If you want to restrict your child's use of the iPad to whichever App you have put them on and ensure they don't just play games of their choice, turn Guided Access on:

Use Guided Access with iPhone, iPad and iPod touch

Guided Access limits your device to a single app and lets you control which features are available. You can turn on Guided Access when you let a child use your device, or when accidental gestures might distract you.

Set up Guided Access

1. Go to Settings > Accessibility, then turn on Guided Access.
2. Tap Passcode Settings, then tap Set Guided Access Passcode.
3. Enter a passcode, then re-enter it. From here, you can also turn on Face ID or Touch ID as a way to end a Guided Access session.