

Fleet Road Hampstead London NW3 2QT Tel: 020 7485 2028 Fax: 020 7485 5177 E-mail: admin@fleet.camden.sch.uk

Headteacher: Don McGibbon



## **PE Premium 2024-25**

#### Introduction:

The school expects to receive a total of £17,750 this academic year for PE Premium funding. This money goes towards a number of things we provide for the Physical Education aspect of the curriculum. This sum is supplemented from other funding streams within the school (see table 1 to right) so that we can:

- Provide specialist sports coaching to every class in the school from Year 1 to Year 6 to deliver PE lessons weekly (EYFS from 2nd half of Autumn Term once settled).
- Provide top-up swimming provision, over and above the statutory level, to provide an intensive two week (1 hour lesson each day) course for all pupils from year 4-6 (statutory is a single year group).
- Provide before and after school sports club provision—some led by specialist coaches—in a number of disciplines including football, multisports and table tennis.
- Provide in school cycle training to children from across the school in both level 1 and 2 bikeability (level 2 includes learning to ride on the road).
- Provide coaches from 'Arsenal in the community' to work with each class for a term as well as an after school football club.
- Maintain link with local NVQ coaching programme for additional sport opportunities at local sports centre for our children.
- Provide a lunchtime football club run by a local football club.
- Provide resources and staff to support team attendance at sports events both across the borough and London wide.
- Hold whole school sports day on Hampstead Heath Running Track
- Annual fundraising fun run on top-pitch
- Take part in specific, time-limited, sports projects for some year groups (e.g. Scarabeus Aerial Theatre Autumn 2024; Tennis Spring 2025).
- Be fully stocked with resources for a wide range of sports and sports lessons.
- Ensure the fixed equipment and large PE equipment is maintained and safety checked regularly.

#### How was last years funding spent (2023-24)

See table 2 (right) for breakdown of last academic year's PE Premium spend. We had a full programme of after school clubs and inter-school competition participation.

| Areas funded 2024-25                           | Total Costs |
|--|-------------|
| Specialist PE Teacher                          | £6,912      |
| Arsenal Coaching Programme                     | £3,500      |
| Before and after school sports clubs           | £3,075      |
| Swimming (2 extra classes above statutory)     | £4,120      |
| Camden Sports Association Costs/SLA            | £2,550      |
| PE Resourcing (including equipment checks)     | £1,046      |
| Total Projected PE Spend 2023-24               | £21,203     |
| Total Allocated through PE Premium for 2023-24 | £17,750     |
| Difference taken from School Budget            | £3,453      |

Table 1: Projected PE spend for 2024-25

| Areas funded 2023-24                           | <b>Total Costs</b> |
|--|--------------------|
| Specialist PE Teacher                          | £6,240             |
| Arsenal Coaching Programme                     | £2,880             |
| Before and after school sports clubs           | £5,961             |
| Swimming (2 extra classes above statutory)     | £3,938             |
| Camden Sports Association Costs/SLA            | £2,550             |
| PE Resourcing (including equipment checks)     | £830               |
| Total Projected PE Spend 2023-24               | £22,399            |
| Total Allocated through PE Premium for 2023-24 | £17,750            |
| Difference taken from School Budget            | £4,649             |

Table 2: PE spend for 2023-24





Playground equipment encourages physical activity from early years all the way through school—scooters, tricycles, balance bikes, climbing equipment, balls, bats, hoops, diablos etc. Playground space is utilised during PE lessons, weather permitting, and equipment such as benches etc. moved outside.



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### **PE Premium 2024-25**

#### Impact in 2023-24:

- All children are receiving the highest possible standard of professional coaching in their PE lessons.
- Additional weekly PE lessons delivered by the class teachers to support physical development and ensure physical exercise given a high priority to support development of motor skills and fitness.
- Specialist coaching provider—Arsenal—provided high quality sessions to all classes from Y1-Y6 for a term (once a week) and running an after school club (target group changed each term—e.g. KS2 boys; KS2 girls etc.).



Left: Year 5/6 Boys team at inter-school football competition Right and centre: Camden Schools Cross-Country Competition

- Specialist football coaching—provided through a lunchtime club for targeted year groups from Bloomsbury Football Club.
- All classes from Y1-Y6 aimed to take part in the daily mile attempting to get out and run for 15 minutes each day—in reality, due to



Climbing wall in Junior Playground to promote active play

curriculum anomalies—weather and access to outdoor space most classes managed to get out at least 3 times per week in the more inclement weather; 1 or 2 times at other times of year

- We were able to track the improvement in stamina through the termly monitoring of the 'Bleep' test by our PE coach which showed most children's stamina improved over the course of the year.
- We are seeing the impact in children's performances too, for example in this years Cross Country competition (October 2024) we had 4 children finishing top 10 and one



Children encouraged to walk, scoot and cycle to school; Level 1 and Level 2 Bike-ability Training available to all classes

child won (Year 6 boys)—more successful any other year.

- Children from Year 5 & 6 took part in cycle training sessions to encourage healthy lifestyle. The week long 'Bikeability' training included cycling on local roads and learning to use the correct signalling.
- All children in Nursery–Y4 received a block of Level 1 cycle training from trained cycle instructors in the school playground. Many non-cyclists were cycling by course end.
- Swimming was offered to 3 year groups—year 4, 5 and 6 in a 2 week, 1 hour a day, block. By the end of their block 77% of the year 6 children left primary school being able to confidently swim 25 metres. A significant improvement on the previous year's 40% and indicating the positive impact of the new intensive approach, building year on year. The previous year's Y6 had only had the intensive model for 1 year, this group had 2 years with this model—Year 5 and Year 6. The coming year's Year 6 will have had it for 3 years.



Children taking part in the 'daily mile' initiative



From left to right: Year 5 swimming block; Sports Day during Wellbeing Week; Exercising in the playground—wellbeing week; Working with local sports providers (NVQ @ Talacre)l; physical games during wellbeing week; breakdancing workshop in wellbeing week





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#### Opportunities planned for this year:

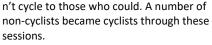
- Swimming for all classes from Year 4-6—continuing the intensive delivery model this year. This is 1 hour sessions, everyday, for 2 weeks. The total hours of swimming per child increases with this approach (10 hours compared to the previous model's 6 hours spread over a term). Research suggests this approach sees more children learn to swim confidently in the time given. Year 5 have already gone in the Autumn Term with Year 4 and Year 6 planned for the Spring and Summer Terms.
- Daily mile—all classes from Year 1–6 running daily for 15 minutes—aim is for this to happen no less than 3 times weekly, ideally 5 times—weather and space permitting.
- Each term the Arsenal football coaches come in for an afternoon a week and work with different classes (a term each). This has begun already with year 3 and year 4 for Autumn Term. The other classes will work with them during Spring and Summer
- In Autumn term, every child from Year 1 & 2 took part in two days of cycle train-



Annual Table Tennis Competition open to all children in KS2 (not just those who attend the Table Tennis after school club.

ing—all abilities catered for, from those

who could-



In Autumn Term Year 4 taking part in 10 week programme (1 day a week) with Scarabeus Aerial Theatre. Learning all aspects of harnessing and aerial work—focus on physi-





many non-swimmers

- cality and confidence building as well as the science of
- In Autumn term, 40 children are due to take part in the week long 'bikeability' training (Y5 & Y6). Learning to be cycle safe and how to navigate the roads around school on their bikes. 50% of the children chose to take part in this optional activity.
- Table Tennis club has resumed and last year's end of year tournament is now a fixture for the yearly calendar and will be repeated in the Summer Term/



From left to right: Children on Year 5 residential trip to outdoor activity centre—rock climbina and rope course; Year 6 to Wales and on a 12 mile forest and coastal path hike

- Multisports clubs running and well attended for infants and boys in Autumn term and to continue year long (boys will swap with girls at some point through the year)
- Targeted after school football club run by Arsenal coaches—different groups each term
- Weekly Lunchtime football club run by local team—Bloomsbury Football Club (run all year)
- Spring Term—Year 4 booked in for a Tennis Course with outside coaching.
- Annual Sports Day: Reception, KS1 and KS2 full programme of events for sports day on Hampstead Heath during the summer term planning to re-book the running track as with last year's successful day.
- Continue to attend Inter-school sports events—basketball, cross country, football, athletics, gymnastics, swimming, bench ball, dodge
- Link with local NVQ training provider (Talacre Sports Centre and Camden Sport) leading to whole class sessions with access to multiple coaches throughout academic year with various classes—Year 5 and 6 already booked in to attend multiple sessions in Autumn term.
- Strong physical activity bias in the 2 school run residential trips—Year 5 to an outdoor activity centre involving rock climbing, orienteering etc.; Year 6 to Wales for a number of different daily hiking adventures ranging from 7-12 miles.
- Increased use of the purpose built MUGA artificial surface pitch—available every lunch and morning play as well as through school
- Annual Fun Run planned for later in the year and built into Wellbeing Week again



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### **PE Premium 2024-25**

## Sustainability

Interest in sports is increasing and through focussing on opportunities for inter school competitions children are keener than ever to take part. Performances are, year on year, improving in many of these events and we hope to continue to build on this.

Applications for Sports based clubs is strong and we continue to offer these to targeted children for free thanks to the PE Premium and Pupil Premium funding.

We are continue out strong link with the Talacre coaching NVQ course. We hope this year to be able to utilise this link to support some targeted coaching ahead of competitive events once children are selected and to prepare them better than has been possible in the past.

Cycling continues to have a high profile through the cycle training and assemblies on sustainable and active travel with more and more children cycling/scooting to school than ever.

The 4G MUGA pitch is timetabled for KS2 children to use at play/lunchtimes to give more space for physical activity as well as a complete refurbishment of the Junior playground now complete with significant investment in equipment to promote active play.

There are no plans to reduce any of the things we offer and we will continue to supplement the PE premium from the school budget to keep the high profile sport now has. Increasing activity levels across the school remains a priority and is complemented through the work we do on physical and mental wellbeing and this remains a priority area for the school.



From left to right: Skipping workshop during a previous wellbeing week; Medalist from Y4 at Camden School's Cross Country 2023; Level 2 Bikeability group heading our onto the local roads with the instructor; Year 3 & 4 dodgeball teams at interschool competition; Scarabeus Aerial theatre 10 week project with Y4