



## Message from the head:

The last few months have been trying to say the least for everyone, but what is not talked about quite so much is some of the good things that have come out of lockdown. For me personally, seeing my children more than I would usually has been a bonus (most of the time!), and the lack of cars on the road for me as a cyclist has also been something I have enjoyed. With the year 6 children this week Ms Matheson was doing just this—considering some of the challenges they have faced this year and some of the positives. I wanted to share a couple of poems inspired by this work from Hana and Hannah. I have to admit, reading Hana's first couple of lines, and thinking about the fact this wonderful group of year 6 children will not be able to have their end of Fleet trip to Gower for their week long residential, really upset me. I wish there was some way we could have made it happen as I know the children look forward to this their entire Fleet life and to think this situation has robbed them of the chance does not seem fair, however, reading the positives both children came up with in their poems also reminded me what an amazing bunch this year 6 cohort are and how resilient children can be. While they have been cheated out of the year 6 we thought they would all have, they are all safe and well thanks in part to the sacrifices we have been asked to endure.

I also wanted to share with you a fantastic piece of art that Eartha in Year 5 created (shown above and below), inspired by the recent events in relation to the murder of George Floyd and the subsequent demonstrations and the Black Lives Matter movement. Fleet school prides itself on our inclusive nature and in teaching the children about respect and equality for all—regardless of race, religion, gender or any other difference there may be between us. I know you will all join with us in supporting the anti-racist protests happening across the world. It would be great to see any art, writing or anything else the children are inspired to create in response to these events. I would encourage you to talk to your children about this so that this truly can be a watershed moment in our society and not just something that is in the news for a bit and no real change takes place in society.

This week we welcomed back another 2 year groups for their first sessions since lockdown. Year 1 and Nursery were added to Year 6 and Reception who had come in towards the end of last week. All the steps we have taken to manage the separation of the different groups of children—staggering start and finish times, varying entrances, separate times in the playgrounds etc—all are working well.

You may have seen in the press this week that the government have rolled back on their commitment for all primary children to come back to school. It was clear to us from the outset that the government plan of all children coming back and them being full-time was never going to be possible with the other restrictions we have to put in place (smaller class sizes and spacing of desks etc).

Our plan for return from the beginning rested on a fundamental goal—which had the support of the governing body—and that was we wanted all the children, from nursery to year 6, to have the option

## Pick-up and Drop-offs for next week

**Bubble A—Mon & Tues/Bubble B—Thurs & Fri**

- **Year 6—Agincourt Road Entrance-into Junior Playground—8.45am-9am drop off; 3.30pm pick-up—waiting area—junior playground**
- **Year 1—Main Gate Entrance—8.45am-9am drop off; 3.15pm pick-up—waiting area—outside/opposite classroom**
- **Reception—Main Gate Entrance—9am-9.15am drop off; 3pm pick-up—waiting area—along fence of reception outside play area**
- **Nursery—Agincourt Road Entrance-through Nursery Gate—9am-9.15am drop off; 3pm pick-up—waiting area—along fence of nursery outside play area in infant playground**

## Class Photo Project

Thanks to those of you who have already sent in your class photos in response to the home learning tasks set by some of the teachers last week. Other classes have added theirs to next week's task list. Once we have a picture from each child in each class we can create and share our 'lockdown' class photos.



This year, not the best year,  
No sliding down sand dunes  
Or swimming in the sea.  
This year, it's a great year,  
Spending lots of time with family.  
This year, not the best year,  
No eating burgers with friends.  
This year, it's a great year,  
The fun will never end

By Hana

2020 not a great year  
Twelve weeks stuck at home.  
2020 not a great year  
All day on our phones.  
2020 not a great year  
Always shouting NO!!  
However...  
2020 what a great year  
More time to spend with family.  
2020 what a great year  
Always something imaginary.  
2020 what a great year  
Hearing stories from grandparents.  
2020...  
A rollercoaster of emotions for  
people all around the world...  
...but we are extremely grateful to  
have the chance to realise how  
blessed we are.

By Hannah



for some time in school before the end of the academic year and for all of them to be taught by their own class teacher. We knew to achieve this we would not be able to offer full-time places, but felt that the idea of some children coming back full time while others couldn't come back at all, was not something we could support. For this reason, we will be continuing with our original plan—children being in for 2 days a week, with their class teacher teaching them. We currently have Nursery, Reception, Year 1 and Year 6 in. From the 22nd we add Year 2 and Year 5. Finally, all being well, on the 6th July we then add the final two year groups, Year 3 and Year 4. I'd personally like to thank you for the kind words of encouragement you have communicated to us in how we have reached out and relayed this plan to you and the understanding you have shown that these have been very difficult decisions for schools to have to make.

If you have a child in Year 2 or Year 5 you should have received a communication today via parent-hub regarding which group your child is in for their planned return from the week beginning 22nd June. If you have not received this letter or have any questions please contact the school office. We are really looking forward to those children having a chance for some time in school before the summer.

I hope you all have a good weekend, please keep sending in the work from the children and the pictures of the activities you are doing at home so we can celebrate them and provide feedback and encouragement. I look forward to welcoming Year 6, Year 1, Reception and Nursery children back again next week.

# Sustrans Exercise Challenge - Week 5

STAY ACTIVE WITH SUSTRANS

WEEK 6: TRAVEL NEWSFLASH



WIN A BIKE  
OR SCOOTER!

## The Challenge

Create a 1 minute newsflash explaining the benefits of 'active travel'. This can include walking, cycling, scooting and wheeling.

### How to stand out – for children

We're looking for informative news reports, so try to stick to the facts. It would be great if you can do some research. Why not watch the news before you begin, to see how real news reporters do it?

### How to enter – for parents and carers

- Upload your video to Facebook or Twitter using the hashtag **#SustransActiveLondon**
- Or send your video to [BikeltPlusLondon@sustrans.org.uk](mailto:BikeltPlusLondon@sustrans.org.uk)
- Entrants must have the consent of a parent or guardian over the age of 18 to enter. Entries must be uploaded by a representative adult over the age of 18.
- Please see our [website](#) and read our Terms and Conditions for more details.

### Deadline

Parents/carers – upload or send the video to us by **Wednesday 17<sup>th</sup> June** to be in with a chance of winning a bike or scooter.

### What happens if I win?

- We will announce the winner on **Thursday 18<sup>th</sup> June** on Twitter and via email.
- We will be in touch to arrange your prize: a bike or scooter!
- Your video will be uploaded to our Twitter, @SustransLondon.

### What happens if I don't win?

- There's still a chance your video will appear on our Twitter page. We will be putting some of our favourites up throughout the week, so keep your eyes peeled!
- This is a weekly challenge so there will be plenty of opportunities to take part again. Look out for our next challenge which will be announced on Wednesday 17<sup>th</sup> June.

## DID YOU KNOW...



In 1948, the first regular UK news programme was broadcast on TV. Before this, people got their news from the radio and newspapers.



One car parking space can hold between 6 and 20 bicycles!



## SHARE YOUR CLIPS!

Click on the twitter logo to go straight to our twitter page



**#SustransActiveLondon**

Tell us what you think of this activity



Click on the faces to link to our activity feedback survey

<https://www.sustrans.org.uk/our-blog/projects/2020/london/stay-active-with-sustrans-in-london/#theme>



**RAZZAMATAZ ONLINE**

BRINGING RAZZAMATAZ TO YOU WITH DANCE, SINGING AND DRAMA ONLINE TUITION

SMALL INTERACTIVE QUALITY LESSONS, DEDICATED Q&A TIME AND PAY AS YOU GO PAYMENT OPTION.

EMAIL: BELSIZEPARK@RAZZAMATAZ.CO.UK OR CALL: 07425 918328  
TODAY FOR MORE DETAILS ON HOW TO BOOK  
WWW.BELSIZEPARK.RAZZAMATAZ.CO.UK

Razzamataz Theatre School Belsize Park is a part time Performing Arts School for children aged 4-18yrs old. The classes pay equal emphasis on Dance, Drama and Singing! The classes focus very much around building a child's confidence, improving their co-ordination and communication skills, maintaining their health and fitness but most importantly having fun! They cover both Musical Theatre and Commercial styles including Pop Singing and Commercial / Street Dance, with fully DBS checked teachers and staff. Classes take place via Zoom and booked on a first come/first served basis.

**Minis Group (4-5yrs) Fridays 3-3.30pm**  
**Juniors Group (6-8yrs) Fridays 4-4.45pm**  
**Inters Group (9-11yrs) Saturdays 10-11.15am**

**Seniors Group (12-18yrs) Saturdays 11.30am -12.45pm**

One of our parents is going to be one of the speakers and host in a new webinar series targeted for young adults to motivate them and inspire them. There will be different topics each week. This series started last week and continues this Sunday at 9pm BST. The topic this week is financial freedom and financial legacy. If you are interested you need to register beforehand (it's totally FREE)—add ALEX VITILLO IN THE SPEAKER BOX. They go live on zoom on Sunday at 9pm. To register [www.claysmile.com/rocketfuel](http://www.claysmile.com/rocketfuel)



The LST Speakers Bureau presents  
**ROCKET FUEL**  
A chance for older generations to elevate younger generations  
A FUN, INTERACTIVE WEBINAR  
Every Sunday 9PM (BST) starting on June 7th  
Free Admission... Register at [Claysmile.com/RocketFuel](http://Claysmile.com/RocketFuel)  
Sponsored by: MARIA L. FILOTEO, CPA & ASSOCIATES

LST MLF CPA

## Struggling under Lockdown? Need Support or know someone who does?

These are very difficult times for everyone but one of the positives to come out of this situation is the amount of goodwill and support for each that is out there. If you are facing particular difficulties brought about by lack of employment, financial hardship, health conditions there are groups out there that may be able to help. You may not need these services yourself but know someone in Camden who does. Please see the information below:

**Mutual Aid groups:** Support with picking up shopping, medication, signposting to other helpful organisations.

We are also currently helping deliver hot meals from [Food For All](http://FoodForAll) once a week.

You can join the group here: [www.bit.ly/KTMutualAid](http://www.bit.ly/KTMutualAid) or call 07858445464. Sometimes it helps people to join the group just to know there is support there if/when they require it. They will make sure the person is looked after and connect them to anything they require as support.

**Highgate Newton Community Centre:** [Flyer bottom right of page] They cover Camden N19, N6 and NW5 and can drop off a one-off free food parcels. If they know a family is in need, they will make sure to call every 2 weeks just to see how they are doing and if they can supply another parcel.

**Cooperation Kentish Town:** <https://www.facebook.com/CooperationTown/> They do deliveries every Wednesday. Their packs include bread, cereal, fresh fruit and veg, rice or pasta, tinned food and healthy snacks from the wonderful [The Felix Project](http://TheFelixProject) - (<https://www.facebook.com/thefelixproject/>) and freshly cooked meals from [Food For All HQ](http://FoodForAllHQ) (<https://www.facebook.com/FoodForAllHQ>) and additional supplies donated by neighbours.

**Food for All (see flyer bottom left):** They have a central kitchen in Holborn, with the capacity to cook thousands of meals daily. They've now set up a hub in Camden at 96 Park Way NW1 7AN. They are currently building a list of people that require the help, and setting up deliveries with a network of volunteers.



**FOOD FOR ALL**  
Ready for action  
Reg. Charity No. 1077897

**Essential Meals for Vulnerable and Isolated in Camden**

**CAMDEN CALLING**

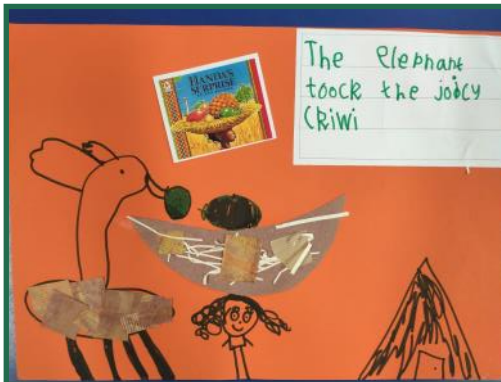
There is one urgent action required, an action from the heart.  
We need to unite and support people struggling in the Camden community during this extraordinary food poverty crisis.  
'ROCK & ROLL RESCUE' & 'FOOD FOR ALL' have joined forces to assist those unable to leave their homes to shop for food, so we are asking the following:  
Do you know a vulnerable person in need of a **FREE hot healthy meal and a food parcel** in the Camden area? If so, then can you **PLEASE** contact us at [foodforalluk@gmail.com](mailto:foodforalluk@gmail.com) and leave your full details so we can add you to our list to be served immediately. Anyone in need is eligible.  
You can come either come and collect or we can deliver to you in between the hours of 12 - 3.00pm.  
Collection and pick up service is at 'Rock & Roll Rescue', 96 Park Way NW1 7AN, next door to the famous 'Dublin Castle'. Food is distributed by 'Food for All Charity'.  
Please donate, however small: [www.foodforalluk.com/donate](http://www.foodforalluk.com/donate)  
Food For All, Registered Charity No. 1077897

Twitter Facebook Instagram

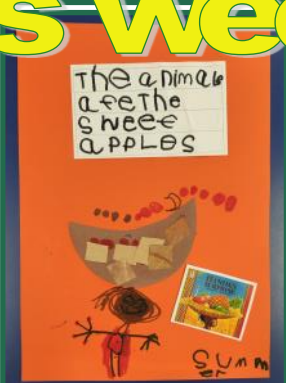
**Food Bags For You.**  
If you are one of many who have lost their job and are experiencing hardship as a direct consequence of the Covid - 19 Pandemic  
**CALL US NOW on 07551 798767 or 07748 091604 e-mail: [andrewhncc@outlook.com](mailto:andrewhncc@outlook.com) to arrange FREE food parcels to your home.**  
(HNCC Covid -19 Community Response Team)



We welcomed 4 year groups into school this week—bubble A on Monday and Tuesday, while Bubble B came in on Thursday and Friday. Our Key Worker and Vulnerable children group, as they have been since the beginning of lockdown, were in everyday. While the children and the staff are adjusting to this new normal it was clear the children really enjoyed being back and getting to see their teachers, teaching assistants and friends. As well as the usual English, maths and other curriculum areas there has been pond-dipping, arts and crafts too, baking and bug hotel building. Lots being fitted in!



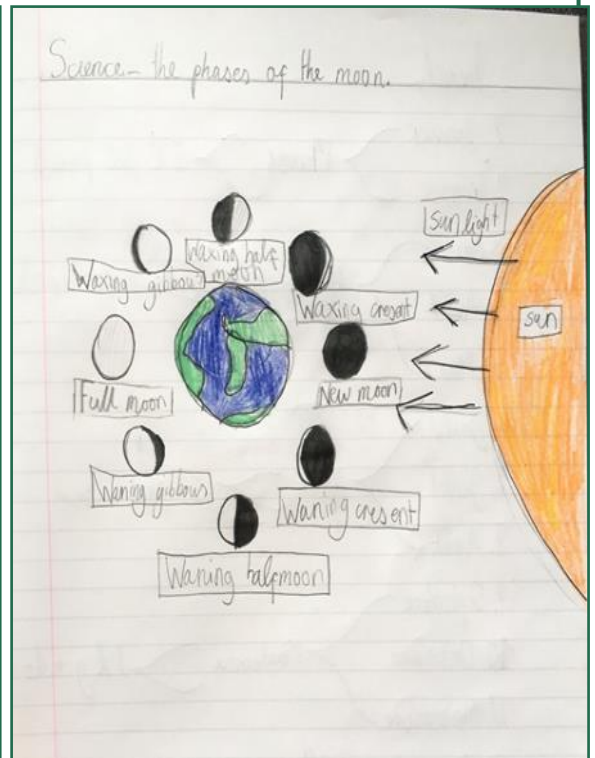
# In school this week...





# Fantastic Home Learning and Fun!

Huge thank you to all you are doing to support your children and each other. These are some of the pictures and work you have shared with us this week —remember [admin@fleet.camden.sch.uk](mailto:admin@fleet.camden.sch.uk) to send us images (put the class teacher's name and class in the subject). On the next few pages work from: Nida, Mason, Alea, Evangeline, Hana, Mael, Tara, Vesa, Eartha, Annie, Lucia, Lizzie, Frankie, Iffy, Benita, Lily-Rose, Amina, Maureen, Amin, Erina, Charlotte, Tamanna, Aman, Suha, Isaac, Nico, Ella, Ni'mah, Peter, Hana and Hannah! Keep it coming—we love it!





# THE ICE PLANET

The landing was dangerous, but eventually the craft came to a stop. The astronaut stepped out of her spaceship and looked around in wonder. The planet was covered in freezing cold icicles dripping from the rocks. The dark and gloomy sky has constant strikes of dangerous lighting and thunder. She was wearing puffy gloves and a big, bulky suit as she started to walk up the frosty icicles trying not to fall off. Not all of the planet was covered in ice. The rest had blood red rocks and very dark green bushes. Some of the bushes had no leaves and were covered in cold ice instead. One touch of the jagged ice would give you frostbite; she was wearing gloves so she could touch them. Every now and then, the glistening icicles would fall shattering the silence, like the sound of a window breaking. There were tiny black birds, as small as insects, which scurried across the ice looking for food. She heard their babies tweeting as soon as their mother came over with some food for them. The bird's tweet was so high pitched that it sounded like a mouse squeaking.

As she looked around, the astronaut started to notice dark patches dotted across the ice. Getting closer she could see that inside the dark patches there was more shimmering ice underneath. But in one of the soft bits of ice she saw a little bit of light coming through... THEY WERE CAVES! Inside the caves it looked like there was lots of different coloured lights sparkling against the walls, like it was a disco ball. Suddenly, she saw something moving behind the ice. It looked like a blob of blue jelly, but no, IT WAS AN ALIEN!!! The alien wobbled towards her and then slowly emerged through the ice at the mouth of the cave. As it blobbed forward, slippery goo (from its body) splashed up at her. It had transparent blue jelly-like skin and 3 big cartoon eyes popping out of its head. Its white eyeballs were huge and had angry red lids. The gigantic, gaping mouth was filled with concentric rings of razor-sharp jagged teeth. The astronaut was shocked, she had never seen anything like it. What should she do????

By Annie



Dear Residents at Maitland Park Road,  
I hope you are staying safe!  
To stay safe I have been staying home.  
Sometimes I play football outside. At school  
my teacher's names are Miss Hanfong and  
Lynley and they are both very kind. My  
hobbies are Playing video games,  
boxing and playing with my dog.  
I like coloring in pictures. I hope you  
are staying safe in this hard time!  
Mason Sullivan  
Fleet Primary  
School





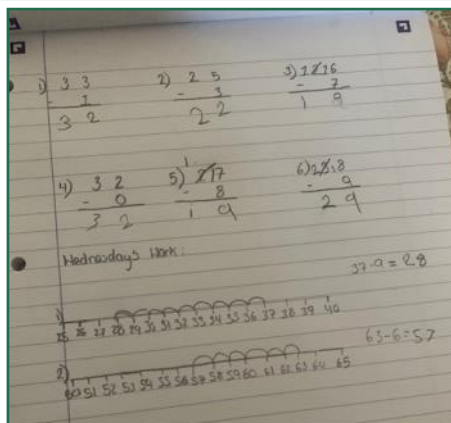




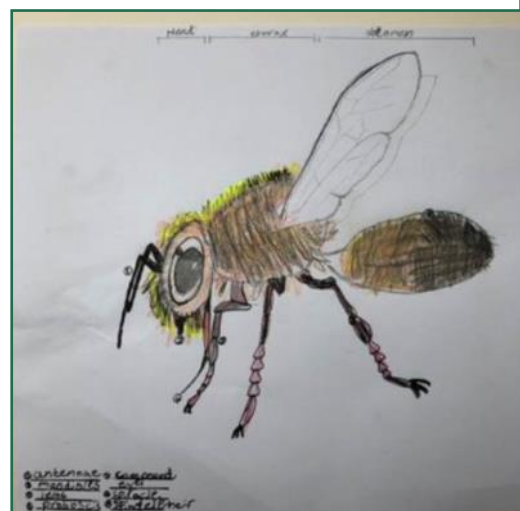
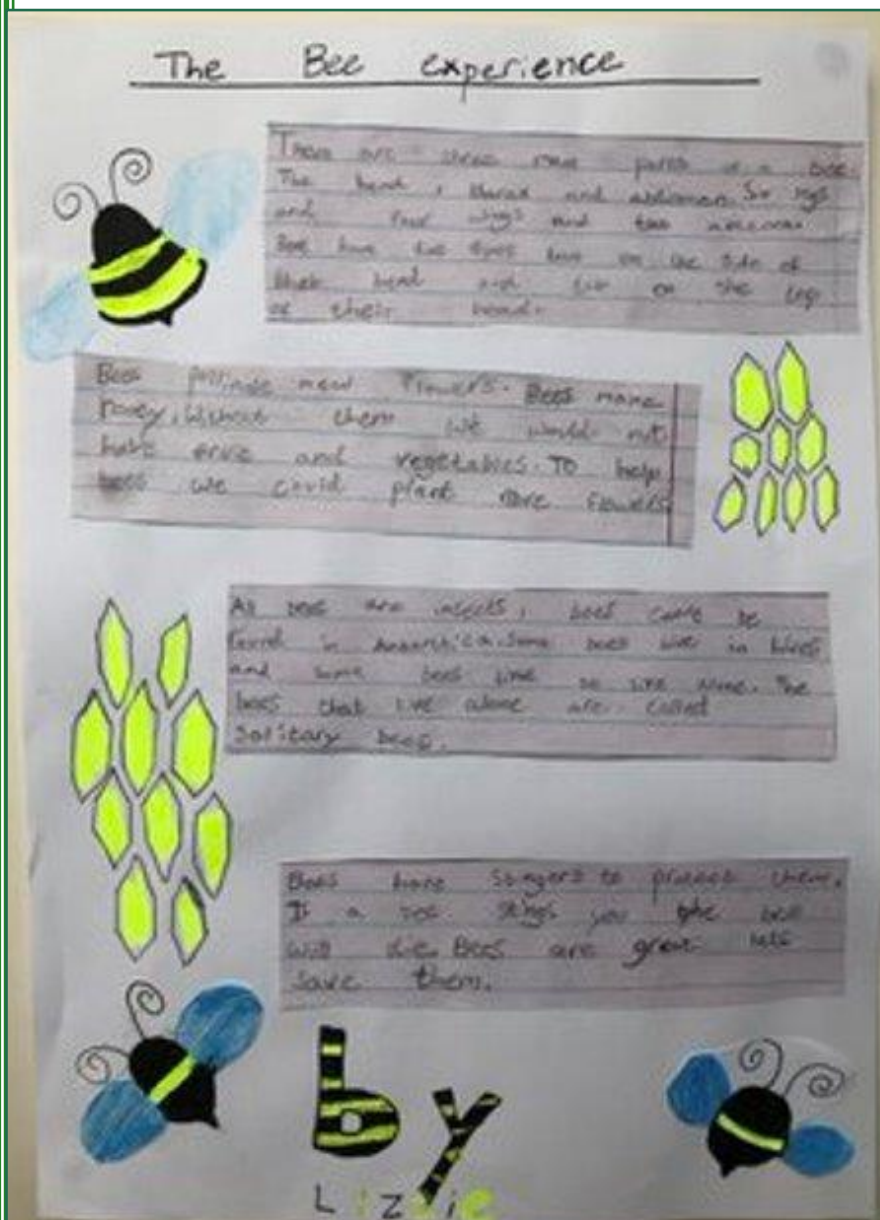
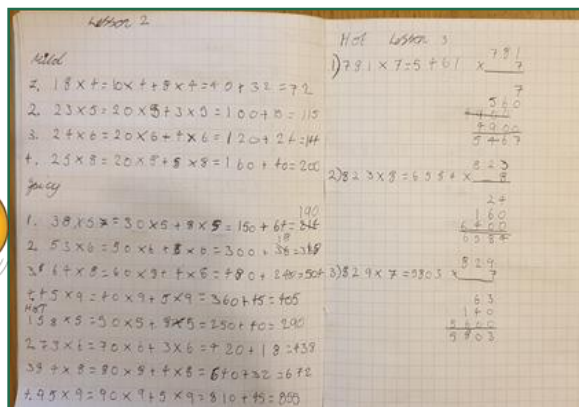
# Even more fantastic home learning








...and more fantastic home learning!





### Book Review



Book Title - Twinkl

Author - Twinkl

Illustrator - Twinkl

Genre (tick as many as apply to your book)

<input checked="" type="checkbox"/> Fiction	<input type="checkbox"/> scary	<input type="checkbox"/> animal story
<input type="checkbox"/> non-fiction	<input type="checkbox"/> fairy tale	<input type="checkbox"/> biography
<input type="checkbox"/> fantasy	<input type="checkbox"/> adventure	<input type="checkbox"/> historical
<input type="checkbox"/> humour	<input type="checkbox"/> sports	<input type="checkbox"/> mystery
<input type="checkbox"/> other		

**Plot - main events**


Event 1 Wants to see Huascarán

Event 2 goes to a city

Event 3 Return to home

**Favourite part of the story**

Summary when he goes on the big boat across the sea


Illustration 

**My Star Rating**

★★★★★

Why I rated the book stars

**Setting**

Picture of one of the settings 

**Main character**


Name Twinkl

Personality kind happy


Physical Appearance kind caring

This book made me feel happy because a little boy has such a big adventure

How I feel about this character and why happy because he has to travel to the jungle

draw how you felt! 

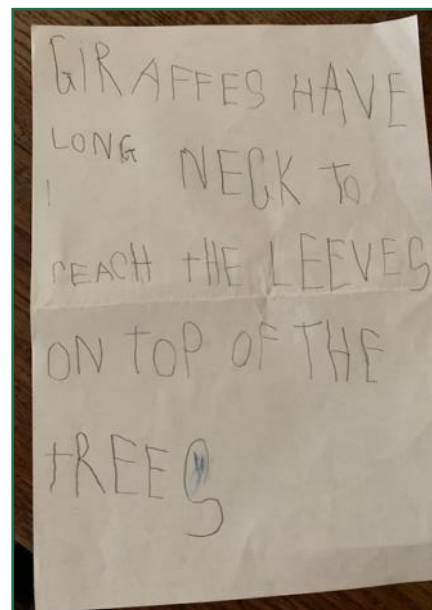
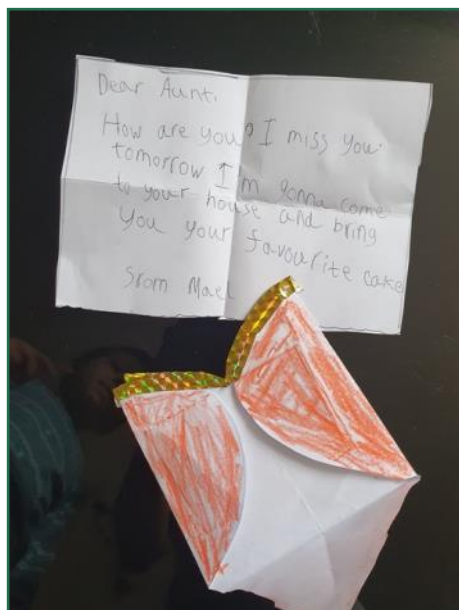
# PERU



**Location:** East coast of South America (3rd largest)

**Facts:**

- official name: Republic of Peru.
- capital: Lima
- official languages: Spanish, Quechua
- currency: Nuevo Sol
- mountain range: Andes (tallest is Mount Huascarán)
- major rivers: Amazon, Ucayali, Madre de Dios
- Amazon rainforest: covers nearly half of Peru, home to Amerindian tribes
- Inca empire: built Machu Picchu, their capital is Cusco
- Fun facts: In one km<sup>2</sup> of Peruvian rainforest more than 6000 kinds of plants.
  - puya raimondi (plant in the Andes) grows for a 100 years before blooming.
- Food: Cuy (guinea pig), Rocoto Relleno (stuffed spicy peppers), Ceviche, Anticuchos de Corazón (grilled heart)



My Weekly Food Diary

	Breakfast	Lunch	Dinner	Snacks
Monday	Eggs and toast	Rice and with broccoli carrots	Soup	Actimel, Twix, Strawberry
Tuesday	Crunchy Nuts	Pasta bake	Pasta bake	Strawberry, grapes, Oranges
Wednesday	Porridge	Chicken Pie	Sandwich	Actimel, grapes, mango
Thursday	Cornflakes	Sandwich	Pasta	mango, grapes
Friday	Porridge banana	Wrap	Pasta	mango, Strawberry, grapes
Saturday	Cornflakes	Lasagna with dips	Pizza	Actimel, grapes, Smoothie, Strawberry, Mango, banana
Sunday	Cornflakes	Roast chicken, broccoli, carrot, Potato	Mac n cheese	Smoothie, Apple, mango, orange, grapes, strawberry

Advanced Pediatric Associates

7. £16.34 = 12.77

£4.52

£1.91

£12.17

8. £17.82 = 15.56

£3.38

£18.36

£15.56

13. Adding Decimals in the context of Money

1. £25.45 = £39.12

£13.67

£39.12

5. £146.38 = £84.59

£37.81

£84.59

2. £32.56 = £51.46

£18.90

£51.46

6. £34.51 = £79.72

£45.21

£79.72

3. £127.83 = £51.40

£23.57

£51.40

7. £42.112 = 95.60

£53.48

£95.60

4. £34.51 = £83.43

£48.92

£83.43

8. £29.57 = 92.46

£62.89

£92.46



## It's Carers Week

The theme of this year's Carers Week is 'making carers visible' and Camden Council wants to celebrate and thank all Camden residents who are providing care. Caring for a family member, partner or friend can be challenging, particularly during COVID-19, but there is support available:

- Camden Carers Centre offer support and information. Call **020 7428 8950**, email [info@camdencarers.org.uk](mailto:info@camdencarers.org.uk) or go to [camdencs.org.uk](http://camdencs.org.uk)
- Sign up to Mobilise for regular e-support packages at [mobiliseonline.co.uk/camden](http://mobiliseonline.co.uk/camden)
- Young carers (under 18) can access information, advice, and practical support through Family Action. Email [icyc@family-action.org.uk](mailto:icyc@family-action.org.uk) or visit [family-action.org.uk](http://family-action.org.uk)

## A carer's story from lockdown

we  
make  
Camden



Alfred, 95, is one of the many people in Camden supporting a family member.

"I've been with my partner Sarah for 30 years. For the past two years she's been living with dementia. I take her cups of tea in bed, and take her out, as well as doing household chores. COVID-19 has changed a lot for us – my daughter helps by picking up shopping so we can stay inside. Someone comes to help Sarah with personal care every day, we have a nice Social Worker, Martin, and I get support in my role as a carer from Camden Carers. They've all had a very big impact on our life."



## Support for Camden's young people



During this challenging time young people have been adapting to different ways of living and learning – and in some cases coping in difficult circumstances. To support them, the Council and local youth organisations have put together activities and discussions to help them get through lockdown.

Camden youth and play centres have found new ways to help local young people stay connected to their centre and each other during the pandemic – including peer support, exercise classes, competitions and online challenges. Head to [camdenrise.co.uk](http://camdenrise.co.uk) for a list of projects and activities available.

### Join the next Youth Shout Out

Anyone in Camden aged 11 to 18 is welcome to join today's (Thursday 11 June) virtual **Youth Shout Out** from 4pm and take part in discussions focussed around education and returning to school. There will also be a Q&A session with education experts from Camden Learning, the Careers & Connections service and schools for young people to share their concerns and ask any questions.

Email [rema.patel@camden.gov.uk](mailto:rema.patel@camden.gov.uk) for more information and to join the discussion.

## Parking services

Camden Council will continue to provide free parking spaces to NHS and key workers as it reintroduces many of its general parking restrictions across the borough.

The council is currently issuing warning notices to any vehicle that is not displaying a valid permit or has not paid for parking where required.

From **Monday 15 June**, normal parking suspensions and enforcement will be reintroduced. This is necessary to ensure Camden's roads remain accessible as work and other activities begin to resume. For more information about these changes go to [camden.gov.uk/parking1](http://camden.gov.uk/parking1)

## Abbey Community Centre



To assist residents during this time the Abbey Community Centre team are running a phone line staffed five days a week, with volunteers and staff proactively reaching out to members to check they have everything they need. Volunteers are delivering

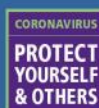
groceries or prescriptions, and providing technology support over the phone – such as helping members get online.

Centre staff and partners are also running six regular Zoom groups – Creative Writing, Choir, Afternoon Tea, Re-cycle-art and Colouring Calm (all ages 18+), plus Song and Rhyme Time with the Children's Services team.

"The sessions are thoroughly enjoyable, effective and have all the warmth of being back in the centre," an Abbey Children's Services member said.

You can contact the team from Monday to Friday 10am-4pm by calling **020 7624 8378** or visit their site at [abbeycc-kilburn.org.uk](http://abbeycc-kilburn.org.uk)

[camden.gov.uk/coronavirus](http://camden.gov.uk/coronavirus)  
**020 7974 4444 (option 9)**





# Coronavirus: Weekly update

## From Camden Council

To keep you up to date with changes to Council services and support available through the Council and its partners, you'll find weekly updates here in the Camden New Journal.

Visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) for the latest on all Council services and information on essential support, including how to access emergency food and financial support. The webpage contains information in different languages and formats.

You can also check the rolling news feed [camden.gov.uk/coronavirusnews](https://camden.gov.uk/coronavirusnews), Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) or speak to someone at the Council directly on 020 7974 4444 (option 9).



**SIGN UP** to the Council's coronavirus e-newsletter for regular service updates, news and support, at [camden.gov.uk/coronavirus-updates](https://camden.gov.uk/coronavirus-updates)



Camden Council stands in solidarity with Black Lives Matter and the call to end racism within every aspect of our society, and we are committed to working alongside our BAME community to bring about the change that is so needed. We recognise the horrendous and disproportionate impact of COVID-19 on our BAME communities. Our BAME Inequalities and COVID-19 Working Group is one way we are responding to this issue in relation to the current pandemic, to help us respond to the virus and reduce the impact it is having on our BAME communities.

This week we'll be hosting our second Youth Shout Out, where we will continue to listen to our young people's concerns around what COVID-19 means for them and discuss ways we can support them.

It's also Carers Week, and I want to thank every single carer out there, from paid carers to people caring for a partner, family member, friend or neighbour - the work you do is incredibly important to our community, especially during this time. If you are finding this vital work difficult or lonely, please don't hesitate to reach out and ask for support.

**Councillor Georgia Gould, Leader of Camden Council**

## Council meetings

Some council meetings have now restarted and are being held remotely. Tonight's meeting (11 June), the Resources and Corporate Performance Scrutiny Committee, starts at 5pm, followed by a Licensing Panel at 7pm. You can watch live or catch up at [camden.gov.uk/councilmeetings](https://camden.gov.uk/councilmeetings)

While councillors are not holding face-to-face surgeries until further notice, they are still here to help.

Visit [camden.gov.uk/councillors](https://camden.gov.uk/councillors) or call 020 7974 2792 to get in touch.

## Test and Trace

The Government recently launched NHS Test and Trace. This aims to make sure people with COVID-19 symptoms can get tested and if they have the virus, will help to trace people they've been in close contact with so they can also self-isolate and prevent further spread of the disease.

You can find out more at [gov.uk/guidance/nhs-test-and-trace-how-it-works](https://gov.uk/guidance/nhs-test-and-trace-how-it-works)

## Updates to Government guidelines



### From 15 June

- Non-essential shops will begin to open from next week. Please remember to follow social distancing guidelines even when in shops, and wear a face covering if you are not able to safely social distance.
- Face coverings must be worn on public transport.

**Whenever you're outside, you must continue to follow social distancing guidelines by staying 2 metres apart from anyone not in your household.**

## Don't wait to get help

If you need urgent or emergency healthcare, don't hold off seeking help. For urgent advice call 111 or your GP. If you feel you need to, or a professional advises you to, go to a hospital – there are measures in place to keep you safe. If you're experiencing any non-urgent symptoms that aren't normal for you, or have any health concerns, speak to your GP.

## Recycling centre reopens

Regis Road Reuse and Recycling Centre has reopened for residents who have booked a slot only. Restrictions are in place to keep site staff and visitors safe. You will need to be able to carry your own waste and stay 2 metres away from other people at all times.

Visit [camden.gov.uk/regisroad](https://camden.gov.uk/regisroad) to book a slot, check what items will be accepted, and find out more about the restrictions.

Think before you visit and avoid unnecessary trips. You can use Camden Council's bulky waste collection service for items that do not fit in your bin – find out more at [camden.gov.uk/bulkywaste](https://camden.gov.uk/bulkywaste)



[camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus)  
020 7974 4444 (option 9)

