



Fleet Primary School

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PSHE and RSE Curriculum statement

Intent

Our intention is that when our children leave Fleet Primary School, they will do so with the knowledge, understanding, skills and emotions to be able to play an active, positive and successful role in today's society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable our children to access the wider curriculum and prepare them to thrive as individuals, local and global citizens both now and in their future roles within a global community. It includes physical health, emotional health and well-being, drug education (including medicines, alcohol, tobacco, volatile substances and illegal drugs), citizenship, anti-bullying, personal finance education, careers and the environment. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

PSHE is a planned part of the curriculum that is also reflected in whole school activities and experiences. We want pupils to gain knowledge and information, explore attitudes and values and develop skills to help them live healthy, safe, fulfilling and responsible lives.

Our PSHE curriculum builds on the statutory content in the national curriculum covering: Drug education, Financial literacy, Relationships and Sex education, Physical activity, Food and nutrition.

In Years 1-6 PSHE is taught in weekly discrete lessons based on the three themes from the Camden Scheme of Work which are Health and Wellbeing, Living in the Wider World and Relationships. It covers key topics that are explored at different levels and are appropriate for the age and stage of the children in each year group. We adapt this to reflect the needs of children at our school.

Assemblies are also planned to cover any additional sessions that would benefit the whole school. There are also occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class.

PSHE is also covered by other subjects:

- Science and PE - healthy lifestyles
- Drama and literacy - using stories to consider issues related to relationships and health, as well as discussions about topical issues
- RE includes many aspects related to relationships, families and different faiths and beliefs
- Maths - financial capability
- Geography - citizenship work about different communities and looking after the environment
- Computing - online safety and using databases to collate information about different opinions
- Cooking and nutrition – diet for a healthy lifestyle

In the EYFS, PSHE is taught as an integrated part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS'.

All class teachers teach PSHE and where relevant, outside visitors support and enhance the curriculum, such as parents/carers, school nurse, police, fire service, health professionals and theatre in education.

Assessment for learning opportunities are built into lessons enabling self-evaluation and reflective learning with teachers recognising that children come to each lesson from a different starting point when assessing and making their judgements

Impact

We strive to ensure that by the time our children leave us at Fleet each child will:

- be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to recognise, understand and manage their emotions
- be able to look after their mental health and well-being and ask for support where necessary
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in Relationship Education at an age appropriate level
- have respect for themselves and others
- have a positive self esteem