child and their close contacts will be required to self-isolate for 10 days • If any of the close contacts develop symptoms, they should stay at home and get tested • If anyone tests positive whilst not experiencing symptoms but develop symptoms during the isolation period, they must restart the 10-day isolation period from the day they developed symptoms <p>For people who have symptoms, they should book a test online at nhs.uk/coronavirus or call 119. The whole household should isolate for 10 days</p>	... children who have tested negative and/ or who have no symptoms are able to attend school providing they are not isolating for any of the reasons set out above

For further information and support to self-isolate:
camden.gov.uk/coronavirus 020 7974 4444 (option 9)



Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus enewsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



This week marks the first step in the Government's plan to ease lockdown, which includes schools and colleges reopening for face-to-face learning. It's brilliant to see so many children going back to school and I want to say a huge thank you to all the school staff working so hard to make sure this happens safely.

While this brings a great deal of hope, there is still a long way to go. There are still restrictions in place, and we need to follow them carefully to ensure the timeline for lifting lockdown stays on track. If we all do our bit, we'll keep each other safe and give ourselves the best chance of things beginning to look more like normal.

I know that many of us will be feeling anxious after all the difficulty and pain of the last year, and about what lies ahead. Please remember there is support for you – including additional financial support for individuals and businesses, some of which is detailed below. There is also free, rapid testing available for anyone who needs to leave home for work, care and for parents and carers of school children.

Councillor Georgia Gould, Leader of Camden Council

Changes to restrictions

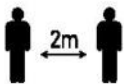
Lockdown restrictions are still in place and you should still only leave home where necessary. However, since 8 March:

- You can now socialise – as well as exercise – outdoors with your household, support bubble, **or one** person from another household.
- Care home residents are allowed one regular visitor – with conditions.
- Schools and colleges have reopened for face-to-face classes.

To keep yourself safe, please keep following the rules, including those below. For more information, go to gov.uk/coronavirus

Please use Camden's parks and open spaces safely

To keep yourself and others safe, please keep following the rules, and be considerate in parks and open spaces:



Keep a safe distance from anyone outside your household or bubble



Avoid areas if busy



Stay local



Always wash your hands as soon as you are indoors



Wear a face covering in busy outdoor spaces, unless exempt



Help to look after the spaces. Please put rubbish in bins or take home with you

Please do not leave home if you have symptoms.

Find out more about parks at camden.gov.uk/parks

Extension to financial support

The Coronavirus Job Retention Scheme (known as the furlough scheme) and the Self-Employment Income Support Scheme have been extended until 30 September 2021. The £20-a-week top-up to Universal Credit has also been extended for another six months.

For more information, visit gov.uk/coronavirus

Rapid testing for pupils and parents

Pupils have been returning to school for face-to-face classes this week. To help keep everyone safe, rapid testing is taking place on secondary school and college sites to help identify pupils and staff with COVID-19 who don't have symptoms but are still infectious. This will help prevent further spread of infection.



Pupils will be offered three rapid lateral flow tests, three to five days apart – and will then be given kits to regularly test themselves at home. Parents and carers of primary and secondary school, and college-age children, can also get free rapid tests or pick up a home test kit – as can people who need to leave home for work, or care or volunteering responsibilities.

Find out more at camden.gov.uk/rapidtest

COVID-19 vaccine

The vaccine is safe, effective and gives the best protection against coronavirus. To help you make an informed choice about the vaccine when it's your turn to have it, you can find a variety of information on Camden Council's website including answers to frequently asked questions, stories from local people about why they're choosing to be vaccinated, and downloadable resources.



Find out more at camden.gov.uk/covid19vaccine

Funding available to support businesses

Local Restriction Support Grants are available for businesses in non-essential retail, hospitality, leisure and cultural sectors that have been impacted by 2020 and 2021 lockdown restrictions. The deadline for applications is 31 March 2021.

Grants available



Find out how to apply at camden.gov.uk/business-support
If you have any questions, email businessgrants@camden.gov.uk

camden.gov.uk/coronavirus 020 7974 4444 (option 9)

