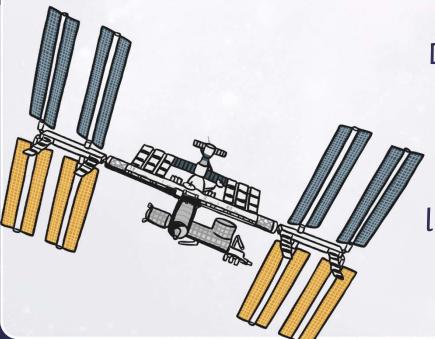


First British Astronaut in Space for over 20 Years!

British astronaut Tim Peake made history when he spent 186 days on the International Space Station between 15th December 2015 and 18th June 2016. He became the first British astronaut in space for over 20 years.



Do you have what it takes to be an astronaut?

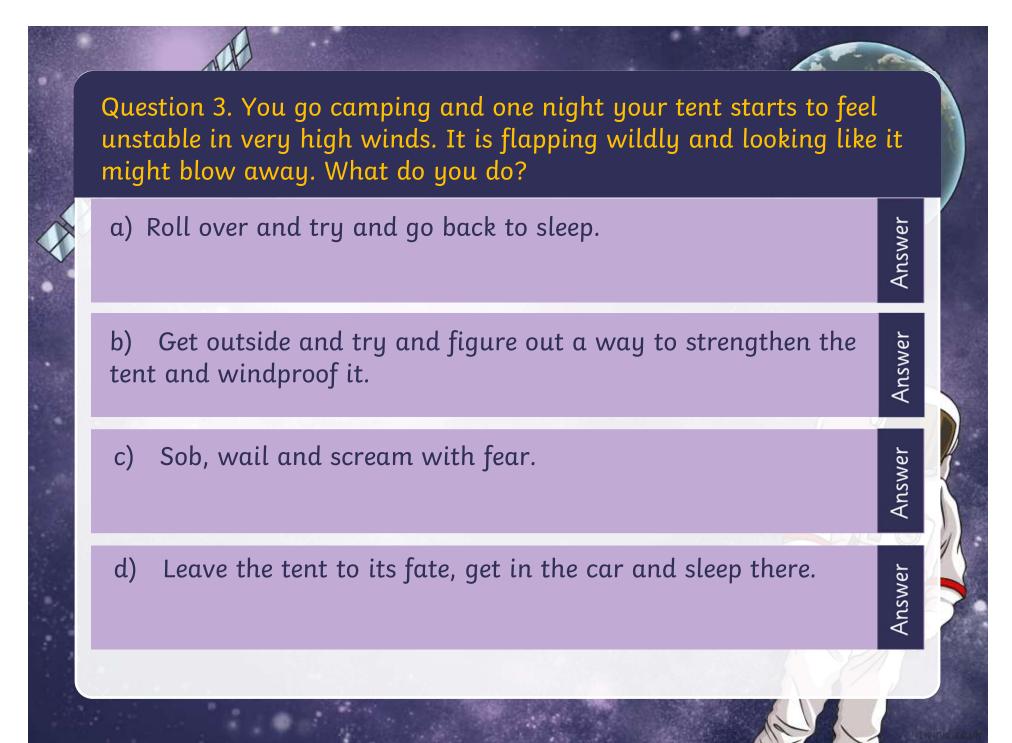
We're going to do a quiz to find out and then write a letter to NASA applying to be part of their space program.

Question 1 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) Spend so long thinking about it that a defender catches up with you and tackles you.
- **O points** Ăn astronaut will need to be decisive and possibly make good decisions in time pressured situations.
- b) Pass the ball to the teammate.
- **3 points** Astronauts need to be team players and this was the best decision to ensure success for the team.
- c) Try to finish the move you started by scoring yourself.
- **1 point** You get credit for confidence in your own ability, which is a useful attribute astronauts, but your choice showed you put personal glory ahead of team success!
- d) Bend down and pick the ball up.
- **O points** Space Agencies require high levels of intelligence in their astronauts this would not be a clever thing to do!

Question 2 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) See if you can annoy your brother or sister by imitating everything they say.
- **O points** Astronauts need to find ways of getting along with near strangers in small spaces over long periods of time.
- b) Repeatedly ask the adults, 'Are we nearly there?'
- **O points** In Space the distances are huge and travelling times are far in excess of anything on Earth.
- c) Try to find an imaginative way to entertain yourself and the others.
- 2 points At times an astronaut may need to find the fun in a situation to beat bored
- d) Look out of the window and carefully observe the surroundings, trying to notice anything interesting.
- **3 points** Astronauts need to have a real curiosity and desire to find out about new and interesting things. They should already take an interest in the world.



Question 3 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) Roll over and try and go back to sleep.
- **O points** You would not be able to ignore threatening situations as an astronaut you need to be prepared to take some sort of action.
- b) Get outside and try and figure out a way to strengthen the tent and windproof it.
- **3 points** As an astronaut you need to be ready to solve problems using common sense and ingenuity.
- c) Sob, wail and scream with fear.
- **O points** This will not achieve anything.
- d) Leave the tent to its fate, get in the car and sleep there.
- **1 point** At least you may survive the night safely but abandoning equipment would be a last resort.

a) Tell them to get up and be quiet – they are ruining the fun for you.

Answer

b) Report the situation to the nearest adult and then carry on with what you were doing

Answer

c) Take responsibility for helping the person, explain that everyone feels a bit scared and offer to hold their hand and look after them.

Answer

d) Smile sympathetically and wait for someone else to deal with the problem.

Answer

Question 4 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) Tell them to get up and be quiet they are ruining the fun for you.
- **O points** To be a successful astronaut you will need to consider others as well as yourself.
- b) Report the situation to the nearest adult and then carry on with what you were doing
- 1 point Taking this course of action will at least ensure that something gets done.
- c) Take responsibility for helping the person, explain that everyone feels a bit scared and offer to hold their hand and look after them.
- **3 points** An astronaut needs to be able to take responsibility for situations.
- d) Smile sympathetically and wait for someone else to deal with the problem.
- **O points** This would not contribute anything towards a solution.

a) Stop – it's important to listen to signals from your body.

Answer

b) Have a little walk but promise yourself you will start to run again as soon as you can.

Answer

c) Slow down and see how long you can ignore your body and keep going.

Answer

d) Keep your mind firmly focused on the finish line and how good you will feel when you get there, keep running in the knowledge you are getting closer all the time.

Answer

Question 5 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) Stop it's important to listen to signals from your body.
- **O points** While this may be true, astronauts need more of a willingness to push themselves to their limits.
- b) Have a little walk but promise yourself you will start to run again as soon as you can.
- 1 point This strategy gets some credit as you are finding a way to continue.
- c) Slow down and see how long you can ignore your body and keep going.

 2 points Choosing this option shows you have a desire to do your best even when things are tough.
- d) Keep your mind firmly focused on the finish line and how good you will feel when you get there, keep running in the knowledge you are getting closer all the time. 3 points This type of positive thinking and determination is exactly what is needed in an astronaut.

Question 6. You are doing a science experiment – which of the following would best describe your notes?

a) Notes - what notes?

Answer

b) Neatly organised and carefully presented.

Answer

c) Half-finished and scribbly with water and ink blotches.

Answer

d) Clear and complete but with jottings about ideas about further investigations and extra observations.

Answer

Question 6 – Which answer did you choose? Read the explanation and write down how many points you scored.

- a) Notes what notes?
- **O points** Performing scientific experiments is an important skill for astronauts.
- b) Neatly organised and carefully presented.
- **2 points** This is important to ensure that the results of an experiment can be properly interpreted.
- c) Half-finished and scribbly with water and ink blotches.
- **O points** Half-finished notes are of no scientific value.
- d) Clear and complete but with jottings about ideas about further investigations and extra observations.
- **3 points** A combination of curiosity, creativity and carefulness is perfect for a potential astronaut.

How did you do?

Grounded

Astronaut may not
be quite the right job
for you based on
your answers at the
moment but there's
plenty of time to
change that!

Launching

You have the

potential to be a

good astronaut

and you have

time to become

an even better

candidate.

Flying

Keep doing what
you're doing
and you have a
one-way ticket
to the stars!

0 – **5** points

5 - 10 points

15+ points



What qualities and characteristics were mentioned in the high-scoring answers?

What qualities and characteristics were mentioned in the high-scoring answers?

Teamwork Decisive Calm under pressure Confidence Intelligent Curiosity Adventurous **Problem-solving** Considerate of others Responsible Determination

Positivity
Aims to do their best
Perseverance
Resilience
Creativity
Carefulness
Physical fitness
Able to get along with others

Your task

Write a letter to NASA explaining why you would be a good astronaut. Look back at the previous page for the qualities you need and choose a few of these which you think you have. In your letter, talk about these qualities and give examples of when you've demonstrated these qualities (example on last page).

As well as using the Year 5 non-negotiables, try to use persuasive techniques. E.g.:

- Rhetorical questions Don't you think...? Surely you agree...?
- **Conjunctions** to link and strengthen ideas In addition, Furthermore, Consequently
- **Strong, emotive language** not 'it is good'; but 'it is absolutely amazing and life-changing'
- **Modal verbs** would, could, should, must, will. Think about which ones are most powerful!

There is a word bank on the next page with some useful phrases.

Challenge: Use parentheses! () - - , ,

Introductions

I think...

For this reason...

I feel that...

I am sure that...

It is certain...

I am writing to...

Of course...

In the same way...

On the other hand...

In this situation...

Making your point

Firstly, secondly, thirdly...

Furthermore...

In addition...

Also...

Finally...

Likewise...

Besides...

Again...

Moreover...

Similarly...

Surely...

Certainly...

Specifically...

If...then...

because...

Details

For example...

In fact...

For instance...

As evidence...

In support of this...

Endings

For these reasons...

As you can see...

In other words...

On the whole...

In short...

Without a doubt ...

In brief...

Undoubtedly...

Other Words

reasons

arguments

for

against

unfair

pros

cons





Beginning of an example letter

Dear NASA,

I am writing to you to earn a place on your space training program. I have studied the criteria for becoming an astronaut and am certain I more than meet the requirements and will be an excellent and successful member of the space station crew.

Firstly, I have brilliant teamwork skills, which are obviously essential when working with the crew in high-pressure situations. I am a superb listener and will make sure all members of the team have the chance to speak, although am able to move the conversation on when needed - we don't want to waste time when there will be so much to do! Furthermore, I am able to defuse conflict easily with my calm nature and likeable humour. Also, don't you want someone funny on board (like me) to keep everyone's spirits up?

In addition, I am physically very fit and capable. I have run several half-marathons and even a marathon! I know Tim Peake ran a marathon in space but I did it in Edinburgh battling the Scottish weather and hills. You have to agree that is harder than doing it without even gravity pulling you down — I had gravity pulling me down, rain pushing me back and wind pulling me sideways!!