



Fleet Primary School

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Learning from home - Nursery Topic - Things we Love! ❤️

Please note that some of the learning links and activities can be repeated as they are regular activities we do in nursery. Any new activities and links will be added in **green** so you can locate these easily.

Please remember these are suggested activities - more than anything we want you all to stay safe and enjoy playing together. Thank you for the photos you have sent so far. It has been lovely seeing what you are up to. Best wishes, Nic and Rebecca

This week is Real Life Superheroes week!



This week's activity ideas...

Personal, Social and Emotional Development

Above is painting by an artist called Banksy and it's in Southampton General Hospital. Banksy is a street and graffiti artist who likes to be anonymous that means he doesn't want anyone to know who he is. He paints art onto public buildings that appear overnight, all very mysterious.

The painting above shows a boy playing with his favourite new superhero doll, which is a nurse wearing a cape and face mask. He's not playing with his Spiderman and Batman toys any more. This painting is Banksy's way of saying thank you for everything everyone who works in all hospitals are doing to help everyone.

Last week our focus was on the Superheroes you find on television and in books but this week we're going to focus on real life Superheroes like Delphi's mummy who works in Hospital helping ill children to feel better again.

Talk to your grown ups about all the different real life superheroes that help us everyday. How many can you name?



Your mummy's and daddy's are also real life superheroes, they do lots of things every day to help keep you all safe, well and happy. Talk to them about the things they do. What can you do to help in your Family Superhero Team? When we talk to your grown ups later this week they can tell us



what you've been doing? Have you set the table? Made your bed? Helped to put away your toys?

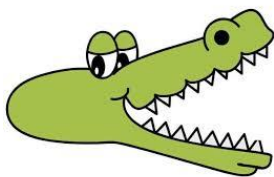
If your child has questions about the Coronavirus pandemic, CBeebies have made a special Get Well Soon on the subject, where Dr Ranj explains about the virus <https://www.bbc.co.uk/iplayer/episode/p08bmd70/get-well-soon-coronavirus>



Physical Development

Maybe you could role play being a firefighter and 'put out' some fires. If you can go outside you could fill a water pistol or water bottle and use that to put out some fires. You could even do this in the bath. This is a good way of developing finger strength to help with fine motor skills. What about being a postal worker - if you have space you could deliver different things to members of your family. How quickly can you do it?

Can you do a family workout with Joe Wicks - <https://www.youtube.com/watch?v=TLyzayctPgU>



Carry on practising your cutting skills at home - remember the rhyme to help you hold the scissors correctly - 'Fingers on the bottom and

the thumb on top, open the mouth and go chop, chop, chop!'



A fun thing to do is pretend to be a hairdresser. They are all closed at the moment but you could practice your cutting skills by drawing a face on a cardboard tube and cutting along to create some hair. Are you going to give it long or short hair?



Parents, this could be the right time to encourage your child to hold their pencil correctly if they need a reminder. If your child is doing lots of mark making but struggling to hold their pencil correctly, there are some tips here to help <https://www.youtube.com/watch?v=skH32KwdirU>

Dough Disco

Have a dough disco at home! Pop on some music and squish any dough you have! You can easily make dough at home too - <https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/>

Some of our favourite dough disco songs:

<https://www.youtube.com/watch?v=zJQ2CaA7E50>

<https://www.youtube.com/watch?v=i-IfzeG1aC4>

<https://www.youtube.com/watch?v=DrBsNhwxyzq>

<https://www.youtube.com/watch?v=KSBO8N4ctJg>



Here is a playlist of familiar pop songs you might like to use for a dough disco at home https://www.youtube.com/playlist?list=PL16OPbE3RaSgoxvrpFBj4gkyt26_aMf0V

Health and Self Care

We're very lucky that there are so many emergency services that are here to help us - fire fighters, police and paramedics. In nursery we often hear sirens when an ambulance goes passed. Talk to your child about why you might hear sirens, what an emergency situation is and how you would contact them by calling 999.

Can you practise getting dressed in the morning? Try to put on your own clothes. Here is a great hand washing song as we all need to make sure we are washing our hands to stay healthy <https://www.youtube.com/watch?v=dDHJW4r3eIE>



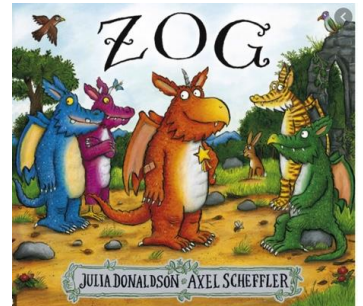
We should all brush our teeth in the morning and at night time for two minutes. This song is all about brushing our teeth and lasts two minutes - try brushing your teeth while you watch!

https://www.youtube.com/watch?v=wCio_xVlgQQ

Remember to use pea sized amount of toothpaste.

Reading

Watch the story videos this week about Zog when he goes on 2 adventures. Can you draw a picture of your favourite character from the stories?



Join in with the parts of the stories that repeat...

'What a good idea,' said Zog. Then up and off they flew,
. . .he zigzagged through the blue.

Do you have any books with real life superhero books at home to look at?

If you want to listen to other stories, watch our other story videos on our Nursery page and there are lots more to watch on the CBeebies bedtime stories page <https://www.bbc.co.uk/iplayer/episodes/b00jdlm2/cbeebies-bedtime-stories>

If you would like further reading books and books for other members of the family, please look here <https://www.camden.gov.uk/digital-library> to sign up for the Camden library service.

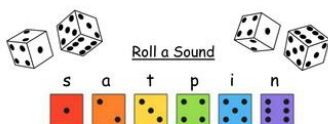
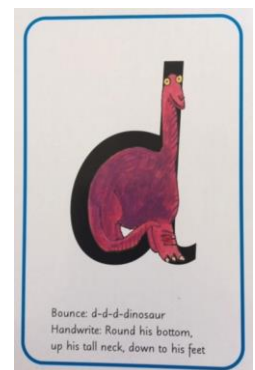
Phonics



This week we are going to learn another new sound. It is the 'd' sound as in dinosaur, drum, dragon and dog. You can watch a video about our new sound and how to write it on the nursery page of the website.

The song for d is here

<https://www.youtube.com/watch?v=boXUMOlw5Ow>



s	a	t	p
i	n	s	a
t	p	i	n
s	a	t	p
i	n	s	a

Visit Espresso and watch the video about the d sound here https://content.espresso.co.uk/espresso/primary_uk/subject/module/video/item71635/gradef/module61932/index.html (login student21013 password fleetp)

This website is great for showing you the actions, songs and rhymes for each sound.

<https://www.thebabybearclub.co.uk/copy-of-t-spring-phonics>

Last week we had a Roll a Sound game. You can make your own this week with 6 of the sounds you know.

Parents, if your child is confident with the sounds we have learned so far (s,a,t,p,i,n,m,d) you could show them how there are words they can build with these sounds eg s-a-t, t-a-p, m-a-n, d-i-p, p-i-n, etc Make a set of sound cards and see if you can move them around to make some words.

There are some good resources and ways to support your child with phonics here and it is free for parents at the moment <https://new.phonicsplay.co.uk/>

Sing along to the all the Jolly Phonics songs for all the sounds here

<https://www.youtube.com/watch?v=jvAYUvQURGo>

Writing



Helping hands - can you draw around your hand and cut it out. When you see someone being kind and giving a helping hand, you could draw a picture of them or ask a grown up to help you write their name.

Maybe you could write a thank you letter to a real life superhero or someone who has been extra kind and helpful to you.

Practise writing your sounds. Can you write our new sound - d? Say the rhyme as you write - Round his bottom, up his tall neck, down to his feet. Watch the nursery video to help you.

Don't forget to look at the nursery sounds and letter formation document that has all the sounds we have learnt so far.

There are lots of ideas for mark making activities on the nursery page here

<http://fluencycontent2-schoolwebsite.netdna-ssl.com/FileCluster/FleetPrimaryRedesign/MainFolder/3-Parents/Home-Learning/Work-for-home---Nursery/Mark-Making.pdf>

Maths

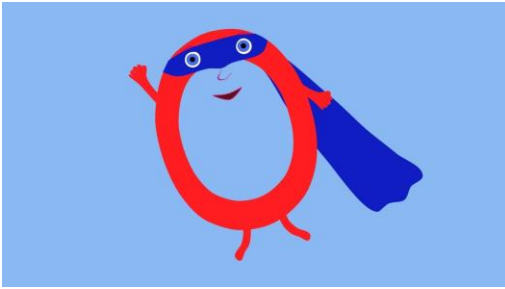
Numbers

Can you find things in your home that you can count. How many car, pens, socks or dolls do you have? You could also do this when you're eating - how many pieces of pasta do you have on your plate? What is happening to the number each time you eat a piece? Maybe you could count how many of your favourite things you have. Nicola's daughter Isabel would count how many Unicorns she has. When we call your homes maybe you could tell what your favourite thing and how many you have.

Do you remember this number song we used to watch in nursery?

<https://www.youtube.com/watch?v=Ob-v-wMR69k>

Sing along to a fantastic superhero song to learn about zero! It's called Let's Count up to Ten!



<https://www.youtube.com/watch?v=6RfIKqkvHTY>

Sing the days of the week song from our Nursery website.

<https://vimeo.com/400924659>

Practise counting forwards and backwards and writing numbers up to 10

<https://www.youtube.com/watch?v=7D4K9oi7oBM>

Look for opportunities to count around the house - how many steps to the kitchen? Go on a number hunt - what numbers can you see around you?

Count with the Numberblocks

<https://www.bbc.co.uk/iplayer/episode/b08cr24d/numberblocks-series-1-how-to-count>



Watch the counting practise video on the Nursery page - can you order numbers 1 - 10? Make some quick number cards by writing numbers 1-10 on pieces of paper and try to order them

<https://vimeo.com/411401618>

Shapes

Our shape of the week is a rectangle. Can you look for rectangles around your home? How many can you find?

Listen to some great rectangle songs, the first one is very fast!

<https://www.youtube.com/watch?v=2WHJio4TRNY>

<https://www.youtube.com/watch?v=9JP-ZhwrxzI>

See if the two headed monster can find a rectangle

<https://www.youtube.com/watch?v=tHU5n-XuhJY&list=PL65FDC4C4E8150767>

The singer James Blunt has lost a shape, see if you can help him find it. Here's a clue - it was our shape of the week from last week.

<https://www.youtube.com/watch?v=Z4cUQ1ItK-w&t=178s>

Go on a shape hunt - how many different shapes can you see in your house?

<https://www.youtube.com/watch?v=TJhfl5vdxp4>

<https://www.youtube.com/watch?v=OEBRDtCAFdU>

Understanding the World

Talk to your child about the many different real life super heroes who help all of us. Maybe you could do some role play of your favourite real life superhero.

Watch the videos below to and see who you'd like to be -

Let's play - police officer

<https://www.youtube.com/watch?v=WPiFyEt3ry4>

Let's play - doctor

<https://www.youtube.com/watch?v=qJSBULah8W8>

Let's play - firefighter

<https://www.youtube.com/watch?v=al4yBOTWYQc>



Expressive Arts and Design



If you have any boxes at home could you make an emergency vehicle? Is it going to be an ambulance, fire engine or police car?



If you have some paint you could look at finger prints and how police use finger prints to catch criminals.

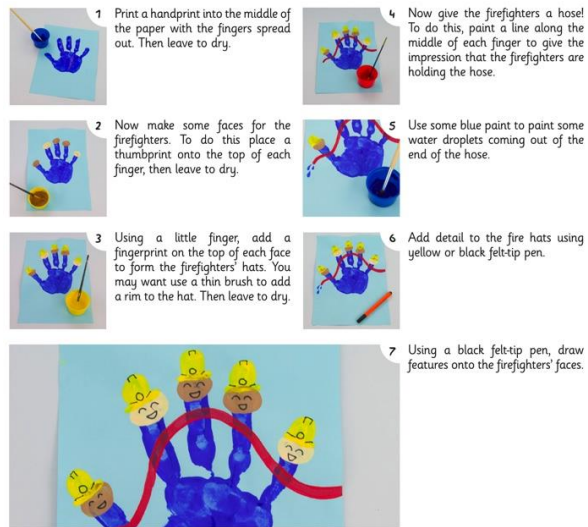


You make a finger print painting. If you have lots of different colours you could make a finger print rainbow and put it in your window to say thank you to our fabulous NHS.



What about making something to say thank you to the refuse collectors who make sure all the rubbish is taken away. A grown up could write thank you and you could colour it in.

Can you make a firefighter picture using your handprint?



Dance and Music

We love to dance and sing in nursery - watch the videos below and remember to join in.

Can you dance along with these firefighters?

<https://www.youtube.com/watch?v=deFw9baA4-c>

You could make up your own dance moves too.

Can you dance with Abby, Elmo and Jason Derulo from Sesame Street

<https://www.youtube.com/watch?v=K8UGx6HD23o>

Get moving with the animals from Madagascar with I like to move it!

<https://www.youtube.com/watch?v=hdcTmpvDOOId>

Sing and dance with the trolls to Can't Stop The Feeling

<https://www.youtube.com/watch?v=KhfkYzUwYFk>

Get moving with the 'Move and Freeze' song we do in Nursery

<https://www.youtube.com/watch?v=388Q44ReOWE>

Learn and practise nursery rhymes, for example Five Little Ducks, Mary had a Little Lamb. <https://www.bbc.co.uk/cbeebies/curations/nursery-rhymes>

You can find some more physical activity ideas on the nursery website page <http://fluencycontent2-schoolwebsite.netdna-ssl.com/FileCluster/FleetPrimaryRedesign/MainFolder/3-Parents/Home-Learning/Work-for-home---Nursery/Physical-Activity-Ideas.pdf>

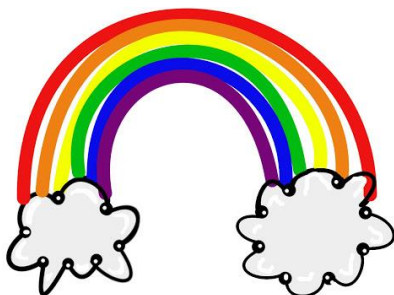
Race to Health

Lisa has emailed everyone details of this year's Race to Health at Home: **Where the Wild Things Are.**



Remember to log all your family's physical activity to earn points and medals to help Max on his magical journey.

Most of all...



We hope you are enjoying time as a family. The weather has been lovely - it makes such a difference when the sun shines! Take time to be together and have fun...and remember, CBeebies is always there when you need a break! ;-)