### Friday 22nd May 2020

### Message from the head:

We find ourselves at the end of this half term. It has been a term so far where we continue—staff and families—to adapt to a new way of working. The good news is that it appears that infection rates and other indicators are that the prevalence of the Covid-19 virus, especially in London, is going down. As a society we have started to take the first tentative steps towards easing the lockdown and we have spent a lot of time over the last two weeks carrying out risk assessments, consulting with public health and the local authority to develop our plan for Fleet to reopen to more children at some point in June (of course we have been open this entire time to the children of key workers and vulnerable children) should the Prime Minister announce the move to Phase 2 in his speech next Thursday.

I sent a letter out earlier today with the outline of what we plan—how many children will be able to be in school, the extra steps we will be taking to maximise safety and minimise the risk of spreading any virus, as well as the timetable for each year group to come back in a limited capacity. I want to emphasise that the choice to send your children in has to be one you are comfortable with. We can answer any questions you may have about the extra measures we are taking in line with the latest guidance we have received and will adjust



should we receive any new guidance. Please read the letter carefully and if you have any questions please do get in touch. I know that any plan we have come up with while we cannot have every child in full time as normal will put families under pressure in different ways. We hope you understand that the decisions we have taken are with the best interests of the children and staff at the heart of them. You have been an incredible community so far through this pandemic and I have been proud to be the head teacher of this school with my amazing staff and the way you have supported us has been great. I ask that you continue to be patient with us as we develop this new way of working, for however long that may have to be. Thank you.

I have said to teachers that they need to take some time off over half term to relax and recharge. Some have volunteered to come in so we can continue our provision for the key worker children and remain open but other than that they will not be making the usual phonecalls or setting work. I think we all need a week off!

For our Muslim families I'd like to extend my best wishes to you all as you come to the end of Ramadan. I'm sure your Eid celebrations will be very different to usual but I hope they are enjoyable nonetheless. I look forward to being able to hear about how you celebrate some time in the future.

As some of you may know at the start of the year I did an assembly to KS2 about my plans for this summer—I had planned to cycle from Lands End to Cape Wrath and John O'Groats off road—a journey of around 2000miles—with a trip to my mum's in the Highlands at the end. Those plans are now in doubt but I am clinging to the hope that lockdown will have eased enough for me to go ahead as planned. I'm sure many of you have seen planned summer trips shrouded in doubt, not knowing if planned trips can take place or if you will get to see family. With that in mind I want to share with you a great piece of work that came in from one of our Year 6 children this week. Evanthia in year 6 created a 'summer bucket list'. As I read through the 50 experiences she hopes to do this summer I couldn't help but smile and made me think about all the things I am missing and want to be able to do. Evanthia's end of her list had a very important message and one I think many of us will take

- Make an ice-cream sundae
- Build a fort and sleep in it
- Have breakfast for dinner and dinner for breakfast!
- Make and eat smores
- Sand dune surfing
- Movie marathon
- Run through sprinklers
  - Waterfight

- Beach day
- Make Jam
- DIY obstacle course
- Go boating
- Have a picnic
- Stargaze
- Watch a sunrise
- Watch a sunset
- Build a time capsule

- Hang out with friends
- Buy something in a charity shop
- Take a risk
- Build a sandcastle
- PJ day
- Hold a hand shake for 10 seconds!
- Do a kind deed

Evanthia ended her list and had a very important message, one I think many of us will take away from this experience if/when we get back to a more normal reality, and one I am going to steal from her and say to you all as we enter half term and can start to look forward hopefully with a bit more positivity—**MAKE EVERY DAY COUNT**!

### Message from the governors

Fleet Governors met on Zoom last night and it was lovely to see people's faces again after a long time of only using email.

We received a report from Don about what has been achieved in the first half of term during this extraordinary time. We were very impressed and grateful to all our staff for the hard work they have put into supporting our community. Several parent governors complimented different aspects of the school. We then had a presentation from Don about his proposals for expanding provision in school for the second half of term. We had received the school's risk assessment which was very thorough. As you might expect, governors had lots of questions about how this will be managed and how children, parents and staff will operate as our school develops a different way of working. We discussed many things including the space in the school, staffing, PPE equipment, stationery, travel and staff wellbeing. We were very impressed with the plans which we see as inclusive, fair and consistent. We acknowledged what a difficult decision it is for parents to make, and there are many different factors that influence whether or not a child returns to school at this time.

We strongly support the way in which the Senior Leadership Team of the school has managed and planned the children's education at this difficult time. We look forward to hearing about the children who are back in school and the progress they will be making as well as those who are staying at home.

We will be recruiting for two new parent governors in September, so please consider volunteering for this important role. I hope your half term is as good as can be and that you stay well and safe,

Kim Issroff, Chair of Governors

# Sustrans Exercise Challenge - Week-4



### The Challenge

Send a 30 second video of you making sure your bike is safe to ride. Use the information included to help.

### How to stand out - for children

You should explain how to check a bike is safe to ride in a way that even a beginner could understand. Use some of the information given in these videos which explain the <u>ABC check</u> and the <u>M check</u>. If you don't have a bike to help you explain, no problem! Why not explain using diagrams, drawings or in some other imaginative way?

### How to enter - for parents and carers

- · Upload your video to Facebook or Twitter using the hashtag #SustransActiveLondon
- Or send your video to BikeltPlusLondon@sustrans.org.uk
- Entrants must have the consent of a parent or guardian over the age of 18 to enter. Entries must be uploaded by a representative adult over the age of 18.
- Please see our website and read our Terms and Conditions for more details.

#### **Deadline**

Parents/carers – upload or send the video to us by **Wednesday 27**<sup>th</sup> **May** to be in with a chance of winning a bike or scooter.

### What happens if I win?

- We will announce the winner on Thursday 28<sup>th</sup> May, on Twitter and via email.
- We will be in touch to arrange your prize: a bike or scooter!
- Your video will be uploaded to our Twitter, @SustransLondon.

### What happens if I don't win?

- There's still a chance your video will appear on our Twitter page. We will be putting some of our favourites up throughout the week, so keep your eyes peeled!
- This is a weekly challenge so there will be plenty of opportunities to take part again. Look out for our next challenge which will be announced on Wednesday 27<sup>th</sup> May.





One of the most important moving parts of your bike are the lubricants. Without the grease in the bearings and on the chain you bike would quite literally grind to a halt!



The recommended tyre pressure can be found on the rim of your tyre, usually followed by 'psi' which stands for Pounds per square Inch – a unit of measurement for pressure.



SHARE YOUR CLIPS!

Click on the twitter logo to go straight to our twitter page



**#SustransActiveLondon** 

36...



Tell us what you think of this activity





Click on the faces to link to our activity feedback survey

 $\underline{https://www.sustrans.org.uk/our-blog/projects/2020/london/stay-active-with-sustrans-in-london/\#theme}$ 

## Race to leath chalenge



Last few days to get your exercise and activity logged for the Race to Health—logging closes on 24th May—lets see which class at Fleet is the most active. Every child was sent their individual logins via ParentHub/text w.b. 11th May

Race to Health at Home: Where the Wild Things Are

11th May to 24th May 2020



#### What is Race to Health?

Race to Health is an award winning online physical activity challenge that can help encourage physical activity at home for children and their families.

This year's theme: follow Max's magical journey from his bedroom in Maurice Sendak's classic Where the Wild Things Are. Each minute of physical activity you and your children do, will be converted into miles and contribute to their class and our whole school's total, helping Max get back in time for his supper whilst it's still hot!

### What is involved?

You and your children will be asked to log your physical activity minutes on the fun interactive web site with the aim of encouraging daily physical activity. Whilst on the site your children will be able to track their own progress as well as that of their class and the school. You and your children will also be able to customise your own page, collect medals and points.

All you need to do is log on with the details that you've been sent and use the website to record your physical activity.







### Sing under Lockdown? Need Support or know someone who does?

These are very difficult times for everyone but one of the positives to come out of this situation is the amount of goodwill and support for each that is out there. If you are facing particular difficulties brought about by lack of employment, financial hardship, health conditions there are groups out there that may be able to help. You may not need these services yourself but know someone in Camden who does. Please see the information below:

### **Mutual Aid groups**

Support with picking up shopping, medication, signposting to other helpful organisations.

We are also currently helping deliver hot meals from Food For All once a week.

You can join the group here: <a href="www.bit.ly/KTMutualAid">www.bit.ly/KTMutualAid</a> or call 07858445464. Sometimes it helps people to join the group just to know there is support there if/when they require it. They will make sure the person is looked after and connect them to anything they require as support.

### **Highgate Newton Community Centre**

[Flyer bottom right of page]

They cover Camden N19, N6 and NW5 and can drop off a one-off free food parcels. If they know a family is in need, they will make sure to call every 2 weeks just to see how they are doing and if they can supply another parcel.

#### **Cooperation Kentish Town**

https://www.facebook.com/CooperationTown/

They do deliveries every Wednesday. Their packs include bread, cereal, fresh fruit and veg, rice or pasta, tinned food and healthy snacks from the wonderful <a href="https://www.facebook.com/thefelixproject/">The Felix Project - (https://www.facebook.com/thefelixproject/</a>) and freshly cooked meals from <a href="Food For All HQ">Food For All HQ</a> (https://www.facebook.com/FoodForAllHQ) and additional supplies donated by neighbours.

### Food for All (see flyer bottom left)

They have a central kitchen in Holborn, with the capacity to cook thousands of meals daily. They've now set up a hub in Camden at 96 Park Way NW1 7AN. They are currently building a list of people that require the help, and setting up deliveries with a network of volunteers.



### In response to the Corona Virus

There is one urgent action required, an action from the heart.

We need to unite and support people struggling in the Camden community during this extraordinary food poverty crisis.

'ROCK & ROLL RESCUE' & 'FOOD FOR ALL' have joined forces to assist those unable to leave their homes to shop for food, so we are asking the following:

Do you know a vulnerable person in need of a FREE hot healthy meal and a food parcel in the Camden area? If so, then can you PLEASE contact us at foodforalluk@gmail.com and leave your full details so we can add you to our list to be served immediately. Anyone in need is eligible.

You can come either come and collect or we can deliver to you in between the hours of 12 -  $3.00 \, \text{pm}$ .

Collection and pick up service is at 'Rock & Roll Rescue', 96 Park Way NW1 7AN, next door to the famous 'Dublin Castle'. Food is distributed by 'Food for All Charity'.





Please donate, however small: www.foodforalluk.com/donate Food For All, Registered Charity No. 1077897





## Fantastic Home Learning and Funt

Huge thank you to all you are doing to support your children and each other. These are some of the pictures and work you have shared with us this week —remember <a href="mailto:admin@fleet.camden.sch.uk">admin@fleet.camden.sch.uk</a> to send us images (put the class teacher's name and class in the subject). On the next few pages work from: Amin, Evangeline, Mason, Iffy, Maureen, Hana, Natasha, Tara, Mael, Jake, Hunter, Ryan, Luca, Rosa, Hiba, Nico, Yayha, Eartha, Ella, Hana, Nadia S, Frankie, Isabelle, Tara, Gabriel, Evanthia, Ayra, Lenny, Suha, Erina, Lucia, Robyn, Amber-Lily, Peter, Maxence, Ursula, Jake, Lena, Musa& Penny! Keep it coming—we love it!









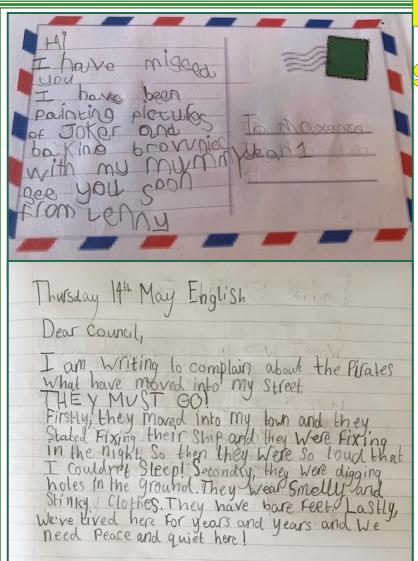


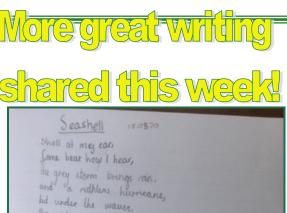












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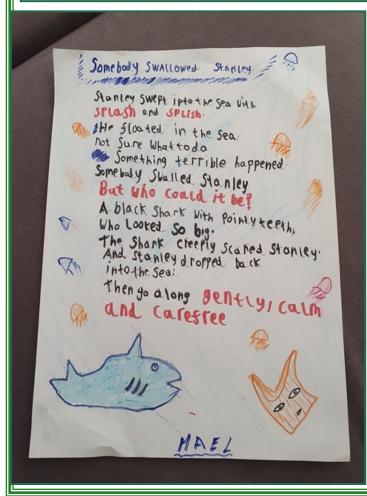
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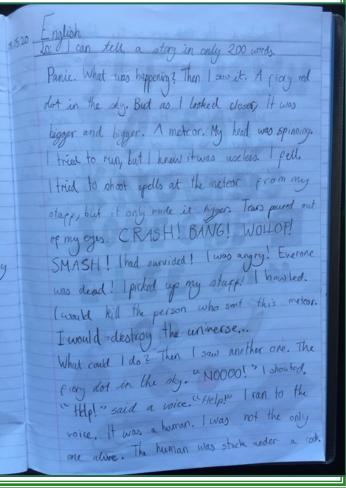
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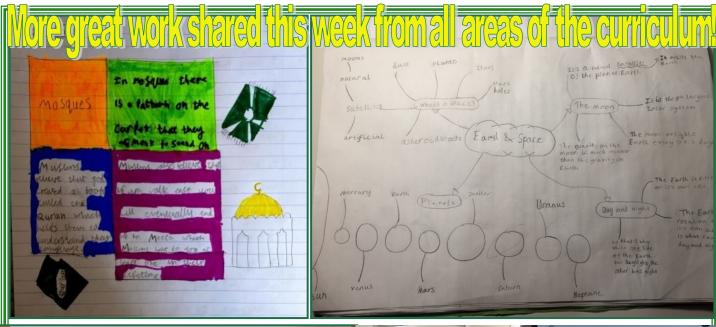
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