



Fleet Primary School

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Important Information regarding positive case of Covid-19 in your child's class bubble Advice to self-isolate for 14 days

21st November 2020

Advice to Self-Isolate for 14 Days

Dear Parent,

I am sorry to be sending this to you on the weekend but this morning I received information that there has been a confirmed case(s) of COVID-19 within the school in your child's bubble.

We have followed the national guidance and have identified that as the case is within our Year 1 bubble, your child has been in close contact with the affected individual within the period they could have been infectious. In line with the national guidance, we recommend that your child now stay at home and self-isolate until **Wednesday 2nd December** (14 days after their last contact with affected individual).

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities. **Other members of your household can continue normal activities provided your child does not develop symptoms within the 14-day self-isolation period.**

The transmission in this case appears to be connected to a contact that occurred outside of school with an infected individual and not related to the previous case we reported in our Reception class. With cases having risen in the community over the last few weeks I would urge you all to be especially vigilant when out in terms of social distancing and wearing a mask.

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. All other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Please do inform us if your child develops symptoms and the outcome of any test they have.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Hands

- Wash your hands regularly and for at least 20 seconds.

Face

- Cover your face in enclosed spaces, especially where social distancing may be difficult and where you will come into contact with people you do not normally meet.
- It is now compulsory to wear cloth face coverings on public transport, shops and several other indoor settings.

Space

- Stay 2 metres apart where possible, or 1 metre with extra precautions in place.
- Keep your distance from people who are outside your household or support bubble.
- Limit social gatherings (including abiding by the 'rule of 6') and avoid crowded places – current national lockdown prohibits social gathering outside your household or support bubble.

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Karen and the rest of the staff from the Reception team will also be isolating and working from home while they remain well. Over the weekend on and Monday we will be putting into action support for children to work from home for the period of isolation and will contact you via parenthub/text with additional information by Tuesday morning. If you do not have access to a tablet or laptop please let us know by contacting the admin team. If you need any questions answering please don't hesitate to contact us. Myself or Ms. Wall will attempt to call you all later today to ensure you have received this letter and understand the steps to take. I hope everyone remains well. I'm sure you will join me in sending our best wishes for a speedy recovery to the individual and their family who has tested positive.

Yours sincerely



Headteacher