

## Message from the head:

We are at the end of a hard and trying term and I'd like to say thank you and well done to all of you and my amazing staff. I hope you will enjoy this last newsletter celebrating all the amazing home learning the children have been doing. It's been a term where the challenges of home learning have been well discussed in the media—from the digital barriers faced by many to the juggling of home/work life for all families trying to educate their children at home. However, I wanted to end the term with a positive message. What has been less talked about in the media are some of the skills our children have been able to develop and in many cases, shown incredible improvements. Their ability to navigate the technological world—through zoom, websites, different learning Apps—has been incredible and is helping prepare them for an increasingly digital future. Their resilience and dedication to their learning has also been clear to see. The development of their independent learning skills, especially for those children further up the school, has also been impressive and will help prepare them for secondary school and beyond. So, yes it's hard, and it's not how we want to teach our children but let's also celebrate how they have risen to the challenge. Well done to them all. Have a great half term and try to relax if you can! I look forward to next half term when we hopefully have some positive news about the reopening of schools. Stay safe.

## Spring Engineering Challenge

In normal times we have a close relationship with University College School which often involves taking our students to the school for opportunities to use their science labs and other resources we don't usually have access to. They have contacted us with details of an engineering challenge that they are running in the run up to Science Week this year that is open to our children to enter. Details are below—it would be great if some Fleet children were to enter!



**Deadline: 15<sup>th</sup> March at 4pm. Winners announced mid-March.**  
**Challenge—KS1 & KS2—Can you make a balloon powered vehicle?**  
**Build a vehicle powered by air.**

Using a balloon, create a moving vehicle powered by nothing more than the air within the blown up balloon. You can use any other equipment you have at home.

Submit a video (max 2 minutes) or picture of your successful design. Two prizes will be awarded. One for the most creative design and one for the furthest distance travelled. Submit entries to [stem@ucs.org.uk](mailto:stem@ucs.org.uk) with the subject 'Challenge 1' by 15<sup>th</sup> March. Please include your name, age and school within the submission.

## Free Arsenal Half Term Sessions

During the half term, Arsenal are offering FREE drop in virtual sessions for primary school pupils Y2-Y6 and their parents. They will be delivering daily drop in PE and Football development sessions throughout the week through Zoom to help children maintain their recommended levels of daily physical activity.

To express interest use the link to form below:

[https://forms.office.com/Pages/ResponsePage.aspx?id=GmMBuCl10m-OjgZCwugIYM0uVT\\_sG9BkXgeVtGseZUNjdWRTLS05NUg0RDNDQOE45RzZDMFA1MC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=GmMBuCl10m-OjgZCwugIYM0uVT_sG9BkXgeVtGseZUNjdWRTLS05NUg0RDNDQOE45RzZDMFA1MC4u)

## Half Term Home Learning Projects

Every half term we set a topic based project task for the children to let their creative spirits shine! Teachers will be discussing these with the children in the zoom sessions next week. These projects, as always, have three weeks to be completed including the week of half term. If you need any resources please do let us know.

## Parent and Carer Mental Health Support Workshops—via Zoom

The Mental Health Support Team (MHST) is an early intervention service that aims to support children, families and schools across the borough of Camden. We are pleased to be able to offer an online Webinar series for all parents and carers of primary school children in Camden. The series will include online workshops via Zoom. The remaining topics to be covered, scheduled dates and times are shown in the table below:

Topic	Day and	Time
Introduction to the Mental Health Support Team: Why Early Intervention Matters	Wed 24 <sup>th</sup> Feb	5-6pm

Each workshop will last up to 60 minutes and have optional follow up 20 minutes for further questions for those parents that are interested. You can opt in for all five sessions, or whichever most appeals to you. To find out more information and to register for any of the workshops (for free) please go to the 'Eventbrite' webpage <https://www.eventbrite.co.uk/e/parentcarer-webinar-series-tickets-135509262853>.

## Nursery Applications for September 2021

We are taking Nursery applications for children born between 1<sup>st</sup> September 2017 and 31<sup>st</sup> August 2018 to start Nursery in September 2021. If you or someone you know would like to apply for a Nursery place, please follow the link and complete and return the form to us as soon as possible <https://www.fleet.camden.sch.uk/MainFolder/3-Parents/Nursery-Application-Form-Feb-14.pdf>. Alternatively, call the office to arrange to come in and complete a form.

## Free Printing for Children's Home School Learning at Winkworths and Chestertons Estate Agents

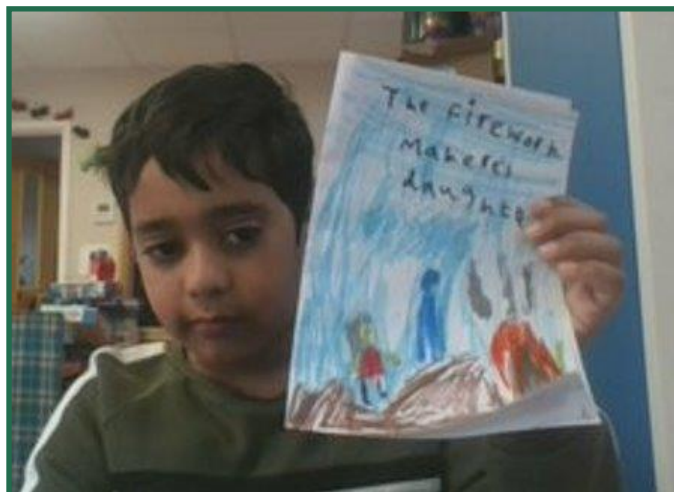
Estate agent chains Winkworths and Chestertons are offering free printing facilities for children who need to print out home-school work but don't have a printer. Winkworths have a branch in Kentish Town, Highgate, St Johns Wood and Islington, and Chestertons have branches in Camden Town and Primrose Hill, Kentish Town, Covent Garden and Islington.

## Proposed Online Music Assembly

We are currently putting some plans together to hold an online Music Performance Celebration Assembly. We would normally do this in person in the Spring Term but due to the current closure, and the likelihood that when we reopen we will still be in bubbles and unable to do whole school assemblies in person, we would like to try and do this virtually. While we know this won't be the same as listening to the children playing their instruments live in the hall, we still want to be able to celebrate the dedication and skill many of the children show in their instrument lessons. If your child plays an instrument and would like to take part by playing a song for the rest of the school (doesn't have to be something they learn through school—an instrument welcome!), please email/phone school and let us know. If there are enough children willing to perform Lynley will work out the finer detail and be in touch with more details early next half term.







Home Learning  
This Week



Mae Jemison joined NASA  
 in 1987. Before she could go to  
 space a spaceship exploded with  
 people in it. It was hard for  
 Jemison because NASA didn't  
 send any more spaceships into space  
 for a while. In September, 12, 1992  
 she got to go on a space mission.

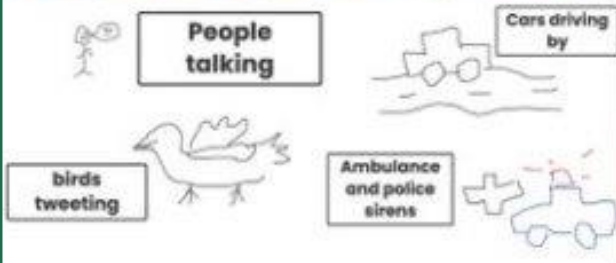
After she departed from NASA  
 she started a company called the  
 Jemison Group. She is the first  
 African American woman to  
 go into space. She is a role model  
 for African American people.  
 Mae Jemison is still alive.

Mae Jemison joined NASA  
 in 1987. Before she could go to  
 space a spaceship exploded with  
 people in it. It was hard for  
 Jemison because NASA didn't  
 send any more spaceships into space  
 for a while. In September, 12, 1992  
 she got to go on a space mission.

After she departed from NASA  
 she started a company called the  
 Jemison Group. She is the first  
 African American woman to  
 go into space. She is a role model  
 for African American people.  
 Mae Jemison is still alive.



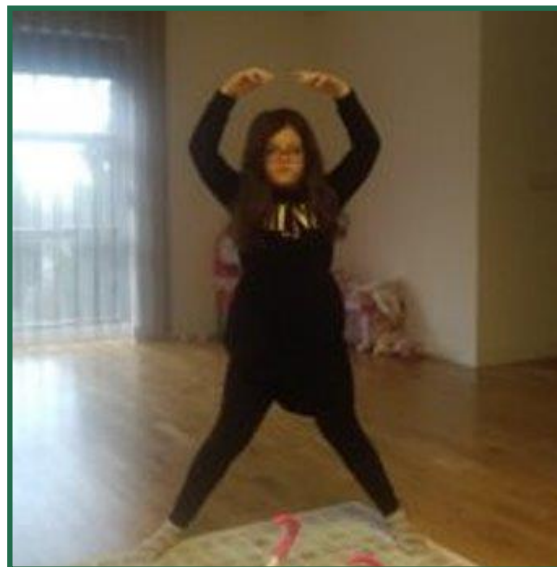
# Home Learning this week







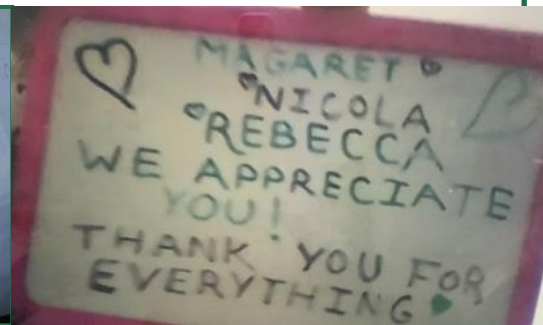
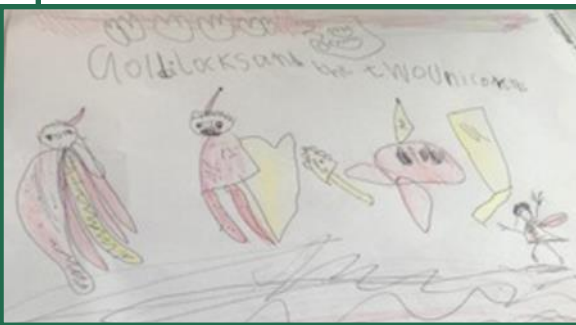
Date	Temperature	Words to describe the weather today	Draw a picture showing today's weather or take a picture
10-02-2021	2	cold snowy	



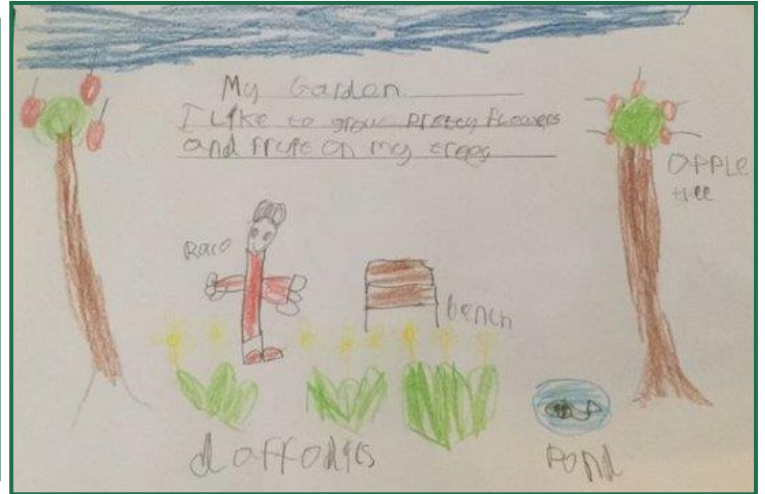
**Home  
Learning  
this  
week**







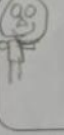


**Home Learning this week**





**My Thankful List**  
Today, I am thankful for...

1.  Dad  
Today I am thankful for helping me with the glue.
2.  grandma  
Today I am thankful for helping me wash myself.
3.  Uny  
Today I am thankful for my dad Uny.

Caged within my encircling thoughts,  
Heart mind and soul afire,  
That day the earth stood still in fear...  
Now im fighting against it here.  
My feet descend in the thick mud,  
My exhausted body wants to give up,  
My weighty uniform makes me feel violently sick,  
Im not quite a man i feel like a boy,  
Im a son,a brother,  
Now they call me a soilder.  
With the weight of the world on my shoulders.



**Home Learning  
this week**





Home Learning this week



### King Cobras



At first, king cobras sound like terrifying beasts with petrifying fangs, but are they really as bad as the sound? For example, did you know that king cobras open their hood and lift the top half of their body to warn you that they will strike because they're scared? Read on to find out more!

### Alarming appearance

These creatures have a 13 foot long body (about two times as big a full sized body), which can weigh up to 20 pounds. King cobras are astonishing reptiles with a variety of brown, yellow, black and green scales to help them camouflage. Shedding up to 5 times per year, constantly slither past rocks to help their sticky skin come off. Surprisingly, they are astonishing swimmers thanks to their ability to flatten their body.

### Dangerous dinner

King cobras don't look to eating due to the probability of being eaten themselves by their mortal enemy: mongooses. A mongoose is a small mammal which is immune to king cobras' venom. The reason that carnivorous king cobras are vulnerable at this particular moment is that they rest when they digest. These creatures have a diet consisting of multiple animals such as rat snakes, lizards and birds. They eat all their prey headfirst as well as whole.

### Amazing habitat

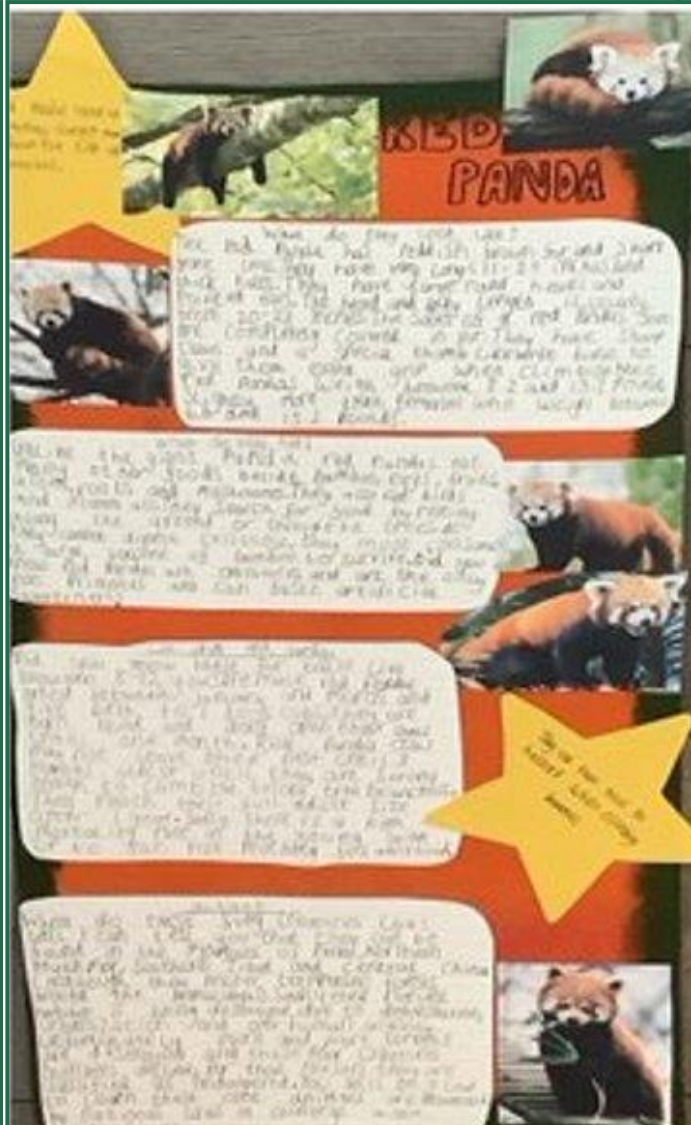
These astonishing snakes live in incredible India, colossal China, remarkable Indonesia and phenomenal Philippines. These mind-blowing creatures are most common in forests, shrublands and wetlands. Sadly, their largest threat is poaching and habitat loss. Cobras hunt at night, so they rely on their stupendous sense of smell.

### Lifespan and family

King cobras can live up to a whopping 30 years old in the wild. These marvelous reptiles approximately 25 to 40 white, leathery eggs in their entire life. Cobras hatchlings are left by their mother as soon as their born because these snakes live solo, although their mother does provide them with a cozy nest for their first few days.



Gloria





## Gharials



### The mysterious Gharial

The male gharial can grow from 3-5m (adult).  
Their scientific name is *Gavialis gangeticus*.

### Appearance and physical features

The beast has over a hundred teeth (200-350). When they move on land, they push themselves on their bellies. They don't attack humans. Their colour skin is light tan or olive with dark bands along their tail. They are the longest of crocodiles.

### Diet

Gharials are carnivores and they eat frogs, soft shell turtles and birds. Teen gharials eat insects, crustaceans and frogs. Adult gharials eat fish and move their heads side to side when they're catching the fish. These hungry creatures will mostly eat fish and sometimes crocodiles or water birds.

### Habitat

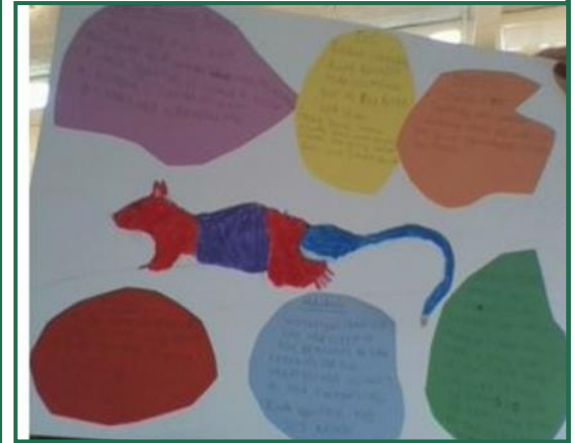
They are exclusively found in Nepal and India in clear and fresh waters. They only leave the water to bask in the sun or to rest. Their preferred area for nesting or basking in the sun are sand-banks or earthen.

### Family and lifespan

Sadly Gharials come in only small populations. These beasts live up to 50-60 years in the wild. Humans, snakes and birds try to kill them. Amazingly gharials lay 20-95 eggs in their lifetime. Unfortunately there are only 2% of gharials left since the 1980s.



# Home Learning this week

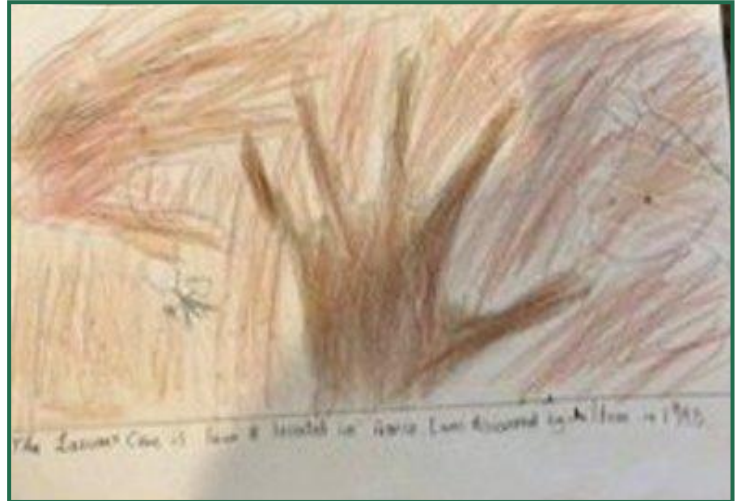


Soldiers running out of strength,  
Sad, injured and lonely,  
Damp rain pummeled down,  
Nauseating mud clung to their feet,  
Burning hunger ripping their bellies,  
An unforgiving icy wind,  
Furiously slashed at their faces,  
This is their story.

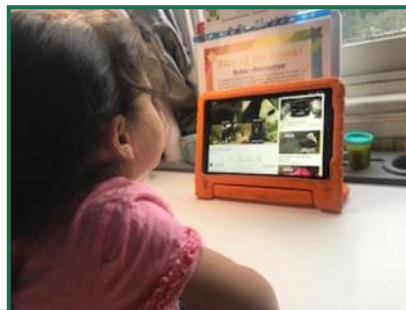
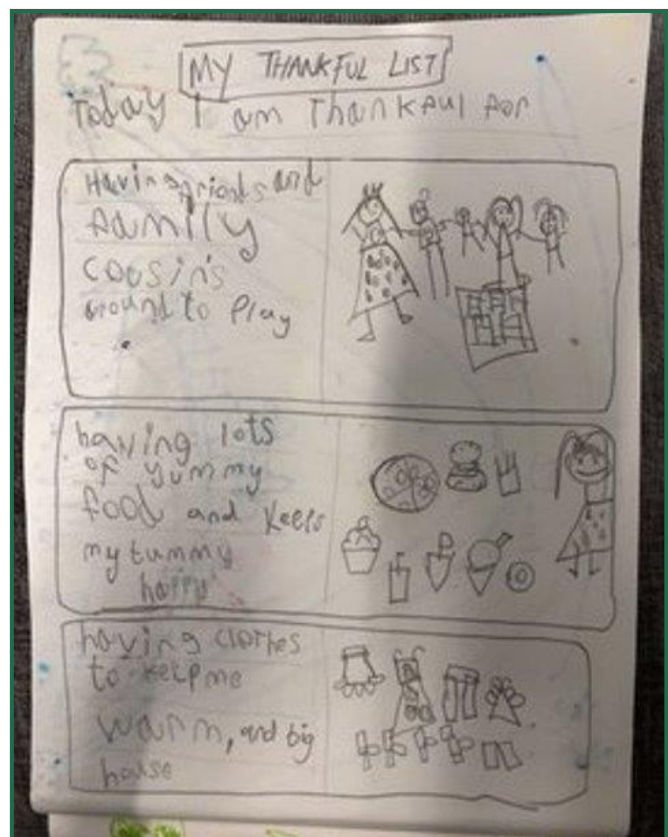
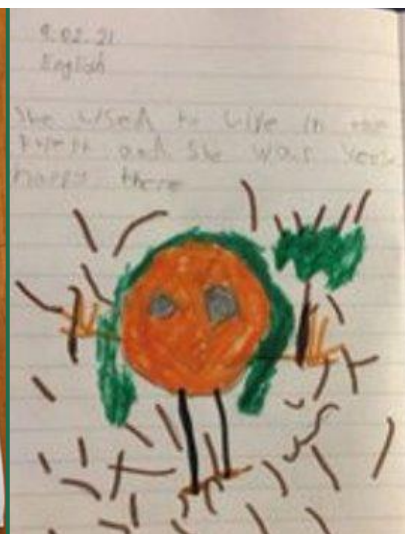




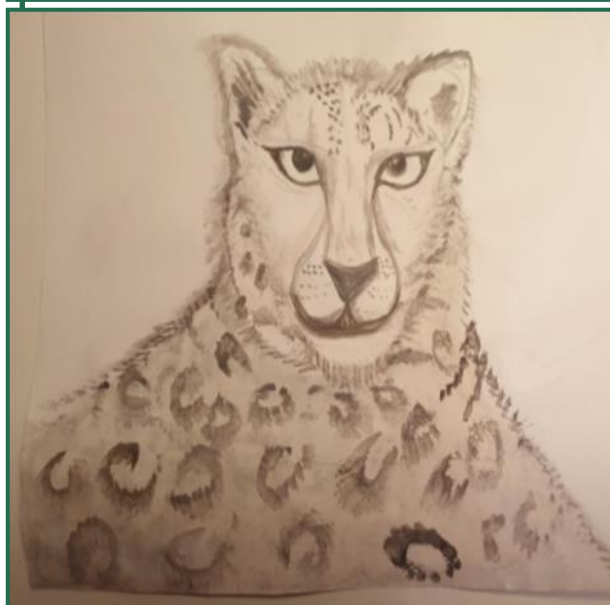
# Home Learning this week



As they clambered through the trenches rain pummeled down on them,  
Mud weighing down on their boots as they fought to get through,  
cold, wet they power through,  
Muck and grime covering their faces,  
Reminiscing memories with their family tearing some apart to tears,  
Curling up in a ball to hide sadness,  
The worn out almost lifeless bodies trying to survive,  
A painful thought of dead practically killing them inside,  
They were tired as a tombstone,  
everyone crammed in as dead bodies surrounded them,  
They prayed for dear life but  
thoughts of never seeing their family again was harassing them.  
they will try hard  
but will they survive?







**Indian animals alphabet poem by Mason**

Asian Palm Civet, tropical rainforest mammal, long body, and snout with sharp pointed teeth to eat his prey **SNAP!**

Binturong known as the Asian bearcat, jet black and furry with razor sharp claws, hiding from humans, snakes, and tigers **ROAR!**

Cheetah, super long tail helping him to balance, long body covered in sun yellow fur with black dots, the fastest land animal on earth he charges forward **ZOOM!**

Dormouse, a small grey mouse-like creature related to the squirrel group, tiny round ears, big round black eyes, and a bushy tail, he loves to eat nuts **CRUNCH!**

Excellent Elephant, weighing up to a huge 12,000 pounds, strong white tusks helping them dig, eating for 22 hours a day **MUNCH MUNCH!**

Fabulous Fox, fluffy orange fur and long bushy tails, pointy ears, and sharp teeth, running through woodland away from Eagles **SWOOP!**

Gecko, climbing up the walls vertically, brown, yellow, blue, black, white, tan, green and orange coloured scaly skin, hiding from his predators the scaly snake, **HISS!**

Himalayan Wolf hunting for his prey, his sharp teeth in his mouth and his fluffy thick fur, high up in the mountains he is on the prowl, **CHOMP!**

Indian Palm Squirrel, sacred to Indians, tiny, small creature with stripes down his back, nesting at the top of the trees in hot India he sleeps **SNORE!**

Jackal, speeding through the grass searching for prey, hunting in pairs or packs and tribes, canine and wolf-like he speeds off **PUFF!**

King Cobra, they have 21 - 40 hatchlings, the longest poisonous snake in the world, 12-18 feet long and sharp pointy teeth, one bite of venom can kill an elephant **WOW!**

Leopard lazes up in the trees, Long body with ring-like patterns strong legs and a long tail, super strong and muscly climbing up the trees **BOING!**

Monkey, swinging through the branches as fast as a racehorse, eating his fruit and nuts yum, speeding away from the nasty predators the hunting humans! **OUCH!**

Nightingale, tiny little bird with no markings and a thin beak, swooping through the forest with his 8-10 inch wingspan, he has the most sophisticated sounds in the entire animal kingdom **CHIRP!**

Otter, with his brown, tan and white fur helping him to float in the water, webbed feet holding his friend otters' hand while resting, grabbing the grey rock to crack open food **CRACK!**

Parrot, colourful tropical bird living in the jungle, an intelligent bird with brains similar to humans, his bright beautiful colours making him easy to spot for the monkeys **OOPS!**

Quail, a tiny little bird only 20cms tall, bigger than a robin but smaller than a crow, hiding in the underbrush he is difficult to see but easy to hear **SQUARK!**

Red Panda, fluffy reddish-brown fur and short legs, super long tail and furry feet, running along the ground searching for food roots, mushrooms, eggs and fruit **YUM!**

Stoat, his favourite food is rabbit he might be small but is very energetic, brown with a white belly and a black tip on the end of his tail, he might look cute, but he is a very aggressive predator **GULP!**

Terrifying Tiger, hunting for his prey at night with his 4-inch-long sharp teeth, humans hunting for their skin and fur, jumping into the water he is a good swimmer **SPLASH!**

Uromastix, with his spikey tail and frog-like face, climbing on the rocks and hiding in the cracks, swinging his spiked heavy tail at his attackers **HISS!**

Vulture, with his large wings and sharp curved beak, searching for his favourite food the rat, 30 different species worldwide, swooping away from the wildcats **MEOW!**

Wonderful wolf, travelling in his pack with 42 long sharp teeth in his mouth, sprinting at 38 miles an hour to catch the goats **CHOMP!**

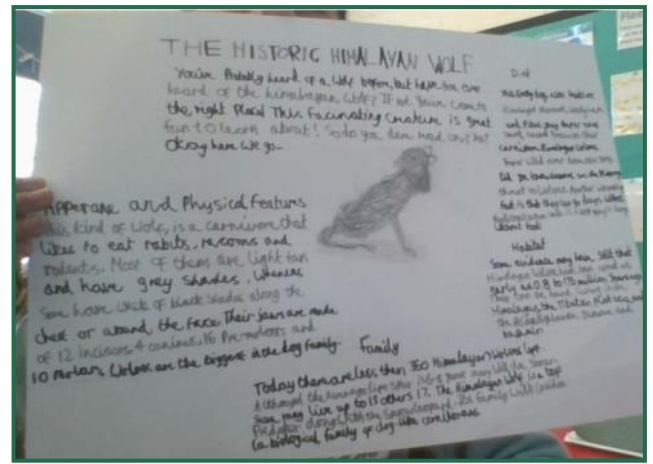
Xtra hairy wolf spider, stalking his prey like a fearsome wolf, large googly eyes staring at the crickets in the dark night, his body the same size as a coin weighing less than an ounce, **TINY!**

Yak, climbing up the high Himalayas, dark brown long fur hanging lower than his belly, smooth horns on his forehead, they would starve unless there is grass **YIKES!**

Zebra Shark, swimming through the coral reefs, nocturnal sleeping on the sea floor for most of the day, hunting for sea snakes in the reef **SLURP!**

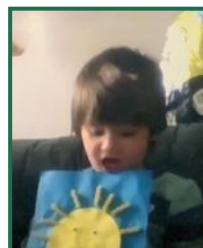
**Home Learning This Week**





**R**ain blankets sinking mud  
**E**very step takes longer than the other  
**M**urdering every last ounce of strength  
**E**very second feels like hell  
**M**orning never come  
**B**inding darkness weights heavy on eyes  
**E**ating barely nothing  
**R**otten boots barely on

Endless field of poppies,  
 Bright, beautiful and red,  
 Graceful green grass swaying,  
 A golden sunset,  
 Powerful warm rays parting the clouds,  
 A calming soft breeze washes over,  
 Carrying memories of our brave soldiers,  
 Who took up arms for their country,  
 Never forgotten.



**Home Learning this Week**



### Indian animals alphabet poem by Gloria

Antelopes munching on emerald green vegetation, greedily shoving shrubs into their herbivorous muzzles  
 Bengal tigers lurking in the stringy grass, preparing to pounce  
 Crocodiles floating on the surface of the filthy lake, snapping their jaws viciously  
 Delicate dolphins leaping 20 feet above the peaceful water joyfully  
 Eagles swooping through the powerful wind regally  
 Flamingos dipping their glamorous heads into the river, hungrily searching for fish  
 Gibbons swaying in the canopy cheerfully whooping  
 Himalayan wolves howling thunderously at the grey orb in the gloomy sky  
 Indian elephants traveling in herds safely  
 Jerboas scurrying frantically to avoid being gobbled  
 King cobras slithering through the greenery, mischievously hunting for dinner  
 Lions roaring loudly signalling that they own the territory  
 Monkeys swing from branch to branch, dropping bananas impudently  
 Nightingales chirping happily on brown branches in the canopy  
 Onagers trotting slowly to help their babies keep up  
 Parrots squawking to their hearts desire  
 Queen Alexandra bird wing butterflies showing off their magnificent colours proudly  
 Rhinoceroses charging angrily at each other with their majestic horns  
 Saw-scaled vipers hissing ferociously at their predators  
 Turtles laying on the bottom of the watery sea calmly  
 Uromastyx chewing on fresh, olive green shrubs  
 Vampire bats making screeching echoes in a pitch, black, gloomy cave  
 Water buffalos bathing in muddy water contentedly  
 Xtremely dark black panthers leaping at their unlucky prey  
 Yaks walking powerfully as if they own the place  
 Zebra sharks swimming peacefully chomping on small fish gleefully

## The Amazing King Cobra



King cobras likes to hide in swamps and forests with the longest known snake to measure 5.85m.

The King cobra is one of the most venomous snakes in the world its also very shy to humans and stays away from them as much it they can. They also have a hood that can protect them from things that will harm them (this is mostly why they are known to be aggressive animals).



### Appearance

These venomous reptiles are shiny in appearance, they have a black back and a peach front they also have fangs as sharp as a knife. Their eyes are astonishing and could hypnotize you. Their scales are black like a cat. They can also stand up and look a full grown person in the eye. They are the longest venomous snake in the world.

### Predator and Prey

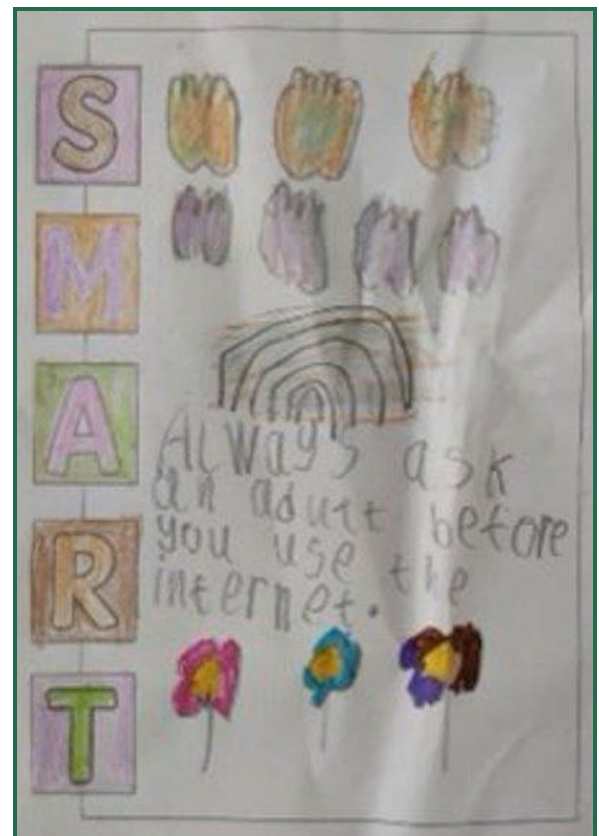
King cobras eat eggs and other snakes. They also eat small mammals such as birds and lizards. Its predator is the mongoose because its immune to venom however it doesn't attack the king cobra often.

### Habitats

These incredible creatures can be found through Southeast Asia to India. They are comfortable in a variety of habitats however they prefer to live in dense mangrove swamps as they are good climbers and swimmers. They are also known to live in bamboo thickets. These areas provide the King cobra with camouflage because they are mostly active during the day.

### Family and Lifespan

The life span of this magnificent species is about 20 years as it is intelligent and learns quickly. Humans and mongoose are its biggest threat. Female King cobras have many partners that do elaborate dances to win the female over. She will lay approximately 12-60 eggs per year, this is called a clutch. She will guard this until the eggs are almost ready to hatch. The hatchlings are able to take care of themselves from the start and can even strike on the same day it hatches.



# Home Learning this week





My garden looks like a fun and calm place. It has beautiful, colourful flowers and exotic trees. It also has a wonderful treehouse where you can hide!

# THE WHITE TIGER

The white tiger is a hybrid of a Bengal tiger and a Siberian tiger. It's not a real tiger, it's just a mix of two tigers. It's not a real tiger, it's just a mix of two tigers. It's not a real tiger, it's just a mix of two tigers.

## Appearance

White tigers are also known as bleached tigers. They have a very distinctive coat, being white with orange stripes. They are very beautiful and they are very rare. They are very beautiful and they are very rare. They are very beautiful and they are very rare.

## Diet

The white tiger is a carnivorous animal. It eats meat, mostly deer and wild boar. It is a very powerful animal and it is very fast. It is a very powerful animal and it is very fast. It is a very powerful animal and it is very fast.

## Habitat

In the wild, white tigers live in a very hot and humid climate. They live in a very hot and humid climate. They live in a very hot and humid climate. They live in a very hot and humid climate. They live in a very hot and humid climate.

## Lifespan and Family

The white tiger is a part of the big cat family. They live for about 10-15 years in the wild. They live for about 10-15 years in the wild. They live for about 10-15 years in the wild. They live for about 10-15 years in the wild. They live for about 10-15 years in the wild.

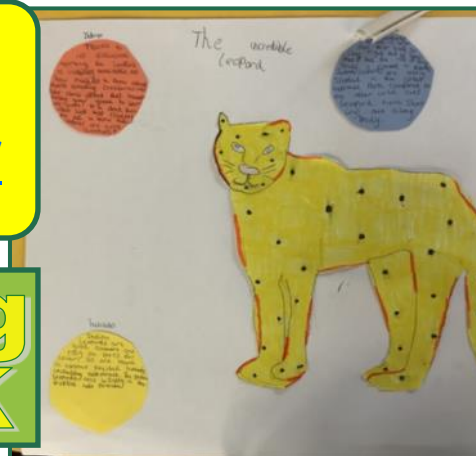


Y4 & Y5 Brass

Practice:

<https://www.rod-n-tom.com/>

Home Learning  
This Week







Circle 10 then count on to find your answer

 $14 = 8 + 6$	 $2 + 9 = 11$
 $14 = 5 + 9$	 $8 + 4 = 12$

### Indian animals alphabet poem (N - Z) by Ifeoma

Nightingales swooping onto the ground notoriously catching insects.  
 Otters energetically and agile quickly snatching their fish.  
 Peacocks pleasantly opening up their outstanding, colourful feathers POOF!  
 Quick and quaint quails scurrying into woodlands trying to outrun their predators.  
 Rambunctious rabbit hopping around in forests and meadows.  
 Slowly seahorses float in the gentle waves of the clear blue ocean.  
 Turtles slightly push through the waves of the ocean with their flippers.  
 Unafraid the Uromastix fought bravely to make sure he wouldn't be gobble up by his predator.  
 Violently the vulture selfishly stole food from the other hungry birds.  
 White tigers witty and cunning leapt onto its clueless prey.  
 Xtremely and xcitingly stealthy Bengal tigers lurking in the trees.  
 Yaks fighting angrily hitting each other with their sharp dangerous horns.  
 Zebra sharks zapping vigorously through the cold oceans.



# Home Learning this week



# Stars of the week!



Well done to these children who have been chosen by their class teachers to be the 'Star of the Week' - these are testing times, everyone adjusting to home learning again. We want to keep things as normal as we can so this term will continue with recognising our stars of the week even while we are in lock-down. Lisa will send your certificate via the post. Look out for it arriving! Well done to all these children, and to all the rest who might not have been picked this week but could have been.



## Reception—Umar

It has been fantastic seeing you join in with our zoom meetings so confidently. We loved seeing your favourite toys. Thanks for sharing them with us Umar! Well done.

## Year 1—Jona

for her great effort, positivity, dedication and consistency. Jona turns up to every Zoom meeting every morning, always contributing, completes all her learning every day with so much effort and determination and puts her all into everything she does. You are a such a fantastic member of Team Y1, Jona, and I hope you are as proud of yourself as we are of you! Keep being your fabulous self!



## Year 2—Skylar

for working so hard at home over the last few weeks. I'm so impressed with the effort you put into each task. I've especially enjoyed all the amazing artwork you have created this term. What a superstar!

## Year 3—Abid

For your proactive attitude to your learning! You are doing so well at completing your work independently. Your self motivation is very impressive. Keep it up!

## Year 4—Kai

for your focus and maturity towards all your home learning. You try hard in each lesson and don't give up if something is tricky. We were impressed with your biography writing this week too. Well done Kai, we're proud of you!



## Year 5—Tamanna

Despite being away from, and missing, home, you continue to approach your learning with 100% effort and enthusiasm! You don't let technical difficulties (!) prevent you from completing your learning and you are always so positive when we speak. You're doing fantastically; keep it up!

## Year 6—Ayesha

For your excellent focus on your writing this week. You have worked very hard to develop powerful emotive language in your poetry. You focused well and edited your work so effectively. Keep up the super work!



# Weekly Wellbeing Update

## New Tip...

Relationships with parents are valued hugely at Fleet and we're very much missing seeing everybody as regularly as we usually would. Therefore we'd like to look at alternative ways of communicating and helping each other; at this difficult time we'd like to know how best to support you. Links to the Parent Questionnaire which has a wellbeing section can be found on page 5. Please take the time to complete and return it so that we can tailor our support to help as much as possible.

## Wellbeing Tip of the Week!

An initiative brought to you by Camden Learning's Health and Wellbeing Team—a new one each week!

### Week 13 - Develop a self-care toolkit

During times of stress or worry, it can be helpful to draw upon healthy coping strategies to distract and re-ground ourselves. To find out what works best for you, start by experimenting with different activities you enjoy and see if they have any positive effects on your wellbeing. Here are some examples: going for a walk on your own, engaging in arts/crafts activities, practicing mindfulness, doing some exercise, listening to music or even having a rest or a relaxing bath. According to research, self-care activities, keep us healthy, reduce stress and help to prevent burnout.

Check out these videos for parents developed to help you support your primary aged children:

1. How to Talk to your Child About Covid-19  
<https://www.bbc.co.uk/bitesize/articles/zkboxwnb>
2. Encouraging Your Child to Take Care at School  
<https://www.bbc.co.uk/bitesize/articles/z8g6jsg>
3. How to Deal with Anxieties  
<https://www.bbc.co.uk/bitesize/articles/zj4p2v4>
4. Communicating with School  
<https://www.bbc.co.uk/bitesize/articles/z7ksxbk>





# Fleet Happiness Project

## GREAT DREAM

Ten keys to happier living

GIVING



DIRECTION



RELATING



RESILIENCE



EXERCISING



EMOTIONS



AWARENESS



ACCEPTANCE



TRYING OUT



MEANING



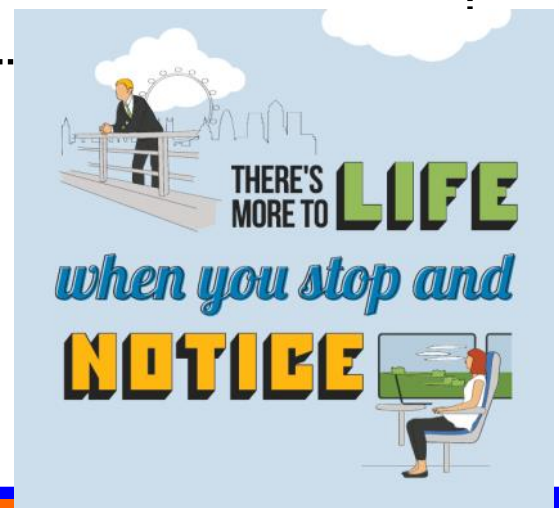
This year we're running the Fleet Happiness Project across the school. This is a project that we ran a few years ago with the aim of looking specifically at ways that we can increase our own, and others', happiness.

We'll be focussing on 10 themes across the year with lots of activities, assemblies and learning in class about each one.

Last term we focussed on 4 different themes:

- **Direction:** setting goals for the short and long term
- **Meaning:** thinking about how we connect to the world around us and how we make a difference.
- **Acceptance:** appreciating how we are all different
- **Giving:** focussing on all the things we can give to each other.

Next up we'll be thinking about Awareness. Look out for the activities in your Home Learning and remember to share what you've been doing by sending in photos for the attention of Miss Wall at [admin@fleet.camden.sch.uk](mailto:admin@fleet.camden.sch.uk).







# Raise FREE donations for

**FLEET PRIMARY SCHOOL**

every time you **shop online**

Find us on **easyfundraising.org.uk**

<http://www.easyfundraising.org.uk/causes/fleetps>

**4,300** online sites will give us a free donation  
when you shop with them - at no extra cost to you!



**Download the easyfundraising App**



£ Over £32 million raised

★ Trustpilot ★★★★★

👤 1.8 million users



From our house to yours...



BRINGING RAZZAMATAZ TO YOU WITH DANCE SINGING AND DRAMA ONLINE TUITION EVERY SATURDAY. INTERACTIVE QUALITY LESSONS WITH A DEDICATED TEAM WHO WILL ENSURE YOUR CHILD GROWS IN CONFIDENCE, IMPROVES THEIR WELLBEING AND PHYSICAL FITNESS ALL WHILST HAVING LOTS OF FUN!  
EMAIL: [BELSIZEPARK@RAZZAMATAZ.CO.UK](mailto:BELSIZEPARK@RAZZAMATAZ.CO.UK) OR CALL ON: [07425 918328](tel:07425918328) TODAY FOR MORE INFORMATION AND TO BOOK A FREE TASTER SESSION FOR YOUR CHILD

Now that we are in Lockdown no. 3, we at Razz Towers have become old hands at how best to keep our students Singing, Dancing and Acting and above all smiling online. We offer a full programme of classes on Zoom every Saturday making sure that our students are keeping both mentally and physical fit whilst at home and are also ready to bounce back into the classroom once lockdown is over. This term we have auditions for our Summer Showcase, Pyjama Day, Mad Hair day and much more to look forward to. Come and join the fun. Call or email Victoria on the contact details given above and book a **FREE Taster Session** of your child Today!





# From National Online Safety

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



## REMOTE EDUCATION 10 TOP TIPS FOR PARENTS

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

### 1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING

As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active interest in their learning and help support them whenever they need a helping hand.



### 2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY

It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.



### 3. ESTABLISH A DAILY SCHEDULE AND ROUTINE

Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.



### 4. ENCOURAGE SCREEN BREAKS AND PHYSICAL ACTIVITY AWAY FROM DEVICES

Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will invariably advise on screen breaks; however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.



### 5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME

It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.



### 6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE

Dependant on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.



### 7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS

It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.



### 8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES

Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.



### 9. MAINTAIN FEEDBACK WITH TEACHERS

Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.



### 10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH

Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start with, missing out on seeing their friends every day might take its toll.



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Sources: Remote education good practice. DfE guidance. | Safeguarding and remote education during coronavirus (COVID-19). DfE guidance.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.11.2020



**PLEASE ENSURE YOU ALL HAVE THIS APP INSTALLED AND NOTIFICATIONS TURNED ON  
THIS IS OUR PRIMARY MEANS OF COMMUNICATING WITH YOU**



## Fleet Primary School

would like you to join their channel on Parent Hub.

Just tap “Add a School ” in the app and enter the handle below...

**@FleetPrimary**

The Parent Hub app is FREE to download and use.



### What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

### Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter the school handle (above).

Visit [www.parenthub.co.uk](http://www.parenthub.co.uk) to find out more





**Ofsted-registered childcare available for key workers this February Half Term with The Strings Club.**

Dear Parent/Carer,

Are you a key worker and looking for high-quality childcare during the school holidays? We would love you to join us soon at our multi award-winning Holiday Camp taking place at: **Holy Trinity CE School, Trinity Walk, NW3 5SQ.**

**For those who are not key workers, we also have a range of online guitar, violin and ukulele lessons and free sessions - see our website for more information.**

**Rated 5\* by parents** on Netmums, our **Ofsted registered** Holiday Camps bring together the very best of music and childcare to engage and inspire your child **every school holiday**. Each day is wonderfully different and includes our "Learn Together, Play Together" morning ukulele lessons alongside our carefully-created afternoon workshops. There's **free hire of an instrument** too!

We currently only have 15 places available. To book a place, visit [www.thestringsclub.org](http://www.thestringsclub.org) or call 0121 296 9204.

**During 2020, we welcomed hundreds of children to our Holiday Camps in a safe way working alongside government guidelines and our regularly reviewed COVID-19 policy. See our website for further info.**

#### Why Consider Us?

- EYFS Ofsted-registered
- Free hire of an instrument
- Qualified, experienced, fully DBS checked team
- Standard hours run 9:30am - 4pm
- Wrap-around care from 8am - 5:30pm
- 10% sibling discount
- Childcare vouchers accepted
- Rated 5\* on Netmums by parents

We look forward to seeing you soon!

Amy and The Strings Club team

[www.thestringsclub.org](http://www.thestringsclub.org) | 0121 296 9204

# BEYOND TOMORROW

Make Your Own Futuristic Movie this Half Term



## Make Your Own Movie this Half Term

### Online Movie Making Camps

#### for Ages 7-11 & 11-14

*"They told us they came from the future..."*

In this fun movie making workshop, young filmmakers will learn all about filmmaking. It's an action-packed camp full of fun and creativity. All activities are practical, fun and interactive. Sessions are hosted live by filmmaking instructors, with plenty of collaboration and teamwork between young filmmakers.

"He really has loved it. It's been so good for his confidence - he is actually achieving something in a field he only dreamed about."

**Learn more and register online:**  
<https://www.sparkarts.co.uk>





# Safe and Healthy Streets Consultation

## Queen's Crescent



[www.camden.gov.uk/QueensCrescent](http://www.camden.gov.uk/QueensCrescent)



### Consulting with you

We are proposing to trial changes on Queen's Crescent in order to test a motor traffic free environment, to reduce traffic volumes and speeds, support the street market and businesses, and to make more space for social distancing, walking and cycling. The main changes proposed are:

- The trial of a motor traffic free environment on Queen's Crescent between Bassett Street and Weedington Road
- Removal of paid for parking between Bassett St and Weedington Rd
- New disabled parking and loading spaces in close proximity to the traffic free area
- The trial of a motor vehicle restriction on Grafton Road, restricting vehicular movements along Grafton Road at the junction with Queen's Crescent.

We will be holding an interactive online meeting during the consultation where you can hear more about the scheme and ask your questions. Please visit the consultation website for more details.

### Share your views

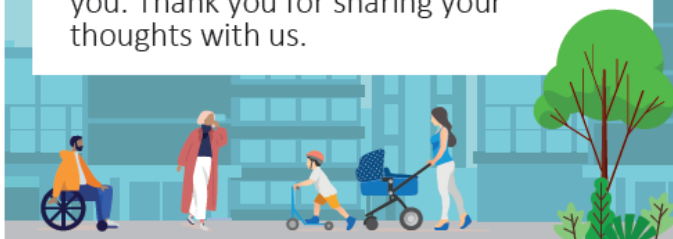
To find out more and share your views on these proposed changes, visit our website to answer a few quick questions.

[www.camden.gov.uk/QueensCrescent](http://www.camden.gov.uk/QueensCrescent)

The consultation will be open until Wednesday 24th February 2021. You can use this QR code to access the site from your phone.



If you'd prefer to fill out a paper form just get in touch with us on 020 7974 4444 and we'll pop one in the post for you. Thank you for sharing your thoughts with us.



[www.camden.gov.uk/QueensCrescent](http://www.camden.gov.uk/QueensCrescent)





## Do you have children in a Camden nursery or primary school? Become a Families for Life Community Champion!

Families for life programmes offer free healthy eating and active play activities for families with children age 2-11.

### Calling on Dads, Mums and Carers who:

- Live in Camden
- Are passionate about empowering and improving the health of your community
- Can be available to volunteer for two or three hours a week.

### As a volunteer you would:

- Talk to parents of nursery or primary school children about Families for life programmes
- Promote the benefits of eating healthy and being active
- Inspire families to access the Families for Life programmes
- Have opportunities to support the delivery of Families for Life programmes.



For more information on how to be part of our volunteering team, please contact:

Syria Chowdhury, Community Champion Coordinator  
m: 07734 603 060, e: [syria.chowdhury@camden.gov.uk](mailto:syria.chowdhury@camden.gov.uk)

## Be a Families for Life Community Champion!



## Families for Life Community Champion Programme

Monday & Tuesday's  
starting on:  
22 Feb - 16 Mar 21  
10-11.30am

Virtual MS  
Teams  
sessions

Keen to build on your skills and knowledge to create a happy, informed and healthy community?

Happy to support and share information about free, fun, and healthy lifestyle programmes available in Camden?

Want to develop key communication skills, building strong local connections?

Curious on how volunteering can boost your CV, offer valuable skills and improve your career opportunities?

If your answer is YES! Join us and make a real difference in your community.

We offer a FREE 4-week programme for Camden parents/carers who has what it takes to become an inspirational volunteer Families For Life Community Champion.

Sessions run on Monday and Tuesday's at 10-11.30am from 22 February to 16 March 2021.





# Coronavirus: Weekly update from Camden Council

**For the latest information and support from Camden Council and its partners, including updates to services:**

- Visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) – includes information in different languages
- Check the rolling news pages at [news.camden.gov.uk](https://news.camden.gov.uk)
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook [facebook.com/LBCamden](https://facebook.com/LBCamden)
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



**SIGN UP** to the Council's coronavirus e-newsletter for regular service updates, news and support at [camden.gov.uk/coronavirus-updates](https://camden.gov.uk/coronavirus-updates)

## COVID-19 vaccine

The COVID-19 vaccine is safe and effective, and gives the best protection against coronavirus.

When you're eligible to get a vaccination, the NHS will be in touch, so make sure you're registered with a GP and that they have your most up-to-date contact details. The vaccine will help save lives so please consider having it when it's your turn.

If you're 70 or over or clinically extremely vulnerable and have not yet been contacted, you can now book your own vaccine appointment at a nearby vaccination centre like the Francis Crick Institute or the Royal Free Hospital. Visit [nhs.uk/coronavirusvaccine](https://nhs.uk/coronavirusvaccine) or call **119** for free. However, if you would prefer to have the vaccine at a GP surgery, please wait to be contacted.



## Vaccine Q&A event

On Tuesday 16 February from 5.30 to 7pm, Healthwatch Camden will host a virtual Q&A with local GPs and Camden's Director of Public Health to answer questions about the COVID-19 vaccine. Register for the event, accessible via Zoom or landline, at [camden.gov.uk/healthwatchevent](https://camden.gov.uk/healthwatchevent) or phone Healthwatch Camden on **020 7383 2402**. Submit your questions in advance when you register, or email [shelly.khan@healthwatchcamden.co.uk](mailto:shelly.khan@healthwatchcamden.co.uk)

## Help for people experiencing domestic abuse

If you are experiencing domestic abuse and need immediate help, you can now discreetly ask for 'ANI' (Action Needed Immediately) at local Boots pharmacies and a number of independent pharmacies across the UK, including in Camden.

Trained staff will offer a safe and private space for people at risk to go to, and assist in calling domestic violence and abuse support services or the police.

Participating pharmacies are displaying posters in windows and inside.

If you are experiencing domestic abuse, you can also contact Camden Safety Net on **020 7974 2526** or email [camdensafetynet@camden.gov.uk](mailto:camdensafetynet@camden.gov.uk)

Find out more at [camden.gov.uk/domestic-violence](https://camden.gov.uk/domestic-violence)



With temperatures dropping again this week, and the days still short, I know this is a really hard time of year to be living through lockdown. Despite the ongoing challenges we all face, I continue to be deeply moved by the acts of love and care across Camden as our communities support each other. If you are struggling to access help, from accessing food to struggling with mental health, then please contact the Council to find out what support is available on **020 7974 4444 (option 9)**.

All of us following the rules is making a huge difference to reduce the number of people catching the virus – but people are still getting infected every day in London and in Camden. The vaccine gives the best protection against the virus and will reduce the number of people needing to go into hospital to be treated for COVID-19 – but we still have to do all we can to keep each other safe. I visited one of Camden's vaccination clinics and saw the joy and relief on people's faces on getting their first dose – please do get vaccinated when it is your turn. If you have been vaccinated, please do continue to follow the rules – washing your hands, wearing a face covering and keeping a distance from people you don't live with.

**Councillor Georgia Gould, Leader of Camden Council**

## Support for private renters



The Government's temporary ban on evictions for private tenants ends on Sunday 21 February. If you're concerned about this change or have been asked to leave your home, please know that help is available. If you are facing eviction, struggling to pay your rent because of coronavirus, or you are not sure about repairs and safety checks that your landlord can carry out during lockdown, contact Camden Council on **020 7974 4444 (option 9)** or visit [camden.gov.uk/private-renters-help-covid](https://camden.gov.uk/private-renters-help-covid)

## Keep Camden Safe

Whether you've had the vaccine or not, it is essential that you continue to follow the rules to prevent yourself catching or passing on coronavirus:



Stay at home as much as possible. If it's essential to go out, act like you and others have COVID-19



Wear a face covering in indoor and busy outdoor public spaces, unless exempt



Keep 2 metres apart from people you don't live with



Wash your hands regularly and thoroughly

For more information on national coronavirus restrictions, visit [gov.uk/coronavirus](https://gov.uk/coronavirus)

## Rapid COVID-19 tests for Camden workers without symptoms

If you have to leave home to go to work, you can book a free Lateral Flow Test at one of four test sites in Camden. These tests identify people who do not have symptoms of coronavirus but may be infectious so could pass it on to someone else. For more information or to book a free test, visit [camden.gov.uk/rapidtest](https://camden.gov.uk/rapidtest)

If you develop coronavirus symptoms, do not go to a Lateral Flow Test site. Instead, self-isolate and book a free test at [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or call **119**.

[camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) 020 7974 4444 (option 9)

