# Y1 Home Learning (wc 18.1.21)



Below is the information for the Y1 Home Learning for this week (wc 18.1.21) - the resources are on the school website. Please note that you do not have to print out all of these resources the children can simply write out equations and sentences and complete drawings etc. on blank or lined paper, as appropriate. It is good for the children, especially in Y1, to copy out in order to practise letter and number formation. Please note that this learning is not optional and must be completed as the children would do in class. Please take pictures of the completed learning and email these to me at the end of every day: admin@fleet.camden.sch.uk (please mark FAO Ms Coulter Y1). Again, I will be doing a daily morning Zoom Check-In with the children at 10.15am Monday to Thursday so that I can better support them with their learning, answer questions etc. As usual, Emma, will be calling you all daily during the week and I will also call you on Wednesday (in addition to Emma's calls on the other days and in addition to my Zoom Morning Check-Ins

You are all doing so very well in difficult circumstances. Thank you!

Monday to Thursday).



## English: Writing

This week, we are going to start reading our new story and we will begin to discover whether any of your predictions were correct. At the end of the week, we are going to write a character description. Go to the English Resource (Writing) to find out more. To support you with your writing this week, I have included some different resources - go to the English Support Resources.

### Enjoy thinking and writing, my Wonderful Writers!



## **Phonics**

- 1. Practise your <u>Tricky Words</u> (you all know on which phase you are focussing) every day (use the Tricky Words Mat in your Book Bag) choose two words to learn each day and remember: <u>See, Think, Say, Write!</u>
- 2. Practise your <u>Alphabet</u> every day by singing along with the Alphablocks at the beginning of this video: <a href="https://www.youtube.com/watch?v=a7tcOocOjXE">https://www.youtube.com/watch?v=a7tcOocOjXE</a>



3. There is a Phonics Presentation for each day from Monday-Thursday:

Monday: Go to Phonics Resource - Monday

<u>Tuesday</u>: Go to <u>Phonics Resource - Tuesday</u>

Wednesday: Go to Phonics Resource - Wednesday

Thursday: Go to Phonics Resource - Thursday



Friday: Go to Phonics Play online (https://www.phonicsplay.co.uk/ - username: jan21/password: home) and identify the Fake and the Real Words with our favourite game: Picnic on Pluto/Obb and Bob (NB: you can choose the phase with which you would like to challenge yourself)



4. Remember that you have the two Roll and Read games from previous weeks and you can challenge yourself with them during the week as well as completing the learning above - the more we challenge ourselves, the more we learn! You can also look at the Topic Letter for more websites to help with Phonics.

Challenge yourself, Phonics Masters!



## Reading

1. Please <u>read for at least 15 minutes every day</u>, either on your own or with an adult. If you are running out of books at home, I have set up an account for our class on <u>Oxford Owl</u>: <a href="https://www.oxfordowl.co.uk/">https://www.oxfordowl.co.uk/</a> (<u>username</u>: FleetTeamY1 <u>password</u>: ReadingRocks2021) There are lots of great e-books as well as reading activities on the website.



2. Please also <u>practise your High Frequency Words every day for 5-10 minutes</u> - <u>aim to learn two or more each day: See, Think, Say, Write!</u>



3. Practise ordering <u>Days of the Week</u> (<a href="https://www.roythezebra.com/reading-games/high-frequency-words-days.html">https://www.roythezebra.com/reading-games/high-frequency-words-months.html</a>) with Roy the Zebra. <u>Write these down in order</u> on a piece of lined paper.

Happy Rocking Reading!





We are looking at subtraction this week. There are activities for each day. To warm up your brain every day before each activity, sing the Number Bond Song along with Martin: https://www.bbc.co.uk/teach/supermovers/ks1-maths-number-bonds-

with-martin-dougan/zf6cpg8



Monday: Go to Maths Resource - Monday Tuesday: Go to Maths Resource - Tuesday

Wednesday: Go to Maths Resource - Wednesday Thursday: Go to Maths Resource - Thursday

Friday: 1. Watch this video and then try the Activity and the Quiz that follow: https://www.bbc.co.uk/bitesize/topics/zwv39j6/articles/ztpmrwx

2. Use the knowledge you have gained in Maths this week to tackle one (or both!) of these **Problem Solving** activities: <a href="https://nrich.maths.org/6227">https://nrich.maths.org/6227</a> OR https://nrich.maths.org/14726



Go to our fantastic new Maths resource, NumBots and try some addition and subtraction: https://play.numbots.com/#/account (for login details, see the letter sent to your adults last week)



You can also now challenge yourself with our other great new Maths resource, <u>Times</u> Table Rock Stars! Be a TT Rock Star at: https://play.ttrockstars.com/ (for login details, see the letter sent to your adults last week)



Remember also that you can enjoy some fun online Maths games at any time in the week here: <a href="https://www.ictgames.com/">https://www.ictgames.com/</a>

Have fun, Magical Mathematicians!



#### Topic/Geography

This week in Topic/Geography, we are going to learn about the similarities and differences between the town and the country. Go to the Topic-Geography Resource to discover more.

Happy discovering, my Great Geographers!





This week in PSHE, we are going to continue writing History for our Covid Capsule. Go the <u>PSHE Resource</u>: <u>Covid Capsule</u> and this week complete the next three pages (<u>Our Handprints</u> [you can use paint to print or you can draw around your hands]; <u>Special Occasions</u> [you can add not just the special occasions that you have celebrated since you have been away from school but also the occasions that you will celebrate until our Half Term]; <u>Interview Your Parents</u>)

## PSHE/Happiness Project



As part of our Whole-School Happiness Project, this week you are again going to do a short activity to help you to relax. The skill of focusing your attention on the present is an important skill for happiness. Everyone's mind naturally wanders but if you can train yourself to focus your attention more mindfully on the present, it can help you to feel calm. It sounds easy but takes practise! So, each day for just a few minutes, you can continue with our <u>Mindfulness Hand</u>. It has really been helping me to feel calmer in between all my work and I hope you've been finding that it helps you to relax for your learning.

Going up = breathe in through your nose Going down = breathe out through your mouth





This week, I'd also like you to take some time (this doesn't have to be every day) to try a <u>Body Scan</u>. There is an guide/link (including an audio link) here that will explain what to do: <a href="https://www.mindful.org/body-scan-kids/">https://www.mindful.org/body-scan-kids/</a> I found this really helpful when I was feeling a little overwhelmed with work and it's also great to do just before bedtime to settle your mind and body for a good night of sleep. I hope you and your adults enjoy!



On the school Home Learning page, we also have a list of great resources as part of our Happiness Project to help <u>support the mental health and wellbeing of children and their adults</u>:

https://www.fleet.camden.sch.uk/parents/mental-health-and-wellbeing





There is an activity for each day for handwriting. Remember to <u>practise Sky Writing</u> online first to warm up your hands: <a href="http://www.ictgames.com/mobilePage/skyWriter/index.html">http://www.ictgames.com/mobilePage/skyWriter/index.html</a>

You might also like to try these <u>Finger Warm-Up Exercises</u>, which you can do not just before Handwriting activities but also before doing any writing for learning:

https://www.youtube.com/watch?v=o7U4jFs1jo4 Now, go to the Handwriting Resource.

### Happy Handwriting!



Remember to keep active during the week too. Our bodies need a workout as well as our minds. Try **PE with Joe** and/or **Cosmic Yoga**.

<u>PE with Joe Wicks</u> - Go to Joe's YouTube Channel for a 20mins of PE every <u>Monday</u>, <u>Wednesday</u> and <u>Friday</u>.

<u>Cosmic Yoga</u> - Try some yoga each day to keep you relaxed: https://www.youtube.com/user/CosmicKidsYoga

If there is any learning that you didn't do or complete from previous weeks, you can go back and complete it now.

Remember to look at the Spring Topic Letter for websites for games and further learning.





Another great resource is the BBC Lockdown
Learning online, which covers all the curriculum
subjects, and which I know some of you have been
trying out already. These programmes will
supplement the learning above, especially if a child
is finding something challenging or if they really
enjoy a particular piece of learning and would like
to know more. Further details here:

https://www.bbc.co.uk/bitesize/articles/zvryp4