

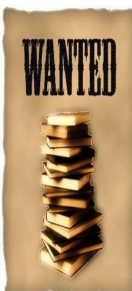
Message from the head

Welcome back to the second half of the Autumn Term. I hope you all had a good week. This week has flown by and the children have been busy. We've already had a lot of trips this week and have many more planned over the next few weeks to help bring our topics alive. I am really looking forward to seeing the fantastic 'Home Learning' projects when they come in on Monday. We will set them up in the hall on Monday where you will be able to come and view them after school and first thing Tuesday morning. We only wish we had space to display them for longer for all to see—if anyone has any bright ideas of how or where we can, please do share them!

I hope many of you will be able to come along to see your child's teacher next week for our parent meetings. While you are there, please take a few minutes to complete our annual parent survey. This is a great opportunity for you to help us to improve as a school through giving us your thoughts, ideas and suggestions. Hopefully, also telling us what you think we do well too! Have a great weekend and see you on Monday.

Book Collection for the Christmas Fair

Look out for collection boxes soon to go into classrooms for the Christmas Fair! You can donate fair items at any time: bring in your luxury hamper items, home produce, bric-a-brac, toys, games and items suitable for tombola and lucky dip. Next week our focus is **BOOKS**! The second hand book stall is looking for good quality books for children and adults, fiction and non-fiction is great! Find a fete donation box or give them to your class teacher. The fair team will collect them and pass them onto the class handling the book stall.



Camden Health Kick Events

The Camden Health Kick programme of events for local families is well under way. Check out their website if you haven't done so already, for an idea of what is on over the next few weeks. An example of some of the events, many of which are free is shown below:

- Free NHS Health Check for 40-74 year olds
- Women's only gym sessions
- Gardening Events in the Castlehaven Horticulture Hub
- Multi-sport Sessions for under 11s + families
- Under 11s football

The website address is: www.camdenhealthkick.org.uk/

Parents Evenings - Thurs 9th Nov

Parents evening for Y1, Y3, Y5 & Y6 will be next Thurs. Nursery & Y2 parent meetings will be on Weds 8th Nov & Y4 parent meetings will be on Tues 12th Dec. This is an opportunity to meet the teacher to discuss your child's progress/targets for the coming term. There will be sign up sheets outside the classes for time slots. Please do what you can to attend—as this helps us to work together and improve the outcomes for the children. There will be an online parent survey on our iPads outside each class. Please take 5 minutes to complete this while waiting. Thank you!

Do you shop online? Easy Fundraising!

1. Go to <http://www.easyfundraising.org.uk/causes/fleetps>
2. Sign up for free (or download the App if you shop on mobile)
3. Then shop online as normal!

Attendance Award

Our Attendance Award this week goes to Year 3 with 98%. Well done, Fabulous! Remember, if your child is unwell or has an appointment, please call the Office in the morning to let us know.



Star of the Week Awards—this weeks winners...



Well done to our 'Stars of the Week' for their hard work and effort in class.

Rec—Rayn, Y1—Elisabeth, Yr2—Ni'mah, Y3—Yahya, Y4—Shuheda, Y5—Nicky, Y6—Samaale

Sugar Awareness Week: 30th Oct-5th Nov

This week is National Sugar Awareness Week. Ms. Wall introduced this to the children in our Sharing Assembly. Many of you already know the dangers of too much sugar in diets and also how some drinks that we might think of as healthy, actually have excessive amounts of sugar in them. The following information was provided to us by Camden's Healthy schools service and can help you keep your children healthy.



Why is water and milk best?

Water and milk are the best choices to strengthen children's teeth and for hydration. Maintaining hydration throughout school means children can concentrate during class and have energy to be active.

What about fruit juice?

Current UK dietary recommendations outline that no more than 5% of total dietary energy should come from free sugars, which are found in fruit juice. Many children are currently consuming on average, three times the recommended amount of free sugars, which can contribute to tooth decay and weight gain.

The recommendation is that 100% fruit juice or homemade fruit smoothies should be limited to no more than 150ml per day to prevent tooth decay. They can provide a good source of vitamins, minerals and calcium but need to be limited due to their high sugar content.

Are 'no added sugar' or 'diet' drinks a good choice?

These sweetened drinks will still taste very sweet, as they contain sweeteners, so children are likely to develop a taste for these drinks. These drinks don't provide the body with essential nutrients for growth and development. Tooth decay is also caused by acid which is found in many fizzy drinks, and caffeine is an addictive drug found in several drinks that can affect sleeping patterns.



Fleet takeover Burgh House—come visit!

Year 6 are doing a 'Museum Takeover' at Burgh House on the 17th November. They will be at the museum all day and will be organising displays, greeting visitors and doing tours of the museum—so they need lots of visitors! If you would like to go along and take part (and it is not just restricted to parents of Year 6 children, you're all welcome) visit anytime from 11.30am onwards. Hope to see lots of you there!

Burgh house can be found at:

New End Square, Hampstead, London NW3 1LT



TERM DATES 2017/18

Autumn Term
Last Day of Term: Mon 18th Dec
Spring Term
First Day of Term: Thurs 4th Jan
Half Term: Mon 12th—Fri 16th Feb
Last Day of Term: Thurs 29th March

Summer Term
First Day of Term: Tues 17th April
Bank Holiday: Mon 7th May
Half Term: Mon 28th May—Fri 1st Jun
Last Day of Term: Wed 25th July

Meet these scary creatures—the product of the fantastic imaginations of our Year 5 children. They were tasked with coming up with a monster and label it with key features. These monsters are then going to be used in their writing to battle with the evil Grendel from the story of Beowulf they have been studying.

[illegible]

A hand-drawn sketch of a creature, possibly a dragon or a fantasy beast. The creature has a round head with a wide, toothy grin. It has large, spiky ears or horns on top of its head. The body is covered in scales or armor plates. It has four limbs, with the front limbs being shorter and the back limbs being longer and ending in sharp claws. The tail is long and tapers to a point. The drawing is done in a simple, sketchy style with lines and shading.

Labels in the drawing include:

- spikes
- spike horns
- and scale head
- scale body
- sharp claws

eyes

fire breath

power source

Vanessa sticking out

big muscles

conscience muscles

Six Pack

ice

Very detailed

low

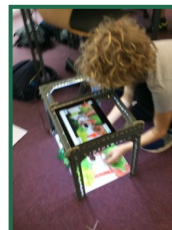
big feet



Year 2 at the Discover Children's Story Centre



It's been a busy week in Year 6 (as always!). They have been making chocolate as part of their topic on the Mayan's, as well as paying a visit to the CLC. When they were at the Camden Learning Centre. They had a great day and learnt how to create stop motion animations as well as having a go at creating items and then printing them on the 3D printer



Chocolate and Computers in Year 5!